

1	HIGHLIGHTS OF PRESCRIBING INFORMATION	33
2	These highlights do not include all the information	34
3	needed to use CAYSTON safely and effectively. See full	35
4	prescribing information for CAYSTON.	36
5		37
6	CAYSTON® (aztreonam for inhalation solution)	38
7	Initial U.S. Approval: 1986	39
8		40
9	To reduce the development of drug-resistant bacteria and	41
10	maintain the effectiveness of CAYSTON and other	42
11	antibacterial drugs, CAYSTON should be used only to treat	43
12	patients with cystic fibrosis (CF) known to have	44
13	<i>Pseudomonas aeruginosa</i> in the lungs.	45
14		46
15	-----INDICATIONS AND USAGE-----	47
16	CAYSTON is a monobactam antibacterial indicated to improve	48
17	respiratory symptoms in cystic fibrosis (CF) patients with	49
18	<i>Pseudomonas aeruginosa</i> . Safety and effectiveness have not	50
19	been established in pediatric patients below the age of 7 years,	51
20	patients with FEV ₁ <25% or >75% predicted, or patients	52
21	colonized with <i>Burkholderia cepacia</i> . (1)	53
22		54
23	-----DOSAGE AND ADMINISTRATION-----	55
24	• Administer one dose (one single use vial and one ampule	56
25	of diluent) 3 times a day for 28 days. (2.1)	57
26	• Use dose immediately after reconstitution. (2.2)	58
27	• Administer only with the Altera® Nebulizer System. Do	59
28	not administer with any other type of nebulizer. (2.3)	60
29		61
30	-----DOSAGE FORMS AND STRENGTHS-----	62
31	• Lyophilized aztreonam (75 mg/vial) (3)	63
32	• Diluent (0.17% sodium chloride): 1 mL/ampule (3)	
64		
65		89
66	FULL PRESCRIBING INFORMATION:	90
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-----CONTRAINDICATIONS-----
• Do not administer to patients with a known allergy to aztreonam. (4)

-----WARNINGS AND PRECAUTIONS-----
• Allergic reaction to CAYSTON was seen in clinical trials. Stop treatment if an allergic reaction occurs. Use caution when CAYSTON is administered to patients with a known allergic reaction to beta-lactams. (5.1)
• Bronchospasm has been reported with CAYSTON. Stop treatment if chest tightness develops during nebulizer use. (5.2)

-----ADVERSE REACTIONS-----
• Common adverse reactions (more than 5%) occurring more frequently in CAYSTON patients are cough, nasal congestion, wheezing, pharyngolaryngeal pain, pyrexia, chest discomfort, abdominal pain and vomiting. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact Gilead Sciences, Inc. at 1-800-GILEAD5, option 3 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

See 17 for PATIENT COUNSELING INFORMATION and FDA-Approved Patient Labeling

Revised: February 2010

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113 **1 INDICATIONS AND USAGE**

114

115 CAYSTON[®] is indicated to improve respiratory symptoms in cystic
116 fibrosis (CF) patients with *Pseudomonas aeruginosa*. Safety and
117 effectiveness have not been established in pediatric patients below the
118 age of 7 years, patients with FEV₁ <25% or >75% predicted, or
119 patients colonized with *Burkholderia cepacia* [see *Clinical Studies*
120 (14)].

121

122 To reduce the development of drug-resistant bacteria and maintain the
123 effectiveness of CAYSTON and other antibacterial drugs, CAYSTON
124 should be used only to treat patients with CF known to have
125 *Pseudomonas aeruginosa* in the lungs.

126

127 **2 DOSAGE AND ADMINISTRATION**

128

129 **2.1 Dosing Information**

130

131 The recommended dose of CAYSTON for both adults and
132 pediatric patients 7 years of age and older is one single-use vial
133 (75 mg of aztreonam) reconstituted with 1 mL of sterile diluent
134 administered 3 times a day for a 28-day course (followed by
135 28 days off CAYSTON therapy). Dosage is not based on weight
136 or adjusted for age. Doses should be taken at least 4 hours apart.

137

138 CAYSTON is administered by inhalation using an Altera[®] Nebulizer
139 System. Patients should use a bronchodilator before administration of
140 CAYSTON.

141

142 **2.2 Instructions for CAYSTON Reconstitution**

143

144 *CAYSTON should be administered immediately after*
145 *reconstitution. Do not reconstitute CAYSTON until ready to*
146 *administer a dose.*

147

148 Take one amber glass vial containing CAYSTON and one diluent
149 ampule from the carton. To open the glass vial, carefully remove the
150 metal ring by pulling the tab and remove the gray rubber stopper.
151 Twist the tip off the diluent ampule and squeeze the liquid into the
152 glass vial. Replace the rubber stopper, then gently swirl the vial until
153 contents have completely dissolved.

