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HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use LAMICTAL XR safely and effectively. See full prescribing information for LAMICTAL XR.

LAMICTAL XR (lamotrigine) Extended-Release Tablets
Initial U.S. Approval: 1994

WARNING: SERIOUS SKIN RASHES

See full prescribing information for complete boxed warning.

- Cases of life-threatening serious rashes, including Stevens-Johnson syndrome and toxic epidermal necrolysis, and/or rash-related death have been caused by lamotrigine. The rate of serious rash is greater in pediatric patients than in adults. Additional factors that may increase the risk of rash include:
 - coadministration with valproate.
 - exceeding recommended initial dose of LAMICTAL XR.
 - exceeding recommended dose escalation for LAMICTAL XR. (5.1)
- Benign rashes are also caused by lamotrigine; however, it is not possible to predict which rashes will prove to be serious or life threatening. LAMICTAL should be discontinued at the first sign of rash, unless the rash is clearly not drug related. (5.1)

RECENT MAJOR CHANGES

Dosage and Administration (2.1, 2.2) 12/2014

INDICATIONS AND USAGE

LAMICTAL XR is an antiepileptic drug (AED) indicated for:

- adjunctive therapy for primary generalized tonic-clonic seizures and partial-onset seizures with or without secondary generalization in patients aged 13 years and older. (1.1)
- conversion to monotherapy in patients aged 13 years and older with partial-onset seizures who are receiving treatment with a single AED. (1.2)

Limitation of use: Safety and effectiveness in patients younger than 13 years have not been established. (1.3)

DOSAGE AND ADMINISTRATION

- Do not exceed the recommended initial dosage and subsequent dose escalation. (2.1)
- Initiation of adjunctive therapy and conversion to monotherapy requires slow titration dependent on concomitant AEDs; the prescriber must refer to the appropriate algorithm in Dosage and Administration. (2.2, 2.3)
 - Adjunct therapy target therapeutic dose range is 200 to 600 mg daily and is dependent on concomitant AEDs. (2.2)
 - Conversion to monotherapy: Target therapeutic dosage range is 250 to 300 mg daily. (2.3)
- Conversion from immediate-release lamotrigine to LAMICTAL XR: The initial dose of LAMICTAL XR should match the total daily dose of the immediate-release lamotrigine. Patients should be closely monitored for seizure control after conversion. (2.4)
- Do not restart LAMICTAL XR in patients who discontinued due to rash unless the potential benefits clearly outweigh the risks. (2.1, 5.1)
- Adjustments to maintenance doses will be necessary in most patients starting or stopping estrogen-containing oral contraceptives. (2.1, 5.7)
- Discontinuation: Taper over a period of at least 2 weeks (approximately 50% dose reduction per week). (2.1, 5.8)

DOSAGE FORMS AND STRENGTHS

Extended-Release Tablets: 25 mg, 50 mg, 100 mg, 200 mg, 250 mg, and 300 mg. (3.1, 16)

CONTRAINDICATIONS

Hypersensitivity to the drug or its ingredients. (Boxed Warning, 4)

WARNINGS AND PRECAUTIONS

- Life-threatening serious rash and/or rash-related death: Discontinue at the first sign of rash, unless the rash is clearly not drug related. (Boxed Warning, 5.1)
- Fatal or life-threatening hypersensitivity reaction: Multiorgan hypersensitivity reactions, also known as drug reaction with eosinophilia and systemic symptoms (DRESS), may be fatal or life threatening. Early signs may include rash, fever, and lymphadenopathy. These reactions may be associated with other organ involvement, such as hepatitis, hepatic failure, blood dyscrasias, or acute multiorgan failure. LAMICTAL XR should be discontinued if alternate etiology for this reaction is not found. (5.2)
- Blood dyscrasias (e.g., neutropenia, thrombocytopenia, pancytopenia): May occur, either with or without an associated hypersensitivity syndrome. Monitor for signs of anemia, unexpected infection, or bleeding. (5.3)
- Suicidal behavior and ideation: Monitor for suicidal thoughts or behaviors. (5.4)
- Aseptic meningitis: Monitor for signs of meningitis. (5.5)
- Medication errors due to product name confusion: Strongly advise patients to visually inspect tablets to verify the received drug is correct. (3.2, 5.6, 16, 17)

ADVERSE REACTIONS

- Most common adverse reactions with use as adjunctive therapy (treatment difference between LAMICTAL XR and placebo $\geq 4\%$) are dizziness, tremor/intention tremor, vomiting, and diplopia. (6.1)
- Most common adverse reactions with use as monotherapy were similar to those seen with previous trials conducted with immediate-release lamotrigine and LAMICTAL XR. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact GlaxoSmithKline at 1-888-825-5249 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

DRUG INTERACTIONS

- Valproate increases lamotrigine concentrations more than 2-fold. (7, 12.3)
- Carbamazepine, phenytoin, phenobarbital, primidone, and rifampin decrease lamotrigine concentrations by approximately 40%. (7, 12.3)
- Estrogen-containing oral contraceptives decrease lamotrigine concentrations by approximately 50%. (7, 12.3)
- Protease inhibitors lopinavir/ritonavir and atazanavir/lopinavir decrease lamotrigine exposure by approximately 50% and 32%, respectively. (7, 12.3)

USE IN SPECIFIC POPULATIONS

- Pregnancy: Based on animal data may cause fetal harm. (8.1)
- Hepatic impairment: Dosage adjustments required in patients with moderate and severe liver impairment. (2.1, 8.6)
- Renal impairment: Reduced maintenance doses may be effective for patients with significant renal impairment. (2.1, 8.7)

See 17 for PATIENT COUNSELING INFORMATION and Medication Guide.

Revised: 12/2014

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1 FULL PRESCRIBING INFORMATION

2

WARNING: SERIOUS SKIN RASHES

3

LAMICTAL[®] XR[™] can cause serious rashes requiring hospitalization and

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discontinuation of treatment. The incidence of these rashes, which have included Stevens-

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Johnson syndrome, is approximately 0.8% (8 per 1,000) in pediatric patients (aged 2 to 16

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years) receiving immediate-release lamotrigine as adjunctive therapy for epilepsy and

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0.3% (3 per 1,000) in adults on adjunctive therapy for epilepsy. In a prospectively followed

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cohort of 1,983 pediatric patients (aged 2 to 16 years) with epilepsy taking adjunctive

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immediate-release lamotrigine, there was 1 rash-related death. LAMICTAL XR is not

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approved for patients younger than 13 years. In worldwide postmarketing experience, rare

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cases of toxic epidermal necrolysis and/or rash-related death have been reported in adult

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and pediatric patients, but their numbers are too few to permit a precise estimate of the

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rate.

14 **The risk of serious rash caused by treatment with LAMICTAL XR is not expected**
15 **to differ from that with immediate-release lamotrigine. However, the relatively limited**
16 **treatment experience with LAMICTAL XR makes it difficult to characterize the frequency**
17 **and risk of serious rashes caused by treatment with LAMICTAL XR.**

18 **Other than age, there are as yet no factors identified that are known to predict the**
19 **risk of occurrence or the severity of rash caused by LAMICTAL XR. There are**
20 **suggestions, yet to be proven, that the risk of rash may also be increased by (1)**
21 **coadministration of LAMICTAL XR with valproate (includes valproic acid and divalproex**
22 **sodium), (2) exceeding the recommended initial dose of LAMICTAL XR, or (3) exceeding**
23 **the recommended dose escalation for LAMICTAL XR. However, cases have occurred in**
24 **the absence of these factors.**

25 **Nearly all cases of life-threatening rashes caused by immediate-release lamotrigine**
26 **have occurred within 2 to 8 weeks of treatment initiation. However, isolated cases have**
27 **occurred after prolonged treatment (e.g., 6 months). Accordingly, duration of therapy**
28 **cannot be relied upon as means to predict the potential risk heralded by the first**
29 **appearance of a rash.**

30 **Although benign rashes are also caused by LAMICTAL XR, it is not possible to**
31 **predict reliably which rashes will prove to be serious or life threatening. Accordingly,**
32 **LAMICTAL XR should ordinarily be discontinued at the first sign of rash, unless the rash**
33 **is clearly not drug related. Discontinuation of treatment may not prevent a rash from**
34 **becoming life threatening or permanently disabling or disfiguring [see *Warnings and***
35 ***Precautions (5.1)*].**

36 **1 INDICATIONS AND USAGE**

37 **1.1 Adjunctive Therapy**

38 LAMICTAL XR is indicated as adjunctive therapy for primary generalized tonic-clonic
39 (PGTC) seizures and partial-onset seizures with or without secondary generalization in patients
40 aged 13 years and older.

41 **1.2 Monotherapy**

42 LAMICTAL XR is indicated for conversion to monotherapy in patients aged 13 years
43 and older with partial-onset seizures who are receiving treatment with a single antiepileptic drug
44 (AED).

45 Safety and effectiveness of LAMICTAL XR have not been established (1) as initial
46 monotherapy or (2) for simultaneous conversion to monotherapy from 2 or more concomitant
47 AEDs.

48 **1.3 Limitation of Use**

49 Safety and effectiveness of LAMICTAL XR for use in patients younger than 13 years
50 have not been established.

51 **2 DOSAGE AND ADMINISTRATION**

52 LAMICTAL XR Extended-Release Tablets are taken once daily, with or without food.
53 Tablets must be swallowed whole and must not be chewed, crushed, or divided.

54 **2.1 General Dosing Considerations**

55 Rash: There are suggestions, yet to be proven, that the risk of severe, potentially life-
56 threatening rash may be increased by (1) coadministration of LAMICTAL XR with valproate,
57 (2) exceeding the recommended initial dose of LAMICTAL XR, or (3) exceeding the
58 recommended dose escalation for LAMICTAL XR. However, cases have occurred in the
59 absence of these factors [see *Boxed Warning*]. Therefore, it is important that the dosing
60 recommendations be followed closely.

61 The risk of nonserious rash may be increased when the recommended initial dose and/or
62 the rate of dose escalation for LAMICTAL XR is exceeded and in patients with a history of
63 allergy or rash to other AEDs.

64 LAMICTAL XR Patient Titration Kits provide LAMICTAL XR at doses consistent with
65 the recommended titration schedule for the first 5 weeks of treatment, based upon concomitant
66 medications, for patients with partial-onset seizures and are intended to help reduce the potential
67 for rash. The use of LAMICTAL XR Patient Titration Kits is recommended for appropriate
68 patients who are starting or restarting LAMICTAL XR [see *How Supplied/Storage and Handling*
69 (16)].

70 It is recommended that LAMICTAL XR not be restarted in patients who discontinued
71 due to rash associated with prior treatment with lamotrigine unless the potential benefits clearly
72 outweigh the risks. If the decision is made to restart a patient who has discontinued LAMICTAL
73 XR, the need to restart with the initial dosing recommendations should be assessed. The greater
74 the interval of time since the previous dose, the greater consideration should be given to
75 restarting with the initial dosing recommendations. If a patient has discontinued lamotrigine for a
76 period of more than 5 half-lives, it is recommended that initial dosing recommendations and
77 guidelines be followed. The half-life of lamotrigine is affected by other concomitant medications
78 [see *Clinical Pharmacology (12.3)*].

79 LAMICTAL XR Added to Drugs Known to Induce or Inhibit Glucuronidation:

80 Because lamotrigine is metabolized predominantly by glucuronic acid conjugation, drugs that are
81 known to induce or inhibit glucuronidation may affect the apparent clearance of lamotrigine.
82 Drugs that induce glucuronidation include carbamazepine, phenytoin, phenobarbital, primidone,
83 rifampin, estrogen-containing oral contraceptives, and the protease inhibitors lopinavir/ritonavir
84 and atazanavir/ritonavir. Valproate inhibits glucuronidation. For dosing considerations for
85 LAMICTAL XR in patients on estrogen-containing contraceptives and atazanavir/ritonavir, see
86 below and Table 5. For dosing considerations for LAMICTAL XR in patients on other drugs
87 known to induce or inhibit glucuronidation, see Table 1 and Table 5.

88 Target Plasma Levels: A therapeutic plasma concentration range has not been
89 established for lamotrigine. Dosing of LAMICTAL XR should be based on therapeutic response
90 [see *Clinical Pharmacology (12.3)*].

91 Women Taking Estrogen-Containing Oral Contraceptives: Starting LAMICTAL
92 XR in Women Taking Estrogen-Containing Oral Contraceptives: Although estrogen-
93 containing oral contraceptives have been shown to increase the clearance of lamotrigine [*see*
94 *Clinical Pharmacology (12.3)*], no adjustments to the recommended dose-escalation guidelines
95 for LAMICTAL XR should be necessary solely based on the use of estrogen-containing oral
96 contraceptives. Therefore, dose escalation should follow the recommended guidelines for
97 initiating adjunctive therapy with LAMICTAL XR based on the concomitant AED or other
98 concomitant medications (see Table 1). See below for adjustments to maintenance doses of
99 LAMICTAL XR in women taking estrogen-containing oral contraceptives.

100 *Adjustments to the Maintenance Dose of LAMICTAL XR in Women Taking*
101 *Estrogen-Containing Oral Contraceptives:*

102 (1) *Taking Estrogen-Containing Oral Contraceptives:* In women not taking
103 carbamazepine, phenytoin, phenobarbital, primidone, or other drugs such as rifampin and the
104 protease inhibitors lopinavir/ritonavir and atazanavir/ritonavir that induce lamotrigine
105 glucuronidation [*see Drug Interactions (7), Clinical Pharmacology (12.3)*], the maintenance
106 dose of LAMICTAL XR will in most cases need to be increased by as much as 2-fold over the
107 recommended target maintenance dose to maintain a consistent lamotrigine plasma level.

108 (2) *Starting Estrogen-Containing Oral Contraceptives:* In women taking a
109 stable dose of LAMICTAL XR and not taking carbamazepine, phenytoin, phenobarbital,
110 primidone, or other drugs such as rifampin and the protease inhibitors lopinavir/ritonavir and
111 atazanavir/ritonavir that induce lamotrigine glucuronidation [*see Drug Interactions (7), Clinical*
112 *Pharmacology (12.3)*], the maintenance dose will in most cases need to be increased by as much
113 as 2-fold to maintain a consistent lamotrigine plasma level. The dose increases should begin at
114 the same time that the oral contraceptive is introduced and continue, based on clinical response,
115 no more rapidly than 50 to 100 mg/day every week. Dose increases should not exceed the
116 recommended rate (see Table 1) unless lamotrigine plasma levels or clinical response support
117 larger increases. Gradual transient increases in lamotrigine plasma levels may occur during the
118 week of inactive hormonal preparation (pill-free week), and these increases will be greater if
119 dose increases are made in the days before or during the week of inactive hormonal preparation.
120 Increased lamotrigine plasma levels could result in additional adverse reactions, such as
121 dizziness, ataxia, and diplopia. If adverse reactions attributable to LAMICTAL XR consistently
122 occur during the pill-free week, dose adjustments to the overall maintenance dose may be
123 necessary. Dose adjustments limited to the pill-free week are not recommended. For women
124 taking LAMICTAL XR in addition to carbamazepine, phenytoin, phenobarbital, primidone, or
125 other drugs such as rifampin and the protease inhibitors lopinavir/ritonavir and
126 atazanavir/ritonavir that induce lamotrigine glucuronidation [*see Drug Interactions (7), Clinical*
127 *Pharmacology (12.3)*], no adjustment to the dose of LAMICTAL XR should be necessary.

128 (3) *Stopping Estrogen-Containing Oral Contraceptives:* In women not taking
129 carbamazepine, phenytoin, phenobarbital, primidone, or other drugs such as rifampin and the
130 protease inhibitors lopinavir/ritonavir and atazanavir/ritonavir that induce lamotrigine

131 glucuronidation [see *Drug Interactions (7), Clinical Pharmacology (12.3)*], the maintenance
132 dose of LAMICTAL XR will in most cases need to be decreased by as much as 50% in order to
133 maintain a consistent lamotrigine plasma level. The decrease in dose of LAMICTAL XR should
134 not exceed 25% of the total daily dose per week over a 2-week period, unless clinical response or
135 lamotrigine plasma levels indicate otherwise [see *Clinical Pharmacology (12.3)*]. In women
136 taking LAMICTAL XR in addition to carbamazepine, phenytoin, phenobarbital, primidone, or
137 other drugs such as rifampin and the protease inhibitors lopinavir/ritonavir and
138 atazanavir/ritonavir that induce lamotrigine glucuronidation [see *Drug Interactions (7), Clinical*
139 *Pharmacology (12.3)*], no adjustment to the dose of LAMICTAL XR should be necessary.

