# NICOTINE POLACRILEX- nicotine polacrilex gum, chewing Dr. Reddy's Laboratories Inc.

-----

Nicotine Polacrilex Gum Coated Ice Mint 4 mg ANDA204833 - Equate

## Drug Facts

### Active ingredient (in each chewing piece)

Nicotine Polacrilex 4 mg (nicotine)

#### Purpose

Stop smoking aid

#### Use

reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

#### Warnings

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

#### Ask a doctor before use if you have

- a sodium-restricted diet
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or diabetes
- history of seizures

## Ask a doctor or pharmacist before use if you are

- using a non-nicotine stop smoking drug
- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

## Stop use and ask a doctor if

- mouth, teeth, or jaw problems occur
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhea, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

# Keep out of reach of children and pets.

Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

# Directions

- if you are under 18 years of age, ask a doctor before use
- before using this product, read the enclosed User's Guide for complete directions and other important information
- begin using the gum on your quit day
- if you smoke your first cigarette more than 30 minutes after waking up, use 2 mg nicotine gum
- **if you smoke your first cigarette within 30 minutes of waking up,** use 4 mg nicotine gum according to the following 12 week schedule:

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12		
1 piece	1 piece	1 piece		
every	every	every		
1 to 2	2 to 4	4 to 8		
hours	hours	hours		

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again, until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

# Other information

• each piece contains: calcium 115 mg, sodium 11 mg

- store at 20 25°C (68 77°F)
- protect from light

## Inactive ingredients

acacia, acesulfame potassium, butylated hydroxytoluene, carnauba wax, FD&C red #40, gum base, hydroxypropyl cellulose, hypromellose, natural and artificial, cinnamon flavors, sodium bicarbonate, sodium carbonate, talc, titanium dioxide and xylitol.

### **Questions or comments?**

Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

## **Principal Display Panel**

Compare to the active ingredient of Nicorrette® Gum\*

FREE | SUGAR

FROM | FREE

Nicotine Gum

Nicotine Polacrilex Gum USP,

4 mg (nicotine)

Stop Smoking Aid

# FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE WITHIN 30 MINUTES OF WAKING UP

If you smoke your first cigarette <u>MORE THAN</u> 30 MINUTES after waking up, use Nicotine Polacrilex gum, 2 mg

Sugar free coated nicotine gum

COATED CINNAMON FLAVOR

# TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivate to quit

2. Use Enough - Chew at least 9 pieces of Nicotine Polacrilex Gum per day during the first six weeks

- 3. Use long enough Use Nicotine Polacrilex Gum for the full 12 weeks
- 4. Use with a Support Program as directed in the enclosed User's Guide

To remove the gum, tear off single unit

Peel off backing starting at corner with loose edge

Push gum through foil

- not for sale to those under 18 years of age
- proof of age required

 not for sale in vending machines or from any source where proof of age cannot be verified

\*This product is not manufactured or distributed by GlaxoSmithKline Consumer Healthcare, L.P., distributor of Nicorette® Gum

# BLISTER PACKAGED FOR YOUR PROTECTION. DO NOT USE IF INDIVIDUAL SEALS ARE OPEN OR TORN.

DISTRIBUTED BY:

Package Label



Nicotine Polacrilex Gum USP, 4 mg Coated Cinnamon Flavor

NICOTINE POLACRIL			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:75907-298
Route of Administration	ORAL		