154

155 The empty vial, stopper, and diluent ampule should be disposed of
156 properly upon completion of dosing.

157

158 **2.3 Instructions for CAYSTON Administration**

159
160 CAYSTON is administered by inhalation using an Altera
161 Nebulizer System. CAYSTON should not be administered with
162 any other nebulizer. CAYSTON should not be mixed with any
163 other drugs in the Altera Nebulizer Handset.
164
165 CAYSTON is not for intravenous or intramuscular administration.
166
167 Patients should use a bronchodilator before administration of
168 CAYSTON. Short-acting bronchodilators can be taken between
169 15 minutes and 4 hours prior to each dose of CAYSTON.
170 Alternatively, long-acting bronchodilators can be taken between
171 30 minutes and 12 hours prior to administration of CAYSTON.
172 For patients taking multiple inhaled therapies, the recommended
173 order of administration is as follows: bronchodilator, mucolytics,
174 and lastly, CAYSTON.
175
176 To administer CAYSTON, pour the reconstituted solution into the
177 handset of the nebulizer system. Turn the unit on. Place the
178 mouthpiece of the handset in your mouth and breathe normally only
179 through your mouth. Administration typically takes between 2 and 3
180 minutes. Further patient instructions on how to administer CAYSTON
181 are provided in the [FDA-approved patient labeling](#). Instructions on
182 testing nebulizer functionality and cleaning the handset are provided in
183 the Instructions for Use included with the nebulizer system.

184 185 **3 DOSAGE FORMS AND STRENGTHS**

186
187 A dose of CAYSTON consists of a single-use vial of sterile,
188 lyophilized aztreonam (75 mg) reconstituted with a 1 mL ampule
189 of sterile diluent (0.17% sodium chloride). Reconstituted
190 CAYSTON is administered by inhalation.

191 192 **4 CONTRAINDICATIONS**

193
194 CAYSTON is contraindicated in patients with a known allergy to
195 aztreonam.

196 197 **5 WARNINGS AND PRECAUTIONS**

198 199 **5.1 Allergic Reactions**

200
201 Severe allergic reactions have been reported following
202 administration of aztreonam for injection to patients with no
203 known history of exposure to aztreonam. In addition, allergic
204 reaction with facial rash, facial swelling, and throat tightness was

205 reported with CAYSTON in clinical trials. If an allergic reaction to
206 CAYSTON occurs, stop administration of CAYSTON and initiate
207 treatment as appropriate.

208
209 Caution is advised when administering CAYSTON to patients if
210 they have a history of beta-lactam allergy, although patients with a
211 known beta-lactam allergy have received CAYSTON in clinical
212 trials and no severe allergic reactions were reported. A history of
213 allergy to beta-lactam antibiotics, such as penicillins,
214 cephalosporins, and/or carbapenems, may be a risk factor, since
215 cross-reactivity may occur.

216 217 **5.2 Bronchospasm**

218
219 Bronchospasm is a complication associated with nebulized
220 therapies, including CAYSTON. Reduction of 15% or more in
221 forced expiratory volume in 1 second (FEV₁) immediately
222 following administration of study medication after pretreatment
223 with a bronchodilator was observed in 3% of patients treated with
224 CAYSTON.

225 226 **5.3 Decreases in FEV₁ After 28-Day Treatment Cycle**

227
228 In clinical trials, patients with increases in FEV₁ during a 28-day
229 course of CAYSTON were sometimes treated for pulmonary
230 exacerbations when FEV₁ declined after the treatment period.
231 Healthcare providers should consider a patient's baseline FEV₁
232 measured prior to CAYSTON therapy and the presence of other
233 symptoms when evaluating whether post-treatment changes in
234 FEV₁ are caused by a pulmonary exacerbation.

235 236 **5.4 Development of Drug-Resistant Bacteria**

237
238 Prescribing CAYSTON in the absence of known *Pseudomonas*
239 *aeruginosa* infection in patients with CF is unlikely to provide
240 benefit and increases the risk of development of drug-resistant
241 bacteria.

242 243 **6 ADVERSE REACTIONS**

244 245 **6.1 Clinical Trials Experience**

246
247 Because clinical trials are conducted under widely varying
248 conditions, adverse reaction rates observed in the clinical trials of
249 drugs cannot be directly compared to rates in the clinical trials of
250 another drug and may not reflect the rates observed in practice.

251
252 The safety of CAYSTON was evaluated in 344 patients from two
253 placebo-controlled trials and one open-label follow-on trial. In
254 controlled trials, 146 patients with CF received 75 mg CAYSTON
255 3 times a day for 28 days.

256
257 [Table 1](#) displays adverse reactions reported in more than 5% of
258 patients treated with CAYSTON 3 times a day in placebo-
259 controlled trials. The listed adverse reactions occurred more
260 frequently in CAYSTON-treated patients than in placebo-treated
261 patients.

262
263 **Table 1. Adverse Reactions Reported in more than 5% of Patients**
264 **Treated with CAYSTON in the Placebo-Controlled Trials**

Event (Preferred Term)	Placebo (N = 160) n (%)	CAYSTON 75 mg 3 times a day (N = 146) n (%)
Cough	82 (51%)	79 (54%)
Nasal congestion	19 (12%)	23 (16%)
Wheezing	16 (10%)	23 (16%)
Pharyngolaryngeal pain	17 (11%)	18 (12%)
Pyrexia	9 (6%)	19 (13%)
Chest discomfort	10 (6%)	11 (8%)
Abdominal Pain	8 (5%)	10 (7%)
Vomiting	7 (4%)	9 (6%)

265
266 Adverse reactions that occurred in less than 5% of patients treated
267 with CAYSTON were bronchospasm (3%) [*see Warnings and*
268 *Precautions (5.2)*] and rash (2%).

269
270 **7 DRUG INTERACTIONS**

271
272 No formal clinical studies of drug interactions with CAYSTON have
273 been conducted.