140 **Women and Other Hormonal Contraceptive Preparations or Hormone**
141 **Replacement Therapy:** The effect of other hormonal contraceptive preparations or hormone
142 replacement therapy on the pharmacokinetics of lamotrigine has not been systematically
143 evaluated. It has been reported that ethinylestradiol, not progestogens, increased the clearance of
144 lamotrigine up to 2-fold, and the progestin-only pills had no effect on lamotrigine plasma levels.
145 Therefore, adjustments to the dosage of LAMICTAL XR in the presence of progestogens alone
146 will likely not be needed.

147 **Patients Taking Atazanavir/Ritonavir:** While atazanavir/ritonavir does reduce the
148 lamotrigine plasma concentration, no adjustments to the recommended dose-escalation
149 guidelines for LAMICTAL XR should be necessary solely based on the use of
150 atazanavir/ritonavir. Dose escalation should follow the recommended guidelines for initiating
151 adjunctive therapy with LAMICTAL XR based on concomitant AED or other concomitant
152 medications (see Tables 1 and 5). In patients already taking maintenance doses of LAMICTAL
153 XR and not taking glucuronidation inducers, the dose of LAMICTAL XR may need to be
154 increased if atazanavir/ritonavir is added, or decreased if atazanavir/ritonavir is discontinued [see
155 *Clinical Pharmacology (12.3)*].

156 **Patients With Hepatic Impairment:** Experience in patients with hepatic impairment is
157 limited. Based on a clinical pharmacology study in 24 subjects with mild, moderate, and severe
158 liver impairment [see *Use in Specific Populations (8.6), Clinical Pharmacology (12.3)*], the
159 following general recommendations can be made. No dosage adjustment is needed in patients
160 with mild liver impairment. Initial, escalation, and maintenance doses should generally be
161 reduced by approximately 25% in patients with moderate and severe liver impairment without
162 ascites and 50% in patients with severe liver impairment with ascites. Escalation and
163 maintenance doses may be adjusted according to clinical response.

164 **Patients With Renal Impairment:** Initial doses of LAMICTAL XR should be based on
165 patients' concomitant medications (see Table 1); reduced maintenance doses may be effective for
166 patients with significant renal impairment [see *Use in Specific Populations (8.7), Clinical*
167 *Pharmacology (12.3)*]. Few patients with severe renal impairment have been evaluated during
168 chronic treatment with immediate-release lamotrigine. Because there is inadequate experience in
169 this population, LAMICTAL XR should be used with caution in these patients.

170 **Discontinuation Strategy:** For patients receiving LAMICTAL XR in combination with
171 other AEDs, a re-evaluation of all AEDs in the regimen should be considered if a change in
172 seizure control or an appearance or worsening of adverse reactions is observed.

173 If a decision is made to discontinue therapy with LAMICTAL XR, a step-wise reduction
174 of dose over at least 2 weeks (approximately 50% per week) is recommended unless safety
175 concerns require a more rapid withdrawal [*see Warnings and Precautions (5.8)*].

176 Discontinuing carbamazepine, phenytoin, phenobarbital, primidone, or other drugs such
177 as rifampin and the protease inhibitors lopinavir/ritonavir and atazanavir/ritonavir that induce
178 lamotrigine glucuronidation should prolong the half-life of lamotrigine; discontinuing valproate
179 should shorten the half-life of lamotrigine.

180 **2.2 Adjunctive Therapy for Primary Generalized Tonic-Clonic and Partial-Onset**
181 **Seizures**

182 This section provides specific dosing recommendations for patients aged 13 years and
183 older. Specific dosing recommendations are provided depending upon concomitant AEDs or
184 other concomitant medications.

185
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Table 1. Escalation Regimen for LAMICTAL XR in Patients Aged 13 Years and Older

	In Patients TAKING Valproate^a	In Patients NOT TAKING Carbamazepine, Phenytoin, Phenobarbital, Primidone,^b or Valproate^a	In Patients TAKING Carbamazepine, Phenytoin, Phenobarbital, or Primidone^b and NOT TAKING Valproate^a
Weeks 1 and 2	25 mg every <i>other</i> day	25 mg every day	50 mg every day
Weeks 3 and 4	25 mg every day	50 mg every day	100 mg every day
Week 5	50 mg every day	100 mg every day	200 mg every day
Week 6	100 mg every day	150 mg every day	300 mg every day
Week 7	150 mg every day	200 mg every day	400 mg every day
Maintenance range (week 8 and onward)	200 to 250 mg every day ^c	300 to 400 mg every day ^c	400 to 600 mg every day ^c

187 ^a Valproate has been shown to inhibit glucuronidation and decrease the apparent clearance of
188 lamotrigine [*see Drug Interactions (7), Clinical Pharmacology (12.3)*].

189 ^b Drugs that induce lamotrigine glucuronidation and increase clearance, other than the specified
190 antiepileptic drugs, include estrogen-containing oral contraceptives, rifampin, and the protease
191 inhibitors lopinavir/ritonavir and atazanavir/ritonavir. Dosing recommendations for oral
192 contraceptives and the protease inhibitor atazanavir/ritonavir can be found in General Dosing
193 Considerations [*see Dosage and Administration (2.1)*]. Patients on rifampin and the protease
194 inhibitor lopinavir/ritonavir should follow the same dosing titration/maintenance regimen used

195 with antiepileptic drugs that induce glucuronidation and increase clearance [see *Dosage and*
196 *Administration (2.1), Drug Interactions (7), and Clinical Pharmacology (12.3)*].
197 ^c Dose increases at week 8 or later should not exceed 100 mg daily at weekly intervals.

199 **2.3 Conversion From Adjunctive Therapy to Monotherapy**

200 The goal of the transition regimen is to attempt to maintain seizure control while
201 mitigating the risk of serious rash associated with the rapid titration of LAMICTAL XR.

202 To avoid an increased risk of rash, the recommended maintenance dosage range of
203 LAMICTAL XR as monotherapy is 250 to 300 mg given once daily.

204 The recommended initial dose and subsequent dose escalations for LAMICTAL XR
205 should not be exceeded [see *Boxed Warning*].

206 Conversion From Adjunctive Therapy With Carbamazepine, Phenytoin,
207 Phenobarbital, or Primidone to Monotherapy With LAMICTAL XR: After achieving a dose
208 of 500 mg/day of LAMICTAL XR using the guidelines in Table 1, the concomitant enzyme-
209 inducing AED should be withdrawn by 20% decrements each week over a 4-week period. Two
210 weeks after completion of withdrawal of the enzyme-inducing AED, the dosage of
211 LAMICTAL XR may be decreased no faster than 100 mg/day each week to achieve the
212 monotherapy maintenance dosage range of 250 to 300 mg/day.

213 The regimen for the withdrawal of the concomitant AED is based on experience gained in
214 the controlled monotherapy clinical trial using immediate-release lamotrigine.

215 Conversion From Adjunctive Therapy With Valproate to Monotherapy With
216 LAMICTAL XR: The conversion regimen involves the 4 steps outlined in Table 2.

218 **Table 2. Conversion From Adjunctive Therapy With Valproate to Monotherapy With**
219 **LAMICTAL XR in Patients Aged 13 Years and Older With Epilepsy**

	LAMICTAL XR	Valproate
Step 1	Achieve a dose of 150 mg/day according to guidelines in Table 1.	Maintain established stable dose.
Step 2	Maintain at 150 mg/day.	Decrease dose by decrements no greater than 500 mg/day/week to 500 mg/day and then maintain for 1 week.
Step 3	Increase to 200 mg/day.	Simultaneously decrease to 250 mg/day and maintain for 1 week.
Step 4	Increase to 250 or 300 mg/day.	Discontinue.

220
221 Conversion From Adjunctive Therapy With Antiepileptic Drugs Other Than
222 Carbamazepine, Phenytoin, Phenobarbital, Primidone, or Valproate to Monotherapy
223 With LAMICTAL XR: After achieving a dosage of 250 to 300 mg/day of LAMICTAL XR using
224 the guidelines in Table 1, the concomitant AED should be withdrawn by 20% decrements each

225 week over a 4-week period. No adjustment to the monotherapy dose of LAMICTAL XR is
226 needed.

227 **2.4 Conversion From Immediate-Release Lamotrigine Tablets to LAMICTAL XR**

228 Patients may be converted directly from immediate-release lamotrigine to LAMICTAL
229 XR Extended-Release Tablets. The initial dose of LAMICTAL XR should match the total daily
230 dose of immediate-release lamotrigine. However, some subjects on concomitant enzyme-
231 inducing agents may have lower plasma levels of lamotrigine on conversion and should be
232 monitored [*see Clinical Pharmacology (12.3)*].

233 Following conversion to LAMICTAL XR, all patients (but especially those on drugs that
234 induce lamotrigine glucuronidation) should be closely monitored for seizure control [*see Drug*
235 *Interactions (7)*]. Depending on the therapeutic response after conversion, the total daily dose
236 may need to be adjusted within the recommended dosing instructions (Table 1).

237 **3 DOSAGE FORMS AND STRENGTHS**

238 **3.1 Extended-Release Tablets**

239 25 mg, yellow with white center, round, biconvex, film-coated tablets printed with
240 “LAMICTAL” and “XR 25.”

241 50 mg, green with white center, round, biconvex, film-coated tablets printed with
242 “LAMICTAL” and “XR 50.”

243 100 mg, orange with white center, round, biconvex, film-coated tablets printed with
244 “LAMICTAL” and “XR 100.”

245 200 mg, blue with white center, round, biconvex, film-coated tablets printed with
246 “LAMICTAL” and “XR 200.”

247 250 mg, purple with white center, caplet-shaped, film-coated tablets printed with
248 “LAMICTAL” and “XR 250.”

249 300 mg, gray with white center, caplet-shaped, film-coated tablets printed with
250 “LAMICTAL” and “XR 300.”

251 **3.2 Potential Medication Errors**

252 Patients should be strongly advised to visually inspect their tablets to verify that they are
253 receiving LAMICTAL XR, as opposed to other medications, and that they are receiving the
254 correct formulation of lamotrigine each time they fill their prescription. Depictions of the
255 LAMICTAL XR tablets can be found in the Medication Guide.

256 **4 CONTRAINDICATIONS**

257 LAMICTAL XR is contraindicated in patients who have demonstrated hypersensitivity
258 (e.g., rash, angioedema, acute urticaria, extensive pruritus, mucosal ulceration) to the drug or its
259 ingredients [*see Boxed Warning, Warnings and Precautions (5.1, 5.2)*].

260 **5 WARNINGS AND PRECAUTIONS**

261 **5.1 Serious Skin Rashes [*see Boxed Warning*]**

262 The risk of serious rash caused by treatment with LAMICTAL XR is not expected to
263 differ from that with immediate-release lamotrigine [*see Boxed Warning*]. However, the
264 relatively limited treatment experience with LAMICTAL XR makes it difficult to characterize
265 the frequency and risk of serious rashes caused by treatment with LAMICTAL XR.

266 **Pediatric Population:** The incidence of serious rash associated with hospitalization and
267 discontinuation of immediate-release lamotrigine in a prospectively followed cohort of pediatric
268 patients (aged 2 to 16 years) with epilepsy receiving adjunctive therapy with immediate-release
269 lamotrigine was approximately 0.8% (16 of 1,983). When 14 of these cases were reviewed by 3
270 expert dermatologists, there was considerable disagreement as to their proper classification. To
271 illustrate, one dermatologist considered none of the cases to be Stevens-Johnson syndrome;
272 another assigned 7 of the 14 to this diagnosis. There was 1 rash-related death in this
273 1,983-patient cohort. Additionally, there have been rare cases of toxic epidermal necrolysis with
274 and without permanent sequelae and/or death in US and foreign postmarketing experience.

275 There is evidence that the inclusion of valproate in a multidrug regimen increases the risk
276 of serious, potentially life-threatening rash in pediatric patients. In pediatric patients who used
277 valproate concomitantly, 1.2% (6 of 482) experienced a serious rash compared with 0.6% (6 of
278 952) patients not taking valproate.

279 LAMICTAL XR is not approved in patients younger than 13 years.

280 **Adult Population:** Serious rash associated with hospitalization and discontinuation of
281 immediate-release lamotrigine occurred in 0.3% (11 of 3,348) of adult patients who received
282 immediate-release lamotrigine in premarketing clinical trials of epilepsy. In worldwide
283 postmarketing experience, rare cases of rash-related death have been reported, but their numbers
284 are too few to permit a precise estimate of the rate.

285 Among the rashes leading to hospitalization were Stevens-Johnson syndrome, toxic
286 epidermal necrolysis, angioedema, and those associated with multiorgan hypersensitivity [*see*
287 *Warnings and Precautions (5.2)*].

288 There is evidence that the inclusion of valproate in a multidrug regimen increases the risk
289 of serious, potentially life-threatening rash in adults. Specifically, of 584 patients administered
290 immediate-release lamotrigine with valproate in epilepsy clinical trials, 6 (1%) were hospitalized
291 in association with rash; in contrast, 4 (0.16%) of 2,398 clinical trial patients and volunteers
292 administered immediate-release lamotrigine in the absence of valproate were hospitalized.

293 **Patients With History of Allergy or Rash to Other Antiepileptic Drugs:** The risk of
294 nonserious rash may be increased when the recommended initial dose and/or the rate of dose
295 escalation for LAMICTAL XR is exceeded and in patients with a history of allergy or rash to
296 other AEDs.

297 **5.2 Multiorgan Hypersensitivity Reactions and Organ Failure**

298 Multiorgan hypersensitivity reactions, also known as drug reaction with eosinophilia and
299 systemic symptoms (DRESS), have occurred with lamotrigine. Some have been fatal or life
300 threatening. DRESS typically, although not exclusively, presents with fever, rash, and/or
301 lymphadenopathy in association with other organ system involvement, such as hepatitis,

302 nephritis, hematologic abnormalities, myocarditis, or myositis, sometimes resembling an acute
303 viral infection. Eosinophilia is often present. This disorder is variable in its expression and other
304 organ systems not noted here may be involved.

305 Fatalities associated with acute multiorgan failure and various degrees of hepatic failure
306 have been reported in 2 of 3,796 adult patients and 4 of 2,435 pediatric patients who received
307 lamotrigine in epilepsy clinical trials. Rare fatalities from multiorgan failure have also been
308 reported in postmarketing use.

309 Isolated liver failure without rash or involvement of other organs has also been reported
310 with lamotrigine.

311 It is important to note that early manifestations of hypersensitivity (e.g., fever,
312 lymphadenopathy) may be present even though a rash is not evident. If such signs or symptoms
313 are present, the patient should be evaluated immediately. LAMICTAL XR should be
314 discontinued if an alternative etiology for the signs or symptoms cannot be established.

315 **Prior to initiation of treatment with LAMICTAL XR, the patient should be**
316 **instructed that a rash or other signs or symptoms of hypersensitivity (e.g., fever,**
317 **lymphadenopathy) may herald a serious medical event and that the patient should report**
318 **any such occurrence to a physician immediately.**

319 **5.3 Blood Dyscrasias**

320 There have been reports of blood dyscrasias with immediate-release lamotrigine that may
321 or may not be associated with multiorgan hypersensitivity (also known as DRESS) [*see*
322 *Warnings and Precautions (5.2)*]. These have included neutropenia, leukopenia, anemia,
323 thrombocytopenia, pancytopenia, and, rarely, aplastic anemia and pure red cell aplasia.

324 **5.4 Suicidal Behavior and Ideation**

325 AEDs, including LAMICTAL XR, increase the risk of suicidal thoughts or behavior in
326 patients taking these drugs for any indication. Patients treated with any AED for any indication
327 should be monitored for the emergence or worsening of depression, suicidal thoughts or
328 behavior, and/or any unusual changes in mood or behavior.

329 Pooled analyses of 199 placebo-controlled clinical trials (monotherapy and adjunctive
330 therapy) of 11 different AEDs showed that patients randomized to 1 of the AEDs had
331 approximately twice the risk (adjusted Relative Risk 1.8, 95% CI: 1.2, 2.7) of suicidal thinking
332 or behavior compared with patients randomized to placebo. In these trials, which had a median
333 treatment duration of 12 weeks, the estimated incidence of suicidal behavior or ideation among
334 27,863 AED-treated patients was 0.43%, compared with 0.24% among 16,029 placebo-treated
335 patients, representing an increase of approximately 1 case of suicidal thinking or behavior for
336 every 530 patients treated. There were 4 suicides in drug-treated patients in the trials and none in
337 placebo-treated patients, but the number of events is too small to allow any conclusion about
338 drug effect on suicide.

