

NEW GENTLE MIST • SCENT FREE • ALCOHOL FREE

NDC 0135-0615-02

FLONASE[®]
SENSIMIST[™]
 ALLERGY RELIEF

Fluticasone Furoate Nasal Spray 27.5 mcg Per Spray
 Allergy Symptom Reliever
 (Glucocorticoid)*

Full Prescription Strength
Non-Drowsy 24 Hour Relief of:

- Itchy, Watery Eyes
- Nasal Congestion
- Runny Nose
- Itchy Nose
- Sneezing

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Distributed by:
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 Warren, NJ 07059 Made in Singapore

105621XA

*Fluticasone furoate is a steroid medicine known as a glucocorticoid.

60
METERED SPRAYS
 0.34 fl oz (9.9 mL)

GSK Regulatory Spec Box		Verified Date: 07.25.16	
Drug Facts Info			
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Drug Facts (continued)	Font Name: N/A		N/A
Headings	Font Name: N/A		N/A
Subheadings	Font Name: N/A		N/A
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Bullets on same lines: end of statement separated from bulleted statement by two ems			N/A
Spacing of the hair lines from edge of box – i.e. Minimum of 2 spaces either side of Drug Fact Box			N/A
Tracking	N/A	Horizontal Scale:	N/A
Leading (Minimum space in body copy of Drug Facts)	N/A	Maximum Characters/Inch:	N/A
Barlines	N/A	Hairlines	N/A
Primary Display Panel Info			
Font size of Net Wt/Contents (Smallest character height in inches)			.1256 in.
PDP dimensions (in square inches)			20.7 sq. in.
Font size of Statement of Identity (If not live text, to be measured in Helvetica capital "M")		V 6.36 pt.	H N/A
Font size of Logo/Largest Copy on PDP (If not live text, to be measured in Helvetica capital "M")		V 40 pt.	H N/A
Ratio of Statement of Identity to Logo/Largest Copy on PDP			
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)		V 16%	H N/A

GSK Regulatory Spec Box		Verified Date: 07.26.16
Drug Facts Info		
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Drug Facts (continued)	Font Name: N/A	N/A
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Subheadings	Font Name: N/A	N/A
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Spacing of the hair lines from edge of box – i.e. Minimum of 2 spaces either side of Drug Fact Box		N/A
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Ratio of Statement of Identity to Logo/Largest Copy on PDP		
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)		V 16% H N/A

INSIDE PAGE 8 FRONT COVER PAGE 1

FLONASE SENSIMIST
ALLERGY RELIEF

IMPORTANT - Peel here for complete Drug Facts label. Children 2-11: do not use for more than 2 months a year.

Be sure to read the Quick Start Guide and Question & Answer Book inside package

Drug Facts

Active ingredient (in each spray) Purpose
Fluticasone furoate 27.5 mcg (glucocorticoid) Allergy symptom reliever
*read the Question & Answer Book

TAMPER-EVIDENT features for your protection. The product is packaged in a sealed plastic container. The bottle is housed within a plastic dispenser that prevents direct access to the bottle. Do not use if the container or any part of the plastic dispenser, including the dispenser bottom, is damaged or broken.

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DATA MATRIX QUOTE ZONE

GSK
Data Matrix Code #: 000000XX

INSIDE PAGE 2 INSIDE PAGE 3

Drug Facts (continued)

Uses
Temporarily relieves these symptoms of hay fever or other upper respiratory allergies:
• nasal congestion
• runny nose
• sneezing
• itchy nose
• itchy, watery eyes (for ages 12 and older)

Warnings
Only for use in the nose. Do not spray into your eyes or mouth.

Do not use
• in children under 2 years of age
• to treat asthma
• if you have an injury or surgery to your nose that is not fully healed
• if you have ever had an allergic reaction to this product or any of the ingredients

Ask a doctor before use if you have or had glaucoma or cataracts

Ask a doctor or pharmacist before use if you are taking
• medicine for HIV infection (such as ritonavir)
• a steroid medicine for asthma, allergies or skin rash
• ketoconazole pills (medicine for fungal infection)

Drug Facts (continued)

When using this product
• the growth rate of some children may be slower
• stinging or sneezing may occur for a few seconds right after use
• do not share this bottle with anyone else as this may spread germs
• remember to tell your doctor about all the medicines you take, including this one

Stop use and ask a doctor if
• you have, or come into contact with someone who has, chicken pox, measles or tuberculosis
• your symptoms do not get better within 7 days of starting use or you get new symptoms such as severe facial pain or thick nasal discharge. You may have something more than allergies, such as an infection.
• you get a constant whistling sound from your nose. This may be a sign of damage inside your nose.
• you get an allergic reaction to this product. Seek medical help right away.
• you get new changes to your vision that develop after starting this product
• you have severe or frequent nosebleeds

If pregnant or breast-feeding, ask a health professional before use.

INSIDE PAGE 4 INSIDE PAGE 5

Drug Facts (continued)

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions
• read the Quick Start Guide for how to:
• shake vigorously before each use
• prime the bottle • use the spray
• sniff gently after each spray
• clean the spray nozzle with a clean dry tissue
• use this product only once a day
• do not use more than directed

ADULTS AND CHILDREN 12 YEARS OF AGE AND OLDER
• Week 1 – use 2 sprays in each nostril once daily
• Week 2 through 6 months – use 1 or 2 sprays in each nostril once daily, as needed to treat your symptoms
• After 6 months of daily use – ask your doctor if you can keep using

CHILDREN 2 TO 11 YEARS OF AGE
• the growth rate of some children may be slower while using this product. Children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than two months a year.
• an adult should supervise use
• use 1 spray in each nostril once daily

Drug Facts (continued)

CHILDREN UNDER 2 YEARS OF AGE
• do not use

Other information
• you may start to feel relief the first day and full effect after several days of regular, once-a-day use
• store between 15° - 30°C (59° - 86°F)
• do not refrigerate or freeze
• keep this label and enclosed materials. They contain important additional information.

Inactive ingredients
benzalkonium chloride solution, carboxymethylcellulose sodium, dextrose anhydrous, edetate disodium, microcrystalline cellulose, polysorbate 80, purified water

Questions or comments?
call toll-free 1-844-FLONASE (1-844-356-6273)

GSK Regulatory Spec Box		Verified Date: 07.07.16
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Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)	V N/A	H N/A

INSIDE PAGE 6 INSIDE PAGE 7

FLONASE SENSIMIST
ALLERGY RELIEF

What problems can FLONASE SENSIMIST Allergy Relief help with?

FLONASE SENSIMIST Allergy Relief helps relieve a broad range of uncomfortable symptoms like congestion and itchy eyes*.

Nasal symptoms **Eye symptoms***
*for ages 12 and older.

These symptoms can be triggered by allergens like pollen, mold, dust or pet dander.

Outdoor allergens **Animal allergens**
Indoor allergens

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TWIN PACK
NDC 0000-0000-00


GENTLE MIST • SCENT FREE • ALCOHOL FREE



ALLERGY RELIEF

Fluticasone Furoate Nasal Spray 27.5 mcg Per Spray
Allergy Symptom Reliever
(Glucocorticoid)*

**Full Prescription Strength
Non-Drowsy 24 Hour Relief of:**

- Itchy, Watery Eyes
- Nasal Congestion
- Runny Nose
- Itchy Nose
- Sneezing



*Fluticasone furoate is a steroid medicine known as a glucocorticoid.