	ient/Ac	ctive Moiety							
Ingredient Name					Basis of Strengt		ath	th Strength	
NICOTINE (UNII: 61	C89ZY6R)	N	ICOTINE		9	4 mg			
Inactive Ingre	edients	5							
		Ingredient	Name					Strength	
ACACIA (UNII: 5C54	403N26O	)							
		(UNII: 230V73Q5G9)							
D&C RED NO. 40		OSE, UNSPECIFIED (UN							
		LUENE (UNII: 1P9D0Z171							
SODIUM BICARBO			<b>v</b>						
SODIUM CARBON									
TALC (UNII: 7SEV7J									
FITANIUM DIOXID	E (UNII: 1	.5FIX9V2JP)							
XYLITOL (UNII: VCC	Q006KQ1	E)							
SUCRALOSE (UNII:									
HYPROMELLOSE,	UNSPEC	IFIED (UNII: 3NXW29V3W	))						
Product Char									
		sticc							
	acteris		C. e.e. #0					•	
Color	acteris	pink (Dark)	Score				no scor	e	
Color Shape	acteris	pink (Dark) SQUARE	Size	le			no scor 14mm	e	
Color Shape Flavor	acteris	pink (Dark)		le				e	
Color Shape Flavor	acteris	pink (Dark) SQUARE	Size	le				e	
Color Shape Flavor	acteris	pink (Dark) SQUARE	Size	le				e	
Color Shape Flavor Contains	acteris	pink (Dark) SQUARE	Size	le				e	
Color Shape Flavor Contains <b>Packaging</b>	acteris	pink (Dark) SQUARE	Size Imprint Cod		keting St Date	1	14mm		
Color Shape Flavor Contains Packaging # Item Code		pink (Dark) SQUARE CINNAMON Package Descrip	Size Imprint Cod		Date	1	14mm	eting End	
Color Shape Flavor Contains Packaging # Item Code 1 NDC:75907-298- 80	80 in 1 (	pink (Dark) SQUARE CINNAMON Package Descrip CARTON LISTER PACK; Type 0: Not	Size Imprint Cod	Mar	Date	1	14mm	eting End	
Color Shape Flavor Contains Packaging # Item Code 1 NDC:75907-298- 80	80 in 1 0 1 in 1 B Product	pink (Dark) SQUARE CINNAMON Package Descrip CARTON LISTER PACK; Type 0: Not	Size Imprint Cod	Mar	<b>Date</b> 2025	1	14mm	eting End	
Color Shape Flavor Contains Packaging # Item Code 1 NDC:75907-298- 80 1 NDC:75907-298- 1 NDC:75907-298- 1 NDC:75907-298- 1 NDC:75907-298- 1 S	80 in 1 0 1 in 1 B Product 150 in 1	pink (Dark) SQUARE CINNAMON Package Descrip CARTON LISTER PACK; Type 0: Not LISTER PACK; Type 0: Not	Size Imprint Cod	<b>Mar</b> 07/01/2	<b>Date</b> 2025	1	14mm	eting End	
Color Shape Flavor Contains Packaging # Item Code 1 NDC:75907-298- 80 1 NDC:75907-298- 1 NDC:75907-298- 1 NDC:75907-298- 1 NDC:75907-298- 1 NDC:75907-298- 1 S	80 in 1 0 1 in 1 B Product 150 in 1 1 in 1 B	pink (Dark) SQUARE CINNAMON Package Descrip CARTON LISTER PACK; Type 0: Not LISTER PACK; Type 0: Not	Size Imprint Cod	<b>Mar</b> 07/01/2	<b>Date</b> 2025	1	14mm	eting End	
Color Shape Flavor Contains Packaging # Item Code 1 NDC:75907-298- 80 1 NDC:75907-298- 15	80 in 1 0 1 in 1 B Product 150 in 1 1 in 1 B Product	pink (Dark) SQUARE CINNAMON Package Descrip CARTON LISTER PACK; Type 0: Not CARTON LISTER PACK; Type 0: Not	Size Imprint Cod	<b>Mar</b> 07/01/2	<b>Date</b> 2025	1	14mm	eting End	
Color Shape Flavor Contains PCKaging Item Code 1 NDC:75907-298- 3 NDC:75907-298- 1 NDC:75007-298- 1 NDC:75907-298- 1 NDC:75907-208- 1 NDC:7590	80 in 10 1 in 1 B Product 150 in 1 1 in 1 B Product <b>Infor</b>	pink (Dark) SQUARE CINNAMON Package Descrip CARTON LISTER PACK; Type 0: Not CARTON LISTER PACK; Type 0: Not	Size Imprint Cod	<b>Mar</b> 07/01/2	<b>Date</b> 2025 2025	art	Mark	eting End Date	
Color Shape Flavor Contains Packaging # Item Code 1 NDC:75907-298- 80 1 NDC:75907-298-	80 in 10 1 in 1 B Product 150 in 1 1 in 1 B Product <b>Infor</b>	pink (Dark) SQUARE CINNAMON Package Descrip CARTON LISTER PACK; Type 0: Not CARTON LISTER PACK; Type 0: Not	Size Imprint Cod	<b>Mar</b> 07/01/2	<b>Date</b> 2025	art	Mark	eting End	

Revised: 5/2025

Dr. Reddy's Laboratories Inc.