274
275 **8 USE IN SPECIFIC POPULATIONS**

276
277 **8.1 Pregnancy**

278 *Pregnancy Category B*
279 No reproductive toxicology studies have been conducted with
280 CAYSTON. However, studies were conducted with aztreonam for
281 injection. Aztreonam has been shown to cross the placenta and enter
282 fetal circulation. No evidence of embryo or fetotoxicity or
283

284 teratogenicity has been shown in studies with pregnant rats and
285 rabbits. In rats receiving aztreonam for injection during late gestation
286 and lactation, no drug induced changes in maternal, fetal or neonatal
287 parameters were observed. These animal reproduction and
288 developmental toxicity studies used parenteral routes of administration
289 that would provide systemic exposures far in excess of the average
290 peak plasma levels measured in humans following CAYSTON
291 therapy.

292
293 No adequate and well-controlled studies of aztreonam for injection or
294 CAYSTON in pregnant women have been conducted. Because animal
295 reproduction studies are not always predictive of human response,
296 CAYSTON should be used during pregnancy only if clearly needed.

297

298 **8.3 Nursing Mothers**

299

300 Following administration of aztreonam for injection, aztreonam is
301 excreted in human milk at concentrations that are less than one percent
302 of those determined in simultaneously obtained maternal serum. Peak
303 plasma concentrations of aztreonam following administration of
304 CAYSTON (75 mg) are approximately 1% of peak concentrations
305 observed following IV aztreonam (500 mg). Therefore, use of
306 CAYSTON during breastfeeding is unlikely to pose a risk to infants.

307

308 **8.4 Pediatric Use**

309

310 Patients 7 years and older were included in clinical trials with
311 CAYSTON. Fifty-five patients under 18 years of age received
312 CAYSTON in placebo-controlled trials. No dose adjustments
313 were made for pediatric patients. Pyrexia was more commonly
314 reported in pediatric patients than in adult patients. Safety and
315 effectiveness in pediatric patients below the age of 7 years have
316 not been established.

317

318 **8.5 Geriatric Use**

319

320 Clinical trials of CAYSTON did not include CAYSTON-treated
321 patients aged 65 years of age and older to determine whether they
322 respond differently from younger patients.

323

324 **8.6 Use in Patients with Renal Impairment**

325

326 Aztreonam is known to be excreted by the kidney. Placebo-controlled
327 clinical trials with CAYSTON excluded patients with abnormal
328 baseline renal function (defined as serum creatinine greater than
329 2 times the upper limit of normal range). Given the low systemic

330 exposure of aztreonam following administration of CAYSTON,
331 clinically relevant accumulation of aztreonam is unlikely to occur in
332 patients with renal impairment. Therefore, CAYSTON may be
333 administered to patients with mild, moderate and severe renal
334 impairment with no dosage adjustment.

335

336 **10 OVERDOSAGE**

337

338 No overdoses have been reported with CAYSTON in clinical trials to
339 date. In clinical trials, 225 mg doses of CAYSTON via inhalation
340 were associated with higher rates of drug-related respiratory adverse
341 reactions, particularly cough. Since the peak plasma concentration of
342 aztreonam following administration of CAYSTON (75 mg) is
343 approximately 0.6 mcg/mL, compared to a serum concentration of 54
344 mcg/mL following administration of aztreonam for injection (500 mg),
345 no systemic safety issues associated with CAYSTON overdose are
346 anticipated.

347

348 **11 DESCRIPTION**

349

350 A dose of CAYSTON consists of a 2 mL amber glass vial
351 containing lyophilized aztreonam (75 mg) and lysine (46.7 mg),
352 and a low-density polyethylene ampule containing 1 mL sterile
353 diluent (0.17% sodium chloride). The reconstituted solution is for
354 inhalation. The formulation contains no preservatives or arginine.

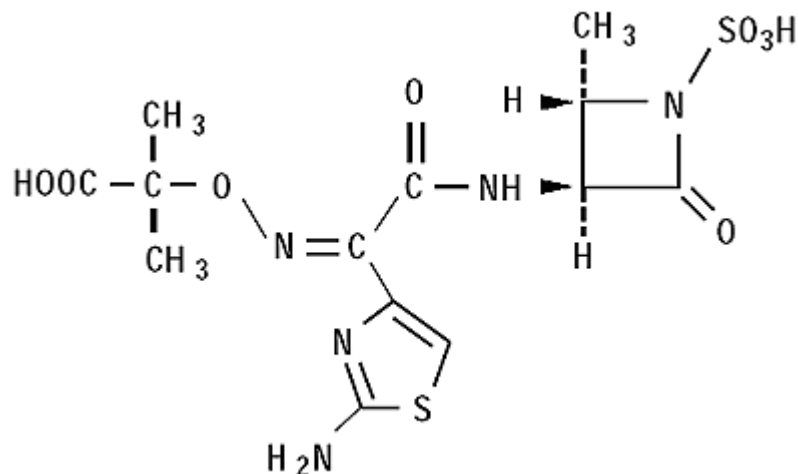
355

356 The active ingredient in CAYSTON is aztreonam, a monobactam
357 antibacterial. The monobactams are structurally different from
358 beta-lactam antibiotics (e.g., penicillins, cephalosporins,
359 carbapenems) due to a monocyclic nucleus. This nucleus contains
360 several side chains; sulfonic acid in the 1-position activates the
361 nucleus, an aminothiazolyl oxime side chain in the 3-position
362 confers specificity for aerobic Gram-negative bacteria including
363 *Pseudomonas spp.*, and a methyl group in the 4-position enhances
364 beta-lactamase stability.

