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In case of overdose, get medical help or contact a Poison Control Center right away.
Retain outer carton for full product uses, directions and warnings. Discard POPPAC after use.
Tamper Evident Feature: Do not use if clear neckband printed "SEALED FOR SAFETY" is missing or broken.
Distributed By:
GlaxoSmithKline Consumer Healthcare, L.P.
Moon Township, PA 15108
Made in the U.S.A.
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28 LOZENGES



To open vial, push in child resistant band on the POPPAC™ with thumb.

Flip up the top of the POPPAC™ and remove lozenge.

A small amount of powder on opening of the POPPAC™ is normal.



POPPAC™

Commit®
nicotine polacrilex lozenge, 2mg
STOP SMOKING AID

MINT FLAVOR

Directions:

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12
1 lozenge every 1 to 2 hours	1 lozenge every 2 to 4 hours	1 lozenge every 4 to 8 hours

Not for Individual Sale

Place the lozenge in your mouth and allow the lozenge to slowly dissolve. Minimize swallowing. Do not chew or swallow lozenge. Occasionally move the lozenge from one side of your mouth to the other until completely dissolved (about 20 - 30 minutes). Do not eat or drink 15 minutes before using or while the lozenge is in your mouth.

Do not use more than 5 lozenges in 6 hours. Do not use more than 20 lozenges per day. Keep out of reach of children and pets. Nicotine lozenges may have enough nicotine to make children and pets sick. If you need to remove the lozenge, wrap it in paper and throw away in the trash. ↓



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POPPAC™

Commit®

nicotine polacrilex lozenge, 4mg
STOP SMOKING AID

MINT FLAVOR

Directions: *Not for Individual Sale*

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12
1 lozenge every 1 to 2 hours	1 lozenge every 2 to 4 hours	1 lozenge every 4 to 8 hours

Place the lozenge in your mouth and allow the lozenge to slowly dissolve. Minimize swallowing. Do not chew or swallow lozenge. Occasionally move the lozenge from one side of your mouth to the other until completely dissolved (about 20 - 30 minutes). Do not eat or drink 15 minutes before using or while the lozenge is in your mouth.

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VARNISH KO

FOR MORE INFORMATION, PLEASE VISIT www.committedtoquitters.com (To Find Out Details About)

FREE INFORMATIONAL STOP SMOKING COUNSELING

FROM THE MARKETERS OF

Nicorette



Commit[®]

nicotine polacrilex lozenge, 4mg

STOP SMOKING AID

Includes User's Guide


MINT FLAVOR

4 mg

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE WITHIN 30 MINUTES OF WAKING UP.


112 LOZENGES (4 Poppac Containers of 28)

4mg EACH



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EAS TAGGED



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PLACE ANTI-THEFT STICKER HERE

THEFT SURVEILLANCE TAG AREA

VARNISH KO

VARNISH KO

Commit POPPAC



A small amount of powder on opening of the POPPAC[™] is normal

4mg

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