

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use fluoxetine tablets safely and effectively. See full prescribing information for fluoxetine tablets.

INDICATIONS AND USAGE

Fluoxetine Tablets, USP for oral use

U.S. NDA 199-187

Table with 2 columns: Warnings and Precautions, RECENT MAJOR CHANGES. Includes information about suicidal thoughts and behaviors, acute and maintenance treatment of Major Depressive Disorder (MDD), and acute and maintenance treatment of Obsessive Compulsive Disorder (OCD).

Fluoxetine is a selective serotonin reuptake inhibitor indicated for:
• Acute and maintenance treatment of Major Depressive Disorder (MDD) in adult and pediatric patients aged 1 to 18 years. (1.1)
• Acute and maintenance treatment of Obsessive Compulsive Disorder (OCD) in adult and pediatric patients aged 7 to 17 years. (1.2)
• Acute and maintenance treatment of Bulimia Nervosa in adult patients. (1.3)
• Acute treatment of binge eating disorder (BED) without agoraphobia in adult patients. (1.4)
Fluoxetine and Olanzapine in Combination:
• Acute treatment of depressive episodes associated with Bipolar I Disorder. (1.5)

Table with 2 columns: DOSAGE FORMS AND STRENGTHS, CONTRAINDICATIONS. Includes information about tablet strengths (10 mg, 20 mg, 30 mg) and contraindications such as Serotonin Syndrome and MAOIs.

Table with 2 columns: DOSAGE AND ADMINISTRATION, Pediatric. Includes information about adult dosing (20 mg to 60 mg daily) and pediatric dosing (10 mg to 20 mg daily).

• A lower or less frequent dosage should be used in patients with hepatic impairment. The elderly and for patients with comorbid disease or on multiple concomitant medications. (2.7)
Fluoxetine and olanzapine in combination:
• Fluoxetine and olanzapine in combination:
• Fluoxetine monotherapy is not indicated for the treatment of depressive episodes associated with Bipolar I Disorder. (2.5)
• Safety of the administration of doses above 18 mg olanzapine with 75 mg fluoxetine has not been evaluated in adults. (2.5)

Table with 2 columns: DOSAGE FORMS AND STRENGTHS, CONTRAINDICATIONS. Includes information about tablet strengths (10 mg, 20 mg, 30 mg) and contraindications such as Serotonin Syndrome and MAOIs.

• Clinical Worsening and Suicide Risk: Monitor for clinical worsening and suicidal thinking and behavior. (5.1)
• Serotonin Syndrome: Serotonin syndrome has been reported with SSRIs and SNRIs, including fluoxetine, both when taken alone, but especially when coadministered with other serotonergic agents including triptans, tricyclic antidepressants, lantamivir, lithium, tramadol, tryptophan, buspirone and St. John's Wort. If such symptoms occur, discontinue fluoxetine and initiate supportive treatment. If concomitant use of fluoxetine with other serotonergic drugs is clinically warranted, patients should be made aware of a potential increased risk for serotonin syndrome, particularly during treatment initiation and dose adjustments. (5.2)
• Allergic Reactions and Rash: Discontinue upon appearance of rash or allergic phenomena. (5.3)
• Activation of Mania/Hypomania: Screen for Bipolar Disorder and monitor for mania/hypomania. (5.4)

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Table with 2 columns: WARNINGS AND PRECAUTIONS, Clinical Worsening and Suicide Risk. Includes information about monitoring for clinical worsening and suicidal thinking and behavior.

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Table 3: Most Common Treatment-Emergent Adverse Reactions: Incidence in Major Depressive Disorder, OCD, Bulimia and Panic Disorder: Placebo-Controlled Clinical Trials

Table with 4 columns: Body System/Adverse Reaction, Fluoxetine (N=1728), Placebo (N=973), OCD (N=265), Bulimia (N=450), Panic Disorder (N=425). Lists adverse reactions like Anhedonia, Anorexia, Dry mouth, etc.

In U.S. placebo-controlled clinical trials for Major Depressive Disorder, mania/hypomania was reported in 0.1% of patients treated with fluoxetine and 0.1% of patients treated with placebo. Activation of mania/hypomania has also been reported in a small proportion of patients with Major Depressive Disorder after other marketed drugs effective in the treatment of Major Depressive Disorder. (See Use in Specific Populations (8.4).)

In U.S. placebo-controlled clinical trials for OCD, mania/hypomania was reported in 0.8% of patients treated with fluoxetine and on patients treated with placebo. No patients reported mania/hypomania in U.S. placebo-controlled clinical trials for Bulimia. (See Use in Specific Populations (8.4).)

In U.S. placebo-controlled clinical trials for Major Depressive Disorder, convulsions for reactions described as possibly seizure (see Seizures) were reported in 0.1% of patients treated with fluoxetine and 0.1% of patients treated with placebo. No patients reported convulsions in U.S. placebo-controlled clinical trials for OCD or Bulimia. In U.S. placebo-controlled clinical trials, 0.2% of 10,762 patients reported convulsions. The percentage appears to be similar to that associated with other marketed drugs effective in the treatment of Major Depressive Disorder. Fluoxetine should be introduced with care in patients with a history of seizures. (See Use in Specific Populations (8.4).)

Significant weight loss, especially in underweight depressed or bulimic patients, may be an undesirable result of treatment with fluoxetine. (See Use in Specific Populations (8.4).)

In U.S. placebo-controlled clinical trials for Major Depressive Disorder, 11% of patients treated with fluoxetine and 2% of patients treated with placebo reported anorexia (decreased appetite). Weight loss was reported in 1.4% of patients treated with fluoxetine and in 0.5% of patients treated with placebo. However, only rarely have patients discontinued treatment with fluoxetine because of anorexia or weight loss. (See Use in Specific Populations (8.4).)

In U.S. placebo-controlled clinical trials for OCD, 17% of patients treated with fluoxetine and 10% of patients treated with placebo reported anorexia (decreased appetite). One patient discontinued treatment with fluoxetine because of anorexia. (See Use in Specific Populations (8.4).)

In U.S. placebo-controlled clinical trials for Bulimia Nervosa, 8% of patients treated with fluoxetine 60 mg and 4% of patients treated with placebo reported anorexia (decreased appetite). Patients treated with fluoxetine 60 mg and 4% of patients treated with placebo reported anorexia (decreased appetite). Patients treated with fluoxetine 60 mg and 4% of patients treated with placebo reported anorexia (decreased appetite). (See Use in Specific Populations (8.4).)

Signs and symptoms of hypomania include headache, difficulty concentrating, memory impairment, confusion, weakness and restlessness, which may lead to falls. More severe and/or acute cases have been associated with hallucination, stupor, incontinence, coma, respiratory arrest and death. (See Use in Specific Populations (8.4).)

SNRIs and SSRIs, including fluoxetine, may increase the risk of bleeding reactions. Concomitant use of aspirin, non-steroidal anti-inflammatory drugs, warfarin and other anticoagulants may add to this risk. Case reports and epidemiological studies (case-control and cohort design) have demonstrated an association between the use of drugs that interfere with serotonin reuptake and the occurrence of gastrointestinal bleeding. Bleeding reactions with SNRIs and SSRIs use have ranged from ecchymoses, hematomas, epistaxis and petechiae to life threatening hemorrhages. (See Use in Specific Populations (8.4).)

Patients should be cautioned about the risk of bleeding associated with the concomitant use of fluoxetine and NSAIDs; aspirin, warfarin or other drugs that affect coagulation. (See Drug Interactions (7.7).)

5.8 Hypomania: Hypomania has been reported during treatment with SNRIs and SSRIs, including fluoxetine. In many cases, this hypomania appears to be the result of the syndrome of inappropriate antidiuretic hormone secretion (SIADH). Cases with serum sodium below 110 mEq/L have been reported and appeared to be reversible when fluoxetine was discontinued. Elderly patients may be at greater risk of developing hypomania with SNRIs and SSRIs. Also, patients taking diuretics or who are otherwise volume depleted may be at greater risk. (See Use in Specific Populations (8.5).)