365

366 Aztreonam is designated chemically as (Z)-2-[[[(2-amino-4-
367 thiazolyl)[[(2S,3S)-2-methyl-4-oxo-1-sulfo-3-
368 azetidiny]carbamoyl]methylene]amino]oxy]-2-methylpropionic
369 acid. The structural formula is presented below:

370



371

372

373 CAYSTON is a white to off-white powder. CAYSTON is sterile,

374 hygroscopic, and light sensitive. Once reconstituted with the

375 supplied diluent, the pH range is 4.5 to 6.0.

376

377 12 CLINICAL PHARMACOLOGY

378

379 12.1 Mechanism of Action

380

381 Aztreonam is an antibacterial drug [see *Clinical Pharmacology*

382 (12.4)].

383

384 12.3 Pharmacokinetics

385

386 *Sputum Concentrations*

387 Sputum aztreonam concentrations exhibited considerable

388 variability between patients receiving CAYSTON (75 mg) in

389 clinical trials. The mean sputum concentration 10 minutes

390 following the first dose of CAYSTON (n = 195 patients with CF)

391 was 726 mcg/g. Mean sputum concentrations of aztreonam in

392 patients receiving CAYSTON 3 times a day for 28 days were 984

393 mcg/g, 793 mcg/g, and 715 mcg/g 10 minutes after dose

394 administration on Days 0, 14, and 28, respectively, indicating no

395 accumulation of aztreonam in sputum.

396

397 *Plasma Concentrations*

398 Plasma aztreonam concentrations exhibited considerable variability

399 between patients receiving CAYSTON (75 mg) in the clinical trials.

400 The mean plasma concentration one hour following the first dose of

401 CAYSTON (at approximately the peak plasma concentration) was

402 0.59 mcg/mL. Mean peak plasma concentrations in patients receiving

403 CAYSTON 3 times a day for 28 days were 0.55 mcg/mL, 0.67

404 mcg/mL, and 0.65 mcg/mL on Days 0, 14, and 28, respectively,

405 indicating no systemic accumulation of aztreonam. In contrast, the
406 serum concentration of aztreonam following administration of
407 aztreonam for injection (500 mg) is approximately 54 mcg/mL.
408

409 *Absorption*

410 Evaluation of plasma and urine aztreonam concentrations following
411 administration of CAYSTON indicates low systemic absorption of
412 aztreonam. Approximately 10% of the total CAYSTON dose is
413 excreted in the urine as unchanged drug, as compared to 60–65%
414 following intravenous administration of aztreonam for injection.
415

416 *Distribution*

417 The protein binding of aztreonam in serum is approximately 56% and
418 is independent of dose.
419

420 *Metabolism*

421 Following intramuscular administration of aztreonam for injection
422 500 mg every 8 hours for 7 days, approximately 6% of the dose
423 was excreted as a microbiologically inactive open β -lactam ring
424 hydrolysis product in an 8-hour urine collection on the last day of
425 multiple dosing.
426

427 *Excretion*

428 The elimination half-life of aztreonam from plasma is approximately
429 2.1 hours following administration of CAYSTON to adult patients
430 with CF, similar to what has been reported for aztreonam for injection.
431 Approximately 10% of the total CAYSTON dose is excreted in the
432 urine as unchanged drug. Systemically absorbed aztreonam is
433 eliminated about equally by active tubular secretion and glomerular
434 filtration. Following administration of a single intravenous dose of
435 radiolabeled aztreonam for injection, about 12% of the dose was
436 recovered in the feces.
437

438 **12.4 Microbiology**

439 *Mechanism of Action*

440
441
442 Aztreonam exhibits activity *in vitro* against Gram-negative aerobic
443 pathogens including *P. aeruginosa*. Aztreonam binds to penicillin-
444 binding proteins of susceptible bacteria, which leads to inhibition of
445 bacterial cell wall synthesis and death of the cell. Aztreonam activity is
446 not decreased in the presence of CF lung secretions.
447

448 *Susceptibility Testing*

449

450 A single sputum sample from a patient with CF may contain multiple
451 morphotypes of *P. aeruginosa* and each morphotype may have a
452 different level of *in vitro* susceptibility to aztreonam. There are no *in*
453 *vitro* susceptibility test interpretive criteria for isolates of *P.*
454 *aeruginosa* obtained from the sputum of CF patients.¹

455

456 *Development of Resistance*

457

458 No changes in the susceptibility of *P. aeruginosa* to aztreonam were
459 observed following a 28-day course of CAYSTON in the placebo-
460 controlled trials.

461

462 *Cross-Resistance*

463

464 No cross-resistance to other classes of antibiotics, including
465 aminoglycosides, quinolones, and beta-lactams, was observed
466 following a 28-day course of CAYSTON in the Phase 3 placebo-
467 controlled trials or in an open-label follow-on trial of up to nine 28-day
468 courses of 75 mg CAYSTON 3 times a day.

469

470 *Other*

471

472 No trends in the treatment-emergent isolation of other bacterial
473 respiratory pathogens (*Burkholderia cepacia*, *Stenotrophomonas*
474 *maltophilia*, *Achromobacter xylosoxidans*, and *Staphylococcus aureus*)
475 were observed in clinical trials. There was a slight increase in the
476 isolation of *Candida spp.* following up to nine 28-day courses of
477 CAYSTON therapy.