Two bottles
120 sprays per bottle

1.08 fl oz (31.6 mL) total
0.54 fl oz (15.8 mL) each

GSK Regulatory Spec Box		Verified Date: 7.22.16
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Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)		V 16% H N/A

NEW GENTLE MIST • SCENT FREE • ALCOHOL FREE

NDC 0135-0615-04



FLONASE[®] SENSIMIST[™]

ALLERGY RELIEF

Fluticasone Furoate Nasal Spray 27.5 mcg Per Spray
 Allergy Symptom Reliever
 (Glucocorticoid)*

- Full Prescription Strength
 Non-Drowsy 24 Hour Relief of:**
- Itchy, Watery Eyes
 - Nasal Congestion
 - Runny Nose
 - Itchy Nose
 - Sneezing



NO COPY
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Area

Three bottles
120 sprays per bottle

*Fluticasone furoate is a steroid medicine known as a glucocorticoid.

105552XA



3 Bottles / 0.54 fl oz (15.8 mL) each
 1.62 fl oz (47.4 mL) total

GSK Regulatory Spec Box		Verified Date: 07.26.16
Drug Facts Info		
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Ratio of Statement of Identity to Logo/Largest Copy on PDP		
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)		V 0% H 16%

GENTLE MIST • SCENT FREE • ALCOHOL FREE



Fluticasone Furoate Nasal Spray 27.5 mcg Per Spray
Allergy Symptom Reliever
(Glucocorticoid)*

What problems can FLONASE® SENSIMIST™ Allergy Relief help with?

FLONASE SENSIMIST Allergy Relief helps relieve a broad range of uncomfortable symptoms like congestion and itchy eyes*.



Nasal symptoms



Eye symptoms*

These symptoms can be triggered by allergens like pollen, mold, dust or pet dander.



Outdoor allergens



Animal allergens



Indoor allergens

*for ages 12 and older.

See below for important information about use in children.

*Fluticasone furoate is a steroid medicine known as a glucocorticoid.

<p>Drug Facts</p> <p>Active ingredient (in each spray) Fluticasone furoate 27.5 mcg (glucocorticoid)*</p> <p>Purpose Allergy symptom reliever</p> <p>*read the Question & Answer Book</p> <p>Uses Temporarily relieves these symptoms of hay fever or other upper respiratory allergies: • nasal congestion • runny nose • sneezing • itchy nose • itchy, watery eyes (for ages 12 and older)</p> <p>Warnings Only for use in the nose. Do not spray into your eyes or mouth.</p> <p>Do not use</p> <ul style="list-style-type: none"> • in children under 2 years of age • to treat asthma • if you have an injury or surgery to your nose that is not fully healed • if you have ever had an allergic reaction to this product or any of the ingredients <p>Ask a doctor before use if you have or had glaucoma or cataracts</p> <p>Ask a doctor or pharmacist before use if you are taking</p> <ul style="list-style-type: none"> • medicine for HIV infection (such as ritonavir) • a steroid medicine for asthma, allergies or skin rash • ketoconazole pills (medicine for fungal infection) <p>When using this product</p> <ul style="list-style-type: none"> • the growth rate of some children may be slower • stinging or sneezing may occur for a few seconds right after use • do not share this bottle with anyone else as this may spread germs • remember to tell your doctor about all the medicines you take, including this one <p>Stop use and ask a doctor if</p> <ul style="list-style-type: none"> • you have, or come into contact with someone who has, chicken pox, measles or tuberculosis • your symptoms do not get better within 7 days of starting use or you get new symptoms such as severe facial pain or thick nasal discharge. You may have something more than allergies, such as an infection. • you get a constant whistling sound from your nose. This may be a sign of damage inside your nose. • you get an allergic reaction to this product. Seek medical help right away. • you get new changes to your vision that develop after starting this product • you have severe or frequent nosebleeds <p>If pregnant or breast-feeding, ask a health professional before use.</p>	<p>Drug Facts (continued)</p> <p>Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.</p> <p>Directions</p> <ul style="list-style-type: none"> • read the Quick Start Guide for how to: • shake vigorously before each use • prime the bottle • use the spray • sniff gently after each spray • clean the spray nozzle with a clean dry tissue • use the product only once a day • do not use more than directed <p>ADULTS AND CHILDREN 12 YEARS OF AGE AND OLDER</p> <ul style="list-style-type: none"> • Week 1 – use 2 sprays in each nostril once daily • Week 2 through 6 months – use 1 or 2 sprays in each nostril once daily, as needed to treat your symptoms • After 6 months of daily use – ask your doctor if you can keep using <p>CHILDREN 2 TO 11 YEARS OF AGE</p> <ul style="list-style-type: none"> • the growth rate of some children may be slower while using this product. Children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than two months a year. • an adult should supervise use • use 1 spray in each nostril once daily <p>CHILDREN UNDER 2 YEARS OF AGE</p> <ul style="list-style-type: none"> • do not use <p>Other information</p> <ul style="list-style-type: none"> • you may start to feel relief the first day and full effect after several days of regular, once-a-day use • store between 15° - 30°C (59° - 86°F) • do not refrigerate or freeze • keep this label and enclosed materials. They contain important additional information. <p>Inactive ingredients benzalkonium chloride solution, carboxymethylcellulose sodium, dextrose anhydrous, edetate disodium, microcrystalline cellulose, polysorbate 80, purified water</p> <p>Questions or comments? call toll-free 1-844-FLONASE (1-844-356-6273)</p>
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TAMPER-EVIDENT features for your protection. The product is packaged in a sealed plastic container. The bottle is housed within a plastic dispenser that prevents direct access to the bottle. Do not use if the container or any part of the plastic dispenser, including the dispenser bottom, is damaged or broken.