Discontinuation of fluoxetine should be considered in patients with symptomatic hypomania and appropriate medical treatment should be initiated. (See Use in Specific Populations (8.5).)

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5.9 Anhedonia and Insomnia: SNRIs and SSRIs, including fluoxetine, may increase the risk of bleeding reactions. Concomitant use of aspirin, non-steroidal anti-inflammatory drugs, warfarin and other anticoagulants may add to this risk. Case reports and epidemiological studies (case-control and cohort design) have demonstrated an association between the use of drugs that interfere with serotonin reuptake and the occurrence of gastrointestinal bleeding. Bleeding reactions with SNRIs and SSRIs use have ranged from ecchymoses, hematomas, epistaxis and petechiae to life threatening hemorrhages. (See Use in Specific Populations (8.4).)

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5.10 Olanzapine: Olanzapine has been reported during treatment with SNRIs and SSRIs, including fluoxetine. In many cases, this hypomania appears to be the result of the syndrome of inappropriate antidiuretic hormone secretion (SIADH). Cases with serum sodium below 110 mEq/L have been reported and appeared to be reversible when fluoxetine was discontinued. Elderly patients may be at greater risk of developing hypomania with SNRIs and SSRIs. Also, patients taking diuretics or who are otherwise volume depleted may be at greater risk. (See Use in Specific Populations (8.5).)

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observed in the 19-week Major Depressive Disorder study (N = 219 randomized, 109 fluoxetine-treated, 110 placebo-treated) was also similar to that observed in adult trials with fluoxetine (see *Adverse Reactions* (8.1)).

Manic reaction, including mania and hypomania, was reported in six (one mania, five hypomania) out of 228 (2.6%) fluoxetine-treated patients and in 0 out of 190 (0%) placebo-treated patients. Mania/hypomania led to the discontinuation of four (1.8%) fluoxetine-treated patients from the acute phases of the three studies combined. Consequently, regular monitoring for the occurrence of mania/hypomania is recommended.

As with other SSRIs, decreased weight gain has been observed in association with the use of fluoxetine in children and adolescent patients. After 19 weeks of treatment in a clinical trial, pediatric subjects treated with fluoxetine gained an average of 1.1 cm in less height and 1.1 kg less in weight than subjects treated with placebo. In addition, fluoxetine treatment was associated with a decrease in alkaline phosphatase levels. The safety of fluoxetine treatment for pediatric patients has not been systematically assessed for chronic treatment longer than several months in duration. In particular, there are no studies that directly evaluate the longer term effects of fluoxetine on the growth, development and maturation of children and adolescent patients. Therefore, height and weight should be monitored periodically in pediatric patients receiving fluoxetine (see *Warnings and Precautions* (5.1)).

Fluoxetine is approved for use in pediatric patients with MDD and OCD (see *Rare Warnings and Warnings and Precautions* (5.1)).

Always considering the use of fluoxetine in a child or adolescent patient is associated with an increased risk of suicidal thoughts and actions.

Animal Data: Significant toxicity on muscle tissue, neurobehavior, reproductive organs and bone development has been observed following exposure of juvenile rats to fluoxetine from weaning through maturity. Oral administration of fluoxetine to rats from weaning postnatal Day 21 through adulthood day 90 at 0, 1, 10 or 30 mg/kg/day was associated with testicular degeneration and necrosis, epididymal vasodilation and hypoplasia at 30 mg/kg/day corresponding to plasma exposures (AUC) approximately 5 to 10 times the average AUC in pediatric patients at the MRHD of 20 mg/day, increased serum levels of creatine kinase (at AUC as low as 1 to 2 times the average AUC in pediatric patients at the MRHD at 20 mg/day), skeletal muscle degeneration and necrosis, decreased femur length/growth and body weight gain at AUC 5 to 10 times the average AUC in pediatric patients at the MRHD of 20 mg/day. The high dose of 30 mg/kg/day exceeded a maximum tolerated dose.

When animals were evaluated after a drug-free period (up to 11 weeks after cessation of dosing), fluoxetine was associated with neurobehavioral abnormalities (decreased reactivity at AUC as low as approximately 1.0 to 1.2 times the average AUC in pediatric patients at the MRHD at 20 mg/day) and learning deficit at the high dose and reproductive functional impairment (decreased mating at all doses and impaired fertility at the high dose). In addition, the testicular and epididymal microvascular lesions and decreased sperm concentrations found in high dose groups were also observed, indicating that the drug effects on reproductive organs are reversible. The reversibility of fluoxetine-induced muscle damage was not assessed.

These fluoxetine toxicity in juveniles have not been observed in adult animals. Plasma exposures (AUC) in fluoxetine in juvenile rats receiving 3, 10 or 30 mg/kg/day doses in this study are approximately 0.1 to 0.2, 1.2, and 5 to 10 times, respectively, the average exposure in pediatric patients receiving the MRHD of 20 mg/day. Rat responses to the major metabolite, desmethyl fluoxetine, are approximately 0.2 to 0.8, 1.4 to 8.4 and 3 to 20 times, respectively, the pediatric exposure at the MRHD.

A specific effect on bone development was reported in juvenile mice administered fluoxetine by the intraperitoneal route to 4 week old mice for 4 weeks at doses 0.5 and 2 times the oral MRHD of 20 mg/day on mg/m² basis. There was a decrease in bone mineralization and density at both doses, but the overall growth (body weight gain) was lower than expected. Safety and effectiveness of fluoxetine and olanzapine in combination in patients less than 10 years of age have not been established.

8.5 Geriatric Use

U.S. clinical clinical trials included 687 patients > 65 years of age and 83 patients ≥ 75 years of age. The efficacy in geriatric patients has been established (see *Clinical Studies* (14.1)). Pharmacokinetic studies in geriatric patients (see *Clinical Pharmacology* (12.4)). No overall differences in safety or effectiveness were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. SSRIs and SSRIs, including fluoxetine, have been associated with cases of clinically significant hyponatremia in elderly patients, who may be at greater risk for this adverse reaction (see *Warnings and Precautions* (5.8)).

Clinical studies of olanzapine and fluoxetine in combination did not include sufficient numbers of patients ≥ 65 years of age to determine whether they respond differently from younger patients.

8.6 Hepatic Impairment

In subjects with cirrhosis of the liver, the clearances of fluoxetine and its active metabolite, norfluoxetine, were decreased, thus increasing the elimination half-lives of these substances. A lower or less frequent dose of fluoxetine should be used in patients with cirrhosis. Caution is advised when using fluoxetine in patients with diseases or conditions that could affect its metabolism (see *Dosage and Administration* (2.7)) (see *Clinical Pharmacology* (12.4)).

9 DRUG ABUSIS AND DEPENDENCE

9.3 Dependence

Fluoxetine has not been systematically studied, in animals or humans, for its potential for abuse, tolerance or physical dependence. While the premarketing clinical experience with fluoxetine did not reveal any tendency for a withdrawal syndrome or any drug seeking behavior, these observations were not systematic and it is not possible to predict on the basis of this limited experience the extent to which a CNS active drug will not misused, diverted or abused once marketed. Consequently, physicians should carefully evaluate patients for history of drug abuse and follow such patients closely, observing them for signs of misuse or abuse of fluoxetine (e.g., development of tolerance, increasing duration of drug, drug seeking behavior).

10 OVERDOSAGE

10.1 Human Experience

Worldwide exposure to fluoxetine hydrochloride is estimated to be over 3 million patients (circa 1999). Of the 1,578 cases of overdose involving fluoxetine hydrochloride, alone or with other drugs, reported from this population, there were 139 deaths. Among 633 adult patients who overdosed on fluoxetine hydrochloride alone, 34 resulted in a fatality, 400 were seriously recovered and 15 patients experienced sequelae after overdoses, including abnormal accommodation, abnormal gait, confusion, unresponsiveness, nervousness, pulmonary dysfunction, vertigo, tremor, elevated blood pressure, impotence, movement disorder and hypomania. The remaining 206 patients had an unknown outcome. The most common signs and symptoms associated with nonfatal overdoses were: seizures, somnolence, nausea, tachycardia and vomiting. The largest known ingestion of fluoxetine hydrochloride in an adult patient was 8 grams in a patient who took fluoxetine alone and who subsequently recovered. However, in an adult patient who took fluoxetine alone, an ingestion as low as 500 mg had been associated with lethal outcome, but causality has not been established.