478

479 **13 NONCLINICAL TOXICOLOGY**

480

481 **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

482

483 A 104-week rat inhalation toxicology study to assess the
484 carcinogenic potential of aztreonam demonstrated no drug-related
485 increase in the incidence of tumors. Rats were exposed to
486 aztreonam for up to 4 hours per day. Peak plasma levels of
487 aztreonam averaging approximately 6.8 mcg/mL were measured in
488 rats at the highest dose level. This is approximately 12-fold higher
489 than the average peak plasma level measured in humans following
490 CAYSTON therapy.

491

492 Genetic toxicology studies performed *in vitro* demonstrated that
493 aztreonam did not induce structural chromosome aberrations in
494 CHO cells and did not induce mutations at the TK locus in mouse
495 lymphoma L5178Y TK^{+/+} cells. Likewise, genetic toxicology

496 studies performed *in vivo* did not reveal evidence of mutagenic
497 potential.

498
499 Aztreonam did not impair the fertility of rats when administered at
500 doses that would provide systemic exposures far in excess of peak
501 plasma levels measured in humans following CAYSTON therapy.

502
503 **14 CLINICAL STUDIES**

504
505 CAYSTON was evaluated over a period of 28 days of treatment in a
506 randomized, double-blind, placebo-controlled, multicenter trial that
507 enrolled patients with CF and *P. aeruginosa*. This trial was designed
508 to evaluate improvement in respiratory symptoms. Patients 7 years of
509 age and older and with FEV₁ of 25% to 75% predicted were enrolled.
510 All patients received CAYSTON or placebo on an outpatient basis
511 administered with the Altera Nebulizer System. All patients were
512 required to take a dose of an inhaled bronchodilator (beta-agonist)
513 prior to taking a dose of CAYSTON or placebo. Patients were
514 receiving standard care for CF, including drugs for obstructive airway
515 diseases.

516
517 The trial enrolled 164 patients with CF and *P. aeruginosa*. The mean
518 age was 30 years, and the mean baseline FEV₁ % predicted was 55%;
519 43% were females and 96% were Caucasian. These patients were
520 randomized in a 1:1 ratio to receive either CAYSTON (75 mg) or
521 volume-matched placebo administered by inhalation 3 times a day for
522 28 days. Patients were required to have been off antibiotics for at least
523 28 days before treatment with study drug. The primary efficacy
524 endpoint was improvement in respiratory symptoms on the last day of
525 treatment with CAYSTON or placebo. Respiratory symptoms were
526 also assessed two weeks after the completion of treatment with
527 CAYSTON or placebo. Changes in respiratory symptoms were
528 assessed using a questionnaire that asks patients to report on symptoms
529 like cough, wheezing, and sputum production.

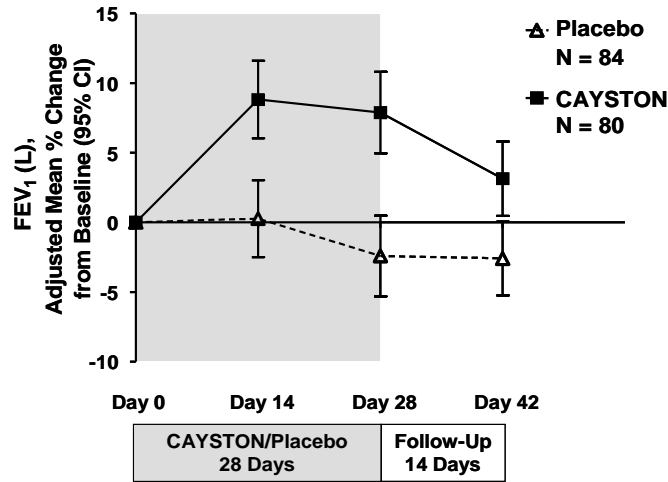
530
531 Improvement in respiratory symptoms was noted for CAYSTON-
532 treated patients relative to placebo-treated patients on the last day of
533 drug treatment. Statistically significant improvements were seen in
534 both adult and pediatric patients, but were substantially smaller in
535 adult patients. Two weeks after completion of treatment, a difference
536 in respiratory symptoms between treatment groups was still present,
537 though the difference was smaller.

538
539 Pulmonary function, as measured by FEV₁ (L), increased from
540 baseline in patients treated with CAYSTON (see Figure 1). The
541 treatment difference at Day 28 between CAYSTON-treated and

542 placebo-treated patients for percent change in FEV₁ (L) was
543 statistically significant at 10% (95% CI: 6%, 14%). Improvements in
544 FEV₁ were comparable between adult and pediatric patients. Two
545 weeks after completion of drug treatment, the difference in FEV₁
546 between CAYSTON and placebo groups had decreased to 6% (95%
547 CI: 2%, 9%).

548

549 **Figure 1. Adjusted Mean Percent Change in FEV₁ from Baseline**
550 **to Study End (Days 0-42).**



551
552

553 **15 REFERENCES**

554

- 555 1. Clinical and Laboratory Standards Institute (CLSI). Methods for
556 Dilution Antimicrobial Susceptibility Tests for Bacteria that Grow
557 Aerobically—Eighth Edition; Approved Standard. CLSI
558 Document M7-A8. CLSI, Wayne, PA 19087. January, 2009.

559

560 **16 HOW SUPPLIED/STORAGE AND HANDLING**

561

562 Each kit for a 28-day course of CAYSTON contains 84 sterile vials of
563 CAYSTON and 88 ampules of sterile diluent packed in 2 cartons, each
564 carton containing a 14-day supply. The four additional diluent
565 ampules are provided in case of spillage.

