



Don't Forget
To Take Your
HELIDAC[®] Therapy

(bismuth subsalicylate/
metronidazole/
tetracycline hydrochloride)



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Freedom from your ulcer can be on the horizon!



Congratulations.

You've finished the first 7 days of your 14-day therapy. You may feel better, but be sure to keep taking your medicine.

You need all 14 days of medicine to get rid of the germs that cause the ulcer. If you stop now, some germs may not be gone and your ulcer could return.

So keep up the good work!

HE010A02

Don't stop until all your medicine is gone.

Day 1

Freedom from your ulcer? Let's get started! Just chew and swallow the two pink tablets. Then, swallow the white tablet and the capsule with a glass of water.

So you won't forget to take your medicine at the right times, put the "reminder stickers" where you are most likely to see them—on your refrigerator, TV, alarm clock, or computer screen.

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HE009B09

Day 2

Off to a good start! Remember:
Take all four doses of the therapy
(4 pills per dose)—at breakfast,
lunch, dinner, and bedtime. Even if
you skip a meal, take your medicine
anyway.

Doesn't that blister card make life a
little easier?

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Day 3

Have you noticed any darkening of your tongue or stool? These are likely temporary side effects that should go away after your therapy is complete, but call your prescriber if these or any other side effects bother you.

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Day 4

Don't stop taking your medicine, even if you start to feel better. Each day of treatment is required to get rid of all the germs and help stop your ulcer from coming back.

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Day 5

Guess what? You are one-third of the way through your therapy! Keep up the good work. Each day helps bring freedom from your ulcer closer.

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Day 6

Don't forget: Alcohol and the **HELIDAC Therapy** don't mix and could make you feel sick.

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Day 7

Don't end up looking like a lobster! One of the medicines in the **HELIDAC Therapy** may make your skin more likely to burn. Avoid tanning studios and stay out of the sun if possible. If you work or play outdoors, wear a protective sunscreen.

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Day 8

Congratulations! You are halfway through your **HELIDAC Therapy**. Just one more week to go!

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Day 9

Remember: If you miss a dose of your medicine, don't double the dose to make up for it. Just keep taking the therapy as prescribed until all your medication is gone.

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Day 10

Now you are two-thirds of the way through your therapy. Just think— freedom from your ulcer can be on the horizon. Aren't you glad you've made the effort to take your medicine according to the instructions?

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Day 11

Don't forget: Each dose of the **HELIDAC Therapy** counts. So even if you are feeling well, don't stop. Keep up the good work.

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Day 12

Look at how the stack of blister cards is going away. Don't stop until all the cards are gone. Each day of therapy is needed to get rid of the germs.

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Day 13

Freedom from your ulcer can be within your reach! Don't slack off now—stick with your scheduled doses through tomorrow—and take a bow!

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Day 14

You did it! Take all your medicine today and you can look forward to a future free from your ulcer.

Congratulations!

Remember, the **HELIDAC Therapy** gets rid of the infection that causes ulcers in most patients. However, if you are one of the few who continues to have ulcer symptoms, please contact your prescriber.

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