Among pediatric patients (ages 3 months to 17 years), there were 156 cases of overdose involving fluoxetine alone or in combination with other drugs. Six patients died, 127 patients completely recovered, but one patient experienced renal failure and 22 patients had an unknown outcome. One of the six fatalities was a 9-year old boy who had a history of OCD. Tourette's syndrome with tics, attention deficit disorder and suicidal ideation. He had been receiving 100 mg of fluoxetine daily for 6 months in addition to clonidine, methylphenidate and promethazine. Misd-drg ingestion or other methods of suicide complicated all six overdoses in children that resulted in fatalities. The largest ingestion in pediatric patients was 3 grams which was nonfatal.

Other important adverse reactions reported with fluoxetine overdose (single or multiple drugs) include coma, delirium, ECG abnormalities such as nodal rhythm, QT interval prolongation and ventricular arrhythmias, including Torsades de Pointes-type arrhythmias), hypotension, mania, neuroleptic malignant syndrome-like reactions, pyrexia, stupor and syncope.

10.2 Animal Experience

Studies in animals do not provide precise or necessarily valid information about the treatment of human overdose. However, animal experiments can provide useful insights into possible treatment strategies.

The oral median lethal dose in rats and mice was found to be 452 and 248 mg/kg, respectively. Acute high oral doses produced hyperthermia and convulsions in animal species. Among six dogs purposely overdosed with oral fluoxetine, five experienced grand mal seizures. Seizures stopped immediately upon the bulus intravenous administration of a standard veterinary dose of diazepam. In this short-term study, the lowest plasma concentration at which a seizure occurred was only twice the maximum plasma concentration seen in humans taking 60 mg/day chronically.

In a separate single-dose study, the ECG of dogs given high doses did not reveal prolongation of the PR, QR, or QT intervals. Tachycardia and an increase in blood pressure were observed. Conversely, the value of the ECG in predicting cardiac toxicity is unknown. Nonetheless, the ECG should ordinarily be monitored in cases of human overdose (see *Overdosage* (10.3)).

10.3 Management of Overdose

For current information on the management of fluoxetine overdose, contact a certified poison control center (1-800-222-1222 or www.poisson.org). Treatment should consist of those general measures employed in the management of overdosage with any drug. Consider the possibility of multi-drug overdoses.

Ensure an adequate airway, oxygenation and ventilation. Monitor cardiac rhythm and vital signs. Use general supportive and symptomatic measures. Induction of emesis is not recommended.

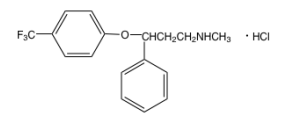
Activated charcoal should be administered. Due to the large volume of distribution of this drug, forced diuresis, dialysis, hemoperfusion and exchange transfusion are unlikely to be of benefit. No specific antidote for fluoxetine is known.

A specific caution involves patients who are taking or have recently taken fluoxetine and might ingest excessive quantities of a TCA. In such a case, accumulation of the parent tricyclic and/or an active metabolite may increase the possibility of clinically significant sequelae and extend the time needed for close medical observation (see *Drug Interactions* (7.7)).

For specific information about overdosage with olanzapine and fluoxetine in combination, refer to the *Overdosage* section of the Symbyax® package insert.

11 DESCRIPTION

Fluoxetine is a selective serotonin reuptake inhibitor for oral administration. It is also marketed for the treatment of perimenstrual dysphoric disorder (Sarafem®; fluoxetine hydrochloride). It is designated (±)-N-methyl-3-phenyl-3-(1-(4-(4-chlorophenyl)-piperidinyl)propylamino) hydrochloride and has the molecular formula of C₁₇H₁₇F₃NH₂Cl. Its molecular weight is 345.79. The structural formula is:



Fluoxetine hydrochloride, USP is a white to off-white crystalline solid with a solubility of 14 mg/mL in water.

Each tablet contains fluoxetine hydrochloride equivalent to 10 mg (32.3 μmol) or 20 mg (64.7 μmol) of fluoxetine. In addition, each tablet also contains the following inactive ingredients: croscarmellose, hydroxypropylcellulose, magnesium stearate, maize (corn) starch, microcrystalline cellulose, polyethylene glycol, silica colloidal anhydrous, and titanium dioxide.

12 CLINICAL PHARMACOLOGY

12.1 Mechanism of Action

Although the exact mechanism of fluoxetine is unknown, it is presumed to be linked to its inhibition of CNS neuronal uptake of serotonin.

12.2 Pharmacodynamics

Studies at clinically relevant doses in man have demonstrated that fluoxetine blocks the uptake of serotonin into human platelets. Studies in animals also suggest that fluoxetine is a much more potent uptake inhibitor of serotonin than is norepinephrine.

Antagonism of muscarinic, histaminergic and α₁-adrenergic receptors has been hypothesized to be associated with various anticholinergic, sedative and cardiovascular effects of classical tricyclic antidepressant (TCA) drugs. Fluoxetine binds to these and other membrane receptors from brain tissue much less potently in vitro than do the tricyclic drugs.

12.3 Pharmacokinetics

Systemic Bioavailability: In man, following a single oral 40 mg dose, peak plasma concentrations of fluoxetine from 15 to 50 mg/mL are observed after 6 to 8 hours.

The capsule and tablet dosage forms of fluoxetine are bioequivalent. Food does not appear to affect the systemic bioavailability of fluoxetine, although it may affect its absorption by 1 to 2 hours, which is probably not clinically significant. Thus, fluoxetine may be administered with or without food.

Plasma Binding: Over the concentration range from 200 to 1000 ng/mL, approximately 94.5% of fluoxetine is bound in vitro to human serum proteins, including albumin and α₁-globulin. The interaction between fluoxetine and other highly protein bound drugs has not been fully evaluated, but may be important.

Enantiomers: Fluoxetine is a racemic mixture (50/50) of R-fluoxetine and S-fluoxetine enantiomers. In animal models, both enantiomers are specific and potent serotonin uptake inhibitors with essentially equivalent pharmacologic activity. The S-fluoxetine enantiomer is eliminated more slowly and is the predominant enantiomer present in plasma at steady-state.

Metabolism: Fluoxetine is extensively metabolized in the liver to norfluoxetine and a number of other unidentified metabolites. The only identified active metabolite, norfluoxetine, is formed by demethylation of fluoxetine. In animal models, S-fluoxetine is a potent and selective inhibitor of serotonin uptake and has activity essentially equivalent to R- or S-fluoxetine. R-norfluoxetine is significantly less potent than the parent drug in the inhibition of serotonin uptake. The primary route of elimination appears to be hepatic metabolism to inactive metabolites excreted by the kidney.

Variability in Metabolism: A subset (about 7%) of the population has reduced activity of the drug-metabolizing enzyme cytochrome P450 2D6 (CYP2D6). Such individuals are referred to as "poor metabolizers" of drugs such as debrisoquine, dextropropripramine and the TCAs. In a study involving labeled and unlabeled enantiomers administered as a racemate, these individuals metabolized S-fluoxetine at a slower rate and thus achieved higher concentrations of S-fluoxetine. Consequently, concentrations of S-norfluoxetine at steady-state were lower. The metabolism of R-fluoxetine in these poor metabolizers appears normal. When compared with normal metabolizers, the total sum at steady-state of the plasma concentrations of the four active enantiomers was not significantly greater among poor metabolizers. Thus, the net pharmacodynamic activities were essentially the same. Alternative, nonattributable pathways (non-2D6) also contribute to the metabolism of fluoxetine. This explains how fluoxetine achieves a steady-state concentration rather than increasing without limit.

Because fluoxetine's metabolism, like that of a number of other compounds including TCAs and other selective serotonin reuptake inhibitors (SSRIs), involves the CYP2D6 system, concomitant therapy with drugs also metabolized by this enzyme system (such as the TCAs) may lead to drug interactions (see *Drug Interactions* (7.7)).

