

BEST CHOICE FIBER THERAPY- methylcellulose tablet
BEST CHOICE (VALU MERCHANDISERS COMPANY)

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Best Choice Fiber Therapy Methylcellulose 500 mg 100 Caplets

Active ingredient (in each caplet)

Methylcellulose 500mg

Purpose

Bulk-forming fiber laxative (a non-allergenic fiber)

Uses

- Helps restore and maintain regularity
- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 12 -72 hours.

Warnings

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking .Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- a sudden change in bowel habits that persists over a period of two weeks
- abdominal pain, nausea or vomiting

Stop use and ask a doctor if

- constipation lasts more than 7 days
- you have rectal bleeding
- These could be signs of a serious condition.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

Directions

Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid.

Taking this product without enough liquid may cause choking. See choking warning.

Age	Dose	Maximum Dose
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adults & children 12 years of age and over	start with 2 caplets. Increase as needed up to 6 times per day.	Do not exceed 12 caplets per day
Children 6-11 years of age	Start with 1 caplet. Increase as needed up to 6 times per day	Do not exceed 6 caplets per day
children under 6 years of age	Consult a physician	Consult a physician

Other information

- **each caplet contains:** appx. 18 mg of calcium
- store at below 77°F (25°C)
- protect contents from humidity
- keep tightly closed

Safety sealed: Do not use if printed seal under cap is torn or missing.

Inactive ingredients

adipic acid, calcium carbonate, crospovidone, FD&C yellow no. 6 aluminum lake, magnesium stearate, maltodextrin, microcrystalline cellulose, polysorbate 80, silica.

Questions or comments?

1-866-467-2748

Principal Display Panel

Best Choice®

NDC# 63941-122-10

COMPARE TO THE ACTIVE INGREDIENTS IN CITRUCEL® CAPLETS*

Fiber Therapy

Methylcellulose

Fiber Capsules for Regularity

- 100% Soluble Fiber for Controlled Regularity
 - Easy to Take Caplets
- 100 CAPLETS

Best Choice 100% Guaranteed www.bestchoicebrand.com

PROUDLY DISTRIBUTED BY:

VALU MERCHANDISERS, CO.

5000 KANSAS AVE KANSAS CITY, KS 66106

*This product is not manufactured or distributed by GlaxoSmithKline, the distributor of CITRUCEL® Caplets.

NDC 63941-122-10

COMPARE TO THE ACTIVE INGREDIENT IN CITRUCEL® CAPLETS*

Fiber Therapy

Best Choice®

Methylcellulose
Fiber Capsules for Regularity

- 100% Soluble Fiber for Controlled Regularity
- Easy to Take Caplets

100 CAPLETS

Do not use if printed seal under cap is torn or missing.

Drug Facts

Active ingredient (in each caplet) Purpose
Methylcellulose 500 mg.....Bulk-forming fiber laxative (a non-allergenic fiber)

Uses ■ helps restore and maintain regularity ■ relieves constipation (irregularity) ■ for constipation associated with other bowel disorders like IBS when recommended by a doctor ■ generally produces a bowel movement in 12-72 hours

Warnings
Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing, if you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.
Ask a doctor before use if you have ■ a sudden change in bowel habits that persists over a period of two weeks ■ abdominal pain, nausea or vomiting

Stop use and ask a doctor if ■ constipation lasts more than 7 days ■ you have rectal bleeding
These could be signs of a serious condition.

Keep out of reach of children. In case of overdose get medical help or contact a Poison Control Center right away at 1-800-222-1222.

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Best Choice® 100% Guaranteed
www.bestchoiceinc.com
100% Soluble Fiber
VALU HEALTHCARE, INC.
5000 KANSAS AVE KANSAS CITY, KS 66106

BEST CHOICE

0 70038 60741 0

READ ENTIRE LABEL AND ALLERGY WARNING

PEEL BACK HERE

LOT: 122100BCLR

EXP:

5.75in

Drug Facts (continued)

Directions Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. See choking warning.

Age	Dose	Maximum Dose
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children 6-11 years of age	start with 1 caplet. Increase as needed up to 6 times per day.	do not exceed 6 caplets per day.
children under 6 years of age	consult a physician	consult a physician

Other information ■ each caplet contains: approx. 18 mg of calcium ■ store at below 77°F (25° C) ■ protect contents from humidity ■ keep tightly closed

Inactive ingredients adipic acid, calcium carbonate, crospovidone, FD&C yellow no. 6 aluminum lake, magnesium stearate, methylodextrin, microcrystalline cellulose, polysorbate 80, silica.

STOP PEELING HERE

GLUTEN FREE

BEST CHOICE FIBER THERAPY

methylcellulose tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:63941-122
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
METHYLCELLULOSE (4000 MPA.S) (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 MPA.S) - UNII:MRJ667KA5E)	METHYLCELLULOSE (4000 MPA.S)	500 mg

Inactive Ingredients

Ingredient Name	Strength
ADIPIC ACID (UNII: 76A0JE0FKJ)	
CALCIUM CARBONATE (UNII: H0G9379FGK)	

CROSPVIDONE (15 MP.A.S AT 5%) (UNII: 68401960MK)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALTO DEXTRIN (UNII: 7CVR7L4A2D)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	

Product Characteristics

Color	ORANGE (Light orange)	Score	no score
Shape	CAPSULE (Caplet)	Size	19mm
Flavor		Imprint Code	RP122
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:63941-122-10	100 in 1 BOTTLE; Type 0: Not a Combination Product	04/19/2019	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	04/19/2019	

Labeler - BEST CHOICE (VALU MERCHANDISERS COMPANY) (868703513)

Revised: 6/2019

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