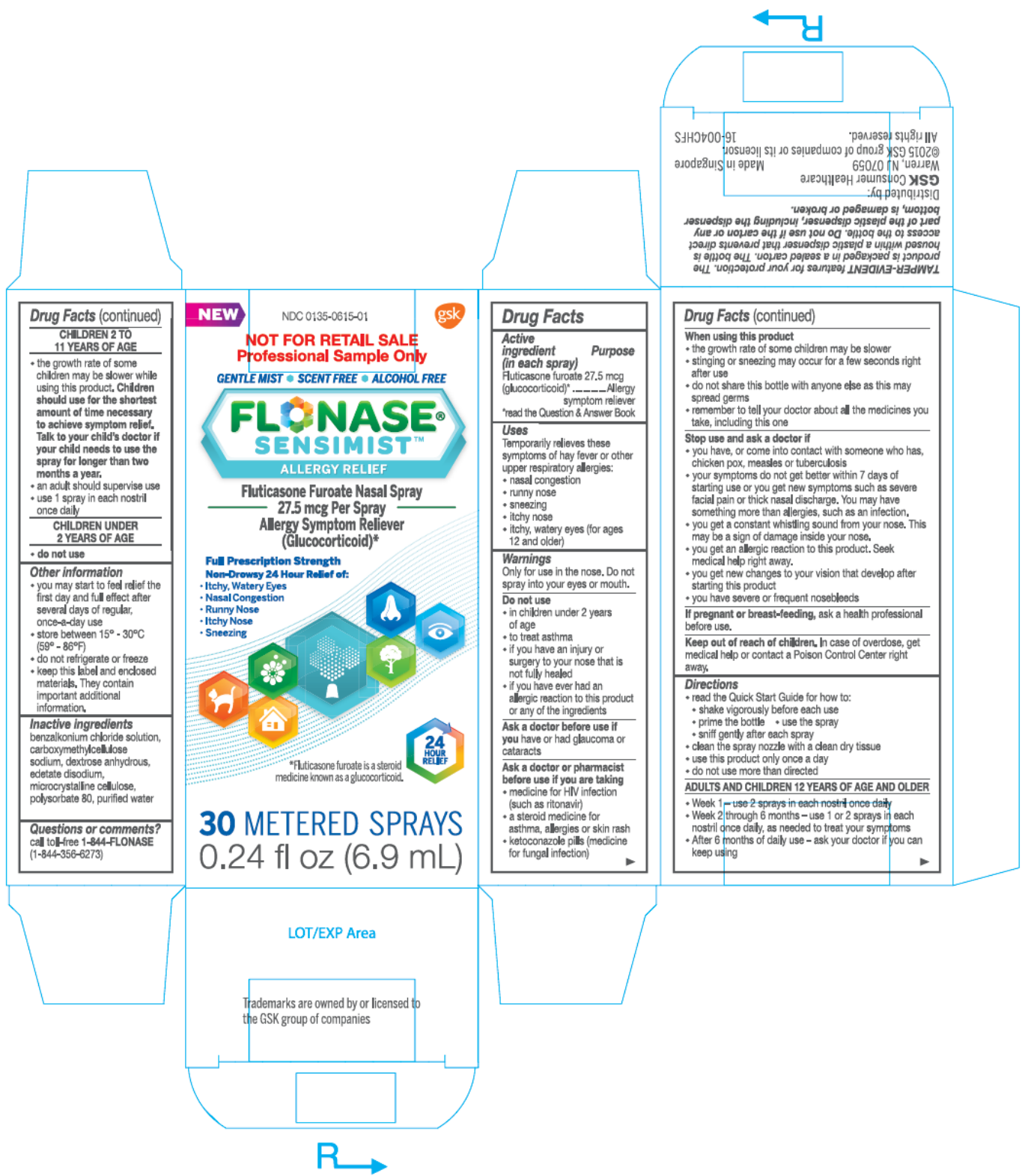
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Lot:
Exp:



GSK Regulatory Spec Box		Verified Date: 07.26.15
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Drug Facts (continued)	Font Name: Helvetica Neue 77 Bold Condensed Oblique/Helvetica Neue 57 Condensed	8.00 point type
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Ratio of Statement of Identity to Logo/Largest Copy on PDP		
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)	V 38%	H N/A

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NEW GENTLE MIST • SCENT FREE • ALCOHOL FREE

AGES 2 YEARS & OLDER

NDC 0135-0616-011

CHILDREN'S

FLONASE[®]
SENSIMIST[™]

ALLERGY RELIEF

Fluticasone Furoate Nasal Spray 27.5 mcg Per Spray
Allergy Symptom Reliever
(Glucocorticoid)*

Full Prescription Strength
Non-Drowsy 24 Hour Relief of:

- Nasal Congestion
- Runny Nose
- Itchy Nose
- Sneezing

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GSK Consumer Healthcare
Warren, NJ 07059

Made in Singapore

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*Fluticasone furoate is a steroid medicine known as a glucocorticoid.

60 METERED SPRAYS
0.34 fl oz (9.9 mL)

GSK Regulatory Spec Box

Verified Date: 07.22.16

Drug Facts Info

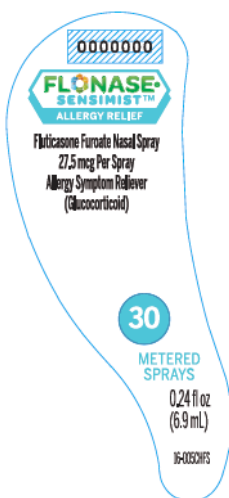
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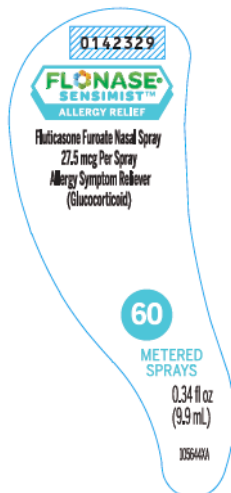
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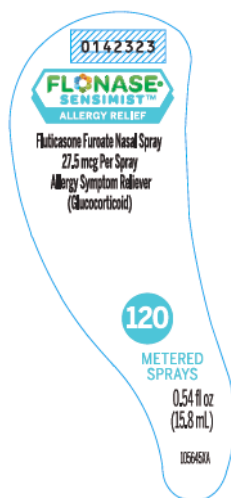
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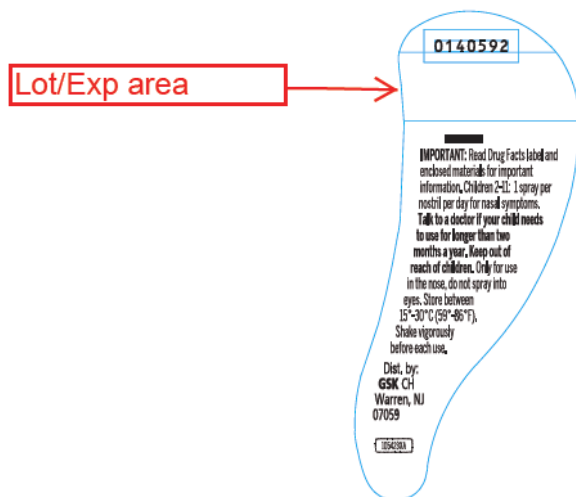
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Tracking	N/A	Horizontal Scale: N/A
Leading (Minimum space in body copy of Drug Facts)	N/A	Maximum Characters/Inch: N/A
Barlines	N/A	Hairlines: N/A
Primary Display Panel Info		
Font size of Net Wt/Contents (Smallest character height in inches)		0.0625 in.
PDP dimensions (in square inches)		3.21 sq. in.
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Font size of Logo/Largest Copy on PDP (If not live text, to be measured in Helvetica capital "M")	V 9.1 pt.	H N/A
Ratio of Statement of Identity to Logo/Largest Copy on PDP		
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)	V 65%	H N/A



GSK Regulatory Spec Box		Verified Date: 07.20.16
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Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)		V 65% H N/A



GSK Regulatory Spec Box		Verified Date: 07.20.16
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FLONASE® SENSIMIST™ ALLERGY RELIEF QUESTIONS & ANSWERS

WHAT FLONASE® SENSIMIST™ IS, HOW TO USE IT, AND WHAT TO EXPECT



UNDERSTANDING FLONASE® SENSIMIST™

What FLONASE SENSIMIST is, and how it works.

What is FLONASE® SENSIMIST™ Allergy Relief? FLONASE SENSIMIST Allergy Relief is an effective allergy medicine that you can now buy without a prescription. It works directly in the nose to help block your allergic reactions. FLONASE SENSIMIST relieves allergy symptoms caused by pollen, mold, dust and pets.