Accumulation and Slow Elimination: The relatively slow elimination of fluoxetine (elimination half-life of 1 to 3 days after acute administration and 4 to 6 days after chronic administration) and its active metabolite, norfluoxetine (elimination

half-life of 4 to 16 days after acute and chronic administration), leads to significant accumulation of these active species in chronic use and delayed attainment of steady-state, even when a fixed dose is used (see *Warnings and Precautions* (5.1)).

After 30 days of dosing at 40 mg/day, plasma concentrations of fluoxetine in the range of 91 to 302 ng/mL and norfluoxetine in the range of 72 to 258 ng/mL have been observed. Plasma concentrations of fluoxetine were higher than those predicted by single-dose studies, because fluoxetine's metabolism is not proportional to dose. Norfluoxetine, however, appears to have linear pharmacokinetics. Its mean terminal half-life after a single dose was 8.6 days and after multiple dosing was 9.3 days. Steady-state levels after prolonged dosing are similar to levels seen at 4 to 5 weeks.

The long elimination half-lives of fluoxetine and norfluoxetine assure that, even when dosing is stopped, active drug substance will persist in the body for weeks (primarily depending on individual patient characteristics), previous regimen and length of previous therapy of discontinuation). This is of potential consequence when drug discontinuation is required or when drugs are prescribed that might interact with fluoxetine and norfluoxetine following the discontinuation of fluoxetine.

12.4 Specific Populations

Liver Disease: As might be predicted from its primary site of metabolism, liver impairment can affect the elimination of fluoxetine. The elimination half-life of fluoxetine was prolonged in a study of cirrhotic patients, with a mean of 7.6 days compared with the range of 7 to 21 days seen in subjects without liver disease; norfluoxetine elimination was also delayed, with a mean duration of 12 days for cirrhotic patients compared with the range of 7 to 9 days in normal subjects. This suggests that the use of fluoxetine in patients with liver disease must be approached with caution. If fluoxetine is administered to patients with liver disease, a lower or less frequent dose should be used (see *Dosage and Administration* (2.7)). Use in Specific Populations (8.6).

Renal Disease: In depressed patients on dialysis (N = 12), fluoxetine administered as 20 mg once daily for 2 months produced steady-state fluoxetine and norfluoxetine plasma concentrations comparable with those seen in patients with normal renal function. While the possibility exists that renally excreted metabolites of fluoxetine may accumulate to higher levels in patients with severe renal dysfunction, use of a lower or less frequent dose is not routinely necessary in renal impaired patients.

Geriatric Pharmacokinetics: The disposition of single doses of fluoxetine in healthy elderly subjects (> 65 years of age) did not differ significantly from that in younger normal subjects. However, given the long half-life and unusual disposition of the drug, a specific study in elderly subjects is not adequate to rule out the possibility of altered pharmacokinetics in elderly patients if they have systemic illness or are receiving multiple drugs for concomitant diseases. The effects of age upon the metabolism of fluoxetine have been investigated in 260 elderly but otherwise healthy depressed patients (> 60 years of age) who received 20 mg fluoxetine plus norfluoxetine plasma concentrations were 209.3 ± 85.7 ng/mL at the end of 6 weeks. No unusual age-associated pattern of adverse reactions was observed in those elderly patients.

Pediatric Pharmacokinetics (Children and Adolescents): Pediatric pharmacokinetics were evaluated in 21 pediatric patients (children ages 6 to < 12, 11 adolescents ages 13 to < 18) diagnosed with Major Depressive Disorder or Obsessive Compulsive Disorder (OCD). Fluoxetine 20 mg/day was administered for up to 62 days. The average steady-state concentrations of fluoxetine in these children were 2-fold higher than in adolescents (171 and 86 ng/mL, respectively). The average norfluoxetine concentrations in these children were 4-fold higher than in adolescents (195 and 113 ng/mL, respectively). These differences can be almost entirely explained by differences in weight. No gender-associated difference in fluoxetine pharmacokinetics was observed. Similar ranges of fluoxetine and norfluoxetine plasma concentrations were observed in another study in 94 pediatric patients (ages 8 to < 18) diagnosed with Major Depressive Disorder.

Higher average steady-state fluoxetine and norfluoxetine concentrations were observed in children and adolescents, however, these concentrations were within the range of concentrations observed in the adult population. In adults, fluoxetine and norfluoxetine accumulated extensively following multiple oral dosing; steady-state concentrations were achieved within 3 to 4 weeks of daily dosing.

13 MONITORING/TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Carcinogenesis: The dietary administration of fluoxetine to rats and mice for 2 years at doses of up to 10 and 12 mg/kg/day, respectively (approximately 1.2 and 0.7 times, respectively, the maximum recommended human dose (MRHD)) of 60 mg on a mg/m² basis, produced no evidence of carcinogenicity.

Mutagenicity: Fluoxetine and norfluoxetine have been shown to have no genotoxic effects based on the following assays: bacterial mutation assay (DNA repair assay in cultured rat hepatoma cells), mouse lymphoma assay and *in vivo* sister chromatid exchange assay in Chinese hamster bone marrow cells.

Impairment of Fertility: Two fertility studies conducted in adult rats at doses of up to 7.5 and 12.5 mg/kg/day (approximately 1.3 and 1.5 times the MRHD on a mg/m² basis) indicated that fluoxetine had no adverse effects on fertility. However, adverse effects on fertility were seen when juvenile rats were treated with fluoxetine (see *Use in Specific Populations* (8.4)).

13.2 Animal Toxicology and/or Pharmacology

Phospholipids are increased in some tissues of mice, rats and dogs given fluoxetine chronically. This effect is reversible after cessation of fluoxetine treatment. Phospholipid accumulation in animals has been observed with many cationic amphoteric drugs, including fluoxetine, imipramine and ranitidine. The significance of this effect in humans is unknown.

14 CLINICAL STUDIES

When using fluoxetine and olanzapine in combination, also refer to the Clinical Studies section of the package insert for Symbyax®.

14.1 Major Depressive Disorder

Daily Dosing: Adult: The efficacy of fluoxetine was studied in 5- and 6-week placebo-controlled trials with depressed adult and geriatric outpatients (≥ 18 years of age) whose diagnoses corresponded most closely to the DSM-IV criteria for the DSM-IV category of Major Depressive Disorder. Fluoxetine was shown to be significantly more effective than placebo as measured by the Hamilton Depression Rating Scale (HAM-D). Fluoxetine was also significantly more effective than placebo on the HAM-D subscores for depressed mood, anhedonia, somatic symptoms and the anxiety subscale.

Two 6-week controlled studies (N = 671), randomized comparing fluoxetine 20 mg and placebo have shown fluoxetine 20 mg daily to be effective in the treatment of elderly patients (> 60 years of age) with Major Depressive Disorder. In these studies, fluoxetine produced a significantly higher rate of response and remission as defined, respectively, by a 50% decrease in the HAM-D score and a total effective HAM-D score of ≤ 8. Fluoxetine was well tolerated and the rate of treatment discontinuations due to adverse reactions did not differ between fluoxetine (12%) and placebo (9%).

A study was conducted involving depressed outpatients who had responded (modified HAM-D-17 score of ≤ 7 during each of the last 2 weeks of open-label treatment) and absence of Major Depressive Disorder by DSM-III-R criteria) by the end of an initial 12-week open-treatment phase on fluoxetine 20 mg/day. These patients (N = 290) were randomized to a continuation on double-blind fluoxetine 20 mg/day or placebo. At 38 weeks (50 weeks total), a statistically significant lower relapse rate (defined as symptoms sufficient to meet a diagnosis of Major Depressive Disorder for 2 weeks or a modified HAM-D-17 score of ≥ 24 for 2 weeks) was observed in patients taking fluoxetine compared with those on placebo.

Pediatric (Children and Adolescents): The efficacy of fluoxetine 20 mg/day in children and adolescents (N = 315 randomized, 170 children ages 8 to < 13, 145 adolescents aged 13 to ≤ 18) was studied in the two 8- to 9-week placebo-controlled clinical studies in depressed outpatients whose diagnoses corresponded most closely to the DSM-III-R or DSM-IV category of Major Depressive Disorder. In both studies independently, fluoxetine produced a statistically significantly greater mean change on the Childhood Depression Rating Scale-Revised (CDRS-R) total score from baseline to endpoint than did placebo.