339 The increased risk of suicidal thoughts or behavior with AEDs was observed as early as
340 1 week after starting treatment with AEDs and persisted for the duration of treatment assessed.

341 Because most trials included in the analysis did not extend beyond 24 weeks, the risk of suicidal
342 thoughts or behavior beyond 24 weeks could not be assessed.

343 The risk of suicidal thoughts or behavior was generally consistent among drugs in the
344 data analyzed. The finding of increased risk with AEDs of varying mechanism of action and
345 across a range of indications suggests that the risk applies to all AEDs used for any indication.
346 The risk did not vary substantially by age (5 to 100 years) in the clinical trials analyzed.

347 Table 3 shows absolute and relative risk by indication for all evaluated AEDs.
348

349 **Table 3. Risk by Indication for Antiepileptic Drugs in the Pooled Analysis**

Indication	Placebo Patients With Events per 1,000 Patients	Drug Patients With Events per 1,000 Patients	Relative Risk: Incidence of Events in Drug Patients/ Incidence in Placebo Patients	Risk Difference: Additional Drug Patients With Events per 1,000 Patients
Epilepsy	1.0	3.4	3.5	2.4
Psychiatric	5.7	8.5	1.5	2.9
Other	1.0	1.8	1.9	0.9
Total	2.4	4.3	1.8	1.9

350
351 The relative risk for suicidal thoughts or behavior was higher in clinical trials for epilepsy
352 than in clinical trials for psychiatric or other conditions, but the absolute risk differences were
353 similar for the epilepsy and psychiatric indications.

354 Anyone considering prescribing LAMICTAL XR or any other AED must balance the risk
355 of suicidal thoughts or behavior with the risk of untreated illness. Epilepsy and many other
356 illnesses for which AEDs are prescribed are themselves associated with morbidity and mortality
357 and an increased risk of suicidal thoughts and behavior. Should suicidal thoughts and behavior
358 emerge during treatment, the prescriber needs to consider whether the emergence of these
359 symptoms in any given patient may be related to the illness being treated.

360 Patients, their caregivers, and families should be informed that AEDs increase the risk of
361 suicidal thoughts and behavior and should be advised of the need to be alert for the emergence or
362 worsening of the signs and symptoms of depression, any unusual changes in mood or behavior,
363 the emergence of suicidal thoughts or suicidal behavior, or thoughts about self-harm. Behaviors
364 of concern should be reported immediately to healthcare providers.

365 **5.5 Aseptic Meningitis**

366 Therapy with lamotrigine increases the risk of developing aseptic meningitis. Because of
367 the potential for serious outcomes of untreated meningitis due to other causes, patients should
368 also be evaluated for other causes of meningitis and treated as appropriate.

369 Postmarketing cases of aseptic meningitis have been reported in pediatric and adult
370 patients taking lamotrigine for various indications. Symptoms upon presentation have included
371 headache, fever, nausea, vomiting, and nuchal rigidity. Rash, photophobia, myalgia, chills,

372 altered consciousness, and somnolence were also noted in some cases. Symptoms have been
373 reported to occur within 1 day to one and a half months following the initiation of treatment. In
374 most cases, symptoms were reported to resolve after discontinuation of lamotrigine. Re-exposure
375 resulted in a rapid return of symptoms (from within 30 minutes to 1 day following re-initiation of
376 treatment) that were frequently more severe. Some of the patients treated with lamotrigine who
377 developed aseptic meningitis had underlying diagnoses of systemic lupus erythematosus or other
378 autoimmune diseases.

379 Cerebrospinal fluid (CSF) analyzed at the time of clinical presentation in reported cases
380 was characterized by a mild to moderate pleocytosis, normal glucose levels, and mild to
381 moderate increase in protein. CSF white blood cell count differentials showed a predominance of
382 neutrophils in a majority of the cases, although a predominance of lymphocytes was reported in
383 approximately one third of the cases. Some patients also had new onset of signs and symptoms
384 of involvement of other organs (predominantly hepatic and renal involvement), which may
385 suggest that in these cases the aseptic meningitis observed was part of a hypersensitivity reaction
386 [see *Warnings and Precautions (5.2)*].

387 **5.6 Potential Medication Errors**

388 Medication errors involving LAMICTAL have occurred. In particular, the names
389 LAMICTAL or lamotrigine can be confused with the names of other commonly used
390 medications. Medication errors may also occur between the different formulations of
391 LAMICTAL. To reduce the potential of medication errors, write and say LAMICTAL XR
392 clearly. Depictions of the LAMICTAL XR Extended-Release Tablets can be found in the
393 Medication Guide. Each LAMICTAL XR tablet has a distinct color and white center, and is
394 printed with “LAMICTAL XR” and the tablet strength. These distinctive features serve to
395 identify the different presentations of the drug and thus may help reduce the risk of medication
396 errors. LAMICTAL XR is supplied in round, unit-of-use bottles with orange caps containing
397 30 tablets. The label on the bottle includes a depiction of the tablets that further communicates to
398 patients and pharmacists that the medication is LAMICTAL XR and the specific tablet strength
399 included in the bottle. The unit-of-use bottle with a distinctive orange cap and distinctive bottle
400 label features serves to identify the different presentations of the drug and thus may help to
401 reduce the risk of medication errors. To avoid the medication error of using the wrong drug or
402 formulation, patients should be strongly advised to visually inspect their tablets to verify that
403 they are LAMICTAL XR each time they fill their prescription.

404 **5.7 Concomitant Use With Oral Contraceptives**

405 Some estrogen-containing oral contraceptives have been shown to decrease serum
406 concentrations of lamotrigine [see *Clinical Pharmacology (12.3)*]. **Dosage adjustments will be**
407 **necessary in most patients who start or stop estrogen-containing oral contraceptives while**
408 **taking LAMICTAL XR** [see *Dosage and Administration (2.1)*]. During the week of inactive
409 hormone preparation (pill-free week) of oral contraceptive therapy, plasma lamotrigine levels are
410 expected to rise, as much as doubling at the end of the week. Adverse reactions consistent with
411 elevated levels of lamotrigine, such as dizziness, ataxia, and diplopia, could occur.

412 **5.8 Withdrawal Seizures**

413 As with other AEDs, LAMICTAL XR should not be abruptly discontinued. In patients
414 with epilepsy there is a possibility of increasing seizure frequency. Unless safety concerns
415 require a more rapid withdrawal, the dose of LAMICTAL XR should be tapered over a period of
416 at least 2 weeks (approximately 50% reduction per week) [*see Dosage and Administration*
417 (2.1)].

418 **5.9 Status Epilepticus**

419 Valid estimates of the incidence of treatment-emergent status epilepticus among patients
420 treated with immediate-release lamotrigine are difficult to obtain because reporters participating
421 in clinical trials did not all employ identical rules for identifying cases. At a minimum, 7 of 2,343
422 adult patients had episodes that could unequivocally be described as status epilepticus. In
423 addition, a number of reports of variably defined episodes of seizure exacerbation (e.g., seizure
424 clusters, seizure flurries) were made.

425 **5.10 Sudden Unexplained Death in Epilepsy (SUDEP)**

426 During the premarketing development of immediate-release lamotrigine, 20 sudden and
427 unexplained deaths were recorded among a cohort of 4,700 patients with epilepsy (5,747 patient-
428 years of exposure).

429 Some of these could represent seizure-related deaths in which the seizure was not
430 observed, e.g., at night. This represents an incidence of 0.0035 deaths per patient-year. Although
431 this rate exceeds that expected in a healthy population matched for age and sex, it is within the
432 range of estimates for the incidence of sudden unexplained death in epilepsy (SUDEP) in
433 patients not receiving lamotrigine (ranging from 0.0005 for the general population of patients
434 with epilepsy, to 0.004 for a recently studied clinical trial population similar to that in the clinical
435 development program for immediate-release lamotrigine, to 0.005 for patients with refractory
436 epilepsy). Consequently, whether these figures are reassuring or suggest concern depends on the
437 comparability of the populations reported upon with the cohort receiving immediate-release
438 lamotrigine and the accuracy of the estimates provided. Probably most reassuring is the
439 similarity of estimated SUDEP rates in patients receiving immediate-release lamotrigine and
440 those receiving other AEDs, chemically unrelated to each other, that underwent clinical testing in
441 similar populations. Importantly, that drug is chemically unrelated to lamotrigine. This evidence
442 suggests, although it certainly does not prove, that the high SUDEP rates reflect population rates,
443 not a drug effect.

444 **5.11 Addition of LAMICTAL XR to a Multidrug Regimen That Includes Valproate**

445 Because valproate reduces the clearance of lamotrigine, the dosage of lamotrigine in the
446 presence of valproate is less than half of that required in its absence [*see Dosage and*
447 *Administration (2.1, 2.2), Drug Interactions (7)*].

448 **5.12 Binding in the Eye and Other Melanin-Containing Tissues**

449 Because lamotrigine binds to melanin, it could accumulate in melanin-rich tissues over
450 time. This raises the possibility that lamotrigine may cause toxicity in these tissues after
451 extended use. Although ophthalmological testing was performed in 1 controlled clinical trial, the

452 testing was inadequate to exclude subtle effects or injury occurring after long-term exposure.
453 Moreover, the capacity of available tests to detect potentially adverse consequences, if any, of
454 lamotrigine's binding to melanin is unknown.

455 Accordingly, although there are no specific recommendations for periodic
456 ophthalmological monitoring, prescribers should be aware of the possibility of long-term
457 ophthalmologic effects.

458 **5.13 Laboratory Tests**

459 Plasma Concentrations of Lamotrigine: The value of monitoring plasma
460 concentrations of lamotrigine in patients treated with LAMICTAL XR has not been established.
461 Because of the possible pharmacokinetic interactions between lamotrigine and other drugs,
462 including AEDs (see Table 6), monitoring of the plasma levels of lamotrigine and concomitant
463 drugs may be indicated, particularly during dosage adjustments. In general, clinical judgment
464 should be exercised regarding monitoring of plasma levels of lamotrigine and other drugs and
465 whether or not dosage adjustments are necessary.

466 Effect on Leukocytes: Treatment with LAMICTAL XR caused an increased incidence
467 of subnormal (below the reference range) values in some hematology analytes (e.g., total white
468 blood cells, monocytes). The treatment effect (LAMICTAL XR % - Placebo %) incidence of
469 subnormal counts was 3% for total white blood cells and 4% for monocytes.

470 **6 ADVERSE REACTIONS**

471 The following adverse reactions are described in more detail in the *Warnings and*
472 *Precautions* section of the label:

- 473 • Serious skin rashes [*see Warnings and Precautions (5.1)*]
- 474 • Multiorgan hypersensitivity reactions and organ failure [*see Warnings and Precautions (5.2)*]
- 475 • Blood dyscrasias [*see Warnings and Precautions (5.3)*]
- 476 • Suicidal behavior and ideation [*see Warnings and Precautions (5.4)*]
- 477 • Aseptic meningitis [*see Warnings and Precautions (5.5)*]
- 478 • Withdrawal seizures [*see Warnings and Precautions (5.8)*]
- 479 • Status epilepticus [*see Warnings and Precautions (5.9)*]
- 480 • Sudden unexplained death in epilepsy [*see Warnings and Precautions (5.10)*]

481 **6.1 Clinical Trial Experience With LAMICTAL XR for Treatment of Primary** 482 **Generalized Tonic-Clonic and Partial-Onset Seizures**

483 Most Common Adverse Reactions in Clinical Trials: *Adjunctive Therapy in*
484 *Patients With Epilepsy:* Because clinical trials are conducted under widely varying conditions,
485 adverse reaction rates observed in the clinical trials of a drug cannot be directly compared with
486 rates in the clinical trials of another drug and may not reflect the rates observed in practice.

487 LAMICTAL XR has been evaluated for safety in patients aged 13 years and older with
488 PGTC and partial-onset seizures. The most commonly observed adverse reactions in these 2
489 double-blind, placebo-controlled trials of adjunctive therapy with LAMICTAL XR were, in

490 order of decreasing incidence (treatment difference between LAMICTAL XR and placebo $\geq 4\%$):
491 dizziness, tremor/intention tremor, vomiting, and diplopia.

492 In these 2 trials, adverse reactions led to withdrawal of 4 (2%) patients in the group
493 receiving placebo and 10 (5%) patients in the group receiving LAMICTAL XR. Dizziness was
494 the most common reason for withdrawal in the group receiving LAMICTAL XR (5 patients
495 [3%]). The next most common adverse reactions leading to withdrawal in 2 patients each (1%)
496 were rash, headache, nausea, and nystagmus.

497 Table 4 displays the incidence of adverse reactions in these two 19-week, double-blind,
498 placebo-controlled trials of patients with PGTC and partial onset seizures.

499

500 **Table 4. Adverse Reaction Incidence in Double-Blind, Placebo-Controlled Adjunctive**
501 **Trials in Patients With Epilepsy (Adverse reactions $\geq 2\%$ of patients treated with**
502 **LAMICTAL XR and numerically more frequent than in the placebo group.)**

Body System/ Adverse Reaction	Percent of Patients Receiving Adjunctive LAMICTAL XR (n = 190)	Percent of Patients Receiving Adjunctive Placebo (n = 195)
Ear and labyrinth disorders Vertigo	3	<1
Eye disorders Diplopia Vision blurred	5 3	<1 2
Gastrointestinal disorders Nausea Vomiting Diarrhea Constipation Dry mouth	7 6 5 2 2	4 3 3 <1 1
General disorders and administration site conditions Asthenia and fatigue	6	4
Infections and infestations Sinusitis	2	1
Metabolic and nutritional disorders Anorexia	3	2
Musculoskeletal and connective tissue disorder Myalgia	2	0

Nervous system		
Dizziness	14	6
Tremor and intention tremor	6	1
Somnolence	5	3
Cerebellar coordination and balance disorder	3	0
Nystagmus	2	<1
Psychiatric disorders		
Depression	3	<1
Anxiety	3	0
Respiratory, thoracic, and mediastinal disorders		
Pharyngolaryngeal pain	3	2
Vascular disorder		
Hot flush	2	0

503 Note: In these trials the incidence of nonserious rash was 2% for LAMICTAL XR and 3% for
504 placebo. In clinical trials evaluating immediate-release lamotrigine, the rate of serious rash was
505 0.3% in adults on adjunctive therapy for epilepsy [*see Boxed Warning*].
506

507 Adverse reactions were also analyzed to assess the incidence of the onset of an event in
508 the titration period, and in the maintenance period, and if adverse reactions occurring in the
509 titration phase persisted in the maintenance phase.

510 The incidence for many adverse reactions caused by treatment with LAMICTAL XR was
511 increased relative to placebo (i.e., treatment difference between LAMICTAL XR and placebo
512 $\geq 2\%$) in either the titration or maintenance phases of the trial. During the titration phase, an
513 increased incidence (shown in descending order of % treatment difference) was observed for
514 diarrhea, nausea, vomiting, somnolence, vertigo, myalgia, hot flush, and anxiety. During the
515 maintenance phase, an increased incidence was observed for dizziness, tremor, and diplopia.
516 Some adverse reactions developing in the titration phase were notable for persisting (>7 days)
517 into the maintenance phase. These persistent adverse reactions included somnolence and
518 dizziness.

519 There were inadequate data to evaluate the effect of dose and/or concentration on the
520 incidence of adverse reactions because, although patients were randomized to different target
521 doses based upon concomitant AEDs, the plasma exposure was expected to be generally similar
522 among all patients receiving different doses. However, in a randomized, parallel trial comparing
523 placebo with 300 and 500 mg/day of immediate-release lamotrigine, the incidence of the most
524 common adverse reactions ($\geq 5\%$) such as ataxia, blurred vision, diplopia, and dizziness were
525 dose related. Less common adverse reactions (<5%) were not assessed for dose-response
526 relationships.

