

**JANSSEN  
PHARMACEUTICALS**

**NIZORAL<sup>®</sup>  
(KETOCONAZOLE)  
TABLETS**

**WARNING:**

NIZORAL<sup>®</sup> Tablets should be used only when other effective antifungal therapy is not available or tolerated and the potential benefits are considered to outweigh the potential risks.

**Hepatotoxicity**

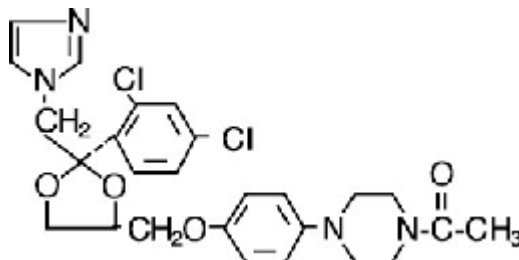
Serious hepatotoxicity, including cases with a fatal outcome or requiring liver transplantation has occurred with the use of oral ketoconazole. Some patients had no obvious risk factors for liver disease. Patients receiving this drug should be informed by the physician of the risk and should be closely monitored. See WARNINGS section.

**QT Prolongation and Drug Interactions Leading to QT Prolongation**

Co-administration of the following drugs with ketoconazole is contraindicated: dofetilide, quinidine, pimozide, cisapride, methadone, disopyramide, dronedarone, ranolazine. Ketoconazole can cause elevated plasma concentrations of these drugs and may prolong QT intervals, sometimes resulting in life-threatening ventricular dysrhythmias such as torsades de pointes. See CONTRAINDICATIONS, WARNINGS, and PRECAUTIONS: Drug Interactions sections.

**DESCRIPTION**

NIZORAL<sup>®</sup> is a synthetic broad-spectrum antifungal agent available in scored white tablets, each containing 200 mg ketoconazole base for oral administration. Inactive ingredients are colloidal silicon dioxide, corn starch, lactose, magnesium stearate, microcrystalline cellulose, and povidone. Ketoconazole is *cis*-1-acetyl-4-[4-[[2-(2,4-dichlorophenyl)-2-(1H-imidazol-1-ylmethyl)-1,3-dioxolan-4-yl]methoxy]phenyl]piperazine and has the following structural formula:



Ketoconazole is a white to slightly beige, odorless powder, soluble in acids, with a molecular weight of 531.44.

## CLINICAL PHARMACOLOGY

### Pharmacokinetics

#### Absorption

Ketoconazole is a weak dibasic agent and thus requires acidity for dissolution and absorption.

Mean peak plasma concentrations of approximately 3.5 µg/mL are reached within 1 to 2 hours, following oral administration of a single 200 mg dose taken with a meal. Oral bioavailability is maximal when the tablets are taken with a meal.

Absorption of NIZORAL<sup>®</sup> Tablets is reduced in subjects with reduced gastric acidity, such as subjects taking medications known as acid neutralizing medicines (e.g. aluminum hydroxide) and gastric acid secretion suppressors (e.g. H<sub>2</sub>-receptor antagonists, proton pump inhibitors) or subjects with achlorhydria caused by certain diseases. (See Section PRECAUTIONS: Drug Interactions.) Absorption of ketoconazole under fasted conditions in these subjects is increased when NIZORAL<sup>®</sup> Tablets are administered with an acidic beverage (such as non-diet cola). After pretreatment with omeprazole, a proton pump inhibitor, the bioavailability of a single 200-mg dose of ketoconazole under fasted conditions was decreased to 17% of the bioavailability of ketoconazole administered alone. When ketoconazole was administered with non-diet cola after pretreatment with omeprazole, the bioavailability was 65% of that after administration of ketoconazole alone.

#### Distribution

*In vitro*, the plasma protein binding is about 99% mainly to the albumin fraction. Ketoconazole is widely distributed into tissues; however, only a negligible proportion reaches the cerebrospinal fluid.

#### Metabolism

Following absorption from the gastrointestinal tract, NIZORAL<sup>®</sup> is converted into several inactive metabolites. *In vitro* studies have shown that CYP3A4 is the major enzyme involved in the metabolism of ketoconazole. The major identified metabolic pathways are oxidation and degradation of the imidazole and piperazine rings, by hepatic microsomal enzymes. In addition, oxidative O-dealkylation and aromatic hydroxylation does occur. Ketoconazole has not been demonstrated to induce its own metabolism.

## Elimination

Elimination from plasma is biphasic with a half-life of 2 hours during the first 10 hours and 8 hours thereafter.

Approximately 13% of the dose is excreted in the urine, of which 2 to 4% is unchanged drug. The major route of excretion is through the bile into the intestinal tract with about 57% being excreted in the feces.

## Special Populations

### *Patients with Hepatic or Renal Impairment*

In patients with hepatic or renal impairment, the overall pharmacokinetics of ketoconazole was not significantly different when compared with healthy subjects.

### *Pediatric Patients*

Limited pharmacokinetic data are available on the use of NIZORAL<sup>®</sup> Tablets in the pediatric population.