What is the active ingredient in FLONASE® SENSIMIST™ Allergy Relief? The active ingredient in FLONASE SENSIMIST Allergy Relief is called fluticasone furoate. Fluticasone furoate is a glucocorticoid. It works in your nose to relieve your allergy symptoms. Barely any of it travels through your body. It's been prescribed by doctors for years and used effectively by millions. Glucocorticoids are substances produced by your body to help fight inflammation. A glucocorticoid is a kind of steroid that is different from the anabolic (muscle-building) steroids sometimes misused by athletes. In fact, world class athletes are allowed to use glucocorticoids during competition to treat their allergies.

How does FLONASE® SENSIMIST™ Allergy Relief differ from FLONASE® Allergy Relief? Both products contain the same type of allergy medicine and work the same way to relieve allergy symptoms. The important difference between the two products is that FLONASE SENSIMIST offers a different type of spray experience so you can pick the experience you prefer. For example, the FLONASE SENSIMIST pump is on the side of the bottle and is squeezed to produce a spray instead of being pressed down. Also FLONASE SENSIMIST delivers a different kind of spray feeling because it has a fine mist and has no smell.

Can I use FLONASE® SENSIMIST™ for asthma? No, FLONASE SENSIMIST is not a treatment for asthma. Ask your doctor what medicine to take for your asthma.

Can I use FLONASE® SENSIMIST™ for colds? No, use FLONASE SENSIMIST to treat only your allergies — not your cold symptoms. If you're not sure whether your symptoms come from allergies or a cold, ask your doctor.

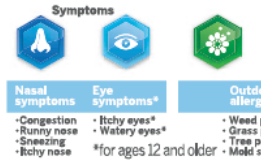
What happens when you have allergies? Allergies start when allergens like pollen or pet dander enter your body and trigger your immune system to respond.

Your body's natural response is to release multiple inflammatory substances, (also referred to as mediators) that cause your allergy symptoms.



How does FLONASE® SENSIMIST™ work? FLONASE SENSIMIST Allergy Relief works right in your nose to help block your allergic reaction at the source to relieve the symptoms that make you uncomfortable.

What problems can FLONASE® SENSIMIST™ Allergy Relief help with? Allergies can cause uncomfortable symptoms like congestion and itchy eyes*. These symptoms can be triggered by allergens like pollen, mold, dust or pet dander.



FLONASE® SENSIMIST™ acts on multiple inflammatory substances, including histamine, prostaglandins, cytokines, tryptases, chemokines and leukotrienes.

Most common OTC allergy pills act on histamine alone. Because of the way it works, it may take several days for FLONASE SENSIMIST to reach maximum effect. That's why it's best to use FLONASE SENSIMIST regularly, once a day. FLONASE SENSIMIST not only relieves sneezing, itchy nose, runny nose and itchy, watery eyes, but also relieves nasal congestion.

Who should not use FLONASE® SENSIMIST™ Allergy Relief? For complete guidance, check the Drug Facts label on the back of the FLONASE SENSIMIST Allergy Relief package.

Who should check with a doctor first? Some people should not use FLONASE SENSIMIST, or need to check with a health professional first. This table offers a quick summary of these situations.

If you...	Here's what to do with FLONASE SENSIMIST
Are younger than 2	Do not use
Are pregnant or breast-feeding	Talk to a health professional before using
Have or had glaucoma or cataracts	Talk to your doctor before using
Have an injury or surgery to your nose that is not fully healed	Do not use
Have ever had an allergic reaction to FLONASE SENSIMIST or any of its ingredients	Do not use
Are taking medicine for HIV infection (such as ritonavir)	Talk to your doctor or pharmacist before using
Are taking ketoconazole pills (medicine for fungal infection)	Talk to your doctor or pharmacist before using
Are using a steroid medicine for asthma, allergies, skin rash, allergic reactions, inflammation or eye conditions	Talk to your doctor or pharmacist before using

USING FLONASE® SENSIMIST™

How to get the best results with FLONASE SENSIMIST.

Read the Drug Facts label on the back of the package or the Quick Start Guide that came in the package for simple directions on using FLONASE SENSIMIST Allergy Relief. Watch for purple color — it shows where there is different information for children ages 2-11, compared to users age 12 or older.

If you still have questions about using FLONASE SENSIMIST after reading the Quick Start Guide, read this section for answers.

Why is FLONASE® SENSIMIST™ labeled to relieve itchy, watery eyes only for ages 12 and older? The ability of FLONASE SENSIMIST to relieve itchy, watery eyes* in those ages 2 to 11 has not been sufficiently studied.

I know how to use a nasal spray. Why do I have to follow the directions? If you don't use the spray bottle correctly, you might not get a full dose. Without a full dose each time, you might not get the relief you deserve. Follow the simple directions in the Quick Start Guide on the other side.

If my symptoms go away, should I stop using FLONASE® SENSIMIST™ Allergy Relief? You may be tempted to stop using FLONASE SENSIMIST Allergy Relief when you start to feel better. It's important you keep using FLONASE SENSIMIST daily as long as you're exposed to allergens that bother you, like pollen, mold, dust or pet dander. This way you'll keep feeling relief. If you suffer allergy symptoms only during certain times, like when pollen levels are high, you may stop using FLONASE SENSIMIST when that time ends. If you are age 12 or older and need

to use daily for longer than 6 months or age 2-11 and need to use for longer than 2 months a year, check with your doctor.

Can I keep using FLONASE® SENSIMIST™ Allergy Relief year round? Some people suffer from allergies all year. If you are age 12 or older and have used FLONASE SENSIMIST Allergy Relief steadily for six months or age 2-11 and have used for two months a year, check with your doctor to make sure it's OK to keep using FLONASE SENSIMIST daily. In fact, it's a good idea for anyone with persistent allergies to talk with a doctor every so often about symptoms and medicines.

What if I miss a dose by accident? If you miss a dose, just use your regular dose the next day. Don't add an extra dose to make up for it.

Can I share my FLONASE® SENSIMIST™ Allergy Relief? Do not share a bottle of FLONASE SENSIMIST Allergy Relief. Sharing the bottle can spread germs, because you insert the nozzle in your nose.

Can I spray FLONASE® SENSIMIST™ in my eyes or mouth? No, FLONASE SENSIMIST is meant to work only in your nose to relieve your allergy symptoms, including itchy, watery eyes*. Never spray FLONASE SENSIMIST in your eyes or your mouth.

Some decongestants may increase blood pressure. Does FLONASE® SENSIMIST™ increase blood pressure? When used as directed, FLONASE SENSIMIST does not increase blood pressure.

Won't I waste product by priming? It's not a waste to prime the pump, because it helps you get a full dose. Getting a full dose is important for getting the relief you deserve. See the Quick Start Guide for when and how to prime the pump. Don't worry about running out due to priming. There is enough medicine in the spray bottle to allow for priming sprays plus the number of sprays labeled on the bottle. Always point the spray bottle away from your face when priming.

How long should a bottle of FLONASE® SENSIMIST™ Allergy Relief last? This table shows roughly how long your bottle will last. It assumes you follow the instructions for priming the pump, and that those age 12 or older use two sprays in each nostril every day while children age 2-11 use one spray in each nostril every day. After you've used the number of sprays shown on the label, each spray may not deliver a full dose—even if there is liquid left in the bottle.

If the label says...	The bottle should last age 12+...	The bottle should last age 2-11...
30 sprays	1 week	2 weeks
60 sprays	2 weeks	4 weeks
120 sprays	4 weeks	8 weeks

What are the differences in the way children age 2-11 should use FLONASE® SENSIMIST™ Allergy Relief? Children age 2-11 should use a lower dose of FLONASE SENSIMIST for a shorter period of time.