527 *Monotherapy in Patients With Epilepsy:* Adverse reactions observed in this trial
528 were generally similar to those observed and attributed to drug in adjunctive and monotherapy
529 immediate-release lamotrigine and adjunctive LAMICTAL XR placebo-controlled trials. Only 2
530 adverse events, nasopharyngitis and upper respiratory tract infection, were observed at a rate of
531 $\geq 3\%$ and not reported at a similar rate in previous trials. Because this trial did not include a
532 placebo control group, causality could not be established [see *Clinical Studies (14.3)*].

533 **6.2 Other Adverse Reactions Observed During the Clinical Development of** 534 **Immediate-Release Lamotrigine**

535 All reported reactions are included except those already listed in the previous tables or
536 elsewhere in the labeling, those too general to be informative, and those not reasonably
537 associated with the use of the drug.

538 Adjunctive Therapy in Adults With Epilepsy: In addition to the adverse reactions
539 reported above from the development of LAMICTAL XR, the following adverse reactions with
540 an uncertain relationship to lamotrigine were reported during the clinical development of
541 immediate-release lamotrigine for treatment of epilepsy in adults. These reactions occurred in
542 $\geq 2\%$ of patients receiving immediate-release lamotrigine and more frequently than in the placebo
543 group.

544 *Body as a Whole:* Headache, flu syndrome, fever, neck pain.

545 *Musculoskeletal:* Arthralgia.

546 *Nervous:* Insomnia, convulsion, irritability, speech disorder, concentration
547 disturbance.

548 *Respiratory:* Pharyngitis, cough increased.

549 *Skin and Appendages:* Rash, pruritus.

550 *Urogenital (female patients only):* Vaginitis, amenorrhea, dysmenorrhea.

551 Monotherapy in Adults With Epilepsy: In addition to the adverse reactions reported
552 above from the development of LAMICTAL XR, the following adverse reactions with an
553 uncertain relationship to lamotrigine were reported during the clinical development of
554 immediate-release lamotrigine for treatment of epilepsy in adults. These reactions occurred in
555 $> 2\%$ of patients receiving immediate-release lamotrigine and more frequently than in the placebo
556 group.

557 *Body as a Whole:* Chest pain.

558 *Digestive:* Rectal hemorrhage, peptic ulcer.

559 *Metabolic and Nutritional:* Weight decrease, peripheral edema.

560 *Nervous:* Hypesthesia, libido increase, decreased reflexes.

561 *Respiratory:* Epistaxis, dyspnea.

562 *Skin and Appendages:* Contact dermatitis, dry skin, sweating.

563 *Special Senses:* Vision abnormality.

564 *Urogenital (female patients only):* Dysmenorrhea.

565 Other Clinical Trial Experience: Immediate-release lamotrigine has been administered
566 to 6,694 individuals for whom complete adverse reaction data was captured during all clinical
567 trials, only some of which were placebo controlled.

568 Adverse reactions are further classified within body system categories and enumerated in
569 order of decreasing frequency using the following definitions: *frequent* adverse reactions are
570 defined as those occurring in at least 1/100 patients; *infrequent* adverse reactions are those
571 occurring in 1/100 to 1/1,000 patients; *rare* adverse reactions are those occurring in fewer than
572 1/1,000 patients.

573 *Cardiovascular System: Infrequent:* Hypertension, palpitations, postural
574 hypotension, syncope, tachycardia, vasodilation.

575 *Dermatological: Infrequent:* Acne, alopecia, hirsutism, maculopapular rash, urticaria.
576 *Rare:* Leukoderma, multiforme erythema, petechial rash, pustular rash.

577 *Digestive System: Infrequent:* Dysphagia, liver function tests abnormal, mouth
578 ulceration. *Rare:* Gastrointestinal hemorrhage, hemorrhagic colitis, hepatitis, melena and
579 stomach ulcer.

580 *Endocrine System: Rare:* Goiter, hypothyroidism.

581 *Hematologic and Lymphatic System: Infrequent:* Ecchymosis, leukopenia. *Rare:*
582 Anemia, eosinophilia, fibrin decrease, fibrinogen decrease, iron deficiency anemia, leukocytosis,
583 lymphocytosis, macrocytic anemia, petechia, thrombocytopenia.

584 *Metabolic and Nutritional Disorders: Infrequent:* Aspartate transaminase increased.
585 *Rare:* Alcohol intolerance, alkaline phosphatase increase, alanine transaminase increase,
586 bilirubinemia, gamma glutamyl transpeptidase increase, hyperglycemia.

587 *Musculoskeletal System: Rare:* Muscle atrophy, pathological fracture, tendinous
588 contracture.

589 *Nervous System: Frequent:* Confusion. *Infrequent:* Akathisia, apathy, aphasia,
590 depersonalization, dysarthria, dyskinesia, euphoria, hallucinations, hostility, hyperkinesia,
591 hypertonia, libido decreased, memory decrease, mind racing, movement disorder, myoclonus,
592 panic attack, paranoid reaction, personality disorder, psychosis, stupor. *Rare:* Choreoathetosis,
593 delirium, delusions, dysphoria, dystonia, extrapyramidal syndrome, hemiplegia, hyperalgesia,
594 hyperesthesia, hypokinesia, hypotonia, manic depression reaction, neuralgia, paralysis,
595 peripheral neuritis.

596 *Respiratory System: Rare:* Hiccup, hyperventilation.

597 *Special Senses: Frequent:* Amblyopia. *Infrequent:* Abnormality of
598 accommodation, conjunctivitis, dry eyes, ear pain, photophobia, taste perversion, tinnitus. *Rare:*
599 Deafness, lacrimation disorder, oscillopsia, parosmia, ptosis, strabismus, taste loss, uveitis, visual
600 field defect.

601 *Urogenital System: Infrequent:* Abnormal ejaculation, hematuria, impotence,
602 menorrhagia, polyuria, urinary incontinence. *Rare:* Acute kidney failure, breast neoplasm,
603 creatinine increase, female lactation, kidney failure, kidney pain, nocturia, urinary retention,
604 urinary urgency.

605 **6.3 Postmarketing Experience With Immediate-Release Lamotrigine**

606 The following adverse events (not listed above in clinical trials or other sections of the
607 prescribing information) have been identified during postapproval use of immediate-release
608 lamotrigine. Because these events are reported voluntarily from a population of uncertain size, it
609 is not always possible to reliably estimate their frequency or establish a causal relationship to
610 drug exposure.

611 Blood and Lymphatic: Agranulocytosis, hemolytic anemia, lymphadenopathy not
612 associated with hypersensitivity disorder.

613 Gastrointestinal: Esophagitis.

614 Hepatobiliary Tract and Pancreas: Pancreatitis.

615 Immunologic: Lupus-like reaction, vasculitis.

616 Lower Respiratory: Apnea.

617 Musculoskeletal: Rhabdomyolysis has been observed in patients experiencing
618 hypersensitivity reactions.

619 Neurology: Exacerbation of Parkinsonian symptoms in patients with pre-existing
620 Parkinson's disease, tics.

621 Non-site Specific: Progressive immunosuppression.

622 **7 DRUG INTERACTIONS**

623 Significant drug interactions with lamotrigine are summarized in Table 5. Additional
624 details of these drug interaction studies, which were conducted using immediate-release
625 lamotrigine, are provided in the Clinical Pharmacology section [*see Clinical Pharmacology*
626 (12.3)].
627

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628 **Table 5. Established and Other Potentially Significant Drug Interactions**

Concomitant Drug	Effect on Concentration of Lamotrigine or Concomitant Drug	Clinical Comment
Estrogen-containing oral contraceptive preparations containing 30 mcg ethinylestradiol and 150 mcg levonorgestrel	↓ lamotrigine ↓ levonorgestrel	Decreased lamotrigine concentrations approximately 50%. Decrease in levonorgestrel component by 19%.
Carbamazepine and carbamazepine epoxide	↓ lamotrigine ? carbamazepine epoxide	Addition of carbamazepine decreases lamotrigine concentration approximately 40%. May increase carbamazepine epoxide levels.
Lopinavir/ritonavir	↓ lamotrigine	Decreased lamotrigine concentration approximately 50%.
Atazanavir/ritonavir	↓ lamotrigine	Decreased lamotrigine AUC approximately 32%.
Phenobarbital/primidone	↓ lamotrigine	Decreased lamotrigine concentration approximately 40%.
Phenytoin	↓ lamotrigine	Decreased lamotrigine concentration approximately 40%.
Rifampin	↓ lamotrigine	Decreased lamotrigine AUC approximately 40%.
Valproate	↑ lamotrigine ? valproate	Increased lamotrigine concentrations slightly more than 2-fold. There are conflicting study results regarding effect of lamotrigine on valproate concentrations: 1) a mean 25% decrease in valproate concentrations in healthy volunteers, 2) no change in valproate concentrations in controlled clinical trials in patients with epilepsy.

629 ↓ = Decreased (induces lamotrigine glucuronidation).

630 ↑ = Increased (inhibits lamotrigine glucuronidation).

631 ? = Conflicting data.

632 **8 USE IN SPECIFIC POPULATIONS**

633 **8.1 Pregnancy**

634 Teratogenic Effects: Pregnancy Category C. There are no adequate and well-controlled
635 trials in pregnant women. In animal studies, lamotrigine was developmentally toxic at doses
636 lower than those administered clinically. LAMICTAL XR should be used during pregnancy only
637 if the potential benefit justifies the potential risk to the fetus.

638 When lamotrigine was administered to pregnant mice, rats, or rabbits during the period of
639 organogenesis (oral doses of up to 125, 25, and 30 mg/kg, respectively), reduced fetal body
640 weight and increased incidences of fetal skeletal variations were seen in mice and rats at doses
641 that were also maternally toxic. The no-effect doses for embryo-fetal developmental toxicity in
642 mice, rats, and rabbits (75, 6.25, and 30 mg/kg, respectively) are similar to (mice and rabbits) or
643 less than the human dose of 400 mg/day on a body surface area (mg/m²) basis.

644 In a study in which pregnant rats were administered lamotrigine (oral doses of 5 or
645 25 mg/kg) during the period of organogenesis and offspring were evaluated postnatally,
646 behavioral abnormalities were observed in exposed offspring at both doses. The lowest effect
647 dose for developmental neurotoxicity in rats is less than the human dose of 400 mg/day on a
648 mg/m² basis. Maternal toxicity was observed at the higher dose tested.

649 When pregnant rats were administered lamotrigine (oral doses of 5, 10, or 20 mg/kg)
650 during the latter part of gestation, increased offspring mortality (including stillbirths) was seen at
651 all doses. The lowest effect dose for peri/postnatal developmental toxicity in rats is less than the
652 human dose of 400 mg/day on a mg/m² basis. Maternal toxicity was observed at the 2 highest
653 doses tested.

654 Lamotrigine decreases fetal folate concentrations in rat, an effect known to be associated
655 with adverse pregnancy outcomes in animals and humans.

656 Nonteratogenic Effects: As with other AEDs, physiological changes during pregnancy
657 may affect lamotrigine concentrations and/or therapeutic effect. There have been reports of
658 decreased lamotrigine concentrations during pregnancy and restoration of pre-partum
659 concentrations after delivery. Dosage adjustments may be necessary to maintain clinical
660 response.

661 Pregnancy Registry: To provide information regarding the effects of in utero exposure
662 to LAMICTAL XR, physicians are advised to recommend that pregnant patients taking
663 LAMICTAL XR enroll in the North American Antiepileptic Drug (NAAED) Pregnancy
664 Registry. This can be done by calling the toll-free number 1-888-233-2334 and must be done by
665 patients themselves. Information on the registry can also be found at the website
666 <http://www.aedpregnancyregistry.org>.

667 **8.2 Labor and Delivery**

668 The effect of LAMICTAL XR on labor and delivery in humans is unknown.

669 **8.3 Nursing Mothers**

670 Lamotrigine is present in milk from lactating women taking LAMICTAL XR. Data from
671 multiple small studies indicate that lamotrigine plasma levels in human milk-fed infants have

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712 **8.6 Patients With Hepatic Impairment**

713 Experience in patients with hepatic impairment is limited. Based on a clinical
714 pharmacology study with immediate-release lamotrigine in 24 subjects with mild, moderate, and
715 severe liver impairment [see *Clinical Pharmacology (12.3)*], the following general
716 recommendations can be made. No dosage adjustment is needed in patients with mild liver
717 impairment. Initial, escalation, and maintenance doses should generally be reduced by
718 approximately 25% in patients with moderate and severe liver impairment without ascites and
719 50% in patients with severe liver impairment with ascites. Escalation and maintenance doses
720 may be adjusted according to clinical response [see *Dosage and Administration (2.1)*].

721 **8.7 Patients With Renal Impairment**

722 Lamotrigine is metabolized mainly by glucuronic acid conjugation, with the majority of
723 the metabolites being recovered in the urine. In a small study comparing a single dose of
724 immediate-release lamotrigine in subjects with varying degrees of renal impairment with healthy
725 volunteers, the plasma half-life of lamotrigine was approximately twice as long in the subjects
726 with chronic renal failure [see *Clinical Pharmacology (12.3)*].

727 Initial doses of LAMICTAL XR should be based on patients' AED regimens; reduced
728 maintenance doses may be effective for patients with significant renal impairment. Few patients
729 with severe renal impairment have been evaluated during chronic treatment with lamotrigine.
730 Because there is inadequate experience in this population, LAMICTAL XR should be used with
731 caution in these patients [see *Dosage and Administration (2.1)*].

732 **10 OVERDOSAGE**

733 **10.1 Human Overdose Experience**

734 Overdoses involving quantities up to 15 g have been reported for immediate-release
735 lamotrigine, some of which have been fatal. Overdose has resulted in ataxia, nystagmus, seizures
736 (including tonic-clonic seizures), decreased level of consciousness, coma, and intraventricular
737 conduction delay.

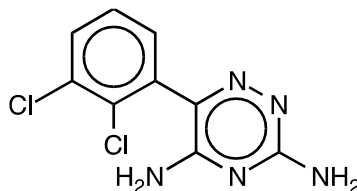
738 **10.2 Management of Overdose**

739 There are no specific antidotes for lamotrigine. Following a suspected overdose,
740 hospitalization of the patient is advised. General supportive care is indicated, including frequent
741 monitoring of vital signs and close observation of the patient. If indicated, emesis should be
742 induced; usual precautions should be taken to protect the airway. It is uncertain whether
743 hemodialysis is an effective means of removing lamotrigine from the blood. In 6 renal failure
744 patients, about 20% of the amount of lamotrigine in the body was removed by hemodialysis
745 during a 4-hour session. A Poison Control Center should be contacted for information on the
746 management of overdosage of LAMICTAL XR.

747 **11 DESCRIPTION**

748 LAMICTAL XR (lamotrigine), an AED of the phenyltriazine class, is chemically
749 unrelated to existing AEDs. Lamotrigine's chemical name is 3,5-diamino-6-(2,3-
750 dichlorophenyl)-*as*-triazine, its molecular formula is C₉H₇N₅Cl₂, and its molecular weight is

751 256.09. Lamotrigine is a white to pale cream-colored powder and has a pK_a of 5.7. Lamotrigine
752 is very slightly soluble in water (0.17 mg/mL at 25°C) and slightly soluble in 0.1 M HCl
753 (4.1 mg/mL at 25°C). The structural formula is:
754



755
756

757 LAMICTAL XR Extended-Release Tablets are supplied for oral administration as 25-mg
758 (yellow with white center), 50-mg (green with white center), 100-mg (orange with white center),
759 200-mg (blue with white center), 250-mg (purple with white center), and 300-mg (gray with
760 white center) tablets. Each tablet contains the labeled amount of lamotrigine and the following
761 inactive ingredients: glycerol monostearate, hypromellose, lactose monohydrate; magnesium
762 stearate; methacrylic acid copolymer dispersion, polyethylene glycol 400, polysorbate 80, silicon
763 dioxide (25- and 50-mg tablets only), titanium dioxide, triethyl citrate, carmine (250-mg tablet
764 only), iron oxide black (50-, 250-, and 300-mg tablets only), iron oxide yellow (25-, 50-, and
765 100-mg tablets only), iron oxide red (100-mg tablet only), FD&C Blue No. 2 Aluminum Lake
766 (200- and 250-mg tablets only). Tablets are printed with edible black ink.

767 LAMICTAL XR Extended-Release Tablets contain a modified-release eroding
768 formulation as the core. The tablets are coated with a clear enteric coat and have an aperture
769 drilled through the coats on both faces of the tablet (DiffCORE™) to enable a controlled release
770 of drug in the acidic environment of the stomach. The combination of this and the modified-
771 release core are designed to control the dissolution rate of lamotrigine over a period of
772 approximately 12 to 15 hours, leading to a gradual increase in serum lamotrigine levels.