Measurable ketoconazole plasma concentrations have been observed in pre-term infants (single or daily doses of 3 to 10 mg/kg) and in pediatric patients 5 months of age and older (daily doses of 3 to 13 mg/kg) when the drug was administered as a suspension, tablet or crushed tablet. Limited data suggest that absorption may be greater when the drug is administered as a suspension compared to a crushed tablet. Conditions that raise gastric pH may lower or prevent absorption (See Section PRECAUTIONS: Drug Interactions). Maximum plasma concentrations occurred 1 to 2 hours after dosing and were in the same general range as those seen in adults who received a 200-400 mg dose.

## Electrocardiogram

Pre-clinical electrophysiological studies have shown that ketoconazole inhibits the rapidly activating component of the cardiac delayed rectifier potassium current, prolongs the action potential duration, and may prolong the QT<sub>c</sub> interval. Data from some clinical PK/PD studies and drug interaction studies suggest that oral dosing with ketoconazole at 200 mg twice daily for 3-7 days can result in an increase of the QT<sub>c</sub> interval: a mean maximum increase of about 6 to 12 msec was seen at ketoconazole peak plasma concentrations about 1-4 hours after ketoconazole administration.

## MICROBIOLOGY

### Mechanism of Action

Ketoconazole blocks the synthesis of ergosterol, a key component of the fungal cell membrane, through the inhibition of cytochrome P-450 dependent enzyme lanosterol 14 $\alpha$ -demethylase responsible for the conversion of lanosterol to ergosterol in the fungal cell membrane. This results in an accumulation of methylated sterol precursors and a

depletion of ergosterol within the cell membrane thus weakening the structure and function of the fungal cell membrane.

### **Activity In Vitro & In Vivo**

NIZORAL<sup>®</sup> Tablets are active against clinical infections with *Blastomyces dermatitidis*, *Coccidioides immitis*, *Histoplasma capsulatum*, *Paracoccidioides brasiliensis*.

### **INDICATIONS AND USAGE**

NIZORAL<sup>®</sup> Tablets should be used only when other effective antifungal therapy is not available or tolerated and the potential benefits are considered to outweigh the potential risks.

NIZORAL<sup>®</sup> (ketoconazole) Tablets are indicated for the treatment of the following systemic fungal infections in patients who have failed or who are intolerant to other therapies: blastomycosis, coccidioidomycosis, histoplasmosis, chromomycosis, and paracoccidioidomycosis. NIZORAL<sup>®</sup> Tablets should not be used for fungal meningitis because it penetrates poorly into the cerebrospinal fluid.

### **CONTRAINDICATIONS**

#### **Drug Interactions**

Coadministration of a number of CYP3A4 substrates such as dofetilide, quinidine, cisapride and pimozide is contraindicated with NIZORAL<sup>®</sup> Tablets. Coadministration with ketoconazole can cause elevated plasma concentrations of these drugs and may increase or prolong both therapeutic and adverse effects to such an extent that a potentially serious adverse reaction may occur. For example, increased plasma concentrations of some of these drugs can lead to QT prolongation and sometimes resulting in life-threatening ventricular tachyarrhythmias including occurrences of torsades de pointes, a potentially fatal arrhythmia. (See PRECAUTIONS: Drug Interactions.)

Additionally, the following other drugs are contraindicated with NIZORAL<sup>®</sup> Tablets: methadone, disopyramide, dronedarone, ergot alkaloids such as dihydroergotamine, ergometrine, ergotamine, methylergometrine, irinotecan, lurasidone, oral midazolam, alprazolam, triazolam, felodipine, nisoldipine, ranolazine, tolvaptan, eplerenone, lovastatin, simvastatin and colchicine. (See PRECAUTIONS: Drug Interactions.)

#### **Enhanced Sedation**

Coadministration of NIZORAL<sup>®</sup> Tablets with oral midazolam, oral triazolam or alprazolam has resulted in elevated plasma concentrations of these drugs. This may potentiate and prolong hypnotic and sedative effects, especially with repeated dosing or chronic administration of these agents. Concomitant administration of NIZORAL<sup>®</sup>

Tablets with oral triazolam, oral midazolam or alprazolam is contraindicated. (See PRECAUTIONS: Drug Interactions.)

### **Myopathy**

Coadministration of CYP3A4 metabolized HMG-CoA reductase inhibitors such as simvastatin, and lovastatin is contraindicated with NIZORAL<sup>®</sup> Tablets. (See PRECAUTIONS: Drug Interactions.)

### **Ergotism**

Concomitant administration of ergot alkaloids such as dihydroergotamine and ergotamine with NIZORAL<sup>®</sup> Tablets is contraindicated. (See PRECAUTIONS: Drug Interactions.)

### **Liver Disease**

The use of NIZORAL<sup>®</sup> Tablets is contraindicated in patients with acute or chronic liver disease.

### **Hypersensitivity**

NIZORAL<sup>®</sup> is contraindicated in patients who have shown hypersensitivity to the drug.

### **WARNINGS**

NIZORAL<sup>®</sup> Tablets should be used only when other effective antifungal therapy is not available or tolerated and the potential benefits are considered to outweigh the potential risks.

### **Hepatotoxicity**

Serious hepatotoxicity, including cases with a fatal outcome or requiring liver transplantation, has occurred with the use of oral ketoconazole. Some patients had no obvious risk factors for liver disease. Serious hepatotoxicity was reported both by patients receiving high doses for short treatment durations and by patients receiving low doses for long durations.

