

**EXTRA STRENGTH PAIN RELIEF PM- acetaminophen and diphenhydramine hydrochloride tablet, coated**  
**VALU MERCHANDISERS COMPANY**

-----  
**1095-BST-2021-1116**

***Drug Facts***

<b><i>Active ingredients (in each caplet)</i></b>	<b><i>Purpose</i></b>
Acetaminophen 500 mg	Pain reliever
Diphenhydramine HCl 25 mg	Nighttime sleep aid

**Uses**

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

**Warnings**

**Liver warning**

This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have**

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

**When using this product**

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur

These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.**

**Overdose warning**

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

**Directions**

- **do not take more than directed (see overdose warning)**

adults and children 12 years and over	<ul style="list-style-type: none"> <li>▪ take 2 caplets at bedtime</li> <li>▪ do not take more than 2 caplets of this product in 24 hours</li> </ul>
children under 12 years	<ul style="list-style-type: none"> <li>▪ do not use this adult product in children under 12 years of age; this will provide more than the recommended dose (overdose) and may cause liver damage</li> </ul>

**Other information**

- store between 20-25°C (68-77°F) in a dry place
- retain carton for complete product information

**Inactive ingredients**

colloidal silicon dioxide, copovidone, croscarmellose sodium, FD&C blue #1, hypromellose, lactose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, sodium starch glycolate, stearic acid, titanium dioxide

# PRINCIPAL DISPLAY PANEL

COMPARE TO THE ACTIVE INGREDIENTS IN TYLENOL® PM EXTRA STRENGTH CAPLETS†

Best Choice®

EXTRA STRENGTH

Pain Relief PM

ACETAMINOPHEN/Diphenhydramine HCl

Pain Reliever/Nighttime Sleep Aid

50 CAPLETS



## EXTRA STRENGTH PAIN RELIEF PM

acetaminophen and diphenhydramine hydrochloride tablet, coated

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:63941-095
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

**Inactive Ingredients**

<b>Ingredient Name</b>	<b>Strength</b>
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>COPOVIDONE K25-31</b> (UNII: D9C330MD8B)	
<b>CROSCARMELOSE SODIUM</b> (UNII: M28OL1HH48)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>HYPROMELLOSES</b> (UNII: 3NXW29V3WO)	
<b>LACTOSE</b> (UNII: J2B2A4N98G)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>CELLULOSE, MICROCRYSTALLINE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POVIDONE, UNSPECIFIED</b> (UNII: FZ989GH94E)	
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)	
<b>SODIUM STARCH GLYCOLATE TYPE A CORN</b> (UNII: AG9B65PV6B)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

**Product Characteristics**

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	17mm
<b>Flavor</b>		<b>Imprint Code</b>	AAA;1031
<b>Contains</b>			

**Packaging**

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:63941-095-02	1 in 1 CARTON	02/01/2010	10/31/2027
1		50 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:63941-095-03	1 in 1 CARTON	10/04/2011	12/31/2027
2		100 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
3	NDC:63941-095-09	2 in 1 CARTON	02/03/2012	03/31/2028

3	100 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
<b>Marketing Information</b>			
<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC Monograph Drug	M013	02/01/2010	03/31/2028

**Labeler** - VALU MERCHANDISERS COMPANY (868703513)

Revised: 12/2025

VALU MERCHANDISERS COMPANY