566

Package Configuration	Dosage Strength	NDC No.
28-Day Kit	75 mg	61958-0901-1

567

568 CAYSTON vials and diluent ampules should be stored in the
569 refrigerator at 2 °C to 8 °C (36 °F to 46 °F) until needed. Once
570 removed from the refrigerator, CAYSTON and diluent may be
571 stored at room temperature (up to 25 °C/77 °F) for up to 28 days.
572 Do not separate the CAYSTON vials from the diluent ampules.
573 CAYSTON should be protected from light.

574

575 Do not use CAYSTON if it has been stored at room temperature
576 for more than 28 days. Do not use CAYSTON beyond the
577 expiration date stamped on the vial. Do not use diluent beyond the
578 expiration date embossed on the ampule.

579

580 CAYSTON should be used immediately upon reconstitution. Do
581 not reconstitute more than one dose at a time.

582

583 Do not use diluent or reconstituted CAYSTON if it is cloudy or if
584 there are particles in the solution.

585

586 **17 PATIENT COUNSELING INFORMATION**

587

588 *See FDA-Approved Patient Labeling*

589

590 Patients should be advised that CAYSTON is for inhalation use
591 only and that CAYSTON should only be administered using the
592 Altera Nebulizer System. Patients should be instructed only to
593 reconstitute CAYSTON with the provided diluent and not mix
594 other drugs with CAYSTON in the Altera Nebulizer System.

595

596 Patients should be advised to complete the full 28-day course of
597 CAYSTON even if they are feeling better. Inform the patient that
598 if they miss a dose, they should take all 3 daily doses as long as the
599 doses are at least 4 hours apart.

600

601 Patients should be advised to use a bronchodilator prior to
602 administration of CAYSTON. Patients taking several inhaled
603 medications should be advised to use the medications in the
604 following order of administration: bronchodilator, mucolytics, and
605 lastly, CAYSTON.

606

607 Patients should be advised to tell their doctor if they have new or
608 worsening symptoms. Patients who believe they are experiencing
609 an allergic reaction to CAYSTON should be advised to contact
610 their doctor immediately.

611

612 Patients should be counseled that antibacterial drugs including
613 CAYSTON should only be used to treat bacterial infections. They
614 do not treat viral infection (e.g., the common cold). When
615 CAYSTON is prescribed to treat a bacterial infection, patients
616 should be told that although it is common to feel better early in the
617 course of therapy, the medication should be taken as directed.
618 Skipping doses or not completing the full course of therapy may
619 (1) decrease the effectiveness of the immediate treatment and
620 (2) increase the likelihood that bacteria will develop resistance and
621 will not be treatable by CAYSTON or other antibacterial drugs in
622 the future.

623

624 Manufactured by: Gilead Sciences, Inc., Foster City, CA 94404

625

626 CAYSTON is a trademark of Gilead Sciences, Inc. All other
627 trademarks referenced herein are the property of their respective
628 owners.

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FDA-Approved Patient Labeling

Patient Information

CAYSTON[®] (kay-stun) (aztreonam for inhalation solution)

Read this Patient Information before you start taking CAYSTON and each time you get a refill. This information does not take the place of talking with your doctor about your medical condition or your treatment.

What is CAYSTON?

CAYSTON is a prescription inhaled antibiotic. CAYSTON is used to improve breathing symptoms in people with cystic fibrosis (CF) who have *Pseudomonas aeruginosa* (*P. aeruginosa*) in their lungs.

CAYSTON is only for infections caused by bacteria. It is not for infections caused by viruses, such as the common cold.

CAYSTON is used only with the Altera[®] Nebulizer System.

It is not known if CAYSTON is safe and effective in children under the age of 7.

Who should not take CAYSTON?

Do not take CAYSTON if you are allergic to aztreonam (AZACTAM[®]).

What should I tell my doctor before taking CAYSTON?

Before taking CAYSTON, tell your doctor if you:

- are allergic to any antibiotics.
- are pregnant or plan to become pregnant.
- are breast-feeding or plan to breast feed. Talk to your doctor about the best way to breast feed your baby if you take CAYSTON.

Tell your doctor about all the medicine you take, including prescription and non-prescription medicines, vitamins and herbal supplements.

Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

How should I take CAYSTON?

- Take CAYSTON exactly as prescribed by your doctor.