Ages	Children 2-11 years of age	Users 12 years of age and older
Dosage	1 spray in each nostril once daily	Up to 2 sprays in each nostril once daily
Duration before checking with a doctor	Up to 2 months of use a year	Up to 6 months of daily use

Why is the use of FLONASE® SENSIMIST™ Allergy Relief for children age 2-11 limited to 2 months a year before checking with a doctor? When used long-term, intranasal glucocorticoids like FLONASE SENSIMIST may cause the growth rate of some children to be slower. Whether this will affect a child's ultimate height is not known. As a precaution, children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than 2 months a year.

Will FLONASE® SENSIMIST™ make me drowsy? No, FLONASE SENSIMIST does not cause drowsiness. Some allergy medications can cause drowsiness, but FLONASE SENSIMIST does not.

What will FLONASE® SENSIMIST™ feel like inside my nose? You may feel a very gentle mist, but the mist is so fine you may not even notice it. Even if you do not feel the mist, do not use more than 2 sprays in each nostril per day for users age 12 or older and 1 spray in each nostril per day for children age 2-11. See complete directions for use.

What if my symptoms aren't better after one week? If you have used FLONASE SENSIMIST

for a week and your allergy symptoms are not getting better, stop use and ask your doctor. You may have an infection.

What if I feel stinging in my nose or I sneeze? Although uncommon, some people may feel a slight stinging, or may sneeze, after spraying FLONASE SENSIMIST in their nostrils.

This feeling should go away in a few seconds.

What if nothing is spraying out? Try priming the spray bottle. It may take a few pumps to get the dispenser spraying again. If that doesn't work, the spray nozzle may be clogged. You can clean it following the directions in the Quick Start Guide that came in the package.

What if I have chicken pox, measles or tuberculosis or come into contact with someone who does? Stop using FLONASE® SENSIMIST™ Allergy Relief and ask your doctor.

What if I'm having severe sinus pain? If you feel severe pain in your face, have thick nasal discharge, or think you may have a sinus infection, stop using FLONASE® SENSIMIST™ Allergy Relief and see your doctor. Your doctor may want to consider if other medicines are needed.

WHAT TO EXPECT

What it's like to use FLONASE® SENSIMIST™.

How soon will I get relief? You may start to feel relief the first day you use FLONASE® SENSIMIST™ Allergy Relief. Keep using it every day, though, as it takes several days before FLONASE SENSIMIST builds up to full effectiveness.

How long will the relief last? FLONASE® SENSIMIST™ is meant to control your symptoms every day, all day and all night. To help you get this lasting relief, it's important to use FLONASE SENSIMIST regularly, once a day.

Does FLONASE® SENSIMIST™ Allergy Relief cause a "rebound effect"? No, FLONASE SENSIMIST Allergy Relief does not cause a rebound effect. Some nasal decongestant sprays may cause your nasal passages to swell up even more when you use them too often or for longer than their label says you should (three days). This is sometimes called a "rebound effect." FLONASE SENSIMIST is a different kind of medicine and does not cause any rebound effect. You can use FLONASE SENSIMIST daily for up to six months if you are age 12 or older or up to two months a year if you are age 2-11 before checking with a doctor.

Does FLONASE® SENSIMIST™ Allergy Relief have side effects? Serious side effects are rare with FLONASE SENSIMIST because FLONASE SENSIMIST works in your nose, and barely any of it travels through your body.

However, like all medicines, FLONASE SENSIMIST can cause side effects in some people. Below are some side effects that have been reported when using FLONASE SENSIMIST. If you have any concerns about side effects, talk with your doctor.

Side effect	What could happen	What to do
Allergic reaction to the product	• Sudden swelling of face or tongue • A rash • Wheezing or feeling faint	If you feel any of these symptoms, stop using FLONASE SENSIMIST and see a doctor right away.
Nose injury	• Severe or frequent nosebleeds • Constant whistling sound that does not go away	Apply pressure to your nose. Stop using FLONASE SENSIMIST and see a doctor. This could be a sign of damage to your nose. Stop using FLONASE SENSIMIST and see a doctor right away.
Eye conditions such as cataracts or glaucoma	• Cloudy vision • Reduced vision	Have a yearly eye exam to check for these conditions. Read the Drug Facts on the back of the FLONASE SENSIMIST package for more details.
Growth effects	• Slower growth rate in some children while using product	Talk to your doctor if you are concerned or if a child age 2-11 needs to use FLONASE SENSIMIST for longer than two months a year.
Other side effects	• Headaches or sneezing • Minor nosebleeds • Dry or irritated nose or throat	Talk to your doctor or pharmacist if you are concerned.

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MANUFACTURER'S COUPON EXPIRES 00/00/00

Save \$3.00

on any (1) FLONASE® or FLONASE® SENSIMIST™ 120 count spray

FLONASE® SENSIMIST™ ALLERGY RELIEF

QUICK START GUIDE

HOW TO START GETTING ALLERGY RELIEF RIGHT NOW



USE THE RIGHT DOSE

FLONASE® SENSIMIST™ Allergy Relief works best when you use it daily. Here's how to get started.

Children age 2-11

An adult should supervise use

Use one spray in each nostril once daily.



Don't use more than one spray in each nostril per day.

If you miss a dose, just use your regular dose the next day. Don't add an extra dose.

Check with a doctor if a child needs to use FLONASE SENSIMIST for longer than two months a year.

Users age 12 and older

In your first week

Use two sprays in each nostril every day.



Don't use more than two sprays in each nostril per day.

After your first week

If your symptoms are under control, you may reduce to one spray in each nostril every day. If your symptoms get worse, go back to two sprays in each nostril.

If you miss a dose, just use your regular dose the next day. Don't add an extra dose.



Warning: Do not spray in your eyes. Only for use in your nose.



KEEP IT CLEAN

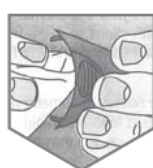
A clean spray nozzle helps ensure a full dose. Don't try to unblock nozzle with pin or sharp object — that can damage it.

1 After each use



Wipe the nozzle with a clean, dry tissue. Never try to clean the nozzle with a pin or anything sharp because this will damage the nozzle. **Do not use water to clean the nozzle.**

2 Once a week



Clean the inside of the cap with a clean, dry tissue. This will help keep the nozzle from getting blocked.

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GET THE RELIEF YOU NEED

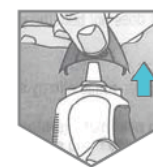
FLONASE® SENSIMIST™ Allergy Relief can relieve your allergy symptoms. For best results, it's important to get a full dose. Here's how, in five easy steps.



1 Shake



The nasal spray needs to be shaken **vigorously** with cap on. This is important to make the medicine a liquid that will spray.



Remove the cap by gently squeezing the sides of the cap with your thumb and forefinger and pulling it straight off.

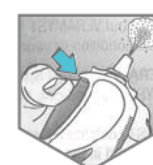
2 Prime

Do this when:

- Starting new bottle
- Haven't used for 30 days
- Cap has been left off for 5 days or more
- Device does not seem to be working right

Otherwise go to step 3

NOTE: There is enough medicine in the bottle to allow for priming sprays plus the number of sprays labeled on the bottle.



Aim away from face. Grasp spray bottle as shown. Pump until fine mist appears.

