

**MAGNESIUM CITRATE- be health magnesium citrate oral solution -
lemon liquid
Bionpharma, Inc.**

Be Health Magnesium Citrate Oral Solution - Lemon

Active Ingredient

Magnesium citrate 1.745g per fl oz

Purpose

Saline Laxative

Use

for relief of occasional constipation (irregularity).
Generally produces bowel movement in 1/2 to 6 hours

Warnings

kidney disease
a magnesium restricted diet
abdominal pain, nausea, or vomiting
noticed a sudden change in bowel habits that persists over a period of 2 weeks
already used a laxative for a period longer than 1 week

ASK A DOCTOR OR PHARMACIST BEFORE USE IF YOU ARE

taking any other drug.
Take this product 2 or more hours before or after other drugs. Laxatives may affect
how other drugs work.

STOP USE AND ASK A DOCTOR IF

you have rectal bleeding or failure to have a bowel movement after use. These could be
signs of a serious condition.

IF PREGNANT OR BREAST-FEEDING

ask health professional before use.

KEEP OUT OF REACH OF CHILDREN.

In case of overdose, get medical help or contact a Poison Control Center right away.

Other Information

Store at temperatures between 46° and 86°F (8° and 30° C)

Directions

shake well before using

drink a full glass (8 ounces) of liquid with each dose

may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz in 24 hours maximum 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

Other Information

each fl oz contains: magnesium 290 mg

each fl oz contains: sodium 1 mg

Inactive Ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Questions?

1-888-235-2466

Drug Facts
Active ingredient (in each fl oz) Purpose Magnesium citrate 1.745 g Saline laxative
Uses: ■ For relief of occasional constipation (irregularity) ■ Generally produces bowel movement in ½ to 6 hours
Warnings: Ask a doctor before use if you have ■ Kidney disease ■ a magnesium restricted diet ■ Abdominal pain, nausea, or vomiting ■ Noticed a sudden change in bowel habits that persists over a period of 2 weeks ■ Already used a laxative for a period longer than 1 week Ask a doctor or pharmacist before use if you are ■ Taking any other drug. ■ Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work. Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition. If pregnant or breast-feeding , ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. Store at temperatures 46° and 86°F (8° and 30°C)
Continued ►

Be Health

NDC 69452-389-98

• DYE-FREE • SUGAR-FREE

Magnesium Citrate

Saline Laxative / Oral Solution
Alcohol content 0.025% (from flavoring)



Lemon Flavor
10 fl oz (296 mL)

DO NOT USE IF TAMPER-EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPARATED FROM NECKRING

Drug Facts (continued)

Directions: ■ shake well before using ■ drink a full glass (8 ounces) of liquid with each dose ■ may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over	6.5 to 10 fl oz maximum 10 fl oz in 24 hours
children 6 to under 12 years of age	3 to 7 fl oz maximum 7 fl oz in 24 hours
children 2 to under 6 years of age	2 to 3 fl oz maximum 3 fl oz in 24 hours
children under 2 years of age	ask a doctor

Other Information:

■ each fl oz contains: magnesium 290 mg
■ each fl oz contains: sodium 1 mg

Inactive ingredients: benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Questions? 1-888-235-2466

Distributed by:
Bionpharma Inc., Princeton, NJ 08540
L000650 R0922



N 3 69452 38998 0

MAGNESIUM CITRATE

be health magnesium citrate oral solution - lemon liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69452-389
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM CITRATE (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
BENZOIC ACID (UNII: 8SKN0B0MIM)	
WATER (UNII: 059QF0KO0R)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
EDETATE DISODIUM ANHYDROUS (UNII: 8NLQ36F6MM)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69452-389-98	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	12/27/2022	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	12/27/2022	

Labeler - Bionpharma, Inc. (079637826)

Revised: 12/2023

Bionpharma, Inc.