

**ACETAMINOPHEN PM EXTRA STRENGTH- acetaminophen, diphenhydramine hcl tablet, film coated**

**ARMY AND AIR FORCE EXCHANGE SERVICE**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Exchange Select 44-235**

***Active ingredients (in each caplet)***

Acetaminophen 500 mg

Diphenhydramine HCl 25 mg

***Purpose***

Pain reliever

Nighttime sleep-aid

***Uses***

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

***Warnings***

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

if a skin reaction occurs, stop use and seek medical help right away.

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have**

- liver disease
- glaucoma
- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to enlargement of the prostate gland

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin

- taking sedatives or tranquilizers

### **When using this product**

- drowsiness will occur
- avoid alcoholic beverages
- do not drive a motor vehicle or operate machinery

### **Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition.

### **If pregnant or breast-feeding,**

ask a health professional before use.

### **Keep out of reach of children.**

In case of accidental overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

### ***Directions***

- **do not take more than directed**
- adults and children 12 years and over: take 2 caplets at bedtime. Do not take more than 2 caplets of this product in 24 hours.
- children under 12 years: do not use

### ***Other information***

- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

### ***Inactive ingredients***

colloidal silicon dioxide, corn starch, croscarmellose sodium, FD&C blue #1 aluminum lake, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, stearic acid, talc, titanium dioxide

### ***Questions or comments?***

**1-800-426-9391**

### **Principal Display Panel**

exchange√select™

**Compare To The Active Ingredients of  
Extra Strength Tylenol® PM\***

*Extra Strength*

**Acetaminophen PM**

*Acetaminophen 500 mg*

*Diphenhydramine HCl 25 mg*

*Pain Reliever/Nighttime Sleep-Aid*

Actual Size

**50 Caplets**

Contains no aspirin

Non-habit forming

✓ **quality value**

\*This product is not manufactured or distributed by McNeil Consumer Healthcare, owner of the registered trademark Extra Strength Tylenol® PM.

50844 REV0417N23515

**"SATISFACTION GUARANTEED OR YOUR MONEY BACK"**

Manufactured For Your Military Exchanges

Distributed by: LNK International, Inc.

Hauppauge, NY 11788

1-800-426-9391

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS  
BROKEN OR MISSING**



Exchange Select 44-235

## ACETAMINOPHEN PM EXTRA STRENGTH

acetaminophen, diphenhydramine hcl tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:5530 1-235
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

## Inactive Ingredients

Ingredient Name	Strength
STARCH, CORN (UNII: O8232NY3SJ)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POVIDONE (UNII: FZ989GH94E)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	

## Product Characteristics

Color	BLUE	Score	no score
Shape	OVAL	Size	17mm
Flavor		Imprint Code	44;235
Contains			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-235-15	1 in 1 CARTON	05/15/1994	
1		50 in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:55301-235-06	200 in 1 BOTTLE; Type 0: Not a Combination Product	05/15/1994	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part343	05/15/1994	

**Labeler** - ARMY AND AIR FORCE EXCHANGE SERVICE (001695568)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	PACK(55301-235)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	MANUFACTURE(55301-235) , PACK(55301-235)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	PACK(5530 1-235)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	PACK(5530 1-235)

Revised: 1/2020

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