773 12 CLINICAL PHARMACOLOGY

774 12.1 Mechanism of Action

775 The precise mechanism(s) by which lamotrigine exerts its anticonvulsant action are
776 unknown. In animal models designed to detect anticonvulsant activity, lamotrigine was effective
777 in preventing seizure spread in the maximum electroshock (MES) and pentylenetetrazol (scMet)
778 tests, and prevented seizures in the visually and electrically evoked after-discharge (EEAD) tests
779 for antiepileptic activity. Lamotrigine also displayed inhibitory properties in the kindling model
780 in rats both during kindling development and in the fully kindled state. The relevance of these
781 models to human epilepsy, however, is not known.

782 One proposed mechanism of action of lamotrigine, the relevance of which remains to be
783 established in humans, involves an effect on sodium channels. In vitro pharmacological studies
784 suggest that lamotrigine inhibits voltage-sensitive sodium channels, thereby stabilizing neuronal
785 membranes and consequently modulating presynaptic transmitter release of excitatory amino
786 acids (e.g., glutamate and aspartate).

787 Effect of Lamotrigine on N-Methyl d-Aspartate-Receptor Mediated Activity:
788 Lamotrigine did not inhibit N-methyl d-aspartate (NMDA)-induced depolarizations in rat cortical
789 slices or NMDA-induced cyclic GMP formation in immature rat cerebellum, nor did lamotrigine
790 displace compounds that are either competitive or noncompetitive ligands at this glutamate
791 receptor complex (CNQX, CGS, TCHP). The IC_{50} for lamotrigine effects on NMDA-induced
792 currents (in the presence of 3 μ M of glycine) in cultured hippocampal neurons exceeded
793 100 μ M.

794 **12.2 Pharmacodynamics**

795 Folate Metabolism: In vitro, lamotrigine inhibited dihydrofolate reductase, the enzyme
796 that catalyzes the reduction of dihydrofolate to tetrahydrofolate. Inhibition of this enzyme may
797 interfere with the biosynthesis of nucleic acids and proteins. When oral daily doses of
798 lamotrigine were given to pregnant rats during organogenesis, fetal, placental, and maternal
799 folate concentrations were reduced. Significantly reduced concentrations of folate are associated
800 with teratogenesis [see *Use in Specific Populations (8.1)*]. Folate concentrations were also
801 reduced in male rats given repeated oral doses of lamotrigine. Reduced concentrations were
802 partially returned to normal when supplemented with folic acid.

803 Cardiovascular: In dogs, lamotrigine is extensively metabolized to a 2-N-methyl
804 metabolite. This metabolite causes dose-dependent prolongation of the PR interval, widening of
805 the QRS complex, and, at higher doses, complete AV conduction block. Similar cardiovascular
806 effects are not anticipated in humans because only trace amounts of the 2-N-methyl metabolite
807 (<0.6% of lamotrigine dose) have been found in human urine [see *Clinical Pharmacology*
808 (12.3)]. However, it is conceivable that plasma concentrations of this metabolite could be
809 increased in patients with a reduced capacity to glucuronidate lamotrigine (e.g., in patients with
810 liver disease, patients taking concomitant medications that inhibit glucuronidation).

811 **12.3 Pharmacokinetics**

812 In comparison with immediate-release lamotrigine, the plasma lamotrigine levels
813 following administration of LAMICTAL XR are not associated with any significant changes in
814 trough plasma concentrations, and are characterized by lower peaks, longer time to peaks, and
815 lower peak-to-trough fluctuation, as described in detail below.

816 Absorption: Lamotrigine is absorbed after oral administration with negligible first-pass
817 metabolism. The bioavailability of lamotrigine is not affected by food.

818 In an open-label, crossover study of 44 subjects with epilepsy receiving concomitant
819 AEDs, the steady-state pharmacokinetics of lamotrigine were compared following administration
820 of equivalent total doses of LAMICTAL XR given once daily with those of lamotrigine
821 immediate-release given twice daily. In this study, the median time to peak concentration (T_{max})
822 following administration of LAMICTAL XR was 4 to 6 hours in subjects taking carbamazepine,
823 phenytoin, phenobarbital, or primidone; 9 to 11 hours in subjects taking valproate; and 6 to
824 10 hours in subjects taking AEDs other than carbamazepine, phenytoin, phenobarbital,
825 primidone, or valproate. In comparison, the median T_{max} following administration of immediate-
826 release lamotrigine was between 1 and 1.5 hours.

827 The steady-state trough concentrations for extended-release lamotrigine were similar to
828 or higher than those of immediate-release lamotrigine depending on concomitant AED (Table 6).
829 A mean reduction in the lamotrigine C_{max} by 11% to 29% was observed for LAMICTAL XR
830 compared with immediate-release lamotrigine, resulting in a decrease in the peak-to-trough
831 fluctuation in serum lamotrigine concentrations. However, in some subjects receiving enzyme-
832 inducing AEDs, a reduction in C_{max} of 44% to 77% was observed. The degree of fluctuation was
833 reduced by 17% in subjects taking enzyme-inducing AEDs; 34% in subjects taking valproate;
834 and 37% in subjects taking AEDs other than carbamazepine, phenytoin, phenobarbital,
835 primidone, or valproate. LAMICTAL XR and immediate-release lamotrigine regimens were
836 similar with respect to area under the curve (AUC, a measure of the extent of bioavailability) for
837 subjects receiving AEDs other than those known to induce the metabolism of lamotrigine. The
838 relative bioavailability of extended-release lamotrigine was approximately 21% lower than
839 immediate-release lamotrigine in subjects receiving enzyme-inducing AEDs. However, a
840 reduction in exposure of up to 70% was observed in some subjects in this group when they
841 switched to LAMICTAL XR. Therefore, doses may need to be adjusted in some patients based
842 on therapeutic response.

843

844 **Table 6. Steady-State Bioavailability of LAMICTAL XR Relative to Immediate-Release**
845 **Lamotrigine at Equivalent Daily Doses (Ratio of Extended-Release to Immediate-Release**
846 **90% CI)**

Concomitant Antiepileptic Drug	AUC _(0-24ss)	C _{max}	C _{min}
Enzyme-inducing antiepileptic drugs ^a	0.79 (0.69, 0.90)	0.71 (0.61, 0.82)	0.99 (0.89, 1.09)
Valproate	0.94 (0.81, 1.08)	0.88 (0.75, 1.03)	0.99 (0.88, 1.10)
Antiepileptic drugs other than enzyme-inducing antiepileptic drugs ^a or valproate	1.00 (0.88, 1.14)	0.89 (0.78, 1.03)	1.14 (1.03, 1.25)

847 ^a Enzyme-inducing antiepileptic drugs include carbamazepine, phenytoin, phenobarbital, and
848 primidone.

849

850 **Dose Proportionality:** In healthy volunteers not receiving any other medications and
851 given LAMICTAL XR once daily, the systemic exposure to lamotrigine increased in direct
852 proportion to the dose administered over the range of 50 to 200 mg. At doses between 25 and
853 50 mg, the increase was less than dose proportional, with a 2-fold increase in dose resulting in an
854 approximately 1.6-fold increase in systemic exposure.

855 **Distribution:** Estimates of the mean apparent volume of distribution (Vd/F) of
856 lamotrigine following oral administration ranged from 0.9 to 1.3 L/kg. Vd/F is independent of
857 dose and is similar following single and multiple doses in both patients with epilepsy and in
858 healthy volunteers.

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892 **Table 7. Mean Pharmacokinetic Parameters^a of Immediate-Release Lamotrigine in**
893 **Healthy Volunteers and Adult Subjects With Epilepsy**

Adult Study Population	Number of Subjects	t_{1/2}: Elimination Half-life (h)	CL/F: Apparent Plasma Clearance (mL/min/kg)
Healthy volunteers taking no other medications:			
Single-dose lamotrigine	179	32.8 (14.0-103.0)	0.44 (0.12-1.10)
Multiple-dose lamotrigine	36	25.4 (11.6-61.6)	0.58 (0.24-1.15)
Healthy volunteers taking valproate:			
Single-dose lamotrigine	6	48.3 (31.5-88.6)	0.30 (0.14-0.42)
Multiple-dose lamotrigine	18	70.3 (41.9-113.5)	0.18 (0.12-0.33)
Subjects with epilepsy taking valproate only:			
Single-dose lamotrigine	4	58.8 (30.5-88.8)	0.28 (0.16-0.40)
Subjects with epilepsy taking carbamazepine, phenytoin, phenobarbital, or primidone^b plus valproate:			
Single-dose lamotrigine	25	27.2 (11.2-51.6)	0.53 (0.27-1.04)
Subjects with epilepsy taking carbamazepine, phenytoin, phenobarbital, or primidone:^b			
Single-dose lamotrigine	24	14.4 (6.4-30.4)	1.10 (0.51-2.22)
Multiple-dose lamotrigine	17	12.6 (7.5-23.1)	1.21 (0.66-1.82)

894 ^a The majority of parameter means determined in each study had coefficients of variation
895 between 20% and 40% for half-life and CL/F and between 30% and 70% for T_{max}. The
896 overall mean values were calculated from individual study means that were weighted based
897 on the number of volunteers/subjects in each study. The numbers in parentheses below each
898 parameter mean represent the range of individual volunteer/subject values across studies.

899 ^b Carbamazepine, phenytoin, phenobarbital, and primidone have been shown to increase the
900 apparent clearance of lamotrigine. Estrogen-containing oral contraceptives and other drugs,
901 such as rifampin and protease inhibitors lopinavir/ritonavir and atazanavir/ritonavir, that
902 induce lamotrigine glucuronidation have also been shown to increase the apparent clearance
903 of lamotrigine [see *Drug Interactions (7)*].
904

905 **Drug Interactions:** The apparent clearance of lamotrigine is affected by the
906 coadministration of certain medications [see *Warnings and Precautions (5.7, 5.11)*, *Drug*
907 *Interactions (7)*].

908 The net effects of drug interactions with lamotrigine, based on drug interaction studies
909 using immediate-release lamotrigine, are summarized in Tables 5 and 8, followed by details of
910 the drug interaction studies below.
911

912 **Table 8. Summary of Drug Interactions With Lamotrigine**

Drug	Drug Plasma Concentration With Adjunctive Lamotrigine ^a	Lamotrigine Plasma Concentration With Adjunctive Drugs ^b
Oral contraceptives (e.g., ethinylestradiol/levonorgestrel) ^c	↔ ^d	↓
Atazanavir/ritonavir	↔ ^e	↓
Bupropion	Not assessed	↔
Carbamazepine	↔	↓
Carbamazepine epoxide ^f	?	
Felbamate	Not assessed	↔
Gabapentin	Not assessed	↔
Levetiracetam	↔	↔
Lithium	↔	Not assessed
Lopinavir/ritonavir	↔ ^e	↓
Olanzapine	↔	↔ ^g
Oxcarbazepine	↔	↔
10-Monohydroxy oxcarbazepine metabolite ^h	↔	
Phenobarbital/primidone	↔	↓
Phenytoin	↔	↓
Pregabalin	↔	↔
Rifampin	Not assessed	↓
Risperidone	↔	Not assessed
9-hydroxyrisperidone ⁱ	↔	
Topiramate	↔ ^j	↔
Valproate	↓	↑

Valproate + phenytoin and/or carbamazepine	Not assessed	↔
Zonisamide	Not assessed	↔

- 913 ^a From adjunctive clinical trials and volunteer trials.
- 914 ^b Net effects were estimated by comparing the mean clearance values obtained in adjunctive
915 clinical trials and volunteer trials.
- 916 ^c The effect of other hormonal contraceptive preparations or hormone replacement therapy on
917 the pharmacokinetics of lamotrigine has not been systematically evaluated in clinical trials,
918 although the effect may be similar to that seen with the ethinylestradiol/levonorgestrel
919 combinations.
- 920 ^d Modest decrease in levonorgestrel.
- 921 ^e Compared to historical controls.
- 922 ^f Not administered, but an active metabolite of carbamazepine.
- 923 ^g Slight decrease, not expected to be clinically relevant.
- 924 ^h Not administered, but an active metabolite of oxcarbazepine.
- 925 ⁱ Not administered, but an active metabolite of risperidone.
- 926 ^j Slight increase, not expected to be clinically relevant.
- 927 ↔ = No significant effect.
- 928 ? = Conflicting data.

930 **Estrogen-Containing Oral Contraceptives:** In 16 female volunteers, an oral
931 contraceptive preparation containing 30 mcg ethinylestradiol and 150 mcg levonorgestrel
932 increased the apparent clearance of lamotrigine (300 mg/day) by approximately 2-fold with mean
933 decreases in AUC of 52% and in C_{max} of 39%. In this study, trough serum lamotrigine
934 concentrations gradually increased and were approximately 2-fold higher on average at the end
935 of the week of the inactive hormone preparation compared with trough lamotrigine
936 concentrations at the end of the active hormone cycle.

937 Gradual transient increases in lamotrigine plasma levels (approximate 2-fold increase)
938 occurred during the week of inactive hormone preparation (pill-free week) for women not also
939 taking a drug that increased the clearance of lamotrigine (carbamazepine, phenytoin,
940 phenobarbital, primidone, or other drugs such as rifampin and the protease inhibitors
941 lopinavir/ritonavir and atazanavir/ritonavir that induce lamotrigine glucuronidation) [*see Drug*
942 *Interactions (7)*]. The increase in lamotrigine plasma levels will be greater if the dose of
943 LAMICTAL XR is increased in the few days before or during the pill-free week. Increases in
944 lamotrigine plasma levels could result in dose-dependent adverse reactions.

945 In the same study, coadministration of lamotrigine (300 mg/day) in 16 female volunteers
946 did not affect the pharmacokinetics of the ethinylestradiol component of the oral contraceptive
947 preparation. There were mean decreases in the AUC and C_{max} of the levonorgestrel component of
948 19% and 12%, respectively. Measurement of serum progesterone indicated that there was no
949 hormonal evidence of ovulation in any of the 16 volunteers, although measurement of serum

950 FSH, LH, and estradiol indicated that there was some loss of suppression of the hypothalamic-
951 pituitary-ovarian axis.

952 The effects of doses of lamotrigine other than 300 mg/day have not been systematically
953 evaluated in controlled clinical trials.

954 The clinical significance of the observed hormonal changes on ovulatory activity is
955 unknown. However, the possibility of decreased contraceptive efficacy in some patients cannot
956 be excluded. Therefore, patients should be instructed to promptly report changes in their
957 menstrual pattern (e.g., break-through bleeding).

958 Dosage adjustments may be necessary for women receiving estrogen-containing oral
959 contraceptive preparations [see *Dosage and Administration (2.1)*].

960 Other Hormonal Contraceptives or Hormone Replacement Therapy: The effect of
961 other hormonal contraceptive preparations or hormone replacement therapy on the
962 pharmacokinetics of lamotrigine has not been systematically evaluated. It has been reported that
963 ethinylestradiol, not progestogens, increased the clearance of lamotrigine up to 2-fold, and the
964 progestin-only pills had no effect on lamotrigine plasma levels. Therefore, adjustments to the
965 dosage of LAMICTAL XR in the presence of progestogens alone will likely not be needed.

966 Atazanavir/Ritonavir: In a study in healthy volunteers, daily doses of
967 atazanavir/ritonavir (300 mg/100 mg) reduced the plasma AUC and C_{max} of lamotrigine (single
968 100-mg dose) by an average of 32% and 6%, respectively, and shortened the elimination half-
969 lives by 27%. In the presence of atazanavir/ritonavir (300 mg/100 mg), the metabolite-to-
970 lamotrigine ratio was increased from 0.45 to 0.71 consistent with induction of glucuronidation.
971 The pharmacokinetics of atazanavir/ritonavir were similar in the presence of concomitant
972 lamotrigine to the historical data of the pharmacokinetics in the absence of lamotrigine.

973 Bupropion: The pharmacokinetics of a 100-mg single dose of lamotrigine in healthy
974 volunteers (n = 12) were not changed by coadministration of bupropion sustained-release
975 formulation (150 mg twice daily) starting 11 days before lamotrigine.