Subgroup analyses on the CDRS-R total score did not suggest any differential responsiveness on the basis of age or gender.

14.2 Obsessive Compulsive Disorder

Adult: The effectiveness of fluoxetine for the treatment of Obsessive Compulsive Disorder (OCD) was demonstrated in two 13-week, multicenter, parallel group studies (Studies 1 and 2) of adult outpatients who received fixed fluoxetine doses of 40, 40 or 60 mg/day (on a once-a-day schedule, in the morning) or placebo. Patients in both studies had moderate to severe OCD (DSM-III-R criteria) with a mean baseline HAM-D score of ≥ 8. Fluoxetine was well tolerated and the rate of treatment discontinuations ranging from 22 to 26. In Study 1, patients receiving fluoxetine experienced mean reductions of approximately 4 to 6 units on the YBOCS total score, compared with a 1-unit reduction for placebo patients. In Study 2, patients receiving fluoxetine experienced mean reductions of approximately 4 to 5 units on the YBOCS total score, compared with a 1-unit reduction for placebo patients. While there was no indication of a dose-response relationship for effectiveness in Study 1, a dose-response relationship was observed in Study 2, with numerically better responses in the two higher dose groups. The following table provides the outcome classification by treatment group on the Clinical Global Impression (CGI) improvement scale for Studies 1 and 2 combined.

Table 6: Outcome Classification (%) on CGI Improvement Scale for Completers in Pool of Two OCD Studies	Fluoxetine			
	Placebo	20 mg	40 mg	60 mg
Outcome Classification	8%	0%	0%	6%
Worse				
No Change	64%	41%	33%	29%
Minimally Improved	17%	23%	28%	24%
Much Improved	8%	28%	27%	28%
Very Much Improved	8%	8%	12%	19%

Expiratory analyses for age and gender effects on outcome did not suggest any differential responsiveness on the basis of age or sex.

Pediatric (Children and Adolescents): In one 13-week clinical trial in pediatric patients (N = 103 randomized, 78 children ages 7 to < 13, 25 adolescents ages 13 to < 18) with OCD (DSM-IV), patients received fluoxetine 10 mg/day for 2 weeks, followed by 20 mg/day for 2 weeks. The dose was then adjusted to the range of 20 to 60 mg/day on the basis of clinical response and tolerability. Fluoxetine produced a statistically significantly greater mean change from baseline to endpoint than did placebo as measured by the Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS). Subgroup analyses on outcome did not suggest any differential responsiveness on the basis of age or gender.

14.3 Bulimia Nervosa

The effectiveness of fluoxetine for the treatment of bulimia was demonstrated in two 8-week and one 16-week, multicenter, parallel group studies of adult outpatients meeting DSM-III-R criteria for bulimia. Patients in the 8-week studies received either 20 or 60 mg/day of fluoxetine or placebo in the morning. Patients in the 16-week study received a fixed fluoxetine dose of 60 mg/day (once a day) or placebo. Patients in these three studies had moderate to severe bulimia with median binge-eating and vomiting frequencies ranging from 7 to 10 per week and 5 to 9 per week, respectively. In these three studies, fluoxetine 60 mg, but not 20 mg, was statistically significantly superior to placebo in reducing the number of binge-eating and vomiting episodes per week. The statistically significantly superior effect of 60 mg vs. placebo was present as early as Week 1 and persisted throughout each study. The fluoxetine-related reduction in bulimic episodes appeared to be independent of baseline depression as assessed by the Hamilton Depression Rating Scale. In each of these three studies, the treatment effect, as measured by differences between fluoxetine 60 mg and placebo on median reduction from baseline in frequency of bulimic behaviors at endpoint, ranged from 1 to 2 episodes per week for binge-eating and 2 to 4 episodes per week for vomiting. The size of the effect was related to baseline frequency, with greater reductions seen in patients with higher baseline frequencies. Although some patients achieved freedom from binge-eating and purging as a result of treatment, for the majority, the benefit was a partial reduction in the frequency of binge-eating and purging.

In a longer term trial, 150 patients meeting DSM-III-R criteria for bulimia Nervosa, purging subtype, who had responded during a single-blind, 8-week acute treatment phase with fluoxetine 60 mg/day, were randomized to continuation of fluoxetine 60 mg/day or placebo, for up to 52 weeks of observation for relapses. Response during the single-blind phase was defined by having achieved at least a 50% decrease in vomiting frequency compared with baseline. Relapse during the double-blind phase was defined as a persistent return to baseline vomiting frequency or physician judgment that the patient had relapsed. Patients receiving continued fluoxetine 60 mg/day experienced a significantly longer time to relapse over the subsequent 52 weeks compared with those receiving placebo.

14.4 Panic Disorder

The effectiveness of fluoxetine in the treatment of Panic Disorder was demonstrated in two double-blind, randomized, placebo-controlled, multicenter studies of adult outpatients who had a primary diagnosis of Panic Disorder (DSM-IV), with or without agoraphobia.

Study 1 (N = 180 randomized) was a 12-week flexible-dose study. Fluoxetine was initiated at 10 mg/day for the first week, after which patients were dosed in the range of 20 to 60 mg/day on the basis of clinical response and tolerability. A statistically significantly greater percentage of fluoxetine-treated patients were free from panic attacks at endpoint than placebo-treated patients, 42% vs. 28%, respectively.

Study 2 (N = 214 randomized) was a 12-week flexible-dose study. Fluoxetine was initiated at 10 mg/day for the first week, after which patients were dosed in the range of 20 to 60 mg/day on the basis of clinical response and tolerability. A statistically significantly greater percentage of fluoxetine-treated patients were free from panic attacks at endpoint than placebo-treated patients, 62% vs. 44%, respectively.

16 HOW SUPPLIED/STORAGE AND HANDLING

16.1 How Supplied
Fluoxetine Tablets, USP are available containing fluoxetine hydrochloride, USP equivalent to 10 mg or 20 mg of fluoxetine. The 10 mg tablet is a white film-coated, oval tablet debossed with '10' on the left of the score and '10' on the right of the score on one side of the tablet and 'G' on the other side. They are available as follows:

NDC 0378-0734-93	bottles of 100 tablets
NDC 0378-0734-01	bottles of 1000 tablets
NDC 0378-0735-93	bottles of 100 tablets
NDC 0378-0735-01	bottles of 100 tablets
NDC 0378-0735-10	bottles of 1000 tablets

The 20 mg tablet is a white film-coated, oval tablet debossed with 'FL' on the left of the score and '20' on the right of the score on one side of the tablet and 'G' on the other side. They are available as follows:

NDC 0378-0734-93	bottles of 100 tablets
NDC 0378-0734-01	bottles of 1000 tablets

16.2 Storage and Handling
Store at 20° to 25° C (68° to 77° F). [See USP Controlled Room Temperature.]

Protect from light.

Dispense in a light, light-resistant container as defined in the USP using a child-resistant closure.

PHARMACIST: Dispense a Medication Guide with each prescription.

17 PATIENT COUNSELING INFORMATION

See the FDA-Approved Medication Guide.

Patients should be advised of the following issues and asked to alert their prescriber if these occur while taking fluoxetine as monotherapy or in combination with clonazepam. When using fluoxetine and clonazepam in combination, also refer to the Patient Counseling Information section of the package insert for Symbyax®.

17.1 General Information

Healthcare providers should instruct their patients to read the Medication Guide before starting therapy with fluoxetine tablets and to read it each time the prescription is renewed. Healthcare providers should inform patients, their families and their caregivers about the benefits and risks associated with treatment with fluoxetine and should counsel them in its appropriate use. Healthcare providers should instruct patients about the benefits and risks associated with the Medication Guide and should assist them in understanding its contents. Patients should be given the opportunity to discuss the contents of the Medication Guide and to obtain answers to any questions they may have. Patients should be advised of the following issues and asked to alert their healthcare provider if these occur while taking fluoxetine tablets.