- 678 • The dose of CAYSTON for both adults and children 7 years of
679 age and older is one vial of CAYSTON, mixed with one
680 ampule of saline (diluent) 3 times a day.
- 681 • Doses of CAYSTON should be taken at least 4 hours apart (for
682 example: morning, after school, and before bed).
- 683 • CAYSTON should be taken for 28 days.
- 684 • CAYSTON is taken as a breathing treatment (inhalation) with
685 the Altera Nebulizer System. Do not use any other nebulizer
686 for your CAYSTON treatment.
- 687 • You should use an inhaled bronchodilator (a type of medicine
688 used to relax and open your airways) before taking a dose of
689 CAYSTON. If you do not have an inhaled bronchodilator, ask
690 your doctor to prescribe one for you.
- 691 • If you are taking several medicines or treatments to treat your
692 cystic fibrosis, you should take your medicines or other
693 treatments in this order:
 - 694 1) bronchodilator
 - 695 2) mucolytics (medicines to help clear mucus from your
696 lungs)
 - 697 3) CAYSTON
- 698 • You should take CAYSTON as prescribed, in courses of 28
699 days on CAYSTON, followed by at least 28 days off
700 CAYSTON, as directed by your doctor.
- 701 • Do not mix CAYSTON with any other medicines in your
702 Altera Nebulizer System.
- 703 • Do not mix CAYSTON with the saline until right before you
704 are ready to use it. Do not mix more than one dose of
705 CAYSTON at a time.
- 706 • Each treatment should take about 2 to 3 minutes.
- 707 • If you miss a dose of CAYSTON, you can still take all 3 daily
708 doses as long as they are at least 4 hours apart.
- 709 • It is important for you to finish taking the full 28-day course of
710 CAYSTON even if you are feeling better. If you skip doses or
711 do not finish the full 28-day course of CAYSTON, your
712 infection may not be fully treated and CAYSTON may not
713 work as well as a treatment for infections in the future.
- 714 • See the end of this Patient Information leaflet for the Patient
715 Instructions for Use on how to take CAYSTON the right way.
716

717 **What are the possible side effects of CAYSTON?**

718 CAYSTON can cause serious side effects, including:

- 719 • **Severe allergic reactions. Stop your treatment with**
720 **CAYSTON and call your doctor right away if you have any**
721 **symptoms of an allergic reaction, including:**
 - 722 ○ Rash or swelling of your face
 - 723 ○ Throat tightness

- 724 • **Trouble breathing right after treatment with CAYSTON**
725 **(bronchospasm).** To decrease the chance of this happening,
726 be sure to use your inhaled bronchodilator medicine before
727 each treatment with CAYSTON. See “How should I take
728 CAYSTON?”

729

730 **Common side effects of CAYSTON include:**

- 731 • Cough
732 • Nasal congestion
733 • Wheezing
734 • Sore throat
735 • Fever. Fever may be more common in children than in adults.
736 • Chest discomfort
737 • Stomach area (abdominal) pain
738 • Vomiting

739

740 Tell your doctor if you have any new or worsening symptoms while
741 taking CAYSTON. Tell your doctor about any side effect that bothers
742 you or that does not go away.

743

744 These are not all the possible side effects of CAYSTON. For more
745 information, ask your doctor or pharmacist.

746

747 Call your doctor for medical advice about side effects. You may
748 report side effects to FDA at 1-800-FDA-1088.

749

750 **How should I store CAYSTON?**

- 751 • Each CAYSTON kit contains enough vials of CAYSTON and
752 ampules of saline for 28 days of treatment. There are 4 extra
753 saline ampules in case some saline spills.
754 • Always keep your CAYSTON and saline together.
755 • Store CAYSTON and saline in the refrigerator at 36 °F to 46
756 °F (2 °C to 8 °C) until needed.
757 • When you remove CAYSTON and saline from the refrigerator,
758 they may be stored at room temperature (less than 77 °F) for up
759 to 28 days. Do not use any CAYSTON that has been stored at
760 room temperature for more than 28 days.
761 • Keep CAYSTON away from light.
762 • Do not use CAYSTON after the expiration date on the vial.
763 Do not use the saline after the expiration date on the ampule.

764

765 **Keep CAYSTON and all medicines out of the reach of**
766 **children.**

767

768 **General information about CAYSTON**

769 Medicines are sometimes prescribed for purposes other than those
770 listed in a Patient Information leaflet. Do not use CAYSTON for a
771 condition for which it was not prescribed. Do not give CAYSTON to
772 other people, even if they have the same symptoms that you have. It
773 may harm them.

774

775 This Patient Information leaflet summarizes the most important
776 information about CAYSTON. If you would like more information,
777 talk with your doctor. You can ask your pharmacist or doctor for
778 information about CAYSTON that is written for health professionals.

779

780 For more information, call 1-877-7CAYSTON (1-877-722-9786).

781

782 **What are the ingredients in CAYSTON?**

783 Active ingredient: aztreonam

784 Inactive ingredient: sodium chloride (diluent)

785

786

787

788

789 **Patient Instructions for Use**

790

791 **CAYSTON[®]**

792 **(aztreonam for inhalation solution)**

793

794 Be sure that you read, understand and follow the Patient Instructions
795 for Use below for the right way to take CAYSTON. If you have any
796 questions, ask your doctor or pharmacist.

797

798 You will need the following supplies (Figure 1):

799

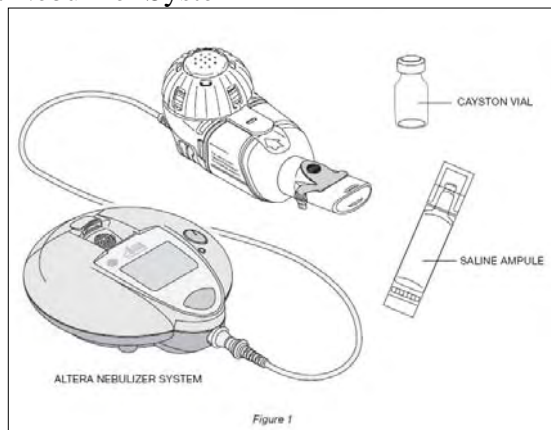
- 1 amber colored CAYSTON vial

800

- 1 ampule of saline (diluent)

