

**EXCHANGE SELECT- vegetable laxative from senna concentrate tablet
ARMY AND AIR FORCE EXCHANGE SERVICE**

Exchange select senna-Lax

Drug Facts

Active ingredient (in each tablet)

Sennosides 8.6 mg

Purpose

Laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 6–12 hours

Warnings

Do not use

- laxative products for longer than 1 week unless directed by a doctor

Ask a doctor before use if you have

- stomach pain
- nausea
- vomiting
- noticed a sudden change in bowel habits that continues over a period of 2 weeks

Stop use and ask a doctor if you have rectal bleeding or fail to have a bowel movement after use of a laxative. These may indicate a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center immediately at 1-800-22-1222.

Directions

- take preferably at bedtime or as directed by a doctor

age	starting dosage	maximum dosage
adults and children 12 years of age and over	2 tablets once a day	4 tablets twice a day
children 6 to under 12	1 tablet once a day	2 tablets twice a day

years		
children 2 to under 6 years	1/2 tablet once a day	1 tablet twice a day
children under 2 years	ask a doctor	ask a doctor

Other Information

- store at room temperature

Inactive ingredients

microcrystalline cellulose, magnesium stearate, starch

Questions or comments?

1-866-467-2748

TAMPER EVIDENT: Do not use if printed seal under cap is broken or missing

IMPORTANT: Keep this carton for future reference on full labeling.

*This product is not manufactured or distributed by Avrio Health L.P., owner of the registered trademark Senokot®

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Manufactured For Your Military Exchanges By: Raritan Pharmaceuticals Inc., 8 Joanna Court, East Brunswick, NJ 08816

*Compare to the active ingredient of Senokot®

exchange/select

Senna-Lax

Vegetable Laxative From Senna Concentrate For Gentle Relief of Constipation

100 Tablets

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NDC 55301-107-00

exchange/select

Senna-Lax

Vegetable Laxative From Senna Concentrate For Gentle Relief of Constipation

100 Tablets



EXCHANGE SELECT

vegetable laxative from senna concentrate tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55301-107
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SENNOSIDES (UNII: 3FYP5M0IJX) (SENNOSIDES - UNII:3FYP5M0IJX)	SENNOSIDES	8.6 mg

Inactive Ingredients

Ingredient Name	Strength
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
STARCH, CORN (UNII: O8232NY3SJ)	

Product Characteristics

Color	brown	Score	no score
Shape	ROUND	Size	9mm
Flavor		Imprint Code	RP117
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-107-00	1 in 1 CARTON	02/09/2021	
1		100 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	02/09/2021	

Labeler - ARMY AND AIR FORCE EXCHANGE SERVICE (001695568)

Revised: 9/2025

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