

COUGH OUT- guaifenesin liquid
Efficient Laboratories Inc.

Cough Out

Active Ingredient: (In each teaspoonful 5 mls) Purpose

Guaifenesin 100 mg (USP).....Expectorant

Purpose Expectorant

Uses

Helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus.

Warnings

Do not exceed recommended dosage

Ask a doctor before use if you have

- a cough that is accompanied by excessive phlegm (mucus)
- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema.

Stop use and ask a doctor if

- cough persists for more than 1 week, tends to recur, or is accompanied by a fever, rash, or persistent headache. A persistent cough may be a sign of a serious condition.

Keep Out of Reach of Children.

In case of accidental overdose, get medical help or contact the Poison Control Center right away.

If pregnant or breast-feeding,ask a health professional before use.

Directions:

Shake well immediately before use.

Do not exceed 6 doses in any 24 hour period.

Adults and Children 12 years and over - 10 ml (2 tsps) every 4 hours

Children 6 to under 12 years of age - 5 ml (1 tsp) every 4 hours

Children under 6 years of age - Do not use

Inactive Ingredients:Aloe Vera, Aspartame, Honey, Menthol, Methylparaben, Potassium Sorbate, Propylene Glycol, Propylparaben, Purified Water

Each 5 mls contains: sodium 5 mg, and potassium 5 mg

Phenylketonurics: Contains Phenylalanine 2.5 mg per 5 ml (teaspoonful).

Questions or Comments?

305.805.3456 Monday-Friday 9AM to 5PM EST



Drug Facts

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Keep out of reach of children.
 In case of overdose, get medical help or contact a Poison Control Center right away. ➡

**ADVANCED FORMULA
 EXPECTORANT**

GUAIFENESIN • ALCOHOL FREE

WITH Pure Honey and Menthol

Drug Facts (Continued)

Directions
 Shake well immediately before each use • do not exceed 6 doses in any 24 hour period.

Age	Dose
Adults and children 12 years and over	10 ml (2 tsp) every 4 hrs.
Children 6 to under 12 years of age	5 ml (1 tsp) every 4 hrs.
Children under 6 years of age	Do not use

Other information
 Each 5 mls contains: sodium 5 mg, and potassium 5 mg.
 Phenylketonurics: Contains Phenylalanine 2.5 mg per 5 ml (teaspoonful). **Tamper Evident Feature:** Do not use if cap seal is torn, broken or missing. Store between 15°-30°C (59°-86°F). Measurement cup included. Does not contain alcohol or narcotic. Product color & Flavor may vary due to natural honey.

Inactive ingredients Aloe Vera, Aspartame, Honey, Menthol, Methylparaben, Potassium Sorbate, Propylene Glycol, Propylparaben, Purified Water.

Questions or Comments? 305-805-3456
 Monday - Friday (9 AM - 5 PM EST) or
 www.efficientlabs.com

Other cold formulas: Mielim y Mas®, Rompe Pecho®, Rompe Pecho® DM, Rompe Pecho® SF, Rompe Pecho® CF and Rompe Pecho® SF FLU.

Distributed by
 Efficient Laboratories, Inc., Miami, FL 33166
 Made in U.S.A.

Lot #.

Exp. Date:

Rev 10/18

Net Wt. 6 fl. oz. (178 mls)

COUGH OUT

guaifenesin liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:58593-255
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
GUAIFENESIN (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	100 mg in 5 mL

Inactive Ingredients

Ingredient Name	Strength
ALOE VERA LEAF (UNII: ZY81Z83H0X)	
HONEY (UNII: Y9H1V576FH)	
MENTHOL (UNII: L7T10EIP3A)	
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
PROPYLPARABEN (UNII: Z8IX2SC1OH)	
METHYLPARABEN (UNII: A2I8C7HI9T)	
WATER (UNII: 059QF0KO0R)	

ASPARTAME (UNII: Z0H242BBR1)

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58593-255-04	118 mL in 1 BOTTLE; Type 0: Not a Combination Product	07/01/1997	05/16/2023
2	NDC:58593-255-06	178 mL in 1 BOTTLE; Type 0: Not a Combination Product	07/01/1997	10/31/2026

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	07/01/1997	10/31/2026

Labeler - Efficient Laboratories Inc. (969044932)

Registrant - Efficient Laboratories Inc. (969044932)

Revised: 6/2025

Efficient Laboratories Inc.