976 Carbamazepine: Lamotrigine has no appreciable effect on steady-state carbamazepine
977 plasma concentration. Limited clinical data suggest there is a higher incidence of dizziness,
978 diplopia, ataxia, and blurred vision in patients receiving carbamazepine with lamotrigine than in
979 patients receiving other AEDs with lamotrigine [see *Adverse Reactions (6.1)*]. The mechanism
980 of this interaction is unclear. The effect of lamotrigine on plasma concentrations of
981 carbamazepine-epoxide is unclear. In a small subset of patients (n = 7) studied in a placebo-
982 controlled trial, lamotrigine had no effect on carbamazepine-epoxide plasma concentrations, but
983 in a small, uncontrolled study (n = 9), carbamazepine-epoxide levels increased.

984 The addition of carbamazepine decreases lamotrigine steady-state concentrations by
985 approximately 40%.

986 Esomeprazole: In a study of 30 subjects, coadministration of LAMICTAL XR with
987 esomeprazole resulted in no significant change in lamotrigine levels and a small decrease in T_{max} .
988 The levels of gastric pH were not altered compared with pre-lamotrigine dosing.

989 **Felbamate:** In a trial in 21 healthy volunteers, coadministration of felbamate (1,200 mg
990 twice daily) with lamotrigine (100 mg twice daily for 10 days) appeared to have no clinically
991 relevant effects on the pharmacokinetics of lamotrigine.

992 **Folate Inhibitors:** Lamotrigine is a weak inhibitor of dihydrofolate reductase. Prescribers
993 should be aware of this action when prescribing other medications that inhibit folate metabolism.

994 **Gabapentin:** Based on a retrospective analysis of plasma levels in 34 subjects who
995 received lamotrigine both with and without gabapentin, gabapentin does not appear to change the
996 apparent clearance of lamotrigine.

997 **Levetiracetam:** Potential drug interactions between levetiracetam and lamotrigine were
998 assessed by evaluating serum concentrations of both agents during placebo-controlled clinical
999 trials. These data indicate that lamotrigine does not influence the pharmacokinetics of
1000 levetiracetam and that levetiracetam does not influence the pharmacokinetics of lamotrigine.

1001 **Lithium:** The pharmacokinetics of lithium were not altered in healthy subjects (n = 20) by
1002 coadministration of lamotrigine (100 mg/day) for 6 days.

1003 **Lopinavir/Ritonavir:** The addition of lopinavir (400 mg twice daily)/ritonavir (100 mg
1004 twice daily) decreased the AUC, C_{max}, and elimination half-life of lamotrigine by approximately
1005 50% to 55.4% in 18 healthy subjects. The pharmacokinetics of lopinavir/ritonavir were similar
1006 with concomitant lamotrigine, compared to that in historical controls.

1007 **Olanzapine:** The AUC and C_{max} of olanzapine were similar following the addition of
1008 olanzapine (15 mg once daily) to lamotrigine (200 mg once daily) in healthy male volunteers
1009 (n = 16) compared with the AUC and C_{max} in healthy male volunteers receiving olanzapine alone
1010 (n = 16).

1011 In the same trial, the AUC and C_{max} of lamotrigine were reduced on average by 24% and
1012 20%, respectively, following the addition of olanzapine to lamotrigine in healthy male volunteers
1013 compared with those receiving lamotrigine alone. This reduction in lamotrigine plasma
1014 concentrations is not expected to be clinically relevant.

1015 **Oxcarbazepine:** The AUC and C_{max} of oxcarbazepine and its active 10-monohydroxy
1016 oxcarbazepine metabolite were not significantly different following the addition of
1017 oxcarbazepine (600 mg twice daily) to lamotrigine (200 mg once daily) in healthy male
1018 volunteers (n = 13) compared with healthy male volunteers receiving oxcarbazepine alone
1019 (n = 13).

1020 In the same trial, the AUC and C_{max} of lamotrigine were similar following the addition of
1021 oxcarbazepine (600 mg twice daily) to lamotrigine in healthy male volunteers compared with
1022 those receiving lamotrigine alone. Limited clinical data suggest a higher incidence of headache,
1023 dizziness, nausea, and somnolence with coadministration of lamotrigine and oxcarbazepine
1024 compared with lamotrigine alone or oxcarbazepine alone.

1025 **Phenobarbital, Primidone:** The addition of phenobarbital or primidone decreases
1026 lamotrigine steady-state concentrations by approximately 40%.

1027 Phenytoin: Lamotrigine has no appreciable effect on steady-state phenytoin plasma
1028 concentrations in patients with epilepsy. The addition of phenytoin decreases lamotrigine steady-
1029 state concentrations by approximately 40%.

1030 Pregabalin: Steady-state trough plasma concentrations of lamotrigine were not affected
1031 by concomitant pregabalin (200 mg 3 times daily) administration. There are no pharmacokinetic
1032 interactions between lamotrigine and pregabalin.

1033 Rifampin: In 10 male volunteers, rifampin (600 mg/day for 5 days) significantly
1034 increased the apparent clearance of a single 25-mg dose of lamotrigine by approximately 2-fold
1035 (AUC decreased by approximately 40%).

1036 Risperidone: In a 14 healthy volunteers study, multiple oral doses of lamotrigine 400 mg
1037 daily had no clinically significant effect on the single-dose pharmacokinetics of risperidone 2 mg
1038 and its active metabolite 9-OH risperidone. Following the coadministration of risperidone 2 mg
1039 with lamotrigine, 12 of the 14 volunteers reported somnolence compared with 1 out of 20 when
1040 risperidone was given alone, and none when lamotrigine was administered alone.

1041 Topiramate: Topiramate resulted in no change in plasma concentrations of lamotrigine.
1042 Administration of lamotrigine resulted in a 15% increase in topiramate concentrations.

1043 Valproate: When lamotrigine was administered to healthy volunteers (n = 18) receiving
1044 valproate, the trough steady-state valproate plasma concentrations decreased by an average of
1045 25% over a 3-week period, and then stabilized. However, adding lamotrigine to the existing
1046 therapy did not cause a change in valproate plasma concentrations in either adult or pediatric
1047 patients in controlled clinical trials.

1048 The addition of valproate increased lamotrigine steady-state concentrations in normal
1049 volunteers by slightly more than 2-fold. In 1 trial, maximal inhibition of lamotrigine clearance
1050 was reached at valproate doses between 250 and 500 mg/day and did not increase as the
1051 valproate dose was further increased.

1052 Zonisamide: In a study in 18 patients with epilepsy, coadministration of zonisamide
1053 (200 to 400 mg/day) with lamotrigine (150 to 500 mg/day for 35 days) had no significant effect
1054 on the pharmacokinetics of lamotrigine.

1055 Known Inducers or Inhibitors of Glucuronidation: Drugs other than those listed above
1056 have not been systematically evaluated in combination with lamotrigine. Since lamotrigine is
1057 metabolized predominately by glucuronic acid conjugation, drugs that are known to induce or
1058 inhibit glucuronidation may affect the apparent clearance of lamotrigine, and doses of
1059 LAMICTAL XR may require adjustment based on clinical response.

1060 Other: Results of in vitro experiments suggest that clearance of lamotrigine is unlikely to
1061 be reduced by concomitant administration of amitriptyline, clonazepam, clozapine, fluoxetine,
1062 haloperidol, lorazepam, phenelzine, sertraline, or trazodone.

1063 Results of in vitro experiments suggest that lamotrigine does not reduce the clearance of
1064 drugs eliminated predominantly by CYP2D6.

1065 Specific Populations: Subjects With Renal Impairment: Twelve volunteers with
1066 chronic renal failure (mean creatinine clearance: 13 mL/min, range: 6 to 23) and another 6

1067 individuals undergoing hemodialysis were each given a single 100-mg dose of immediate-release
1068 lamotrigine. The mean plasma half-lives determined in the study were 42.9 hours (chronic renal
1069 failure), 13.0 hours (during hemodialysis), and 57.4 hours (between hemodialysis) compared
1070 with 26.2 hours in healthy volunteers. On average, approximately 20% (range: 5.6 to 35.1) of the
1071 amount of lamotrigine present in the body was eliminated by hemodialysis during a 4-hour
1072 session [see *Dosage and Administration (2.1)*].

1073 **Hepatic Disease:** The pharmacokinetics of lamotrigine following a single 100-mg
1074 dose of immediate-release lamotrigine were evaluated in 24 subjects with mild, moderate, and
1075 severe hepatic impairment (Child-Pugh Classification system) and compared with 12 subjects
1076 without hepatic impairment. The subjects with severe hepatic impairment were without ascites
1077 (n = 2) or with ascites (n = 5). The mean apparent clearances of lamotrigine in subjects with mild
1078 (n = 12), moderate (n = 5), severe without ascites (n = 2), and severe with ascites (n = 5) liver
1079 impairment were 0.30 ± 0.09 , 0.24 ± 0.1 , 0.21 ± 0.04 , and 0.15 ± 0.09 mL/min/kg, respectively,
1080 as compared with 0.37 ± 0.1 mL/min/kg in the healthy controls. Mean half-lives of lamotrigine
1081 in subjects with mild, moderate, severe without ascites, and severe with ascites hepatic
1082 impairment were 46 ± 20 , 72 ± 44 , 67 ± 11 , and 100 ± 48 hours, respectively, as compared with
1083 33 ± 7 hours in healthy controls [see *Dosage and Administration (2.1)*].

1084 **Elderly:** The pharmacokinetics of lamotrigine following a single 150-mg dose of
1085 immediate-release lamotrigine were evaluated in 12 elderly volunteers between the ages of 65
1086 and 76 years (mean creatinine clearance: 61 mL/min, range: 33 to 108 mL/min). The mean
1087 half-life of lamotrigine in these subjects was 31.2 hours (range: 24.5 to 43.4 hours), and the mean
1088 clearance was 0.40 mL/min/kg (range: 0.26 to 0.48 mL/min/kg).

1089 **Gender:** The clearance of lamotrigine is not affected by gender. However, during
1090 dose escalation of immediate-release lamotrigine in 1 clinical trial in patients with epilepsy on a
1091 stable dose of valproate (n = 77), mean trough lamotrigine concentrations unadjusted for weight
1092 were 24% to 45% higher (0.3 to 1.7 mcg/mL) in females than in males.

1093 **Race:** The apparent oral clearance of lamotrigine was 25% lower in non-Caucasians
1094 than Caucasians.

1095 **Pediatric Patients:** Safety and effectiveness of LAMICTAL XR for use in patients
1096 younger than 13 years have not been established.

1097 **13 NONCLINICAL TOXICOLOGY**

1098 **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

1099 No evidence of carcinogenicity was seen in mouse or rat following oral administration of
1100 lamotrigine for up to 2 years at doses up to 30 mg/kg/day and 10 to 15 mg/kg/day in mouse and
1101 rat, respectively. The highest doses tested are less than the human dose of 400 mg/day on a body
1102 surface area (mg/m²) basis.

1103 Lamotrigine was negative in in vitro gene mutation (Ames and mouse lymphoma *tk*)
1104 assays and in clastogenicity (in vitro human lymphocyte and in vivo rat bone marrow) assays.

1105 No evidence of impaired fertility was detected in rats given oral doses of lamotrigine up
1106 to 20 mg/kg/day. The highest dose tested is less than the human dose of 400 mg/day on a mg/m²
1107 basis.

1108 **14 CLINICAL STUDIES**

1109 **14.1 Adjunctive Therapy for Primary Generalized Tonic-Clonic Seizures**

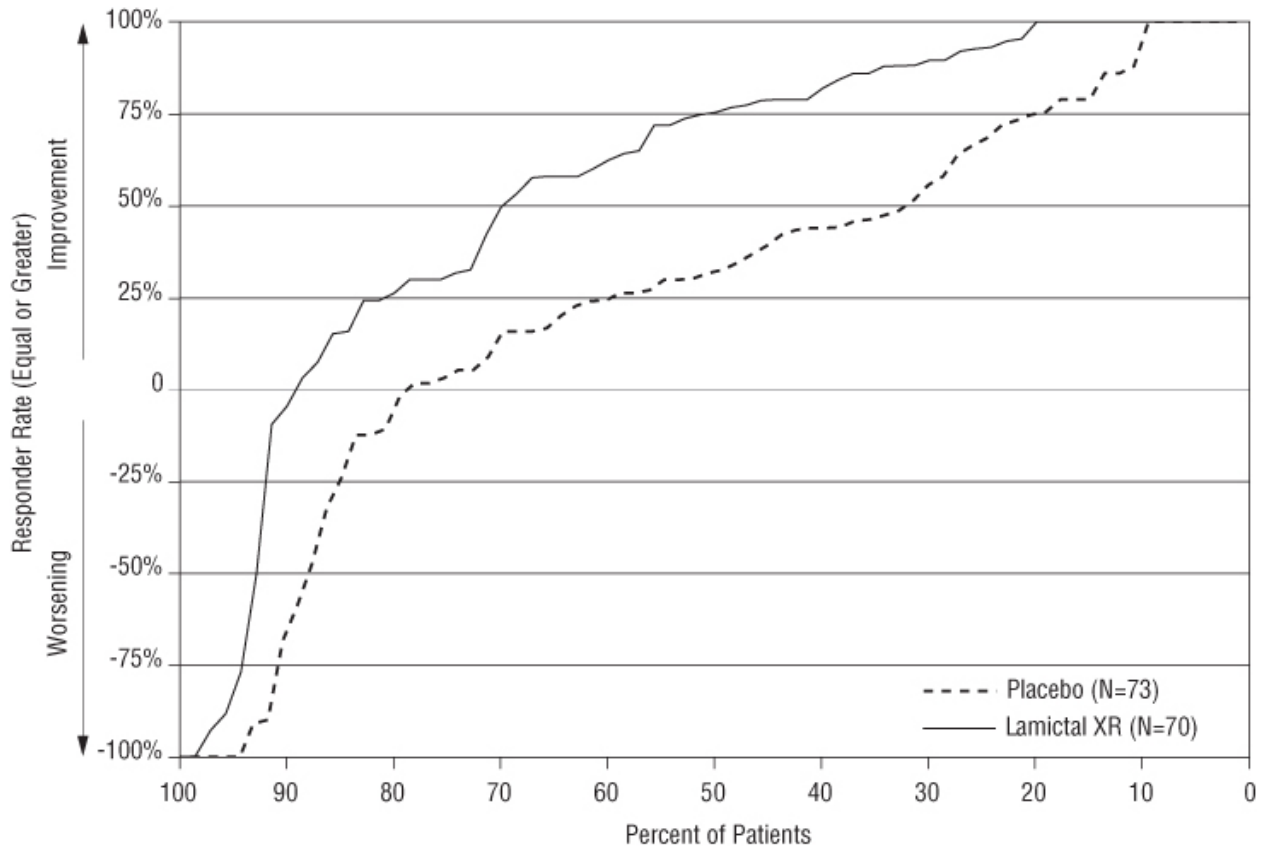
1110 The effectiveness of LAMICTAL XR as adjunctive therapy in subjects with PGTC
1111 seizures was established in a 19-week, international, multicenter, double-blind, randomized,
1112 placebo-controlled trial in 143 patients aged 13 years and older (n = 70 on LAMICTAL XR, n =
1113 73 on placebo). Patients with at least 3 PGTC seizures during an 8-week baseline phase were
1114 randomized to 19 weeks of treatment with LAMICTAL XR or placebo added to their current
1115 AED regimen of up to 2 drugs. Patients were dosed on a fixed-dose regimen, with target doses
1116 ranging from 200 to 500 mg/day of LAMICTAL XR based on concomitant AEDs (target dose =
1117 200 mg for valproate, 300 mg for AEDs not altering plasma lamotrigine levels, and 500 mg for
1118 enzyme-inducing AEDs).

1119 The primary efficacy endpoint was percent change from baseline in PGTC seizure
1120 frequency during the double-blind treatment phase. For the intent-to-treat population, the median
1121 percent reduction in PGTC seizure frequency was 75% in patients treated with LAMICTAL XR
1122 and 32% in patients treated with placebo, a difference that was statistically significant, defined as
1123 a 2-sided *P* value ≤ 0.05 .