801

- Altera Nebulizer System



802

803

804 **Check to make sure that your Altera Nebulizer System works**
805 **properly before starting your treatment with CAYSTON. See the**
806 **manufacturer’s instructions for use that comes with your Altera**
807 **Nebulizer System. This should have complete information about**
808 **how to put together (assemble), prepare, use, and care for your**
809 **Altera Nebulizer System.**

810

811 **Step 1 Preparing your CAYSTON for inhalation**

812

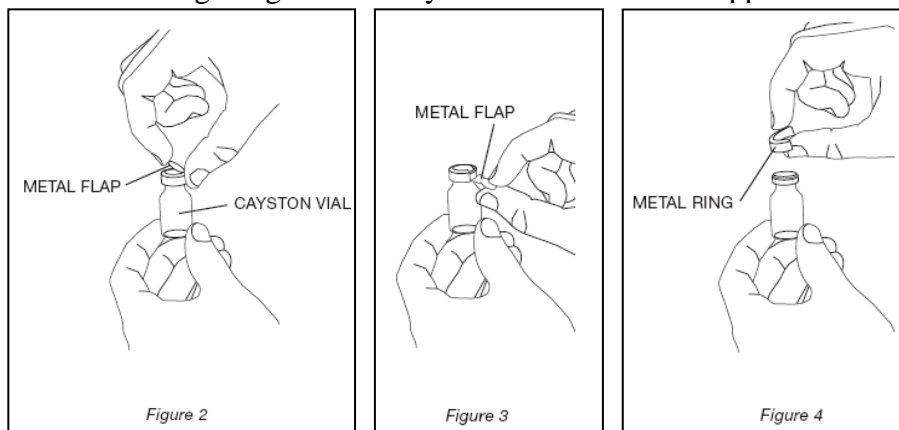
813 1. Mix (reconstitute) CAYSTON with the saline only when ready to
814 take a dose. Take one amber vial of CAYSTON and one ampule
815 of saline from the carton. Separate the saline ampules by gently
816 pulling apart.

817

818 2. Look at the ampule of saline. If it looks cloudy do not use it.
819 Throw away this ampule and get another ampule of saline.

820

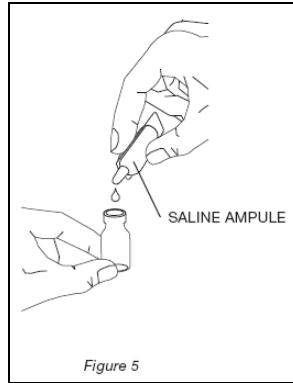
821 3. Gently tap the vial so that the powder settles to the bottom of the
822 vial. This helps you get the proper dose of medicine. Open the
823 amber drug vial by lifting up the metal flap on the top (Figure 2)
824 and pulling down (Figure 3) to carefully remove the entire metal
825 ring from the vial (Figure 4). Safely dispose of the ring in
826 household garbage. Carefully remove the rubber stopper.



827

828

829 4. Open the ampule of saline by twisting off the tip. Squeeze out the
830 contents completely into the vial (Figure 5). Next, close the vial
831 with the rubber stopper and gently swirl the vial until the powder
832 has completely dissolved and the liquid is clear.



833
834

- 835 5. After mixing CAYSTON with the saline, check to make sure the
836 diluted medicine is clear. If it is cloudy or has particles in it, do not
837 use this medicine. Throw away this dose of medicine and start over
838 again with a new vial of CAYSTON and a new ampule of saline.

839

- 840 6. Use CAYSTON right away after you mix with the saline.

841

842 **Step 2 Taking your CAYSTON treatment**

843

844 **See the manufacturer’s instructions for use that comes with your**
845 **Altera Nebulizer System for complete instructions on taking a**
846 **treatment, and how to clean and disinfect your Altera Nebulizer**
847 **Handset.**

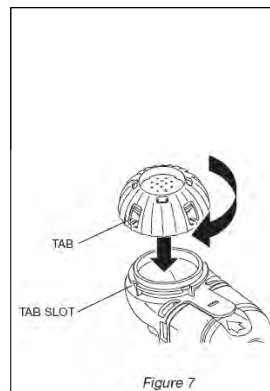
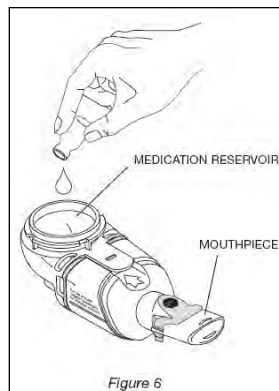
848

- 849 7. Make sure the handset is on a flat, stable surface.

850

- 851 8. Remove the rubber stopper from the vial, then pour all of the
852 mixed CAYSTON and saline into the Medication Reservoir of
853 the handset (Figure 6). Be sure to completely empty the vial,
854 gently tapping the vial against the side of the Medication
855 Reservoir if necessary. Close the Medication Reservoir (Figure
856 7).

857
858



- 859 9. Begin your treatment by sitting in a relaxed, upright position.
860 Hold the handset level, and place the Mouthpiece in your mouth.
861 Close your lips around the Mouthpiece (Figure 8).



- 862
863
864 10. Breathe in and out normally (inhale and exhale) through the
865 Mouthpiece. **Avoid breathing through your nose.** Continue to
866 inhale and exhale comfortably until the treatment is finished.
867
868 11. The empty vial, stopper and saline ampule should be disposed of
869 in household garbage upon completion of dosing.

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873 CAYSTON is a trademark of Gilead Sciences, Inc. All other
874 trademarks referenced herein are the property of their respective
875 owners.

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