When using fluoxetine and olanzapine in combination, also refer to the Medication Guide for Symbyax®.

17.2 Clinical Worsening and Suicide Risk

Patients, their families and their caregivers should be encouraged to be alert for the emergence of anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, mania, other unusual changes in behavior, worsening of depression and suicidal ideation, especially early during antidepressant treatment and when the dose is adjusted up or down. Families and caregivers of patients should be advised to look for the emergence of such symptoms on a day to day basis, since changes may be abrupt. Such symptoms

MEDICATION GUIDE

FLUOXETINE TABLETS, USP

(floo ox' e teen)

10 mg and 20 mg

Read the Medication Guide that comes with fluoxetine tablets before you start taking it and each time you get a refill. There may be new information. This Medication Guide does not take the place of talking to your healthcare provider about your medical condition or treatment. Talk with your healthcare provider if there is something you do not understand or want to learn more about.

What is the most important information I should know about fluoxetine tablets?

Fluoxetine tablets and other antidepressant medicines may cause serious side effects, including:

1. Suicidal thoughts or actions:

- **Fluoxetine tablets and other antidepressant medicines may increase suicidal thoughts or actions** in some children, teenagers, or young adults within the **first few months of treatment or when the dose is changed.**
- Depression or other serious mental illnesses are the most important causes of suicidal thoughts or actions.
- Watch for these changes and call your healthcare provider right away if you notice:
 - New or sudden changes in mood, behavior, actions, thoughts, or feelings, especially if severe.
 - Pay particular attention to such changes when fluoxetine tablets are started or when the dose is changed.

Keep all follow-up visits with your healthcare provider and call between visits if you are worried about symptoms.

Call your healthcare provider right away if you have any of the following symptoms, or call 911 if an emergency, especially if they are new, worse, or worry you:

- attempts to commit suicide
- acting on dangerous impulses
- acting aggressive or violent
- thoughts about suicide or dying
- new or worse depression
- new or worse anxiety or panic attacks
- feeling agitated, restless, angry or irritable
- trouble sleeping
- an increase in activity or talking more than what is normal for you
- other unusual changes in behavior or mood

Call your healthcare provider right away if you have any of the following symptoms, or call 911 if an emergency. Fluoxetine tablets may be associated with these serious side effects:

2. Serotonin Syndrome. This condition can be life threatening and may include:

- agitation, hallucinations, coma or other changes in mental status
- coordination problems or muscle twitching (overactive reflexes)
- racing heartbeat, high or low blood pressure
- sweating or fever
- nausea, vomiting, or diarrhea
- muscle rigidity
- dizziness
- flushing
- tremor
- seizures

3. Severe allergic reactions:

- trouble breathing
- swelling of the face, tongue, eyes or mouth
- rash, itchy welts (hives) or blisters, alone or with fever or joint pain

4. Visual problems:

- eye pain
- changes in vision
- swelling or redness in or around the eye

Only some people are at risk for these problems. You may want to undergo an eye examination to see if you are at risk and receive preventative treatment if you are.

5. Abnormal bleeding: Fluoxetine tablets and other antidepressant medicines may increase your risk of bleeding or bruising, especially if you take the blood thinner warfarin (Coumadin[®], Jantoven[®]), a non-steroidal anti-inflammatory drug (NSAIDs, like ibuprofen or naproxen), or aspirin.

6. Seizures or convulsions

7. Manic episodes:

- greatly increased energy
- severe trouble sleeping
- racing thoughts
- reckless behavior
- unusually grand ideas
- excessive happiness or irritability
- talking more or faster than usual

8. Changes in appetite or weight. Children and adolescents should have height and weight monitored during treatment.

9. Low salt (sodium) levels in the blood. Elderly people may be at greater risk for this.

Symptoms may include:

- headache
- weakness or feeling unsteady
- confusion, problems concentrating or thinking or memory problems

10. Changes in the electrical activity of your heart (QT prolongation and ventricular arrhythmia including Torsades de Pointes). This condition can be life threatening. The symptoms may include:

- fast, slow, or irregular heartbeat
- shortness of breath
- dizziness or fainting

Do not stop fluoxetine tablets without first talking to your healthcare provider. Stopping fluoxetine tablets too quickly may cause serious symptoms including:

- anxiety, irritability, high or low mood, feeling restless or changes in sleep habits
- headache, sweating, nausea, dizziness
- electric shock-like sensations, shaking, confusion

What are fluoxetine tablets?

Fluoxetine tablets are a prescription medicine used to treat depression. It is important to talk with your healthcare provider about the risks of treating depression and also the risks of not treating it. You should discuss all treatment choices with your healthcare provider.

Fluoxetine tablets are used to treat:

- Major Depressive Disorder (MDD)
- Obsessive Compulsive Disorder (OCD)
- Bulimia Nervosa*
- Panic Disorder*
- Depressive episodes associated with Bipolar I Disorder, taken with olanzapine (Zyprexa)*

*Not approved for use in children

Talk to your healthcare provider if you do not think that your condition is getting better with fluoxetine tablets treatment.

Who should not take fluoxetine tablets?

Do not take fluoxetine tablets if you:

- are allergic to fluoxetine hydrochloride or any of the ingredients in fluoxetine tablets. See the end of this Medication Guide for a complete list of ingredients in fluoxetine tablets.
- take a Monoamine Oxidase Inhibitor (MAOI). Ask your healthcare provider or pharmacist if you are not sure if you take an MAOI, including the antibiotic linezolid.
 - Do not take an MAOI within 5 weeks of stopping fluoxetine tablets unless directed to do so by your physician.
 - Do not start fluoxetine tablets if you stopped taking an MAOI in the last 2 weeks unless directed to do so by your physician.

People who take fluoxetine tablets close in time to an MAOI may have serious or even life threatening side effects. Get medical help right away if you have any of these symptoms:

- high fever
- uncontrolled muscle spasms
- stiff muscles
- rapid changes in heart rate or blood pressure
- confusion

- loss of consciousness (pass out)
- **take Mellaril^{®†} (thioridazine). Do not take Mellaril^{®†} within 5 weeks of stopping fluoxetine tablets because this can cause serious heart rhythm problems or sudden death.**
- **take the antipsychotic medicine pimozide (Orap^{®†}) because this can cause serious heart problems.**

What should I tell my healthcare provider before taking fluoxetine tablets? Ask if you are not sure.

Before starting fluoxetine tablets, tell your healthcare provider if you:

- Are taking certain drugs or treatments such as:
 - Triptans used to treat migraine headache
 - Medicines used to treat mood, anxiety, psychotic or thought disorders, including tricyclics, lithium, buspirone, SSRIs, SNRIs, MAOI's or antipsychotics
 - Tramadol and fentanyl
 - Over-the-counter supplements such as tryptophan or St. John's Wort
- Electroconvulsive therapy (ECT)
- have liver problems
- have kidney problems
- have heart problems
- have or had seizures or convulsions
- have Bipolar Disorder or mania
- have low sodium levels in your blood
- have a history of a stroke
- have high blood pressure
- have or had bleeding problems
- are pregnant or plan to become pregnant. It is not known if fluoxetine will harm your unborn baby. Talk to your healthcare provider about the benefits and risks of treating depression during pregnancy.
- are breast-feeding or plan to breast-feed. Some fluoxetine may pass into your breast milk. Talk to your healthcare provider about the best way to feed your baby while taking fluoxetine tablets.

Tell your healthcare provider about all the medicines that you take, including prescription and non-prescription medicines, vitamins and herbal supplements. Fluoxetine tablets and some medicines may interact with each other, may not work as well, or may cause serious side effects. Your healthcare provider or pharmacist can tell you if it is safe to take fluoxetine tablets with your other medicines. Do not start or stop any medicine while taking fluoxetine tablets without talking to your healthcare provider first.

If you take fluoxetine tablets, you should not take any other medicines that contain fluoxetine hydrochloride including:

- Symbyax^{®†}
- Sarafem^{®†}
- Prozac Weekly^{®†}

How should I take fluoxetine tablets?