The hepatic injury has usually, but not always, been reversible upon discontinuation of NIZORAL<sup>®</sup> Tablets treatment. Cases of hepatitis have been reported in children.

At baseline, obtain laboratory tests (such as SGGT, alkaline phosphatase, ALT, AST, total bilirubin (TBL), Prothrombin Time (PT), International Normalization Ratio (INR), and testing for viral hepatitis). Patients should be advised against alcohol consumption while on treatment. If possible, use of other potentially hepatotoxic drugs should be avoided in patients receiving NIZORAL<sup>®</sup> Tablets.

Prompt recognition of liver injury is essential. During the course of treatment, serum ALT should be monitored weekly for the duration of treatment. If ALT values increase to

a level above the upper limit of normal or 30 percent above baseline, or if the patient develops symptoms, ketoconazole treatment should be interrupted and a full set of liver tests should be obtained. Liver tests should be repeated to ensure normalization of values. Hepatotoxicity has been reported with restarting oral ketoconazole (rechallenge). If it is decided to restart oral ketoconazole, monitor the patient frequently to detect any recurring liver injury from the drug.

### **QT Prolongation and Drug Interactions Leading to QT Prolongation**

Ketoconazole can prolong the QT interval. Co-administration of the following drugs with ketoconazole is contraindicated: dofetilide, quinidine, pimozide, cisapride, methadone, disopyramide, dronedarone, ranolazine. Ketoconazole can cause elevated plasma concentrations of these drugs which may prolong the QT interval, sometimes resulting in life-threatening ventricular dysrhythmias such as torsades de pointes.

### **Adrenal Insufficiency**

NIZORAL<sup>®</sup> Tablets decrease adrenal corticosteroid secretion at doses of 400 mg and higher. This effect is not shared with other azoles. The recommended dose of 200 mg - 400 mg daily should not be exceeded.

Adrenal function should be monitored in patients with adrenal insufficiency or with borderline adrenal function and in patients under prolonged periods of stress (major surgery, intensive care, etc.).

### **Adverse Reactions Associated with Unapproved Uses**

Ketoconazole has been used in high doses for the treatment of advanced prostate cancer and for Cushing's syndrome when other treatment options have failed. The safety and effectiveness of ketoconazole have not been established in these settings and the use of ketoconazole for these indications is not approved by FDA.

In a clinical trial involving 350 patients with metastatic prostatic cancer, eleven deaths were reported within two weeks of starting treatment with high doses of ketoconazole tablets (1200 mg/day). It is not possible to ascertain from the information available whether death was related to ketoconazole therapy or adrenal insufficiency in these patients with serious underlying disease.

### **Hypersensitivity**

Anaphylaxis has been reported after the first dose. Several cases of hypersensitivity reactions including urticaria have also been reported.

## **PRECAUTIONS**

### **General**

NIZORAL<sup>®</sup> Tablets have been demonstrated to lower serum testosterone. Once therapy with NIZORAL<sup>®</sup> Tablets has been discontinued, serum testosterone levels return to baseline values. Testosterone levels are impaired with doses of 800 mg per day and abolished by 1600 mg per day. Clinical manifestations of decreased testosterone concentrations may include gynecomastia, impotence and oligospermia.

### **Information for Patients**

Patients should be instructed to report any signs and symptoms which may suggest liver dysfunction so that appropriate biochemical testing can be done. Such signs and symptoms may include unusual fatigue, anorexia, nausea and/or vomiting, abdominal pain, jaundice, dark urine or pale stools (see WARNINGS section).

### **Drug Interactions**

Ketoconazole is mainly metabolized through CYP3A4. Other substances that either share this metabolic pathway or modify CYP3A4 activity may influence the pharmacokinetics of ketoconazole. Similarly, ketoconazole may modify the pharmacokinetics of other substances that share this metabolic pathway. Ketoconazole is a potent CYP3A4 inhibitor and a P-glycoprotein inhibitor. When using concomitant medication, the corresponding label should be consulted for information on the route of metabolism and the possible need to adjust dosages.

Interaction studies have only been performed in adults. The relevance of the results from these studies in pediatric patients is unknown.

### **Drugs that may decrease ketoconazole plasma concentrations**

Drugs that reduce the gastric acidity (e.g. acid neutralizing medicines such as aluminum hydroxide, or acid secretion suppressors such as H<sub>2</sub>-receptor antagonists and proton pump inhibitors) impair the absorption of ketoconazole from NIZORAL<sup>®</sup> Tablets. These drugs should be used with caution when coadministered with NIZORAL<sup>®</sup> Tablets:

- NIZORAL<sup>®</sup> Tablets should be administered with an acidic beverage (such as non-diet cola) upon co-treatment with drugs reducing gastric acidity.
- Acid neutralizing medicines (e.g. aluminum hydroxide) should be administered at least 1 hour before or 2 hours after the intake of NIZORAL<sup>®</sup> Tablets.
- Upon coadministration, the antifungal activity should be monitored and the NIZORAL<sup>®</sup> Tablets dose increased as deemed necessary.

