

**ACETAMINOPHEN PM EXTRA STRENGTH- acetaminophen, diphenhydramine
hcl tablet, coated
FOODHOLD U.S.A., LLC**

Careone 44-556

Active ingredients (in each gelcap)

Acetaminophen 500 mg
Diphenhydramine HCl 25 mg

Purpose

Pain reliever
Nighttime sleep-aid

Uses

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- liver disease

- difficulty in urination due to enlargement of the prostate gland
- glaucoma

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- drowsiness will occur
- avoid alcoholic beverages
- do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
- any new symptoms appear
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not take more than directed**
- adults and children 12 years and over
 - take 2 gelcaps at bedtime
 - do not take more than 2 gelcaps of this product in 24 hours
- children under 12 years: do not use

Other information

- store at 25°C (77°F); excursions permitted between 15°C-30°C (59°F-86°F)
- avoid high humidity
- see end flap for expiration date and lot number

Inactive ingredients

ammonium hydroxide, colloidal silicon dioxide, croscarmellose sodium, FD&C blue #1, FD&C red #3, gelatin, hydroxypropyl cellulose, hypromellose, iron oxide black, iron oxide red, iron oxide yellow, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, propylene glycol, shellac glaze, simethicone, stearic acid, titanium

dioxide

Questions or comments?

1-800-426-9391

Principal display panel

CAREone®

NDC 41520-956-31

*Compare to the
active ingredients in
Extra Strength Tylenol® PM**

**Extra Strength
ACETAMINOPHEN PM**

Acetaminophen, 500 mg
Diphenhydramine HCl, 25 mg

Pain Reliever
Nighttime Sleep Aid

Non-habit Forming

**80
GELCAPS**

Actual Size

OUR PHARMACISTS

R_x
RECOMMEND

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

This product is not manufactured or distributed by
Kenvue Inc., owner of the registered trademark
Extra Strength Tylenol® PM.
50844 REV0324B55631

DISTRIBUTED BY: ADUSA DISTRIBUTION, LLC
SALISBURY, NC 28147

For product questions or concerns,
contact us at 1-833-992-3872
Quality guaranteed or your money back.



Care One 44-556

ACETAMINOPHEN PM EXTRA STRENGTH

acetaminophen, diphenhydramine hcl tablet, coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41520-956
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
AMMONIA (UNII: 5138Q19F1X)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 3 (UNII: PN2ZH5LOQY)	
GELATIN, UNSPECIFIED (UNII: 2G86QN327L)	
HYDROXYPROPYL CELLULOSE, UNSPECIFIED (UNII: 9XZ8H6N6OH)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
FERROSFERRIC OXIDE (UNII: XM0M87F357)	
FERRIC OXIDE RED (UNII: 1K09F3G675)	
FERRIC OXIDE YELLOW (UNII: EX438O2MRT)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)	
STARCH, CORN (UNII: O8232NY3SJ)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
SHELLAC (UNII: 46N107B71O)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	blue (dark blue) , blue (light blue)	Score	no score
Shape	OVAL	Size	20mm
Flavor		Imprint Code	L;6
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41520-956-09	1 in 1 CARTON	12/17/2007	
1		20 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:41520-956-31	1 in 1 CARTON	12/17/2007	
2		80 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	12/17/2007	

Labeler - FOODHOLD U.S.A., LLC (809183973)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	manufacture(41520-956) , pack(41520-956)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(41520-956)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(41520-956)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	manufacture(41520-956)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	pack(41520-956)

Revised: 9/2025

FOODHOLD U.S.A., LLC