

**NATURES WAY COLD RELIEF HOT DRINK LEMON FLAVORED- pelargonium  
sidoides whole powder  
Universal Synergetics, Inc**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Nature's Way Cold Relief Hot Drink, Lemon Flavored**

***Drug Facts***

***Active ingredient (in each packet)***

Pelargonium sidoides 1X

***Purpose***

Shortens duration and reduces severity of upper respiratory symptoms

***Uses***

- shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:
- chest congestion • nasal congestion • cough • hoarseness • sore throat

***Warnings***

**Sore throat warning:**if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly

**Ask a doctor before use if you have**

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema • a cough that is accompanied by excessive phlegm (mucus) • been taking any medications • an allergy to plants of the Geraniaceae family

**Stop use and ask a doctor if**

- new symptoms occur, symptoms get worse or last more than 7 days • fever worsens or lasts more than 3 days • cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a healthcare professional before use.

## Keep out of reach of children.

In case of overdose, seek medical help or contact a Poison Control Center right away.

### **Directions**

- Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.
- for best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease

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age	Dose
adults & children 13 years of age and older	take 1 packet three times daily
children 6-12 years of age	take 1 packet two times daily
children under 6 years of age	consult a doctor

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### **Other information**

- **TAMPER EVIDENT.** Packaged in individually sealed packets. Do not use if open or torn.
- Store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

### **Inactive ingredients**

citric acid, maltodextrin, natural flavor, silica, turmeric color, xylitol

### **Questions?**

**1-800-962-8873/** [naturesway.com](http://naturesway.com)

### **Package Labeling:**

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 ■ chest congestion ■ nasal congestion ■ cough ■ hoarseness ■ sore throat

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**Umcka® Cold Relief**  
**HOT DRINK**

~ Feel Better Faster ~

**Umcka® Cold Relief**  
**HOT DRINK**

LEMON FLAVORED

REDUCES

Cough, Congestion,  
Sore Throat & Stuffiness

CLINICALLY PROVEN INGREDIENT

CLINICALLY PROVEN INGREDIENT

AGES 6+ | NON-DROWSY | DRINK MIX

10 - 0.17 OZ (5G) PACKETS NET WT 1.7 OZ

**Feel Better Faster**

- Shortens colds and reduces severity of cough, congestion, sore throat, and stuffy nose
- Speeds recovery to help you feel better faster
- Multi-symptom cold relief formula with clinically proven *Pelargonium sidoides* 1X
- This proprietary plant-based preparation is uniquely available from Nature's Way® in North America

Explore more products at [naturesway.com](http://naturesway.com)

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**NET WT**  
**0.17 OZ (5 G)**

**Umcka® Cold Relief**  
**HOT DRINK**

LEMON FLAVORED DRINK MIX

NDC 53499-6146-0  
HOMEOPATHIC

**LOT/BEST BY TO BE PLACED HERE** SEE OUTER CARTON FOR COMPLETE DRUG FACTS INFORMATION. Keep out of reach of children. Do not use if open or torn. Store at room temperature. Avoid excessive heat and direct sunlight. NOT FOR INDIVIDUAL SALE. ©2025 Nature's Way Brands, LLC, Green Bay, WI 54311 USA Questions? 1-800-962-8873 / naturesway.com

LHPK15146.A02 RM22.8120

<b>NATURES WAY COLD RELIEF HOT DRINK LEMON FLAVORED</b>			
pelargonium sidoides whole powder			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:80228-6146
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
<b>PELARGONIUM SIDOIDES WHOLE</b> (UNII: 4FY2944729) (PELARGONIUM SIDOIDES WHOLE - UNII:4FY2944729)	PELARGONIUM SIDOIDES WHOLE	1 [hp_X] in 5 g

**Inactive Ingredients**

Ingredient Name	Strength
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>XYLITOL</b> (UNII: VCQ006KQ1E)	

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:80228-6146-0	10 in 1 CARTON	06/01/2025	
1		5 g in 1 PACKET; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		06/01/2025	

**Labeler** - Universal Synergetics, Inc (069033371)

Revised: 8/2025

Universal Synergetics, Inc