

**ULTRA ORGANIC FIBER SUGAR FREE- psyllium husk powder**  
**Raritan Pharmaceuticals Inc**

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**Active ingredient**

Psyllium husk 3.4g (per each rounded teaspoon = 7g)

**Purpose**

Bulk-forming laxative

**Use**

effective in treating occasional constipation and restoring regularity

**Warnings**

**Allergy alert:**This product may cause an allergic reaction in people sensitive to inhaled or ingested psyllium.

**Safety Warning**

DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING

**Directions**

**Adults 12 Years and older (up to 3 times daily):** Put 1 rounded TEASPOON into an empty glass. Mix this product with at least 8 oz (a full glass) of water.

Stir briskly to mix the fiber into the water fully and drink promptly. Taking without enough water may cause choking. Do not take this product if you have difficulty following.

As bulk-forming fibers such as NuSyllium Ultra may affect how medicines work, take this product at least 2 hours before or after taking your medicine,

You can take NuSyllium Ultra at any time of the day. **Children under 12 years:** Consult a doctor before use.

Stop using a NuSyllium and see a doctor if constipation lasts more than a week or if rectal bleeding occurs as these may be signs of a serious condition.

**FIRST-TIME USERS**

Start with one serving per day and then adjust your dose upwards as needed. Adding fiber to your diet may cause changes in your bowel habits or minor bloating.

These are normal reactions as your body adjusts to the increase fiber in your diet.

**Keep Out of Reach of Children**

## **Other information**

**Diets low in saturated fat and cholesterol that include 7 grams of soluble fiber per day from fiber such as NuSyllium may reduce the risk of heart disease by lowering cholesterol.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

## **Questions or comments?**

1-866-467-2748

## **Inactive ingredients**

Natural Citric Acid, Natural Flavors, Natural Stevia Extract, Organic Glycerin.

## **Principal Display Panel**

NDC **68163-575-42**

NuSyllium

Ultra Sugar Free Organic Fiber

7 GRAMS OF FIBER PER TEASPOON DOSE

Perfect Grind™ For Easy Mixing

- Fiber laxative for regularity
- Natural Orange Flavor

## **NO ARTIFICIAL INGREDIENTS**

**42 DOSES WEIGHT 10.7 OZ (300 GRAMS)**

**Fill controlled by weight, not volume**

**\*Compared to leading NuSyllium product**

**Folks are Taking about the Benefits of NuSyllium Ultra Organic Natural Fiber!**

- **You can use NuSyllium Ultra to feel less hungry between meals.**
- **Maintain healthy blood sugar levels by using NuSyllium Ultra as part of your sugar free diet\*. Talk to your doctor before use if you are taking medication to control your blood sugar levels.**
- **Organic NuSyllium is a great choice for promoting and maintain digestive health. You can use NuSyllium Ultra for occasional constipation and to help promote and maintain regularity.**
- **Did you know that one dose of NuSyllium Ultra contains 5 gm of soluble fiber? You can use it for lowering cholesterol and promoting heart health\*.**



**GLYCERIN** (UNII: PDC6A3C0OX)

### Product Characteristics

<b>Color</b>	BROWN	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	ORANGE (Orange Flavor)	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68163-575-42	300 g in 1 CANISTER; Type 0: Not a Combination Product	03/18/2019	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	03/18/2019	

**Labeler** - Raritan Pharmaceuticals Inc (127602287)

Revised: 1/2025

Raritan Pharmaceuticals Inc