1124 Figure 1 presents the percentage of patients (X-axis) with a percent reduction in PGTC
1125 seizure frequency (responder rate) from baseline through the entire treatment period at least as
1126 great as that represented on the Y-axis. A positive value on the Y-axis indicates an improvement
1127 from baseline (i.e., a decrease in seizure frequency), while a negative value indicates a worsening
1128 from baseline (i.e., an increase in seizure frequency). Thus, in a display of this type, a curve for
1129 an effective treatment is shifted to the left of the curve for placebo. The proportion of patients
1130 achieving any particular level of reduction in PGTC seizure frequency was consistently higher
1131 for the group treated with LAMICTAL XR compared with the placebo group. For example, 70%
1132 of patients randomized to LAMICTAL XR experienced a 50% or greater reduction in PGTC
1133 seizure frequency, compared with 32% of patients randomized to placebo. Patients with an
1134 increase in seizure frequency >100% are represented on the Y-axis as equal to or greater than
1135 -100%.
1136

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1137 **Figure 1. Proportion of Patients by Responder Rate for LAMICTAL XR and Placebo**
1138 **Group (Primary Generalized Tonic-Clonic Seizures Study)**



1139

1140 14.2 Adjunctive Therapy for Partial-Onset Seizures

1141 The effectiveness of immediate-release lamotrigine as adjunctive therapy was initially
1142 established in 3 pivotal, multicenter, placebo-controlled, double-blind clinical trials in 355 adults
1143 with refractory partial-onset seizures.

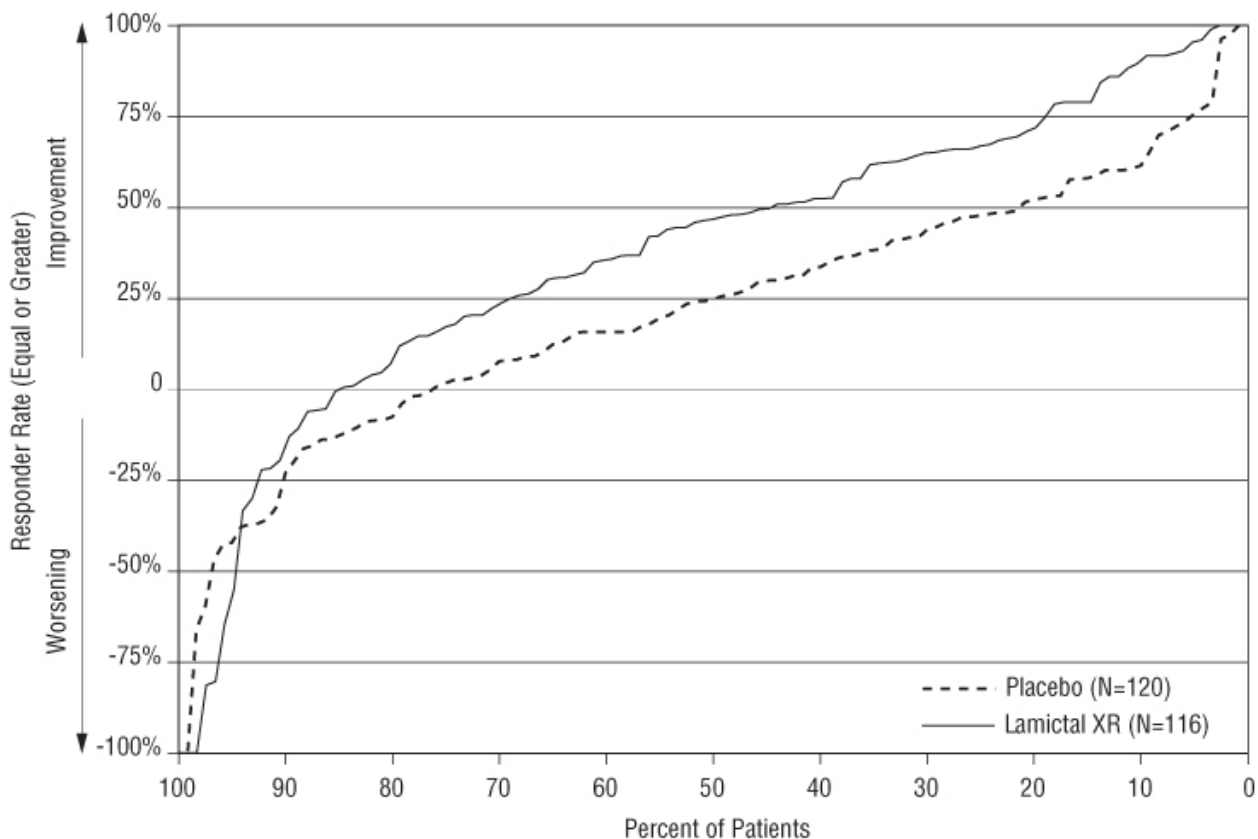
1144 The effectiveness of LAMICTAL XR as adjunctive therapy in partial-onset seizures, with
1145 or without secondary generalization, was established in a 19-week, multicenter, double-blind,
1146 placebo-controlled trial in 236 patients aged 13 years and older (approximately 93% of patients
1147 were aged 16 to 65 years). Approximately 36% were from the U.S. and approximately 64% were
1148 from other countries including Argentina, Brazil, Chile, Germany, India, Korea, Russian
1149 Federation, and Ukraine. Patients with at least 8 partial-onset seizures during an 8-week
1150 prospective baseline phase (or 4-week prospective baseline coupled with a 4-week historical
1151 baseline documented with seizure diary data) were randomized to treatment with
1152 LAMICTAL XR (n = 116) or placebo (n = 120) added to their current regimen of 1 or 2 AEDs.
1153 Approximately half of the patients were taking 2 concomitant AEDs at baseline. Target doses
1154 ranged from 200 to 500 mg/day of LAMICTAL XR based on concomitant AED (target dose =
1155 200 mg for valproate, 300 mg for AEDs not altering plasma lamotrigine, and 500 mg for
1156 enzyme-inducing AEDs). The median partial seizure frequency per week at baseline was 2.3 for
1157 LAMICTAL XR and 2.1 for placebo.

1158 The primary endpoint was the median percent change from baseline in partial-onset
1159 seizure frequency during the entire double-blind treatment phase. The median percent reductions
1160 in weekly partial-onset seizures were 47% in patients treated with LAMICTAL XR and 25% on
1161 placebo, a difference that was statistically significant, defined as a 2-sided P value ≤ 0.05 .

1162 Figure 2 presents the percentage of patients (X-axis) with a percent reduction in partial-
1163 onset seizure frequency (responder rate) from baseline through the entire treatment period at
1164 least as great as that represented on the Y-axis. The proportion of patients achieving any
1165 particular level of reduction in partial-onset seizure frequency was consistently higher for the
1166 group treated with LAMICTAL XR compared with the placebo group. For example, 44% of
1167 patients randomized to LAMICTAL XR experienced a 50% or greater reduction in partial-onset
1168 seizure frequency compared with 21% of patients randomized to placebo.

1169

1170 **Figure 2. Proportion of Patients by Responder Rate for LAMICTAL XR and Placebo**
1171 **Group (Partial-Onset Seizure Study)**



1172

1173

1174 14.3 Conversion to Monotherapy for Partial-Onset Seizures

1175 The effectiveness of LAMICTAL XR as monotherapy for partial-onset seizures was
1176 established in a historical control trial in 223 adults with partial-onset seizures. The historical
1177 control methodology is described in a publication by French, et al. [see References (15)]. Briefly,
1178 in this study, patients were randomized to ultimately receive either LAMICTAL XR 300 or

1179 250 mg once a day, and their responses were compared with those of a historical control group.
1180 The historical control consisted of a pooled analysis of the control groups from 8 studies of
1181 similar design, which utilized a subtherapeutic dose of an AED as a comparator. Statistical
1182 superiority to the historical control was considered to be demonstrated if the upper 95%
1183 confidence interval for the proportion of patients meeting escape criteria in patients receiving
1184 LAMICTAL XR remained below the lower 95% prediction interval of 65.3% derived from the
1185 historical control data.

1186 In this study, patients aged 13 years and older experienced at least 4 partial-onset seizures
1187 during an 8-week baseline period with at least 2 seizures occurring during each of 2 consecutive
1188 4-week periods while receiving valproate or a non-enzyme-inducing AED. LAMICTAL XR was
1189 added to either valproate or a non-enzyme-inducing AED over a 6- to 7-week period followed
1190 by the gradual withdrawal of the background AED. Patients were then continued on
1191 monotherapy with LAMICTAL XR for 12 weeks. The escape criteria were 1 or more of the
1192 following: (1) doubling of average monthly seizure count during any 28 consecutive days,
1193 (2) doubling of highest consecutive 2-day seizure frequency during the entire treatment phase,
1194 (3) emergence of a new seizure type compared with baseline (4) clinically significant
1195 prolongation of generalized tonic-clonic seizures or worsening of seizure considered by the
1196 investigator to require intervention. These criteria were similar to those in the 8 controlled trials
1197 from which the historical control group was constituted.

1198 The upper 95% confidence limits of the proportion of subjects meeting escape criteria
1199 (40.2% at 300 mg/day and 44.5% at 250 mg/day) were below the threshold of 65.3% derived
1200 from the historical control data.

1201 Although the study population was not fully comparable with the historical controlled
1202 population and the study was not fully blinded, numerous sensitivity analyses supported the
1203 primary results. Efficacy was further supported by the established effectiveness of the
1204 immediate-release formulation as monotherapy.

1205 **15 REFERENCES**

1206 1. French JA, Wang S, Warnock B, Temkin N. Historical control monotherapy design in the
1207 treatment of epilepsy. *Epilepsia*. 2010; 51(10):1936-1943.

1208 **16 HOW SUPPLIED/STORAGE AND HANDLING**

1209 **LAMICTAL XR (lamotrigine) Extended-Release Tablets**

1210 25 mg, yellow with a white center, round, biconvex, film-coated tablets printed on one
1211 face in black ink with “LAMICTAL” and “XR 25”, unit-of-use bottles of 30 with orange caps
1212 (NDC 0173-0754-00).

1213 50 mg, green with a white center, round, biconvex, film-coated tablets printed on one
1214 face in black ink with “LAMICTAL” and “XR 50”, unit-of-use bottles of 30 with orange caps
1215 (NDC 0173-0755-00).

1216 100 mg, orange with a white center, round, biconvex, film-coated tablets printed on one
1217 face in black ink with “LAMICTAL” and “XR 100”, unit-of-use bottles of 30 with orange caps
1218 (NDC 0173-0756-00).

1219 200 mg, blue with a white center, round, biconvex, film-coated tablets printed on one
1220 face in black ink with “LAMICTAL” and “XR 200”, unit-of-use bottles of 30 with orange caps
1221 (NDC 0173-0757-00).

1222 250 mg, purple with a white center, caplet-shaped, film-coated tablets printed on one face
1223 in black ink with “LAMICTAL” and “XR 250”, unit-of-use bottles of 30 with orange caps (NDC
1224 0173-0781-00).

1225 300 mg, gray with a white center, caplet-shaped, film-coated tablets printed on one face
1226 in black ink with “LAMICTAL” and “XR 300”, unit-of-use bottles of 30 with orange caps (NDC
1227 0173-0761-00).

1228 **LAMICTAL XR (lamotrigine) Patient Titration Kit for Patients Taking Valproate**
1229 **(Blue XR Kit)**

1230 25 mg, yellow with a white center, round, biconvex, film-coated tablets printed on one
1231 face in black ink with “LAMICTAL” and “XR 25” and 50 mg, green with a white center, round,
1232 biconvex, film-coated tablets printed on one face in black ink with “LAMICTAL” and “XR 50”;
1233 blisterpack of 21/25-mg tablets and 7/50-mg tablets (NDC 0173-0758-00).

1234 **LAMICTAL XR (lamotrigine) Patient Titration Kit for Patients Taking**
1235 **Carbamazepine, Phenytoin, Phenobarbital, or Primidone, and Not Taking Valproate**
1236 **(Green XR Kit)**

1237 50 mg, green with a white center, round, biconvex, film-coated tablets printed on one
1238 face in black ink with “LAMICTAL” and “XR 50”; 100 mg, orange with a white center, round,
1239 biconvex, film-coated tablets printed on one face in black ink with “LAMICTAL” and “XR
1240 100”; and 200 mg, blue with a white center, round, biconvex, film-coated tablets printed on one
1241 face in black ink with “LAMICTAL” and “XR 200”; blisterpack of 14/50-mg tablets, 14/100-mg
1242 tablets, and 7/200-mg tablets (NDC 0173-0759-00).

1243 **LAMICTAL XR (lamotrigine) Patient Titration Kit for Patients Not Taking**
1244 **Carbamazepine, Phenytoin, Phenobarbital, Primidone, or Valproate (Orange XR Kit)**

1245 25 mg, yellow with a white center, round, biconvex, film-coated tablets printed on one
1246 face in black ink with “LAMICTAL” and “XR 25”; 50 mg, green with a white center, round,
1247 biconvex, film-coated tablets printed on one face in black ink with “LAMICTAL” and “XR 50”;
1248 and 100 mg, orange with a white center, round, biconvex, film-coated tablets printed on one face
1249 in black ink with “LAMICTAL” and “XR 100”; blisterpack of 14/25-mg tablets, 14/50-mg
1250 tablets, and 7/100-mg tablets (NDC 0173-0760-00).

1251 **Storage:** Store at 25°C (77°F); excursions permitted to 15° to 30°C (59° to 86°F) [see
1252 USP Controlled Room Temperature].

1253 **17 PATIENT COUNSELING INFORMATION**

1254 Advise the patient to read the FDA-approved patient labeling (Medication Guide).

1255 Rash: Prior to initiation of treatment with LAMICTAL XR, inform patients that a rash or
1256 other signs or symptoms of hypersensitivity (e.g., fever, lymphadenopathy) may herald a serious
1257 medical event and instruct them to report any such occurrence to their physician immediately.

1258 Multiorgan Hypersensitivity Reactions, Blood Dyscrasias, and Organ Failure:
1259 Inform patients that multiorgan hypersensitivity reactions and acute multiorgan failure may
1260 occur with LAMICTAL. Isolated organ failure or isolated blood dyscrasias without evidence of
1261 multiorgan hypersensitivity may also occur. Instruct patients to contact their physician
1262 immediately if they experience any signs or symptoms of these conditions [*see Warnings and*
1263 *Precautions (5.2, 5.3)*].

1264 Suicidal Thinking and Behavior: Inform patients, their caregivers, and families that
1265 AEDs, including LAMICTAL XR, may increase the risk of suicidal thoughts and behavior.
1266 Instruct them to be alert for the emergence or worsening of symptoms of depression, any unusual
1267 changes in mood or behavior, or the emergence of suicidal thoughts or behavior or thoughts
1268 about self-harm. They should immediately report behaviors of concern to their physician.

1269 Worsening of Seizures: Advise patients to notify their physician if worsening of
1270 seizure control occurs.

1271 Central Nervous System Adverse Effects: Inform patients that LAMICTAL XR may
1272 cause dizziness, somnolence, and other symptoms and signs of central nervous system
1273 depression. Accordingly, instruct them neither to drive a car nor to operate other complex
1274 machinery until they have gained sufficient experience on LAMICTAL XR to gauge whether or
1275 not it adversely affects their mental and/or motor performance.

1276 Pregnancy and Nursing: Instruct patients to notify their physician if they become
1277 pregnant or intend to become pregnant during therapy and if they intend to breastfeed or are
1278 breastfeeding an infant.

1279 Encourage patients to enroll in the NAAED Pregnancy Registry if they become pregnant.
1280 This registry is collecting information about the safety of antiepileptic drugs during pregnancy.
1281 To enroll, patients can call the toll-free number 1-888-233-2334 [*see Use in Specific Populations*
1282 *(8.1)*].

1283 Inform patients who intend to breastfeed that LAMICTAL XR is present in breast milk
1284 and advise them to monitor their child for potential adverse effects of this drug. Discuss the
1285 benefits and risks of continuing breastfeeding.

1286 Oral Contraceptive Use: Instruct women to notify their physician if they plan to start or
1287 stop use of oral contraceptives or other female hormonal preparations. Starting estrogen-
1288 containing oral contraceptives may significantly decrease lamotrigine plasma levels and stopping
1289 estrogen-containing oral contraceptives (including the pill-free week) may significantly increase
1290 lamotrigine plasma levels [*see Warnings and Precautions (5.7), Clinical Pharmacology (12.3)*].
1291 Also instruct women to promptly notify their physician if they experience adverse reactions or
1292 changes in menstrual pattern (e.g., break-through bleeding) while receiving LAMICTAL XR in
1293 combination with these medications.

1294 Discontinuing LAMICTAL XR: Instruct patients to notify their physician if they stop
1295 taking LAMICTAL XR for any reason and not to resume LAMICTAL XR without consulting
1296 their physician.