Coadministration of NIZORAL<sup>®</sup> Tablets with potent enzyme inducers of CYP3A4 may decrease the bioavailability of ketoconazole to such an extent that efficacy may be reduced. Examples include:

- Antibacterials: isoniazid, rifabutin (see also under ‘Drugs that may have their plasma concentrations increased’), rifampicin.
- Anticonvulsants: carbamazepine (see also under ‘Drugs that may have their plasma concentrations increased’), phenytoin.
- Antivirals: efavirenz, nevirapine.

Therefore, administration of potent enzyme inducers of CYP3A4 with NIZORAL<sup>®</sup> Tablets is not recommended. The use of these drugs should be avoided from 2 weeks before and during treatment with NIZORAL<sup>®</sup> Tablets, unless the benefits outweigh the risk of potentially reduced ketoconazole efficacy. Upon coadministration, the antifungal activity should be monitored and the NIZORAL<sup>®</sup> Tablets dose increased as deemed necessary.

#### Drugs that may increase ketoconazole plasma concentrations

Potent inhibitors of CYP3A4 (e.g. antivirals such as ritonavir, ritonavir-boosted darunavir and ritonavir-boosted fosamprenavir) may increase the bioavailability of ketoconazole. These drugs should be used with caution when coadministered with NIZORAL<sup>®</sup> Tablets. Patients who must take NIZORAL<sup>®</sup> Tablets concomitantly with potent inhibitors of CYP3A4 should be monitored closely for signs or symptoms of increased or prolonged pharmacologic effects of ketoconazole, and the NIZORAL<sup>®</sup> Tablets dose should be decreased as deemed necessary. When appropriate, ketoconazole plasma concentrations should be measured.

#### Drugs that may have their plasma concentrations increased by ketoconazole

Ketoconazole can inhibit the metabolism of drugs metabolized by CYP3A4 and can inhibit the drug transport by P-glycoprotein, which may result in increased plasma concentrations of these drugs and/or their active metabolite(s) when they are administered with ketoconazole. These elevated plasma concentrations may increase or prolong both therapeutic and adverse effects of these drugs. CYP3A4-metabolized drugs known to prolong the QT interval may be contraindicated with NIZORAL<sup>®</sup> Tablets, since the combination may lead to ventricular tachyarrhythmias, including occurrences of torsade de pointes, a potentially fatal arrhythmia.

Examples of drugs that may have their plasma concentrations increased by ketoconazole presented by drug class with advice regarding coadministration with NIZORAL<sup>®</sup> Tablets:

Drug Class	Contraindicated	Not Recommended	Use with Caution	Comments
Alpha Blockers	<p><i>Under no circumstances should the drug be coadministered with NIZORAL® Tablets, and up to one week after discontinuation of treatment with ketoconazole.</i></p>	<p><i>The use of the drug should be avoided during and up to one week after discontinuation of treatment with NIZORAL® Tablets, unless the benefits outweigh the potentially increased risks of side effects. If coadministration cannot be avoided, clinical monitoring for signs or symptoms of increased or prolonged effects or side effects of the interacting drug is recommended, and its dosage should be reduced or interrupted as deemed necessary. When appropriate, plasma concentrations should be measured. The label of the coadministered drug should be consulted for information on dose adjustment and adverse effects.</i></p>	<p><i>Careful monitoring is recommended when the drug is coadministered with NIZORAL® Tablets. Upon coadministration, patients should be monitored closely for signs or symptoms of increased or prolonged effects or side effects of the interacting drug, and its dosage should be reduced as deemed necessary. When appropriate, plasma concentrations should be measured. The label of the coadministered drug should be consulted for information on dose adjustment and adverse effects.</i></p>	
		tamsulosin		

Drug Class	Contraindicated	Not Recommended	Use with Caution	Comments
Analgesics	methadone		alfentanil, buprenorphine IV and sublingual, fentanyl, oxycodone, sufentanil	<p>Methadone: The potential increase in plasma concentrations of methadone when coadministered with NIZORAL<sup>®</sup> Tablets may increase the risk of serious cardiovascular events including QT prolongation and torsade de pointes, or respiratory or CNS depression. [See CONTRAINDICATIONS.]</p> <p>Fentanyl: The potential increase in plasma concentrations of fentanyl when coadministered with NIZORAL<sup>®</sup> Tablets may increase the risk of potentially fatal respiratory depression.</p> <p>Sufentanil: No human pharmacokinetic data of an interaction with ketoconazole are available. <i>In vitro</i> data suggest that sufentanil is metabolized by CYP3A4 and so potentially increased sufentanil plasma concentrations would be expected when coadministered with NIZORAL<sup>®</sup> Tablets.</p>
Antiarrhythmics	disopyramide, dofetilide, dronedarone, quinidine		digoxin	<p>Disopyramide, dofetilide, dronedarone, quinidine: The potential increase in plasma concentrations of these drugs when coadministered with ketoconazole may increase the risk of serious cardiovascular events including QT prolongation.</p> <p>Digoxin: Rare cases of elevated plasma concentrations of digoxin have been reported. It is not clear whether this was due to the combination of therapy. It is, therefore, advisable to monitor digoxin concentrations in patients receiving ketoconazole.</p>
Antibacterials		rifabutin	telithromycin	<p>Rifabutin: see also under ‘Drugs that may decrease ketoconazole plasma concentrations’.</p> <p>Telithromycin: A multiple-dose interaction study with ketoconazole showed that C<sub>max</sub> of telithromycin was increased by 51% and AUC by 95%.</p>