- Take fluoxetine tablets exactly as prescribed. Your healthcare provider may need to change the dose of fluoxetine tablets until it is the right dose for you.
- Fluoxetine tablets may be taken with or without food.
- If you miss a dose of fluoxetine tablets, take the missed dose as soon as you remember. If it is almost time for the next dose, skip the missed dose and take your next dose at the regular time. Do not take two doses of fluoxetine tablets at the same time.
- If you take too much fluoxetine tablets, call your healthcare provider or poison control center right away, or get emergency treatment.

What should I avoid while taking fluoxetine tablets?

Fluoxetine tablets can cause sleepiness or may affect your ability to make decisions, think clearly, or react quickly. You should not drive, operate heavy machinery or do other dangerous activities until you know how fluoxetine tablets affect you. Do not drink alcohol while using fluoxetine tablets.

What are the possible side effects of fluoxetine tablets?

Fluoxetine tablets may cause serious side effects, including:

- See "What is the most important information I should know about fluoxetine tablets?"
- **Problems with blood sugar control.** People who have diabetes and take fluoxetine tablets may have problems with low blood sugar while taking fluoxetine tablets. High blood sugar can happen when fluoxetine tablets are stopped. Your healthcare provider may need to change the dose of your diabetes medicines when you start or stop taking fluoxetine tablets.
- **Feeling anxious or trouble sleeping**

Common possible side effects in people who take fluoxetine tablets include:

- unusual dreams
- sexual problems
- loss of appetite, diarrhea, indigestion, nausea or vomiting, weakness, or dry mouth

- flu symptoms
- feeling tired or fatigued
- change in sleep habits
- yawning
- sinus infection or sore throat
- tremor or shaking
- sweating
- feeling anxious or nervous
- hot flashes
- rash

Other side effects in children and adolescents include:

- increased thirst
- abnormal increase in muscle movement or agitation
- nose bleed
- urinating more often
- heavy menstrual periods
- possible slowed growth rate and weight change. Your child's height and weight should be monitored during treatment with fluoxetine tablets.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of fluoxetine tablets. For more information, ask your healthcare provider or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store fluoxetine tablets?

- Store fluoxetine tablets at 20° to 25°C (68° to 77°F).
- Keep fluoxetine tablets away from light.
- Keep fluoxetine tablets bottle closed tightly.

Keep fluoxetine tablets and all medicines out of the reach of children.

General information about fluoxetine tablets

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use fluoxetine tablets for a condition for which it was not prescribed. Do not give fluoxetine tablets to other people, even if they have the same condition. It may harm them.

This Medication Guide summarizes the most important information about fluoxetine tablets. If you would like more information, talk with your healthcare provider. You may ask your healthcare provider or pharmacist for information about fluoxetine tablets that is written for healthcare professionals.

For more information about fluoxetine tablets, call Mylan Pharmaceuticals Inc. at 1-877-446-3769 (1-877-4-INFO-RX).

What are the ingredients in fluoxetine tablets, USP?

Active ingredients: fluoxetine hydrochloride, USP

Inactive ingredients: crospovidone, hypromellose, magnesium stearate, maize (corn) starch, microcrystalline cellulose, polyethylene glycol, silica colloidal anhydrous, and titanium dioxide.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

[†]The brands listed are trademarks of their respective owners.



Manufactured for:
Mylan Pharmaceuticals Inc.
Morgantown, WV 26505 U.S.A.

Manufactured in Australia by:
ALPHAPHARM PTY LTD
15 Garnet Street
Carole Park QLD 4300
Australia

REVISED AUGUST 2014
ALP:MG:FLUTT:R6mh



ALPMGFLUTT:R6mh

MEDICATION GUIDE FLUOXETINE TABLETS, USP (floo ox' e teen) 10 mg and 20 mg

Read the Medication Guide that comes with fluoxetine tablets before you start taking it and each time you get a refill. There may be new information. This Medication Guide does not take the place of talking to your healthcare provider about your medical condition or treatment. Talk with your healthcare provider if there is something you do not understand or want to learn more about.

What is the most important information I should know about fluoxetine tablets?

Fluoxetine tablets and other antidepressant medicines may cause serious side effects, including:

1. Suicidal thoughts or actions:

- Fluoxetine tablets and other antidepressant medicines may increase suicidal thoughts or actions in some children, teenagers, or young adults within the **first few months of treatment or when the dose is changed**.
- Depression or other serious mental illnesses are the most important causes of suicidal thoughts or actions.
- Watch for these changes and call your healthcare provider right away if you notice:
 - New or sudden changes in mood, behavior, actions, thoughts, or feelings, especially if severe.
 - Pay particular attention to such changes when fluoxetine tablets are started or when the dose is changed.

Keep all follow-up visits with your healthcare provider and call between visits if you are worried about symptoms.

Call your healthcare provider right away if you have any of the following symptoms, or call 911 if an emergency, especially if they are new, worse, or worry you:

- attempts to commit suicide
- acting on dangerous impulses
- acting aggressive or violent
- thoughts about suicide or dying
- new or worse depression
- new or worse anxiety or panic attacks
- feeling agitated, restless, angry or irritable
- trouble sleeping
- an increase in activity or talking more than what is normal for you
- other unusual changes in behavior or mood

Call your healthcare provider right away if you have any of the following symptoms, or call 911 if an emergency. Fluoxetine tablets may be associated with these serious side effects:

2. Serotonin Syndrome. This condition can be life threatening and may include:

- agitation, hallucinations, coma or other changes in mental status
- coordination problems or muscle twitching (overactive reflexes)
- racing heartbeat, high or low blood pressure
- sweating or fever
- nausea, vomiting, or diarrhea
- muscle rigidity
- dizziness
- flushing
- tremor
- seizures

3. Severe allergic reactions:

- trouble breathing
- swelling of the face, tongue, eyes or mouth
- rash, itchy welts (hives) or blisters, alone or with fever or joint pain

4. Visual problems:

- eye pain
- changes in vision
- swelling or redness in or around the eye

Only some people are at risk for these problems. You may want to undergo an eye examination to see if you are at risk and receive preventative treatment if you are.

5. Abnormal bleeding: Fluoxetine tablets and other antidepressant medicines may increase your risk of bleeding or bruising, especially if you take the blood thinner warfarin (Coumadin[®], Jantoven[®]), a non-steroidal anti-inflammatory drug (NSAIDs, like ibuprofen or naproxen), or aspirin.

6. Seizures or convulsions

7. Manic episodes:

- greatly increased energy
- severe trouble sleeping
- racing thoughts
- reckless behavior
- unusually grand ideas
- excessive happiness or irritability
- talking more or faster than usual

8. Changes in appetite or weight. Children and adolescents should have height and weight monitored during treatment.

9. Low salt (sodium) levels in the blood. Elderly people may be at greater risk for this. Symptoms may include:

- headache
- weakness or feeling unsteady
- confusion, problems concentrating or thinking or memory problems

10. Changes in the electrical activity of your heart (QT prolongation and ventricular arrhythmia including Torsades de Pointes). This condition can be life threatening. The symptoms may include:

- fast, slow, or irregular heartbeat
- shortness of breath
- dizziness or fainting

Do not stop fluoxetine tablets without first talking to your healthcare provider. Stopping fluoxetine tablets too quickly may cause serious symptoms including:

- anxiety, irritability, high or low mood, feeling restless or changes in sleep habits
- headache, sweating, nausea, dizziness
- electric shock-like sensations, shaking, confusion

What are fluoxetine tablets?

Fluoxetine tablets are a prescription medicine used to treat depression. It is important to talk with your healthcare provider about the risks of treating depression and also the risks of not treating it. You should discuss all treatment choices with your healthcare provider.

Fluoxetine tablets are used to treat:

- Major Depressive Disorder (MDD)
- Obsessive Compulsive Disorder (OCD)
- Bulimia Nervosa*
- Panic Disorder*
- Depressive episodes associated with Bipolar I Disorder, taken with olanzapine (Zyprexa)[®]

*Not approved for use in children

Talk to your healthcare provider if you do not think that your condition is getting better with fluoxetine tablets treatment.

Who should not take fluoxetine tablets?

