

Diastat[®]
(diazepam rectal gel)

Diastat[®] AcuDial[™]
(diazepam rectal gel)

**ADMINISTRATION AND
DISPOSAL INSTRUCTIONS**



I M P O R T A N T

**Read first
before using**

To the caregiver using Diastat[®]:

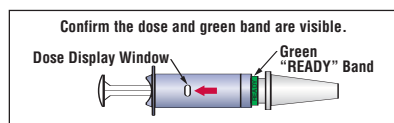
Please do not give DIASTAT[®] until:

1. You have thoroughly read these instructions
2. Reviewed administration steps with the doctor
3. Understand the directions

**To the caregiver using
Diastat[®] AcuDial[™]:**

Please do not give DIASTAT[®] AcuDial[™] until:

1. You have confirmed:
 - Prescribed dose is visible and if known, is correct
 - green "ready" band is visible



2. You have thoroughly read these instructions
3. Reviewed administration steps with the doctor
4. Understand the directions

Please do not administer DIASTAT until you feel comfortable with how to use DIASTAT. The doctor will tell you exactly when to use DIASTAT. When you use DIASTAT correctly and safely you will help bring seizures under control. Be sure to discuss every aspect of your role with the doctor. If you are not comfortable, then discuss your role with the doctor again.

To help the person with seizures:

- ✓ You must be able to tell the difference between cluster and ordinary seizures.
- ✓ You must be comfortable and satisfied that you are able to give DIASTAT.
- ✓ You need to agree with the doctor on the exact conditions when to treat with DIASTAT.
- ✓ You must know how and for how long you should check the person after giving DIASTAT.

To know what responses to expect:

- ✓ You need to know how soon seizures should stop or decrease in frequency after giving DIASTAT.
- ✓ You need to know what you should do if the seizures do not stop or there is a change in the person's breathing, behavior or condition that alarms you.

If you have any questions or feel unsure about using the treatment, **CALL THE DOCTOR** before using DIASTAT.

When to treat. Based on the doctor's directions or prescription

Special considerations.

DIASTAT should be used with caution:

- In people with respiratory (breathing) difficulties (e.g., asthma or pneumonia)
- In the elderly
- In women of child bearing potential, pregnancy and nursing mothers

Discuss beforehand with the doctor any additional steps you may need to take if there is leakage of DIASTAT or a bowel movement.

Patient's DIASTAT dosage is: _____mg

Patient's resting breathing rate _____ Patient's current weight _____

Confirm current weight is still the same as when DIASTAT was prescribed _____

Check expiration date and always remove cap before using. Be sure seal pin is removed with the cap.

TREATMENT 1

Important things to tell the doctor.

Date _____

Seizures Before DIASTAT		
Time	Seizure Type	No. of Seizures
_____	_____	_____
_____	_____	_____

Seizures After DIASTAT		
Time	Seizure Type	No. of Seizures
_____	_____	_____
_____	_____	_____

Things to do after treatment with DIASTAT.

Stay with the person for 4 hours and make notes on the following:

- Changes in resting breathing rate _____
- Changes in color _____
- Possible side effects from treatment _____

TREATMENT 2

Important things to tell the doctor.

Date _____

Seizures Before DIASTAT		
Time	Seizure Type	No. of Seizures
_____	_____	_____
_____	_____	_____

Seizures After DIASTAT		
Time	Seizure Type	No. of Seizures
_____	_____	_____
_____	_____	_____

Things to do after treatment with DIASTAT.

Stay with the person for 4 hours and make notes on the following:

- Changes in resting breathing rate _____
- Changes in color _____
- Possible side effects from treatment _____

**Where can I find more
information and support?**

For information on Diastat[®] and Diastat[®] AcuDial[™]:
Call 1-877-361-2719 or Visit www.diastat.com

Additional resource:

Epilepsy Foundation (EF). You can reach EF
by calling 1-800-EFA-1000 or www.efa.org.



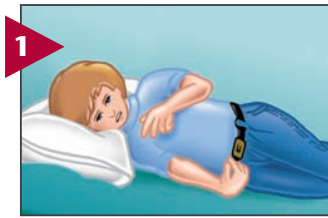
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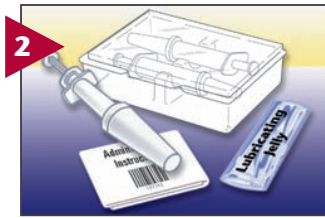
HOW TO ADMINISTER AND DISPOSAL

Diastat® (diazepam rectal gel)

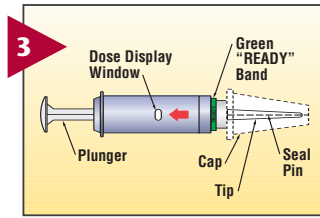
Diastat® AcuDial™ (diazepam rectal gel)



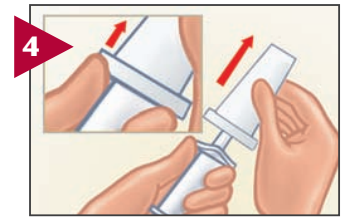
1 Put person on their side where they can't fall.



2 Get medicine.



3 Get syringe.
Note: Seal Pin is attached to the cap.



4 Push up with thumb and pull to remove cap from syringe. **Be sure Seal Pin is removed with the cap.**



5 Lubricate rectal tip with lubricating jelly.



6 Turn person on side facing you.



7 Bend upper leg forward to expose rectum.



8 Separate buttocks to expose rectum.



9 Gently insert syringe tip into rectum.
Note: Rim should be snug against rectal opening.



10 Slowly count to 3 while gently pushing plunger in until it stops.



11 Slowly count to 3 before removing syringe from rectum.



12 Slowly count to 3 while holding buttocks together to prevent leakage.



13 **ONCE DIASTAT® IS GIVEN**
Keep person on side facing you, note time given and continue to observe.

DISPOSAL INSTRUCTIONS FOR DIASTAT ACUDIAL		DISPOSAL FOR DIASTAT 2.5 MG
<p>14a</p> <ul style="list-style-type: none"> • Pull on plunger until it is completely removed from the syringe body. • Point tip over sink or toilet. <p>14b</p> <ul style="list-style-type: none"> • Replace plunger into syringe body, gently pushing plunger until it stops. • Flush toilet or rinse sink with water until gel is no longer visible. 	<p>At the completion of step 13:</p> <ul style="list-style-type: none"> • Discard all used materials in the garbage can. • Do not reuse. • Discard in a safe place away from children. 	
<p>This step is for Diastat® AcuDial™ users only At the completion of step 14a:</p> <ul style="list-style-type: none"> • Discard all used materials in the garbage can. • Do not reuse. • Discard in a safe place away from children. 		



CALL FOR HELP IF ANY OF THE FOLLOWING OCCUR



- Seizure(s) continues 15 minutes after giving DIASTAT or per the doctor's instructions: _____
- Seizure behavior is different from other episodes.
- You are alarmed by the frequency or severity of the seizure(s).
- You are alarmed by the color or breathing of the person.
- The person is having unusual or serious problems.

Local Emergency Number: _____
(please be sure to note if your area has 911)

Doctor's Number: _____

Information for Emergency Squad:
Time DIASTAT given: _____
Dose: _____