Drug Class	Contraindicated	Not Recommended	Use with Caution	Comments
Anticoagulants and Antiplatelet Drugs		rivaroxaban	cilostazol, coumarins, dabigatran	<p>Cilostazol: Concomitant administration of single doses of cilostazol 100 mg and ketoconazole 400 mg approximately doubled cilostazol concentrations and altered (increase/decrease) the concentrations of the active metabolites of cilostazol.</p> <p>Coumarins: Ketoconazole may enhance the anticoagulant effect of coumarin-like drugs, thus the anticoagulant effect should be carefully titrated and monitored.</p> <p>Dabigatran: In patients with moderate renal impairment (CrCL 50 mL/min to <math>\leq</math> 80 mL/min), consider reducing the dose of dabigatran to 75 mg twice daily when it is coadministered with ketoconazole.</p>
Anticonvulsants		carbamazepine		Carbamazepine: <i>In vivo</i> studies have demonstrated an increase in plasma carbamazepine concentrations in subjects concomitantly receiving ketoconazole. In addition, the bioavailability of ketoconazole may be reduced by carbamazepine.
Antidiabetics			repaglinide, saxagliptin	
Antihelmintics and Antiprotozoals			praziquantel	
Antimigraine Drugs	ergot alkaloids, such as dihydroergotamine, ergometrine (ergonovine), ergotamine, methylergometrine (methylergonovine)		eletriptan	<p>Ergot alkaloids: The potential increase in plasma concentrations of ergot alkaloids when coadministered with NIZORAL<sup>®</sup> Tablets may increase the risk of ergotism, i.e., a risk for vasospasm potentially leading to cerebral ischemia and/or ischemia of the extremities.</p> <p>Eletriptan: Eletriptan should be used with caution with ketoconazole, and specifically, should not be used within at least 72 hours of treatment with ketoconazole.</p>

This label may not be the latest approved by FDA.  
For current labeling information, please visit <https://www.fda.gov/drugsatfda>

Drug Class	Contraindicated	Not Recommended	Use with Caution	Comments
Antineoplastics	irinotecan	dasatinib, lapatinib, nilotinib	bortezomib, busulphan, docetaxel, erlotinib, imatinib, ixabepilone, paclitaxel, trimetrexate, vinca alkaloids	Irinotecan: The potential increase in plasma concentrations of irinotecan when coadministered with NIZORAL <sup>®</sup> Tablets may increase the risk of potentially fatal adverse events.  Docetaxel: In the presence of ketoconazole, the clearance of docetaxel in cancer patients was shown to decrease by 50%.

Drug Class	Contraindicated	Not Recommended	Use with Caution	Comments
Antipsychotics, Anxiolytics and Hypnotics	alprazolam, lurasidone, oral midazolam, pimozide, triazolam		aripiprazole, buspirone, haloperidol, midazolam IV, quetiapine, ramelteon, risperidone	<p>Alprazolam, midazolam, triazolam: Coadministration of NIZORAL<sup>®</sup> Tablets with oral midazolam or triazolam, or alprazolam may cause several-fold increases in plasma concentrations of these drugs. This may potentiate and prolong hypnotic and sedative effects, especially with repeated dosing or chronic administration of these agents.</p> <p>Pimozide: The potential increase in plasma concentrations of pimozide when coadministered with NIZORAL<sup>®</sup> Tablets may increase the risk of serious cardiovascular events including QT prolongation and torsade de pointes.</p> <p>Aripiprazole: Coadministration of ketoconazole (200 mg/day for 14 days) with a 15 mg single dose of aripiprazole increased the AUC of aripiprazole and its active metabolite by 63% and 77%, respectively. The effect of a higher ketoconazole dose (400 mg/day) has not been studied. When ketoconazole is given concomitantly with aripiprazole, the aripiprazole dose should be reduced to one-half of the recommended dose.</p> <p>Buspirone: Ketoconazole is expected to inhibit buspirone metabolism and increase plasma concentrations of buspirone. If a patient has been titrated to a stable dosage on buspirone, a dose reduction of buspirone may be necessary to avoid adverse events attributable to buspirone or diminished anxiolytic activity.</p>
Antivirals			indinavir, maraviroc, saquinavir	
Beta Blockers			nadolol	

