

**NATURES WAY COLD RELIEF HOT DRINK LEMON FLAVORED- pelargonium
sidoides whole powder
Universal Synergetics, Inc**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Nature's Way Cold Relief Hot Drink, Lemon Flavored

Drug Facts

Active ingredient (in each packet)

Pelargonium sidoides 1X

Purpose

Shortens duration and reduces severity of upper respiratory symptoms

Uses

- shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:
- chest congestion • nasal congestion • cough • hoarseness • sore throat

Warnings

Sore throat warning:if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly

Ask a doctor before use if you have

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema • a cough that is accompanied by excessive phlegm (mucus) • been taking any medications • an allergy to plants of the Geraniaceae family

Stop use and ask a doctor if

- new symptoms occur, symptoms get worse or last more than 7 days • fever worsens or lasts more than 3 days • cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a healthcare professional before use.

Keep out of reach of children.

In case of overdose, seek medical help or contact a Poison Control Center right away.

Directions

- Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.
- for best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease

age	Dose
adults & children 13 years of age and older	take 1 packet three times daily
children 6-12 years of age	take 1 packet two times daily
children under 6 years of age	consult a doctor

Other information

- **TAMPER EVIDENT.** Packaged in individually sealed packets. Do not use if open or torn.
- store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

Inactive ingredients

citric acid, maltodextrin, natural flavor, silica, turmeric color, xylitol

Questions?

1-800-962-8873/ naturesway.com

Package Labeling:

GLUE AREA

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Multi-Symptom Cold Relief

With clinically proven *Pelargonium sidoides* 1X.

Shortens colds and reduces severity of cough, congestion, sore throat, and stuffy nose.

Speeds recovery to help you feel better faster.

Packaged and tested in the USA

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Green Bay, WI 54311 USA

LHBN15146.A01 RM22.8120



AGES
6+

NDC 53499-6146-0
HOMEOPATHIC

Cold Relief HOT DRINK

Nature's way

Cold Relief HOT DRINK

Feel Better Faster

with
CLINICALLY PROVEN
PELARGONIUM
SIDOIDES 1X

Umcka®
Cough, Congestion,
Sore Throat, Stuffy Nose

PLANT POWERED



Lemon Flavored
Soothing Hot Drink Mix

NON-DROWSY

10 - 0.17 OZ (5 G) PACKETS NET WT 1.7 OZ

Feel Better Faster

Cold care inspired by nature.

Multi-symptom cold relief formula with clinically proven *Pelargonium sidoides* 1X.

Pelargonium sidoides 1X is proven effective in clinical studies for alleviating common cold symptoms plus nasal, throat, and bronchial irritations.

This proprietary plant-based preparation is uniquely available from Nature's Way® in North America.

Explore more products at
NATURESWAY.COM

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HOMEOPATHIC



Cold Relief

TS INFORMATION. Keep out of reach of children. Do not use excessive heat and direct sunlight. NOT FOR INDIVIDUAL SALE. 54311 USA Questions? 1-800-962-8873 / natureway.com

LHPK15146.A01 RM22.8120

SILICON DIOXIDE (UNII: ETJ7Z6XBU4)				
XYLITOL (UNII: VCQ006KQ1E)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:80228-6146-0	10 in 1 CARTON	06/01/2025	
1		5 g in 1 PACKET; Type 0: Not a Combination Product		
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic			06/01/2025	

Labeler - Universal Synergetics, Inc (069033371)

Revised: 6/2025

Universal Synergetics, Inc