

**QUALITY CHOICE COLD THERAPY GEL- menthol gel**  
**Chain Drug Marketing Association, Inc.**

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**Quality Choice Cold Therapy Gel, 4oz**

**Warnings**

For external use only

Flammable: Keep away from excessive heat or open flame

**Ask a doctor before use if you have:**

sensitive skin

**When using this product:**

- avoid contact with eyes or mucous membranes
- do not apply to wounds or damaged skin
- do not use with other ointments, creams, sprays or liniments
- do not apply to irritated skin or if excessive irritation develops
- do not bandage ■ wash hands after use with cool water
- do not use with a heating pad or device

**Stop use and ask a doctor if**

**condition worsens, if symptoms last more than 7 days or clear up and reoccur**

**If pregnant or breastfeeding:**

ask a health professional before use

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center (1-800-222-1222) right away

**Directions**

**adults and children 2 years of age and older:**

- rub a thin film over affected area not more than 4 times daily, massage is not necessary

**children under 2 years of age:** consult a physician

**Other Info**

- store in a cool dry place
- do not use if tube seal under cap is broken

## **Inactive Ingredients**

Inactive ingredients

benzyl alcohol, butylated hydroxytoluene, camphor, carbopol 940, edetate disodium, DMDM hydantoin, FD&C blue no. 1, FD&C yellow no. 5, isopropyl alcohol, PEG-40 hydrogenated castor oil, sodium hydroxide, water

## **Uses**

Temporarily relieves minor aches and pains of muscles and joints associated with:

- arthritis
- backache
- strains
- sprains

## **Active ingredient**

Menthol 4%

## **Purpose**

Topical analgesic



NDC 83324-0007-04



\* Compare to the active ingredient in BIO FREEZE® GEL

# Cold Therapy Gel

**Menthol 4% / Topical Analgesic**

For arthritis, back, joint & muscle pain  
Soothing Menthol  
Vanishing Scent

**4 FL OZ (118.2ml)**



Drug Facts	
Active ingredient	Purpose
Menthol 4%	Topical analgesic
<b>Uses</b> Temporary relief from minor aches and pains of sore muscle and joints associated with arthritis, muscle strain, sprain, or bruise	
<b>Warnings</b> For external use only Flammable: Keep away from excessive heat or open flame Ask a doctor before use if you have sensitive skin When using this product avoid contact with eyes or mucous membranes and do not apply to wounds or damaged skin and do not use with other ointments, creams, sprays or liniments and do not apply to irritated skin or if excessive irritation develops do not bandage or wrap hand or use with cool water and do not use with heating pad or device Stop use and ask a doctor if condition worsens, if symptoms last more than 7 days or clear up and recur If pregnant or breast feeding: ask a health professional before use Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center (1-800-328-1222) right away.	
<b>Directions</b> Adults and children 2 years of age and older: rub a thin film over affected area no more than 4 times daily, reapply not necessary Children under 2 years of age: consult physician	
<b>Other information</b> Store in a cool dry place and do not use if tube seal under cap is broken	
<b>Inactive ingredients</b> benzyl alcohol, butylated hydroxytoluene, camphor, carbopol 940, edetate disodium, DMEM hydantoin, FD&C blue no. 1, FD&C yellow no. 5, isopropyl alcohol, PEG-40 hydrogenated castor oil, sodium hydroxide, water	

\*This product is not manufactured or distributed by Performance Health, LLC, owner of the registered trademark BIO FREEZE® Gel



Distributed by QCH, Inc.  
New, PE 42575  
www.quality-choice.com  
Quality One: 800-655-2262

Made in India  
PE-44 39-2208  
2-2-2019 04/25  
VCS00005

## QUALITY CHOICE COLD THERAPY GEL

menthol gel

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:83324-007
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	40 mg in 1 mL

### Inactive Ingredients

Ingredient Name	Strength
CAMPHOR (NATURAL) (UNII: N20HL7Q941)	

<b>CARBOMER 940</b> (UNII: 4Q93RCW27E)
<b>BENZYL ALCOHOL</b> (UNII: LKG8494WBH)
<b>ISOPROPYL ALCOHOL</b> (UNII: ND2M416302)
<b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)
<b>POLYOXYL 40 HYDROGENATED CASTOR OIL</b> (UNII: 7YC686GQ8F)
<b>BUTYLATED HYDROXYTOLUENE</b> (UNII: 1P9D0Z171K)
<b>WATER</b> (UNII: 059QF0KO0R)
<b>DMDM HYDANTOIN</b> (UNII: BYR0546TOW)
<b>SODIUM HYDROXIDE</b> (UNII: 55X04QC32I)
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)
<b>FD&amp;C YELLOW NO. 5</b> (UNII: I753WB2F1M)

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:83324-007-04	118.2 mL in 1 BOTTLE; Type 0: Not a Combination Product	04/01/2023	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	04/01/2023	

**Labeler** - Chain Drug Marketing Association, Inc. (011920774)

### Establishment

Name	Address	ID/FEI	Business Operations
Astonea Labs Private Label		878533295	manufacture(83324-007)

Revised: 12/2025

Chain Drug Marketing Association, Inc.