Drug Class	Contraindicated	Not Recommended	Use with Caution	Comments
Calcium Channel Blockers	felodipine, nisoldipine		other dihydropyridines, verapamil	Calcium channel blockers can have a negative inotropic effect which may be additive to those of ketoconazole. The potential increase in plasma concentrations of calcium channel blockers when co-administered with NIZORAL <sup>®</sup> Tablets may increase the risk of edema and congestive heart failure.  Dihydropyridines: Concomitant administration of NIZORAL <sup>®</sup> Tablets may cause several-fold increases in plasma concentrations of dihydropyridines.
Cardiovascular Drugs, Miscellaneous	ranolazine		aliskiren, bosentan	Ranolazine: The potential increase in plasma concentrations of ranolazine when coadministered with NIZORAL <sup>®</sup> Tablets may increase the risk of serious cardiovascular events including QT prolongation.  Bosentan: Coadministration of bosentan 125 mg twice daily and ketoconazole, increased the plasma concentrations of bosentan by approximately 2-fold in normal volunteers. No dose adjustment of bosentan is necessary, but patients should be monitored for increased pharmacologic effects and adverse reactions of bosentan.
Diuretics	eplerenone			The potential increase in plasma concentrations of eplerenone when coadministered with NIZORAL <sup>®</sup> Tablets may increase the risk of hyperkalemia and hypotension.
Gastrointestinal Drugs	cisapride		aprepitant	Cisapride: Oral ketoconazole potently inhibits the metabolism of cisapride resulting in a mean eight-fold increase in AUC of cisapride, which can lead to serious cardiovascular events including QT prolongation.
Immunosuppressants		everolimus, rapamycin (also known as sirolimus), temsirolimus	budesonide, ciclesonide, cyclosporine, dexamethasone, fluticasone, methylprednisolone, tacrolimus	Rapamycin (sirolimus): NIZORAL <sup>®</sup> Tablets 200 mg daily for 10 days increased the C <sub>max</sub> and AUC of a single 5-mg dose of sirolimus by 4.3-fold and 10.9-fold, respectively in 23 healthy subjects.  Fluticasone: Coadministration of fluticasone propionate and ketoconazole is not recommended unless the potential benefit to the patient outweighs the risk of systemic corticosteroid side effects.

Drug Class	Contraindicated	Not Recommended	Use with Caution	Comments
Lipid Regulating Drugs	lovastatin, simvastatin		atorvastatin	The potential increase in plasma concentrations of atorvastatin, lovastatin and simvastatin when coadministered with NIZORAL <sup>®</sup> Tablets may increase the risk of skeletal muscle toxicity, including rhabdomyolysis.
Respiratory Drugs		salmeterol		
Urological Drugs			fesoterodine, sildenafil, solifenacin, tadalafil, tolterodine, vardenafil	Vardenafil: A single dose of 5 mg of vardenafil should not be exceeded when coadministered with ketoconazole.
Other	colchicine, in subjects with renal or hepatic impairment; tolvaptan	colchicine	alcohol, cinacalcet	<p>Colchicine: The potential increase in plasma concentrations of colchicine when coadministered with NIZORAL<sup>®</sup> Tablets may increase the risk of potentially fatal adverse events.</p> <p>Tolvaptan: Ketoconazole 200 mg administered with tolvaptan increased tolvaptan exposure by 5-fold. Larger doses would be expected to produce larger increases in tolvaptan exposure. There is not adequate experience to define the dose adjustment that would be needed to allow safe use of tolvaptan with strong CYP3A inhibitors such as ketoconazole.</p> <p>Alcohol: Exceptional cases have been reported of a disulfiram-like reaction to alcohol, characterized by flushing, rash, peripheral edema, nausea and headache. All symptoms completely resolved within a few hours.</p>

### **Carcinogenesis, Mutagenesis, Impairment of Fertility**

Ketoconazole did not show any signs of mutagenic potential when evaluated using the dominant lethal mutation test or the *Ames Salmonella* microsomal activator assay. Ketoconazole was not carcinogenic in an 18-month, oral study in Swiss albino mice or a 24-month oral carcinogenicity study in Wistar rats at dose levels of 5, 20 and 80 mg/kg/day. The high dose in these studies was approximately 1x (mouse) or 2x (rat) the clinical dose in humans based on a mg/m<sup>2</sup> comparison.

### **Pregnancy**

Teratogenic effects: *Pregnancy Category C*: Ketoconazole has been shown to be teratogenic (syndactylia and oligodactylia) in the rat when given in the diet at 80 mg/kg/day (2 times the maximum recommended human dose, based on body surface area comparisons). However, these effects may be related to maternal toxicity, evidence of which also was seen at this and higher dose levels.

There are no adequate and well controlled studies in pregnant women. NIZORAL<sup>®</sup> Tablets should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

### **Nonteratogenic Effects**

Ketoconazole has also been found to be embryotoxic in the rat when given in the diet at doses higher than 80 mg/kg during the first trimester of gestation.

In addition, dystocia (difficult labor) was noted in rats administered oral ketoconazole during the third trimester of gestation. This occurred when ketoconazole was administered at doses higher than 10 mg/kg (about one fourth the maximum human dose, based on body surface area comparison).

### **Nursing Mothers**

Ketoconazole has been shown to be excreted in the milk. Mothers who are under treatment with NIZORAL<sup>®</sup> Tablets should not breast feed.

### **Pediatric Use**

NIZORAL<sup>®</sup> Tablets have not been systematically studied in children of any age, and essentially no information is available on children under 2 years. NIZORAL<sup>®</sup> Tablets should not be used in pediatric patients unless the potential benefit outweighs the risks.