Pumped six times and still no mist? Spray nozzle may be clogged. See **KEEP IT CLEAN**.

3 Blow



Blow nose gently to clear nostrils.

4 Aim



Put the tip of spray nozzle into nostril and **tilt head forward while keeping bottle upright**.



Put just the tip into your nose.



Aim slightly away from center of nose.

5 Breathe and Spray



While sniffing gently, press button in all the way once or twice (according to dosing instructions). You may feel a light mist in your nose. Breathe out through your mouth.

Repeat in other nostril.

Wipe spray nozzle with clean tissue and replace cap.

16-006CHES

Valuable Coupon Inside!
see page 35

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Q & A

FLONASE®
SENSIMIST™
ALLERGY RELIEF

QUESTION & ANSWER BOOK

WHAT FLONASE® SENSIMIST™ IS,
HOW TO USE IT,
AND WHAT TO EXPECT


Welcome to a different kind of allergy relief and nasal spray experience! This book answers questions you may have about FLONASE® SENSIMIST™ Allergy Relief.

Watch for purple color – it shows where there is different information for children ages 2-11, compared to users age 12 or older.

**UNDERSTANDING
FLONASE®
SENSIMIST™**
What FLONASE
SENSIMIST is, and
how it works.
PAGE 4

**USING FLONASE®
SENSIMIST™**
How to get the best
results with FLONASE
SENSIMIST.
PAGE 14

WHAT TO EXPECT
What it's like to
use FLONASE
SENSIMIST.
PAGE 26



QUESTION & ANSWER BOOK

What is FLONASE® SENSIMIST™ Allergy Relief?

FLONASE SENSIMIST Allergy Relief is an effective allergy medicine that you can now buy without a prescription. It works directly in the nose to help block your allergic reactions. FLONASE SENSIMIST relieves allergy symptoms caused by pollen, mold, dust and pets.

How does FLONASE® SENSIMIST™ Allergy Relief differ from FLONASE® Allergy Relief?

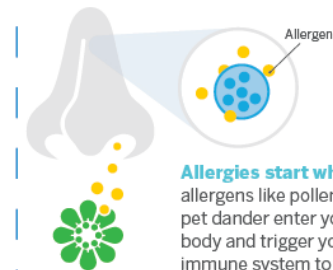
Both products contain the same type of allergy medicine and work the same way to relieve allergy symptoms.

The important difference between the two products is that FLONASE SENSIMIST offers a different type of spray experience so you can pick the experience you prefer. For example, the FLONASE SENSIMIST pump is on the side of the bottle and is squeezed to produce a spray instead of being pressed down. Also FLONASE SENSIMIST delivers a different kind of spray feeling because it has a fine mist and has no smell.

5

UNDERSTANDING FLONASE® SENSIMIST™

What happens when you have allergies?



Allergies start when allergens like pollen or pet dander enter your body and trigger your immune system to respond.

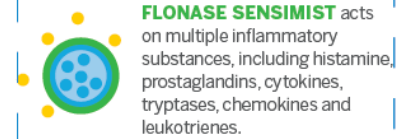
Your body's natural response is to release multiple inflammatory substances, (also referred to as mediators) that cause your allergy symptoms.

6

QUESTION & ANSWER BOOK

How does FLONASE® SENSIMIST™ work?

FLONASE SENSIMIST Allergy Relief works right in your nose to help block your allergic reaction at the source to relieve the symptoms that make you uncomfortable.



FLONASE SENSIMIST acts on multiple inflammatory substances, including histamine, prostaglandins, cytokines, tryptases, chemokines and leukotrienes.

Most common OTC allergy pills act on histamine alone.

Because of the way it works, it may take several days for FLONASE SENSIMIST to reach maximum effect. That's why it's best to use FLONASE SENSIMIST regularly, once a day.

FLONASE SENSIMIST not only relieves sneezing, itchy nose, runny nose and itchy, watery eyes*, but also relieves nasal congestion.

*for ages 12 and older

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UNDERSTANDING FLONASE® SENSIMIST™

What problems can FLONASE® SENSIMIST™ Allergy Relief help with?

Allergies can cause uncomfortable symptoms like congestion and itchy eyes*. These symptoms can be triggered by allergens like pollen, mold, dust or pet dander.

Symptoms



Nasal symptoms

- Congestion
- Runny nose
- Itchy nose

Eye symptoms*

- Sneezing
- Itchy eyes*
- Watery eyes*

B _____ *for ages 12 and older

QUESTION & ANSWER BOOK

FLONASE SENSIMIST Allergy Relief helps relieve a broad range of symptoms from many allergens.

For example, FLONASE SENSIMIST helps with:

Triggers



Outdoor allergens

- Weed pollen
- Grass pollen
- Tree pollen
- Mold spores

Animal allergens

- Cats
- Dogs

Indoor allergens

- Dust
- Dust mites
- Mold

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UNDERSTANDING FLONASE[®] SENSIMIST[™]

What is the active ingredient in FLONASE[®] SENSIMIST[™] Allergy Relief?

The active ingredient in FLONASE SENSIMIST Allergy Relief is called fluticasone furoate. Fluticasone furoate is a glucocorticoid. It works in your nose to relieve your allergy symptoms. Barely any of it travels through your body. It's been prescribed by doctors for years and used effectively by millions.

Glucocorticoids are substances produced by your body to help fight inflammation. A glucocorticoid is a kind of steroid that is different from the anabolic (muscle-building) steroids sometimes misused by athletes. In fact, world class athletes are allowed to use glucocorticoids during competition to treat their allergies.

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QUESTION & ANSWER BOOK

Can I use FLONASE[®] SENSIMIST[™] for asthma?

No, FLONASE SENSIMIST is not a treatment for asthma. Ask your doctor what medicine to take for your asthma.

Can I use FLONASE[®] SENSIMIST[™] for colds?

No, use FLONASE SENSIMIST to treat only your allergies — not your cold symptoms. If you're not sure whether your symptoms come from allergies or a cold, ask your doctor.

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UNDERSTANDING FLONASE® SENSIMIST™

Who should not use FLONASE® SENSIMIST™ Allergy Relief?

For complete guidance, check the **Drug Facts** label on the back of the FLONASE SENSIMIST Allergy Relief package.

Who should check with a doctor first?

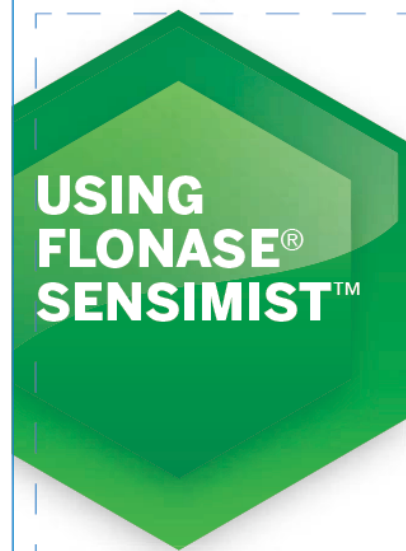
Some people should not use FLONASE SENSIMIST, or need to check with a health professional first. This table offers a quick summary of these situations.



