

MAGNESIUM CITRATE- magnesium citrate liquid
Meijer Distribution Inc

Meijer Magnesium Citrate Oral Solution - Cherry

Active Ingredient

Magnesium citrate 1.745 g (in each fl oz)

Purpose

Saline laxative

Uses

- For relief of occasional constipation (irregularity)
- Generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- Kidney disease
- a magnesium restricted diet
- Abdominal pain, nausea, or vomiting
- Noticed a sudden change in bowel habits that persists over a period of 2 weeks
- Already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

- Taking any other drug.
- Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Store at temperatures between 46° and 86°F (8° and 30° C)

Directions

- shake well before using
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over	6.5 to 10 fl oz maximum 10 fl oz in 24 hours
children 6 to under 12 years of age	3 to 7 fl oz maximum 7 fl oz in 24 hours
children 2 to under 6 years of age	2 to 3 fl oz in 24 hours maximum 3 fl oz in 24 hours
children under 2 years of age	ask a doctor

Other Information

each fl oz contains: magnesium 290 mg

each fl oz contains: sodium 1 mg

Inactive Ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Questions?

1-888-235-2466

DIST. MEIJER DISTRIBUTION, INC.

GRAND RAPIDS, MI 49544

www.meijer.com L0000749

R0823

Do not use if tamper evident twist-off cap is missing, broken, or separated from neckring

NDC 79481-0033-9

meijer®

CHERRY FLAVOR

magnesium

citrate

Saline Laxative/ Oral Solution

• DYE-FREE • SUGAR-FREE

Alcohol content 0.005% (from flavouring)

10 FL OZ (296 mL)

Drug Facts

Active ingredient (in each fl oz) Purpose
Magnesium citrate 1.745 g Saline laxative

Uses: ■ For relief of occasional constipation (irregularity).
■ Generally produces bowel movement in ½ to 6 hours

Warnings:
Ask a doctor before use if you have
■ Kidney disease ■ a magnesium restricted diet
■ Abdominal pain, nausea, or vomiting
■ Noticed a sudden change in bowel habits that persists over a period of 2 weeks
■ Already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are
■ Taking any other drug.
■ Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. ▶

Do not use if tamper evident twist-off cap is missing, broken, or separated from necking

COPY FREE AREA LEFT OPEN FOR
LOT AND EXPIRATION DATE

NDC 79481-0033-9

meijer.

Magnesium Citrate

Saline Laxative/Oral Solution

Alcohol content 0.005% (from flavoring)

Dye-Free

Sugar-Free

CHERRY



10 fl. oz
(296 mL)

Drug Facts (continued)

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Inactive ingredients: benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Questions? 1-888-235-2466

DIST. BY MEIJER DISTRIBUTION, INC.
GRAND RAPIDS, MI 49544 L0000749
www.meijer.com PID 5155746 R0823



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MAGNESIUM CITRATE

magnesium citrate liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:79481-0033
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM CITRATE (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
BENZOIC ACID (UNII: 8SKN0B0MIM)	
WATER (UNII: 059QF0KO0R)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
EDETATE DISODIUM ANHYDROUS (UNII: 8NLQ36F6MM)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date

1	NDC:79481-0033-9	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	04/24/2023	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007		04/24/2023	

Labeler - Meijer Distribution Inc (006959555)

Establishment			
Name	Address	ID/FEI	Business Operations
Pharma Nobis, LLC		118564114	manufacture(79481-0033)

Revised: 12/2025

Meijer Distribution Inc