## **ADVERSE REACTIONS**

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

The following adverse reactions were reported in clinical trials:

*Immune System Disorders:* anaphylactoid reaction

*Endocrine Disorders:* gynecomastia

*Metabolism and Nutrition Disorders:* alcohol intolerance, anorexia, hyperlipidemia, increased appetite

*Psychiatric Disorders:* insomnia, nervousness

*Nervous System Disorders:* headache, dizziness, paresthesia, somnolence

*Eye Disorders:* photophobia

*Vascular Disorders:* orthostatic hypotension

*Respiratory, Thoracic and Mediastinal Disorders:* epistaxis

*Gastrointestinal Disorders:* vomiting, diarrhea, nausea, constipation, abdominal pain, abdominal pain upper, dry mouth, dysgeusia, dyspepsia, flatulence, tongue discoloration

*Hepatobiliary Disorders:* hepatitis, jaundice, hepatic function abnormal

*Skin and Subcutaneous Tissues Disorders:* erythema multiforme, rash, dermatitis, erythema, urticaria, pruritus, alopecia, xeroderma

*Musculoskeletal and Connective Tissue Disorders:* myalgia

*Reproductive System and Breast Disorders:* menstrual disorder

*General Disorders and Administration Site Conditions:* asthenia, fatigue, hot flush, malaise, edema peripheral, pyrexia, chills

*Investigations:* platelet count decreased.

## **Post-Marketing Experience**

The following adverse reactions have been identified during postapproval use of NIZORAL<sup>®</sup> Tablets. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

The following adverse reactions were reported during post-marketing experience:

*Blood and Lymphatic System Disorders:* thrombocytopenia

*Immune System Disorders:* allergic conditions including anaphylactic shock, anaphylactic reaction, angioneurotic edema

*Endocrine Disorders:* adrenocortical insufficiency

*Nervous System Disorders:* reversible intracranial pressure increased (e.g. papilloedema, fontanelle bulging in infants)

*Hepatobiliary Disorders:* serious hepatotoxicity including hepatitis cholestatic, biopsy-confirmed hepatic necrosis, cirrhosis, hepatic failure including cases resulting in transplantation or death

*Skin and Subcutaneous Tissue Disorders:* acute generalized exanthematous pustulosis, photosensitivity

*Musculoskeletal and Connective Tissue Disorders:* arthralgia

*Reproductive System and Breast Disorders:* erectile dysfunction; with doses higher than the recommended therapeutic dose of 200 or 400mg daily, azoospermia.

## **OVERDOSAGE**

In the event of acute accidental overdose, treatment consists of supportive and symptomatic measures. Within the first hour after ingestion, activated charcoal may be administered.

## **DOSAGE AND ADMINISTRATION**

There should be laboratory as well as clinical documentation of infection prior to starting ketoconazole therapy. The usual duration of therapy for systemic infection is 6 months. Treatment should be continued until active fungal infection has subsided.

### **Adults**

The recommended starting dose of NIZORAL<sup>®</sup> (ketoconazole) Tablets is a single daily administration of 200 mg (one tablet). If clinical responsiveness is insufficient within the expected time, the dose of NIZORAL<sup>®</sup> Tablets may be increased to 400 mg (two tablets) once daily.

## **Children**

In small numbers of children over 2 years of age, a single daily dose of 3.3 to 6.6 mg/kg has been used. NIZORAL<sup>®</sup> Tablets have not been studied in children under 2 years of age.

## **HOW SUPPLIED**

NIZORAL<sup>®</sup> (ketoconazole) is available as white, scored tablets containing 200 mg of ketoconazole debossed “JANSSEN” and on the reverse side debossed “NIZORAL”. They are supplied in bottles of 100 tablets (NDC 50458-220-10).

Store at controlled room temperature 15°-25°C (59°-77°F).

Protect from moisture.

Keep out of reach of children.

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Janssen Pharmaceuticals, Inc,  
Titusville, New Jersey 08560

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## MEDICATION GUIDE

### NIZORAL<sup>®</sup> (ketoconazole) Tablets

#### **What is the most important information I should know about NIZORAL<sup>®</sup> Tablets?**

NIZORAL<sup>®</sup> Tablets is not the only medicine available to treat fungal infections and should only be used when other medicines are not right for you. Talk to your healthcare provider to find out if NIZORAL<sup>®</sup> Tablets are right for you.

#### **NIZORAL<sup>®</sup> Tablets can cause serious side effects, including:**

- **liver problems (hepatotoxicity). Some people who were treated with ketoconazole the active ingredient in NIZORAL<sup>®</sup> Tablets, had serious liver problems that led to death or the need for a liver transplant.** Call your healthcare provider right away if you have any of the following symptoms:
  - loss of appetite or start losing weight (anorexia)
  - nausea or vomiting
  - feel tired
  - stomach pain or tenderness
  - dark urine or light colored stools
  - yellowing of your skin or the whites of your eyes
  - fever or rash
- **changes in the electrical activity of your heart called QT prolongation. QT prolongation can cause irregular heart beats that can be life threatening.** This can happen when NIZORAL<sup>®</sup> Tablets are taken with certain medicines, such as dofetilide, quinidine, pimozide, cisapride, methadone, disopyramide, dronedarone, and ranolazine. Talk to your healthcare provider about other medicines you are taking before you start taking NIZORAL<sup>®</sup> Tablets. Tell your healthcare provider right away if you feel faint, lightheaded, dizzy, or feel your heart beating irregularly or fast. These may be symptoms related to QT prolongation.

