

RESPIRATORY RELIEF- guaifenesin tablet
Schwabe North America, Inc

Respiratory Relief

Active Ingredient

Guaifenesin 400 mg

Inactive Ingredients

Carnauba Wax

Cellulose

Glycerin

Hypromellose

Magnesium Stearate

Maltodextrin

Povidone

Silica

Sodium Croscarmellose

Stearic Acid

Dosage & Administration

Adults & children 12 years of age and older: take 1 tablet every 4 hours with a full glass of water while symptoms persist. Do not to exceed 6 tablets in 24 hours.

Children under 12 years of age: do not use.

Purpose

Helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive.

Indications & Usage

Helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive.

Warnings

Do not use for children under 12 years of age.

Ask a doctor

Ask a doctor before use if you have a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema, a cough accompanied by excessive phlegm (mucus).

Stop Use

Stop use and ask a doctor if cough lasts more than 7 days, tends to recur, or is accompanied by a fever, rash or persistent headache.

A persistent cough may be a sign of a serious condition.

Keep out of Reach of Children

Keep out of reach of children.

Pregnant or Breast Feeding

If pregnant or breast-feeding, ask a healthcare professional before use.

Overdosage:

In case of overdose, seek medical help or contact a Poison Control Center right away.



Drug Facts (continued)**Directions**

- adults and children 12 years of age and older: take 1 tablet every 4 hours with a full glass of water while symptoms persist. Do not exceed 6 tablets in 24 hours.
- children under 12 years of age: do not use

Other information

- each tablet contains: sodium 5 mg
- **TAMPER EVIDENT.** Safety sealed with outer neck wrap and inner seal. Do not use if either is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Inactive ingredients carnauba wax, cellulose, glycerin, hypromellose, magnesium stearate, maltodextrin, povidone, silica, sodium croscarmellose, stearic acid

◆ LH15295.01 BLK9324

Questions? 1-800-962-8873 / naturesway.com

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Green Bay, WI 54311 USA / Bottled and tested in the USA

NDC 53499-5295-0



Respiratory Relief

GUAIFENESIN EXPECTORANT

Helps Relieve
Chest Congestion
Thins & Loosens Mucus



400 mg Guaifenesin

30 TABLETS

Drug Facts**Active ingredient**
(in each tablet)

Guaifenesin 400 mg.....Expectorant

Purpose**Uses**

- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive

Warnings**Do not use**

- for children under 12 years of age

Ask a doctor before use if you have

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- a cough accompanied by excessive phlegm (mucus)

Stop use and ask a doctor if

- cough lasts more than 7 days, tends to recur, or is accompanied by a fever, rash, or persistent headache. A persistent cough may be a sign of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use.

Keep out of reach of children.

In case of overdose, seek medical help or contact a Poison Control Center right away. ▶

Digital Print Label 2.75x7.375"/250cc



New Design

Proof: MU Hard copy proof for color matching.
Digital CMYK print files are press ready.
Utilize Pantone Bridge book for color matching.

SM

RESPIRATORY RELIEF

guaifenesin tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:53499-5295
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
GUAIFENESIN (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	400 mg

Inactive Ingredients

Ingredient Name	Strength
CARNAUBA WAX (UNII: R12CBM0EIZ)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
GLYCERIN (UNII: PDC6A3C0OX)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
POVIDONE (UNII: FZ989GH94E)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
STEARIC ACID (UNII: 4ELV7Z65AP)	

Product Characteristics

Color	white (Off-white to white)	Score	no score
Shape	OVAL (Convex face, debossed 400 tablet)	Size	18mm
Flavor		Imprint Code	400
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53499-5295-0	30 in 1 BOTTLE; Type 0: Not a Combination Product	07/29/2025	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	07/29/2025	

Labeler - Schwabe North America, Inc (831153908)

Establishment

Name	Address	ID/FEI	Business Operations
Schwabe North America, Inc		831153908	manufacture(53499-5295)