1297 Aseptic Meningitis: Inform patients that LAMICTAL XR may cause aseptic meningitis.
1298 Instruct them to notify their physician immediately if they develop signs and symptoms of
1299 meningitis such as headache, fever, nausea, vomiting, stiff neck, rash, abnormal sensitivity to
1300 light, myalgia, chills, confusion, or drowsiness while taking LAMICTAL XR.

1301 Potential Medication Errors: Medication errors involving LAMICTAL have occurred.
1302 In particular the names LAMICTAL or lamotrigine can be confused with the names of other
1303 commonly used medications. Medication errors may also occur between the different
1304 formulations of LAMICTAL. To reduce the potential of medication errors, write and say
1305 LAMICTAL XR clearly. Depictions of the LAMICTAL XR Extended-Release Tablets can be
1306 found in the Medication Guide. Each LAMICTAL XR tablet has a distinct color and white
1307 center, and is printed with “LAMICTAL XR” and the tablet strength. These distinctive features
1308 serve to identify the different presentations of the drug and thus may help reduce the risk of
1309 medication errors. LAMICTAL XR is supplied in round, unit-of-use bottles with orange caps
1310 containing 30 tablets. The label on the bottle includes a depiction of the tablets that further
1311 communicates to patients and pharmacists that the medication is LAMICTAL XR and the
1312 specific tablet strength included in the bottle. The unit-of-use bottle with a distinctive orange cap
1313 and distinctive bottle label features serves to identify the different presentations of the drug and
1314 thus may help to reduce the risk of medication errors. **To avoid a medication error of using the**
1315 **wrong drug or formulation, strongly advise patients to visually inspect their tablets to**
1316 **verify that they are LAMICTAL XR each time they fill their prescription and to**
1317 **immediately talk to their doctor/pharmacist if they receive a LAMICTAL XR tablet**
1318 **without a white center and without “LAMICTAL XR” and the strength printed on the**
1319 **tablet as they may have received the wrong medication** [*see Dosage Forms and Strengths (3),*
1320 *How Supplied/Storage and Handling (16)*].

1321

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1326 GlaxoSmithKline
1327 Research Triangle Park, NC 27709
1328
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1331 LXR:xPI

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MEDICATION GUIDE

1335

1336 **LAMICTAL® (la-MIK-tal) XR™ (lamotrigine) Extended-Release Tablets**

1337

1338 Read this Medication Guide before you start taking LAMICTAL XR and each time you

1339 get a refill. There may be new information. This information does not take the place

1340 of talking with your healthcare provider about your medical condition or treatment.

1341 If you have questions about LAMICTAL XR, ask your healthcare provider or

1342 pharmacist.

1343

1344 **What is the most important information I should know about LAMICTAL**

1345 **XR?**

1346 **1. LAMICTAL XR may cause a serious skin rash that may cause you to be**

1347 **hospitalized or even cause death.**

1348 There is no way to tell if a mild rash will become more serious. A serious skin

1349 rash can happen at any time during your treatment with LAMICTAL XR, but is

1350 more likely to happen within the first 2 to 8 weeks of treatment. Children aged

1351 between 2 and 16 years have a higher chance of getting this serious skin rash

1352 while taking LAMICTAL XR. LAMICTAL XR is not approved for use in children

1353 younger than 13 years .

1354 The risk of getting a serious skin rash is higher if you:

1355 • take LAMICTAL XR while taking valproate [DEPAKENE® (valproic acid) or

1356 DEPAKOTE® (divalproex sodium)].

1357 • take a higher starting dose of LAMICTAL XR than your healthcare provider

1358 prescribed.

1359 • increase your dose of LAMICTAL XR faster than prescribed.

1360 **Call your healthcare provider right away if you have any of the**

1361 **following:**

1362 • **a skin rash**

1363 • **blistering or peeling of your skin**

1364 • **hives**

1365 • **painful sores in your mouth or around your eyes**

1366 These symptoms may be the first signs of a serious skin reaction. A healthcare

1367 provider should examine you to decide if you should continue taking LAMICTAL

1368 XR.

- 1369 **2. Other serious reactions, including serious blood problems or liver**
1370 **problems.** LAMICTAL XR can also cause other types of allergic reactions or
1371 serious problems that may affect organs and other parts of your body like your
1372 liver or blood cells. You may or may not have a rash with these types of
1373 reactions. Call your healthcare provider right away if you have any of these
1374 symptoms:
- 1375 • fever
 - 1376 • frequent infections
 - 1377 • severe muscle pain
 - 1378 • swelling of your face, eyes, lips, or tongue
 - 1379 • swollen lymph glands
 - 1380 • unusual bruising or bleeding
 - 1381 • weakness, fatigue
 - 1382 • yellowing of your skin or the white part of your eyes
- 1383 **3. Like other antiepileptic drugs, LAMICTAL XR may cause suicidal**
1384 **thoughts or actions in a very small number of people, about 1 in 500.**
- 1385 **Call a healthcare provider right away if you have any of these**
1386 **symptoms, especially if they are new, worse, or worry you:**
- 1387 • thoughts about suicide or dying
 - 1388 • attempt to commit suicide
 - 1389 • new or worse depression
 - 1390 • new or worse anxiety
 - 1391 • feeling agitated or restless
 - 1392 • panic attacks
 - 1393 • trouble sleeping (insomnia)
 - 1394 • new or worse irritability
 - 1395 • acting aggressive, being angry, or violent
 - 1396 • acting on dangerous impulses
 - 1397 • an extreme increase in activity and talking (mania)
 - 1398 • other unusual changes in behavior or mood
- 1399 **Do not stop LAMICTAL XR without first talking to a healthcare provider.**
- 1400 • Stopping LAMICTAL XR suddenly can cause serious problems.
 - 1401 • Suicidal thoughts or actions can be caused by things other than medicines. If
1402 you have suicidal thoughts or actions, your healthcare provider may check
1403 for other causes.
- 1404 **How can I watch for early symptoms of suicidal thoughts and actions?**
- 1405 • Pay attention to any changes, especially sudden changes, in mood,
1406 behaviors, thoughts, or feelings.

- 1407 • Keep all follow-up visits with your healthcare provider as scheduled.
1408 • Call your healthcare provider between visits as needed, especially if you are
1409 worried about symptoms.

1410 **4. LAMICTAL XR may rarely cause aseptic meningitis, a serious**
1411 **inflammation of the protective membrane that covers the brain and**
1412 **spinal cord.**

1413 **Call your healthcare provider right away if you have any of the following**
1414 **symptoms:**

- 1415 • headache
1416 • fever
1417 • nausea
1418 • vomiting
1419 • stiff neck
1420 • rash
1421 • unusual sensitivity to light
1422 • muscle pains
1423 • chills
1424 • confusion
1425 • drowsiness

1426 Meningitis has many causes other than LAMICTAL XR, which your doctor would
1427 check for if you developed meningitis while taking LAMICTAL XR.

1428 **LAMICTAL XR can have other serious side effects.** For more information
1429 ask your healthcare provider or pharmacist. Tell your healthcare provider if you
1430 have any side effect that bothers you. Be sure to read the section below entitled
1431 “**What are the possible side effects of LAMICTAL XR?**”

1432 **5. Patients prescribed LAMICTAL have sometimes been given the wrong**
1433 **medicine because many medicines have names similar to LAMICTAL, so**
1434 **always check that you receive LAMICTAL XR.**

1435 Taking the wrong medication can cause serious health problems. When your
1436 healthcare provider gives you a prescription for LAMICTAL XR:







- 1437 • Make sure you can read it clearly.
1438 • Talk to your pharmacist to check that you are given the correct medicine.
1439 • Each time you fill your prescription, check the tablets you receive against the
1440 pictures of the tablets below.

1441 These pictures show the distinct wording, colors, and shapes of the tablets
1442 that help to identify the right strength of LAMICTAL XR. Immediately call your

1443 pharmacist if you receive a LAMICTAL XR tablet that does not look like one of
1444 the tablets shown below, as you may have received the wrong medication.

1445
1446

LAMICTAL XR (lamotrigine) Extended-Release Tablets

 <p>25 mg, yellow with white center</p> <p>Imprinted with LAMICTAL XR 25</p>	 <p>50 mg, green with white center</p> <p>Imprinted with LAMICTAL XR 50</p>	 <p>100 mg, orange with white center</p> <p>Imprinted with LAMICTAL XR 100</p>
 <p>200 mg, blue with white center</p> <p>Imprinted with LAMICTAL XR 200</p>	 <p>250 mg, purple with white center</p> <p>Imprinted with LAMICTAL XR 250</p>	 <p>300 mg, gray with white center</p> <p>Imprinted with LAMICTAL XR 300</p>

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What is LAMICTAL XR?

1449 LAMICTAL XR is a prescription medicine used:

- 1450
- 1451 • together with other medicines to treat primary generalized tonic-clonic seizures and partial onset seizures in people aged 13 years and older.
 - 1452 • alone when changing from 1 other medicine used to treat partial-onset seizures in people aged 13 years and older.
- 1453

1454 It is not known if LAMICTAL XR is safe or effective in children younger than 13
1455 years. Other forms of LAMICTAL can be used in children aged 2 to 12 years.

1456 It is not known if LAMICTAL XR is safe or effective when used alone as the first
1457 treatment of seizures.

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Who should not take LAMICTAL XR?

1460 You should not take LAMICTAL XR if you have had an allergic reaction to
1461 lamotrigine or to any of the inactive ingredients in LAMICTAL XR. See the end of
1462 this leaflet for a complete list of ingredients in LAMICTAL XR.

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1464

What should I tell my healthcare provider before taking LAMICTAL XR?

- 1465 Before taking LAMICTAL XR, tell your healthcare provider about all of your medical
1466 conditions, including if you:
- 1467 • have had a rash or allergic reaction to another antiseizure medicine.
 - 1468 • have or have had depression, mood problems, or suicidal thoughts or behavior.
 - 1469 • have had aseptic meningitis after taking LAMICTAL (lamotrigine) or LAMICTAL
1470 XR.
 - 1471 • are taking oral contraceptives (birth control pills) or other female hormonal
1472 medicines. Do not start or stop taking birth control pills or other female
1473 hormonal medicine until you have talked with your healthcare provider. Tell your
1474 healthcare provider if you have any changes in your menstrual pattern such as
1475 breakthrough bleeding. Stopping these medicines may cause side effects (such
1476 as dizziness, lack of coordination, or double vision). Starting these medicines
1477 may lessen how well LAMICTAL XR works.
 - 1478 • are pregnant or plan to become pregnant. It is not known if LAMICTAL XR will
1479 harm your unborn baby. If you become pregnant while taking LAMICTAL XR, talk
1480 to your healthcare provider about registering with the North American
1481 Antiepileptic Drug Pregnancy Registry. You can enroll in this registry by calling
1482 1-888-233-2334. The purpose of this registry is to collect information about the
1483 safety of antiepileptic drugs during pregnancy.
 - 1484 • are breastfeeding. LAMICTAL XR passes into breast milk and may cause side
1485 effects in a breastfed baby. If you breastfeed while taking LAMICTAL XR, watch
1486 your baby closely for trouble breathing, episodes of temporarily stopping
1487 breathing, sleepiness, or poor sucking. Call your baby's healthcare provider right
1488 away if you see any of these problems. Talk to your healthcare provider about
1489 the best way to feed your baby if you take LAMICTAL XR.
- 1490 Tell your healthcare provider about all the medicines you take or if you are planning
1491 to take a new medicine, including prescription and non-prescription medicines,
1492 vitamins, and herbal supplements. If you use LAMICTAL XR with certain other
1493 medicines, they can affect each other, causing side effects.

1494
1495 **How should I take LAMICTAL XR?**

- 1496 • Take LAMICTAL XR exactly as prescribed.
- 1497 • Your healthcare provider may change your dose. Do not change your dose
1498 without talking to your healthcare provider.
- 1499 • Do not stop taking LAMICTAL XR without talking to your healthcare provider.
1500 Stopping LAMICTAL XR suddenly may cause serious problems. For example, if
1501 you have epilepsy and you stop taking LAMICTAL XR suddenly, you may have
1502 seizures that do not stop. Talk with your healthcare provider about how to stop
1503 LAMICTAL XR slowly.

- 1504 • If you miss a dose of LAMICTAL XR, take it as soon as you remember. If it is
1505 almost time for your next dose, just skip the missed dose. Take the next dose at
1506 your regular time. **Do not take 2 doses at the same time.**
- 1507 • If you take too much LAMICTAL XR, call your healthcare provider or your local
1508 Poison Control Center or go to the nearest hospital emergency room right away.
- 1509 • You may not feel the full effect of LAMICTAL XR for several weeks.
- 1510 • If you have epilepsy, tell your healthcare provider if your seizures get worse or if
1511 you have any new types of seizures.
- 1512 • LAMICTAL XR can be taken with or without food.
- 1513 • Do not chew, crush, or divide LAMICTAL XR.
- 1514 • Swallow LAMICTAL XR Tablets whole.
- 1515 • If you have trouble swallowing LAMICTAL XR Tablets, tell your healthcare
1516 provider because there may be another form of LAMICTAL you can take.
- 1517 • If you receive LAMICTAL XR in a blisterpack, examine the blisterpack before use.
1518 Do not use if blisters are torn, broken, or missing.
- 1519

1520 **What should I avoid while taking LAMICTAL XR?**

1521 Do not drive a car or operate complex, hazardous machinery until you know how
1522 LAMICTAL XR affects you.

1523

1524 **What are the possible side effects of LAMICTAL XR?**

1525 See "What is the most important information I should know about LAMICTAL XR?"

1526 Common side effects of LAMICTAL XR include:

- 1527 • dizziness
- 1528 • tremor
- 1529 • double vision
- 1530 • nausea
- 1531 • vomiting
- 1532 • trouble with balance and coordination
- 1533 • anxiety

1534 Other common side effects that have been reported with another form of LAMICTAL
1535 include headache, sleepiness, blurred vision, runny nose, and rash.

1536 Tell your healthcare provider about any side effect that bothers you or that does
1537 not go away.

1538 These are not all the possible side effects of LAMICTAL XR. For more information,
1539 ask your healthcare provider or pharmacist.

1540 Call your doctor for medical advice about side effects. You may report side effects
1541 to FDA at 1-800-FDA-1088.

1542

1543 **How should I store LAMICTAL XR?**

- 1544 • Store LAMICTAL XR at room temperature between 59°F and 86°F (15°C and
1545 30°C).
- 1546 • **Keep LAMICTAL XR and all medicines out of the reach of children.**

1547

1548 **General information about LAMICTAL XR**

1549 Medicines are sometimes prescribed for purposes other than those listed in a
1550 Medication Guide. Do not use LAMICTAL XR for a condition for which it was not
1551 prescribed. Do not give LAMICTAL XR to other people, even if they have the same
1552 symptoms you have. It may harm them.

1553 This Medication Guide summarizes the most important information about LAMICTAL
1554 XR. If you would like more information, talk with your healthcare provider. You can
1555 ask your healthcare provider or pharmacist for information about LAMICTAL XR that
1556 is written for healthcare professionals.

1557 For more information, go to www.lamictalxr.com or call 1-888-825-5249.

1558

1559 **What are the ingredients in LAMICTAL XR?**

1560 Active ingredient: lamotrigine.

1561 Inactive ingredients: glycerol monostearate, hypromellose, lactose monohydrate,
1562 magnesium stearate, methacrylic acid copolymer dispersion, polyethylene glycol
1563 400, polysorbate 80, silicon dioxide (25- and 50-mg tablets only), titanium dioxide,
1564 triethyl citrate, carmine (250-mg tablet only), iron oxide black (50-, 250-, and 300-
1565 mg tablets only), iron oxide yellow (25-, 50-, and 100-mg tablets only), iron oxide
1566 red (100-mg tablet only), FD&C Blue No. 2 Aluminum Lake (200- and 250-mg
1567 tablets only). Tablets are printed with edible black ink.

1568

1569 **This Medication Guide has been approved by the U.S. Food and Drug**
1570 **Administration.**

1571

1572 LAMICTAL XR is a trademark of the GSK group of companies. The other brands
1573 listed are trademarks of their respective owners and are not trademarks of the GSK
1574 group of companies. The makers of these brands are not affiliated with and do not
1575 endorse the GSK group of companies or its products.

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1579 GlaxoSmithKline

1580 Research Triangle Park, NC 27709

1581

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1584 December 2014

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