### **What are NIZORAL<sup>®</sup> Tablets?**

- NIZORAL<sup>®</sup> Tablets are prescription medicine used to treat serious fungal infections including: blastomycosis, coccidioidomycosis, histoplasmosis, chromomycosis, and paracoccidioidomycosis.
- NIZORAL<sup>®</sup> Tablets are not for people with fungal nail infections.
- NIZORAL<sup>®</sup> Tablets have not been approved for the treatment of advanced prostate cancer or Cushing's syndrome. The safety and efficacy have not been established.
- NIZORAL<sup>®</sup> Tablets should only be used in children if prescribed by the healthcare provider who has determined that the benefits outweigh the risks.

### **Who should not take NIZORAL<sup>®</sup> Tablets?**

- **Do not take NIZORAL<sup>®</sup> Tablets if you:**
  - have liver problems
  - take simvastatin, or lovastatin. NIZORAL<sup>®</sup> Tablets when taken with these medicines may cause muscle problems.
  - take eplerenone, dihydroergotamine, ergotamine, ergometrine (ergonovine), methylergometrine (methylergonovine) or nisoldipine.
  - take triazolam, midazolam, or alprazolam. Taking NIZORAL<sup>®</sup> Tablets with these medicines may make you very drowsy and make your drowsiness last longer.
  - are allergic to ketoconazole or any of the ingredients in NIZORAL<sup>®</sup> Tablets. See the end of this Medication Guide for a complete list of ingredients in NIZORAL<sup>®</sup> Tablets.

### **Before you take NIZORAL<sup>®</sup> Tablets, tell your healthcare provider if you:**

- have had an abnormal heart rhythm tracing (ECG) or anyone in your family have or have had a heart problem called “congenital long QT syndrome”.
- have adrenal insufficiency.
- are pregnant or plan to become pregnant. It is not known if NIZORAL<sup>®</sup> Tablets will harm your unborn baby.
- are breastfeeding or plan to breastfeed. NIZORAL<sup>®</sup> Tablets can pass into your breast milk. You and your healthcare provider should decide if you will take NIZORAL<sup>®</sup>

Tablets or breastfeed. You should **NOT** do both.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Using NIZORAL<sup>®</sup> Tablets with certain other medicines may affect each other. Using NIZORAL<sup>®</sup> Tablets with other medicines can cause serious side effects.

**How should I take NIZORAL<sup>®</sup> Tablets?**

- Take NIZORAL<sup>®</sup> 1 time each day.
- Do not stop taking NIZORAL<sup>®</sup> Tablets without first talking to your healthcare provider.

**What should I avoid while taking NIZORAL<sup>®</sup> Tablets?**

- Do not drink alcohol while taking NIZORAL<sup>®</sup> Tablets.

**What are the possible side effects of NIZORAL<sup>®</sup> Tablets?**

**NIZORAL<sup>®</sup> Tablets may cause serious side effects, including:**

- See “**What is the most important information I should know about NIZORAL<sup>®</sup> Tablets?**”
- **adrenal insufficiency.** Adrenal insufficiency is a condition in which the adrenal glands do not make enough steroid hormones. NIZORAL<sup>®</sup> Tablets may cause adrenal insufficiency if you take a high dose. Your healthcare provider will follow you closely if you have adrenal insufficiency or if you are taking prednisone or other similar medicines for long periods of time. Call your healthcare provider right away if you have symptoms of adrenal insufficiency such as tiredness, weakness, dizziness, nausea, and vomiting.
- **serious allergic reactions.** Some people can have a serious allergic reaction to NIZORAL<sup>®</sup> Tablets. Stop taking NIZORAL<sup>®</sup> Tablets and go to the nearest hospital emergency room right away if you get a rash, itching, hives, fever, swelling of the lips or tongue, chest pain, or have trouble breathing. These could be signs of a serious allergic reaction.
- **muscle problems.** Taking certain medicines with NIZORAL<sup>®</sup> Tablets may cause muscle problems. See “**Who should not take NIZORAL<sup>®</sup> Tablets?**”

The most common side effects of NIZORAL<sup>®</sup> Tablets include nausea, headache,

diarrhea, stomach pain, and abnormal liver function tests.

These are not all the possible side effects of NIZORAL<sup>®</sup> Tablets. For more information, ask your healthcare provider or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

#### **How should I store NIZORAL<sup>®</sup> Tablets?**

- Store NIZORAL<sup>®</sup> Tablets at room temperature between 59°F to 77°F (15°C to 25°C).
- Keep NIZORAL<sup>®</sup> Tablets dry.

#### **General information about the safe and effective use of NIZORAL<sup>®</sup> Tablets.**

Medications are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use NIZORAL<sup>®</sup> Tablets for a condition for which it was not prescribed. Do not give NIZORAL<sup>®</sup> Tablets to other people, even if they have the same symptoms that you have. It may harm them.

This Medication Guide summarizes the most important information about NIZORAL<sup>®</sup> Tablets.

If you would like more information, talk to your healthcare provider. You can ask your pharmacist or healthcare provider for information about NIZORAL<sup>®</sup> Tablets that is written for health professionals.

#### **What are the ingredients in NIZORAL<sup>®</sup> Tablets?**

**Active ingredient:** ketoconazole.

**Inactive ingredients:** colloidal silicon dioxide, corn starch, lactose, magnesium stearate, microcrystalline cellulose, and povidone.

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This Medication Guide has been approved by the U.S. Food and Drug Administration