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QUESTION & ANSWER BOOK

if you...	Here's what to do with FLONASE SENSIMIST
Are younger than 2	Do not use
Are pregnant or breast-feeding	Talk to a health professional before using
Have or had glaucoma or cataracts	Talk to your doctor before using
Have an injury or surgery to your nose that is not fully healed	Do not use
Have ever had an allergic reaction to FLONASE SENSIMIST or any of its ingredients	Do not use
Are taking medicine for HIV infection (such as ritonavir)	Talk to your doctor or pharmacist before using
Are taking ketoconazole pills (medicine for fungal infection)	Talk to your doctor or pharmacist before using
Are using a steroid medicine for asthma, allergies, skin rash, allergic reactions, inflammation or eye conditions	Talk to your doctor or pharmacist before using



QUESTION & ANSWER BOOK

Read the Drug Facts label on the back of the package or the Quick Start Guide that came in the package for simple directions on using FLONASE SENSIMIST Allergy Relief.

Remember there is a different dosing amount for children age 2-11 compared to users age 12 or older.

If you still have questions about using FLONASE SENSIMIST after reading the Quick Start Guide, read this section for answers.



USING FLONASE® SENSIMIST™

What are the differences in the way children age 2-11 should use FLONASE® SENSIMIST™ Allergy Relief?

Children age 2-11 should use a **lower dose** of FLONASE SENSIMIST for a **shorter period of time**.

Ages	Children 2-11 years of age	Users 12 years of age and older
Dosage	1 spray in each nostril once daily	Up to 2 sprays in each nostril once daily
Duration before checking with a doctor	Up to 2 months of use a year	Up to 6 months of daily use

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QUESTION & ANSWER BOOK

Why is the use of FLONASE® SENSIMIST™ Allergy Relief for children age 2-11 limited to 2 months a year before checking with a doctor?

When used long-term, intranasal glucocorticoids like FLONASE SENSIMIST may cause the growth rate of some children to be slower. Whether this will affect a child's ultimate height is not known. As a precaution, children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than 2 months a year.

Why is FLONASE® SENSIMIST™ labeled to relieve itchy, watery eyes only for ages 12 and older?

The ability of FLONASE SENSIMIST to relieve itchy, watery eyes in those ages 2 to 11 has not been sufficiently studied.

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USING FLONASE[®] SENSIMIST[™]

I know how to use a nasal spray. Why do I have to follow the directions?

If you don't use the spray bottle correctly, you might not get a full dose. Without a full dose each time, you might not get the relief you deserve.

Follow the simple directions in the Quick Start Guide that came in the package.

If my symptoms go away, should I stop using FLONASE[®] SENSIMIST[™] Allergy Relief?

You may be tempted to stop using FLONASE SENSIMIST Allergy Relief when you start to feel better. **It's important you keep using FLONASE SENSIMIST daily as long as you're exposed to allergens** that bother you, like pollen, mold, dust or pet dander. This way you'll keep feeling relief.

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QUESTION & ANSWER BOOK

If you suffer allergy symptoms only during certain times, like when pollen levels are high, you may stop using FLONASE SENSIMIST when that time ends. **If you are age 12 or older and need to use daily for longer than 6 months or age 2-11 and need to use for longer than 2 months a year, check with your doctor.**

Can I keep using FLONASE[®] SENSIMIST[™] Allergy Relief year round?

Some people suffer from allergies all year. **If you are age 12 or older and have used FLONASE SENSIMIST Allergy Relief steadily for six months or age 2-11 and have used for two months a year, check with your doctor to make sure it's OK to keep using FLONASE SENSIMIST daily.**

In fact, it's a good idea for anyone with persistent allergies to talk with a doctor every so often about symptoms and medicines.

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USING FLONASE® SENSIMIST™

What if I miss a dose by accident?

If you miss a dose, just use your regular dose the next day. Don't add an extra dose to make up for it.

Won't I waste product by priming?

It's not a waste to prime the pump, because it helps you get a full dose. Getting a full dose is important for getting the relief you deserve. See the Quick Start Guide for when and how to prime the pump.

Don't worry about running out due to priming. There is enough medicine in the spray bottle to allow for priming sprays plus the number of sprays labeled on the bottle.

Always point the spray bottle away from your face when priming.

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QUESTION & ANSWER BOOK

Can I share my FLONASE® SENSIMIST™ Allergy Relief?

Do not share a bottle of FLONASE SENSIMIST Allergy Relief. Sharing the bottle can spread germs, because you insert the nozzle in your nose.

Can I spray FLONASE® SENSIMIST™ in my eyes or mouth?

No, FLONASE SENSIMIST is meant to work only in your nose to relieve your allergy symptoms, including itchy, watery eyes*.

Never spray FLONASE SENSIMIST in your eyes or your mouth.



*for ages 12 and older

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USING FLONASE® SENSIMIST™

How long should a bottle of FLONASE® SENSIMIST™ Allergy Relief last?

This table shows roughly how long your bottle will last. It assumes you follow the instructions for priming the pump, and that those age 12 or older use two sprays in each nostril every day while children age 2-11 use one spray in each nostril every day.

After you've used the number of sprays shown on the label, each spray may not deliver a full dose—even if there is liquid left in the bottle.

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QUESTION & ANSWER BOOK

If the label says...	The bottle should last age 12+...	The bottle should last age 2-11...
30 sprays	1 week	2 weeks
60 sprays	2 weeks	4 weeks
120 sprays	4 weeks	8 weeks

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USING FLONASE® SENSIMIST™

Some decongestants may increase blood pressure. Does FLONASE® SENSIMIST™ increase blood pressure?

When used as directed, FLONASE SENSIMIST does not increase blood pressure.

Is FLONASE® SENSIMIST™ Allergy Relief OK to use with other medicines?

You should tell your doctor about all the medicines you take, including FLONASE SENSIMIST.

FLONASE SENSIMIST Allergy Relief can be used with most non-prescription and prescription medicines. However, there are a few medicines to look out for because they may cause the level of FLONASE SENSIMIST in your body to become too high.

Just to be safe, check this table to see if you're taking any of these medicines.

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QUESTION & ANSWER BOOK

If you're taking...	Here's what to do...
Medicines for HIV infection (such as ritonavir)	Talk to your doctor or pharmacist before using FLONASE SENSIMIST
Medicines with glucocorticoids Including some medicines for skin rash such as eczema, asthma, inflammation, allergic reactions, or eye conditions	Talk to your doctor or pharmacist before using FLONASE SENSIMIST
Ketoconazole Pills for fungal infection	Talk to your doctor or pharmacist before using FLONASE SENSIMIST

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 <p>WHAT TO EXPECT</p>	<p>QUESTION & ANSWER BOOK</p> <hr/> <p>How soon will I get relief? You may start to feel relief the first day you use FLONASE® SENSIMIST™ Allergy Relief. Keep using it every day, though, as it takes several days before FLONASE SENSIMIST builds up to full effectiveness.</p> <p>How long will the relief last? FLONASE® SENSIMIST™ is meant to control your symptoms every day, all day and all night. To help you get this lasting relief, it's important to use FLONASE SENSIMIST regularly, once a day.</p> <p>27</p>
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WHAT TO EXPECT

Does FLONASE[®] SENSIMIST[™] Allergy Relief cause a “rebound effect”?

No, FLONASE SENSIMIST Allergy Relief does not cause a rebound effect.

Some nasal decongestant sprays may cause your nasal passages to swell up even more when you use them too often or for longer than their label says you should (three days). This is sometimes called a “rebound effect.”

FLONASE SENSIMIST is a different kind of medicine and does not cause any rebound effect. You can use FLONASE SENSIMIST daily for up to six months if you are age 12 or older or up to two months a year if you are age 2-11 before checking with a doctor.

