

# **CARING MILLS MENTHOL 4% ROLL-ON- menthol gel**

## **Veridian Healthcare**

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### **Caring Mills Menthol 4% Roll-On**

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### ***Active ingredient***

Menthol 4%

### ***Purpose***

Topical analgesic

### ***Uses***

Uses Temporarily relieves minor pain associated with: ■ arthritis ■ simple backache ■ muscle strains ■ sprains ■ bruises

### ***Warnings***

**For external use only**

### **When using this product**

When using this product

- use only as directed. Read and follow all directions and warnings on this carton
- rare cases of serious burns have been reported with products of this type
- do not bandage tightly or apply local heat (such as heating pads) or a medicated patch to the area of use
- avoid contact with eyes and mucous membranes
- do not apply to wounds or damaged, broken or irritated skin
- a transient burning sensation may occur upon application but generally disappears in several days
- if severe burning sensation occurs, discontinue use immediately
- do not expose the area treated with the product to heat or direct sunlight
- avoid applying into skin folds

### **Stop use and ask a doctor if**

- condition worsens
- redness is present
- irritation develops
- symptoms persist for more than 7 days or clear up and occur again within a few

days

- you experience signs of skin injury, such as pain, swelling, or blistering where the product was applied
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**Flammable** ■ Keep away from fire or flame

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

### ***Directions***

**Adults and children over 12 years:** ■ apply a thin layer to affected area

■ massage into painful area until thoroughly absorbed into skin

■ repeat as necessary, but no more than 3 to 4 times daily

**■ IF MEDICINE COMES IN CONTACT WITH HANDS, WASH WITH SOAP AND WATER**

**Children 12 years or younger:** ■ ask a doctor

### ***Inactive ingredients***

aloe barbadensis leaf juice, aminomethyl propanol, arctium lappa extract, arnica montana flower extract, boswellia serrata extract, calendula officinalis flower extract, camellia sinensis leaf extract, camphor, carbomer, FD&C blue no.1, FD&C yellow no.5, glycerin, ilex paraguariensis leaf extract, isopropyl alcohol, isopropyl myristate, melissa officinalis leaf extract, methyl methacrylate crosspolymer, tocopheryl acetate, water

### **Questions or comments**

Call 1-866-326-1313

### ***Principal Display Panel***

Drug Facts	
Active ingredient	Purpose
Menthol 4%	Topical analgesic
Uses: Temporarily relieves minor pain associated with: ■ arthritis ■ simple backache ■ muscle strains ■ sprains ■ bruises	
<b>Warnings:</b> For external use only. When using this product use only as directed. Read and follow all directions and warnings on this carton. ■ rare cases of serious burns have been reported with products of this type ■ do not bandage tightly or apply local heat (such as heating pads) or an electric heat patch to the area of use ■ avoid contact with eyes and mucous membranes ■ do not apply to wounds or damaged, broken or irritated skin ■ a transient burning sensation may occur upon application but generally disappears in several days ■ if severe burning sensation occurs, discontinue use immediately ■ do not expose the area treated with product to heat or direct sunlight ■ avoid applying into skin folds	
Stop use and ask a doctor if: ■ condition worsens ■ redness is present ■ irritation develops ■ symptoms persist for more than 7 days or clear up and occur again within a few days ■ you experience signs of skin injury, such as pain, swelling, or blistering where the product was applied	
Flammable ■ keep away from fire or flame	
If pregnant or breast feeding, ask a health professional before use.	
Keep out of reach of children and pets. If swallowed, get medical help or contact Poison Control Center (1-800-222-1222) right away.	
<b>Directions:</b> Adults and children over 12 years: ■ apply a thin layer to affected area ■ massage into painful area until thoroughly absorbed into skin ■ repeat as necessary, but no more than 3 to 4 times daily ■ IF MEDICINE COMES IN CONTACT WITH HANDS, WASH WITH SOAP AND WATER Children 12 years or younger: ■ ask a doctor	
<b>Other information:</b> ■ Store at room temperature	
<b>Inactive ingredients:</b> aloe barbadensis leaf juice, aminomethyl propanol, arctostaphylos extract, serenoa montana flower extract, boswellia serrata extract, calendula officinalis flower extract, camellia sinensis leaf extract, camphor, carbonic acid, FD&C blue no. 1, FD&C yellow no. 5, glycerin, lemongrass leaf extract, isopropyl alcohol, isopropyl myristate, melaleuca officinalis leaf extract, methyl methacrylate copolymer, tocopheryl acetate, water	
Questions or comments? Call 1-866-326-1312	

\*This product is not manufactured or distributed by Rectus Health Pain (US) LLC, owner of the registered trademark, BIO FREEZE®.

Do not use if tamper seal is broken or missing.

Close cap tightly between uses.

Keep this outer carton as it contains important information.

Manufactured for FSA, Inc.  
5473 Blair Rd., Suite 100  
PMB 24308  
Dallas, Texas 75221  
Made in China  
Model 56-396  
325-6028 03/25 VCS100-47



caring mill™  
Pain Relief  
Roll-On Gel  
4% Menthol

caring mill™  
Pain Relief  
Roll-On Gel  
4% Menthol

NDC 71101-038-01

\*Compare to the active ingredient in BIO FREEZE® Pain Relief Roll-On

caring mill™  
Pain Relief  
Roll-On Gel  
4% Menthol

- Pain relief for muscles & joints
- Immediate, penetrating cold-hot sensation
- No-mess applicator
- Quick-dry formula



2.5 FL OZ. (73mL)

LOT YYYYMMDDXX  
EXP YYYY-MM-DD

Apply wherever you need muscle or joint pain relief



## CARING MILLS MENTHOL 4% ROLL-ON

menthol gel

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:71101-038
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety		
Ingredient Name	Basis of Strength	Strength
<b>MENTHOL</b> (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	4 g in 1 mL

Inactive Ingredients	
Ingredient Name	Strength
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)	
<b>CARBOMER 940</b> (UNII: 4Q93RCW27E)	
<b>CAMPHOR (NATURAL)</b> (UNII: N20HL7Q941)	
<b>AMINOMETHYL PROPANOL</b> (UNII: LU49E6626Q)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>ARNICA MONTANA FLOWER</b> (UNII: OZ0E5Y15PZ)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>ISOPROPYL MYRISTATE</b> (UNII: 0RE8K4LNJS)	
<b>CALENDULA OFFICINALIS FLOWER</b> (UNII: P0M7O4Y7YD)	
<b>.ALPHA.-TOCOPHEROL ACETATE</b> (UNII: 9E8X80D2L0)	
<b>MELISSA OFFICINALIS LEAF</b> (UNII: 50D2ZE9219)	
<b>ARCTIUM LAPPA WHOLE</b> (UNII: 73070DU1LA)	
<b>GREEN TEA LEAF</b> (UNII: W2ZU1RY8B0)	
<b>ILEX PARAGUARIENSIS LEAF</b> (UNII: 1Q953B4O4F)	
<b>INDIAN FRANKINCENSE</b> (UNII: 4PW41QCO2M)	
<b>METHYL METHACRYLATE/GLYCOL DIMETHACRYLATE CROSSPOLYMER</b> (UNII: EG97988M5Q)	
<b>FD&amp;C YELLOW NO. 5</b> (UNII: I753WB2F1M)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	

Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:71101-038-01	1 in 1 CARTON	09/01/2025	
1		73 mL in 1 BOTTLE, WITH APPLICATOR; Type 0: Not a Combination Product		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	09/01/2025	

**Labeler** - Veridian Healthcare (830437997)

Establishment			
Name	Address	ID/FEI	Business Operations

Nantong Health & Beyond Hygienic Products Inc		421280161	manufacture(71101-038)
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Revised: 9/2025

Veridian Healthcare