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QUESTION & ANSWER BOOK

Will FLONASE[®] SENSIMIST[™] make me drowsy?

No, FLONASE SENSIMIST does not cause drowsiness. Some allergy medications can cause drowsiness, but FLONASE SENSIMIST does not.

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WHAT TO EXPECT

Does FLONASE® SENSIMIST™ Allergy Relief have side effects?

Serious side effects are rare with FLONASE SENSIMIST because FLONASE SENSIMIST works in your nose, and barely any of it travels through your body. However, like all medicines,

Side effect	What could happen
Allergic reaction to the product	<ul style="list-style-type: none">• Sudden swelling of face or tongue• A rash• Wheezing or feeling faint
Nose injury	<ul style="list-style-type: none">• Severe or frequent nosebleeds• Constant whistling sound that does not go away
Eye conditions such as cataracts or glaucoma	<ul style="list-style-type: none">• Cloudy vision• Reduced vision
Growth effects	<ul style="list-style-type: none">• Slower growth rate in some children while using product
Other side effects	<ul style="list-style-type: none">• Headaches or sneezing• Minor nosebleeds• Dry or irritated nose or throat

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QUESTION & ANSWER BOOK

FLONASE SENSIMIST can cause side effects in some people.

Below are some side effects that have been reported when using FLONASE SENSIMIST. If you have any concerns about side effects, talk with your doctor.

What to do
If you feel any of these symptoms, stop using FLONASE SENSIMIST and see a doctor right away.
Apply pressure to your nose. Stop using FLONASE SENSIMIST and see a doctor.
This could be a sign of damage to your nose. Stop using FLONASE SENSIMIST and see a doctor right away.
Have a yearly eye exam to check for these conditions. Read the Drug Facts on the back of the FLONASE SENSIMIST package for more details.
Talk to your doctor if you are concerned or if a child age 2-11 needs to use FLONASE SENSIMIST for longer than two months a year.
Talk to your doctor or pharmacist if you are concerned.

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WHAT TO EXPECT

What will FLONASE® SENSIMIST™ feel like inside my nose?

You may feel a very gentle mist, but the mist is so fine you may not even notice it. Even if you do not feel the mist, do not use more than 2 sprays in each nostril per day for users age 12 or older and 1 spray in each nostril per day for children age 2-11.

See complete directions for use.

What if I feel stinging in my nose or I sneeze?

Although uncommon, some people may feel a slight stinging, or may sneeze, after spraying FLONASE SENSIMIST in their nostrils. **This feeling should go away in a few seconds**

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QUESTION & ANSWER BOOK

What if nothing is spraying out?

Try priming the spray bottle. It may take a few pumps to get the dispenser spraying again.

If that doesn't work, the spray nozzle may be clogged. You can clean it following the directions in the Quick Start Guide that came in the package.



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WHAT TO EXPECT

What if I have chicken pox, measles or tuberculosis or come into contact with someone who does?

Stop using FLONASE® SENSIMIST™ Allergy Relief and ask your doctor.

What if I'm having severe sinus pain?

If you feel severe pain in your face, have thick nasal discharge, or think you may have a sinus infection, **stop using FLONASE® SENSIMIST™ Allergy Relief and see your doctor.** Your doctor may want to consider if other medicines are needed.

What if my symptoms aren't better after one week?

If you have used FLONASE SENSIMIST for a week and your allergy symptoms are not getting better, **stop use and ask your doctor.** You may have an infection.

B4

STILL HAVE QUESTIONS?

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FRONT TRI-FOLD



USE THE RIGHT DOSE

FLOXONASE[®] SENSIMIST[™] Allergy Relief works best when you use it daily. Here's how to get started.

Children age 2-11

An adult should supervise use
 Use one spray in each nostril once daily.

1x 1x
 Don't use more than one spray in each nostril per day.

Users age 12 or older

In your first week
 Use two sprays in each nostril every day.

2x 2x
 Don't use more than two sprays in each nostril per day.

After your first week
 If your symptoms are

If you miss a dose, just use your regular dose the next day. Don't add an extra dose.

Check with a doctor if a child needs to use FLOXONASE SENSIMIST for longer than two months a year.

under control, you may reduce to one spray in each nostril every day. If your symptoms get worse, go back to two sprays in each nostril.

If you miss a dose, just use your regular dose the next day. Don't add an extra dose.



KEEP IT CLEAN

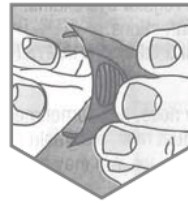
A clean spray nozzle helps ensure a full dose. Don't try to unblock nozzle with pin or sharp object — that can damage it.

1 After each use



Wipe the nozzle with a clean, dry tissue. Never try to clean the nozzle with a pin or anything sharp because this will damage the nozzle. **Do not use water to clean the nozzle.**

2 Once a week



Clean the inside of the cap with a clean, dry tissue. This will help keep the nozzle from getting blocked.

Inside
 Directions for use, dosing, and cleaning



FLOXONASE[®] SENSIMIST[™]
 ALLERGY RELIEF

QUICK START GUIDE

HOW TO START GETTING ALLERGY RELIEF RIGHT NOW

CCL DATA MATRIX
 QUIET ZONE

INSIDE TRI-FOLD



GET THE RELIEF YOU NEED

FLOXONASE[®] SENSIMIST[™] Allergy Relief can relieve your allergy symptoms. For best results, it's important to get a full dose. Here's how, in five easy steps.

1 Shake



The nasal spray needs to be shaken **vigorously** with cap on. This is important to make the medicine a liquid that will spray.



Remove the cap by gently squeezing the sides of the cap with your thumb and forefinger and pulling it straight off.

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2 Prime

Do this when:

- Starting new bottle
- Haven't used for 30 days
- Cap has been left off for 5 days or more
- Device does not seem to be working right

Otherwise go to step 3



Aim away from face. Grasp spray bottle as shown. Pump until fine mist appears. Pumped six times and still no mist? Spray nozzle may be clogged. See **KEEP IT CLEAN**, other side.

3 Blow



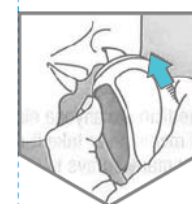
Blow nose gently to clear nostrils.



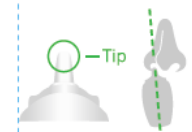
Warning
 Do not spray in your eyes. Only for use in your nose.

NOTE: There is enough medicine in the bottle to allow for priming sprays plus the number of sprays labeled on the bottle.

4 Aim



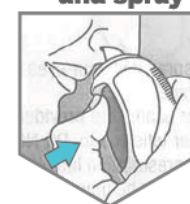
Put the tip of spray nozzle into nostril and **tilt head forward while keeping bottle upright.**



Put just the tip into your nose. Aim slightly away from center of nose.

Dosing and Cleaning Instructions
 See other side

5 Breathe and spray



While sniffing gently, press button in all the way once or twice (according to dosing instructions). You may feel a light mist in your nose. Breathe out through your mouth.

Repeat in other nostril.

Wipe spray nozzle with clean tissue and replace cap.

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This is a representation of an electronic record that was signed electronically and this page is the manifestation of the electronic signature.

/s/

VALERIE S PRATT

08/02/2016

Signing on behalf of Dr. Theresa Michele