Do not take fluoxetine tablets if you:

- are allergic to fluoxetine hydrochloride or any of the ingredients in fluoxetine tablets. See the end of this Medication Guide for a complete list of ingredients in fluoxetine tablets.
- take a Monoamine Oxidase Inhibitor (MAOI). Ask your healthcare provider or pharmacist if you are not sure if you take an MAOI, including the antibiotic linezolid.
 - Do not take an MAOI within 5 weeks of stopping fluoxetine tablets unless directed to do so by your physician.
 - Do not start fluoxetine tablets if you stopped taking an MAOI in the last 2 weeks unless directed to do so by your physician.

People who take fluoxetine tablets close in time to an MAOI may have serious or even life threatening side effects. Get medical help right away if you have any of these symptoms:

- high fever
- uncontrolled muscle spasms
- stiff muscles
- rapid changes in heart rate or blood pressure
- confusion
- loss of consciousness (pass out)

• take Mellaril[®]† (thioridazine). Do not take Mellaril[®]† within 5 weeks of stopping fluoxetine tablets because this can cause serious heart rhythm problems or sudden death.

• take the antipsychotic medicine pimozide (Orap[®]†) because this can cause serious heart problems.

Read the Medication Guide that comes with fluoxetine tablets before you start taking it and each time you get a refill. There may be new information. This Medication Guide does not take the place of talking to your healthcare provider about your medical condition or treatment. Talk with your healthcare provider if there is something you do not understand or want to learn more about.

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- Depression or other serious mental illnesses are the most important causes of suicidal thoughts or actions.
- Watch for these changes and call your healthcare provider right away if you notice:
 - New or sudden changes in mood, behavior, actions, thoughts, or feelings, especially if severe.
 - Pay particular attention to such changes when fluoxetine tablets are started or when the dose is changed.

Keep all follow-up visits with your healthcare provider and call between visits if you are worried about symptoms.

Call your healthcare provider right away if you have any of the following symptoms, or call 911 if an emergency, especially if they are new, worse, or worry you:

- attempts to commit suicide
- acting on dangerous impulses
- acting aggressive or violent
- thoughts about suicide or dying
- new or worse depression
- new or worse anxiety or panic attacks
- feeling agitated, restless, angry or irritable
- trouble sleeping
- an increase in activity or talking more than what is normal for you
- other unusual changes in behavior or mood

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- trouble breathing
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- eye pain
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Only some people are at risk for these problems. You may want to undergo an eye examination to see if you are at risk and receive preventative treatment if you are.

5. Abnormal bleeding: Fluoxetine tablets and other antidepressant medicines may increase your risk of bleeding or bruising, especially if you take the blood thinner warfarin (Coumadin[®], Jantoven[®]), a non-steroidal anti-inflammatory drug (NSAIDs, like ibuprofen or naproxen), or aspirin.

6. Seizures or convulsions

MEDICATION GUIDE FLUOXETINE TABLETS, USP (floo ox' e teen) 10 mg and 20 mg

7. Manic episodes:

- greatly increased energy
- severe trouble sleeping
- racing thoughts
- reckless behavior
- unusually grand ideas
- excessive happiness or irritability
- talking more or faster than usual

8. Changes in appetite or weight. Children and adolescents should have height and weight monitored during treatment.

9. Low salt (sodium) levels in the blood. Elderly people may be at greater risk for this. Symptoms may include:

- headache
- weakness or feeling unsteady
- confusion, problems concentrating or thinking or memory problems

10. Changes in the electrical activity of your heart (QT prolongation and ventricular arrhythmia including Torsades de Pointes). This condition can be life threatening. The symptoms may include:

- fast, slow, or irregular heartbeat
- shortness of breath
- dizziness or fainting

Do not stop fluoxetine tablets without first talking to your healthcare provider. Stopping fluoxetine tablets too quickly may cause serious symptoms including:

- anxiety, irritability, high or low mood, feeling restless or changes in sleep habits
- headache, sweating, nausea, dizziness
- electric shock-like sensations, shaking, confusion

What are fluoxetine tablets?

Fluoxetine tablets are a prescription medicine used to treat depression. It is important to talk with your healthcare provider about the risks of treating depression and also the risks of not treating it. You should discuss all treatment choices with your healthcare provider.

Fluoxetine tablets are used to treat:

- Major Depressive Disorder (MDD)
- Obsessive Compulsive Disorder (OCD)
- Bulimia Nervosa*
- Panic Disorder*
- Depressive episodes associated with Bipolar I Disorder, taken with olanzapine (Zyprexa)[®]

*Not approved for use in children

Talk to your healthcare provider if you do not think that your condition is getting better with fluoxetine tablets treatment.

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 - Do not take an MAOI within 5 weeks of stopping fluoxetine tablets unless directed to do so by your physician.
 - Do not start fluoxetine tablets if you stopped taking an MAOI in the last 2 weeks unless directed to do so by your physician.

People who take fluoxetine tablets close in time to an MAOI may have serious or even life threatening side effects. Get medical help right away if you have any of these symptoms:

- high fever
- uncontrolled muscle spasms
- stiff muscles
- rapid changes in heart rate or blood pressure
- confusion
- loss of consciousness (pass out)

• take Mellaril[®]† (thioridazine). Do not take Mellaril[®]† within 5 weeks of stopping fluoxetine tablets because this can cause serious heart rhythm problems or sudden death.

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- Watch for these changes and call your healthcare provider right away if you notice:
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Keep all follow-up visits with your healthcare provider and call between visits if you are worried about symptoms.

Call your healthcare provider right away if you have any of the following symptoms, or call 911 if an emergency, especially if they are new, worse, or worry you:

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- acting on dangerous impulses
- acting aggressive or violent
- thoughts about suicide or dying
- new or worse depression
- new or worse anxiety or panic attacks
- feeling agitated, restless, angry or irritable
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- eye pain
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Only some people are at risk for these problems. You may want to undergo an eye examination to see if you are at risk and receive preventative treatment if you are.

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10. Changes in the electrical activity of your heart (QT prolongation and ventricular arrhythmia including Torsades de Pointes). This condition can be life threatening. The symptoms may include:

- fast, slow, or irregular heartbeat
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Do not stop fluoxetine tablets without first talking to your healthcare provider. Stopping fluoxetine tablets too quickly may cause serious symptoms including:

- anxiety, irritability, high or low mood, feeling restless or changes in sleep habits
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Talk to your healthcare provider if you do not think that your condition is getting better with fluoxetine tablets treatment.

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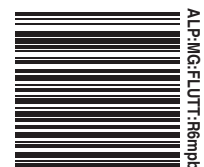
- are allergic to fluoxetine hydrochloride or any of the ingredients in fluoxetine tablets. See the end of this Medication Guide for a complete list of ingredients in fluoxetine tablets.
- take a Monoamine Oxidase Inhibitor (MAOI). Ask your healthcare provider or pharmacist if you are not sure if you take an MAOI, including the antibiotic linezolid.
 - Do not take an MAOI within 5 weeks of stopping fluoxetine tablets unless directed to do so by your physician.
 - Do not start fluoxetine tablets if you stopped taking an MAOI in the last 2 weeks unless directed to do so by your physician.

People who take fluoxetine tablets close in time to an MAOI may have serious or even life threatening side effects. Get medical help right away if you have any of these symptoms:

- high fever
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ALPINE FLUT-Remo



ALPINE FLUT-Remo

↓ PHARMACIST-DETACH AT EACH PERFORATION AND GIVE MEDICATION GUIDE TO PATIENT ↓

↓ PHARMACIST-DETACH AT EACH PERFORATION AND GIVE MEDICATION GUIDE TO PATIENT ↓

What should I tell my healthcare provider before taking fluoxetine tablets? Ask if you are not sure.

Before starting fluoxetine tablets, tell your healthcare provider if you:

- Are taking certain drugs or treatments such as:
 - Triptans used to treat migraine headache
 - Medicines used to treat mood, anxiety, psychotic or thought disorders, including tricyclics, lithium, bupirone, SSRIs, SNRIs, MAOI's or antipsychotics
 - Tramadol and fentanyl
 - Over-the-counter supplements such as tryptophan or St. John's Wort
- Electroconvulsive therapy (ECT)
- have liver problems
- have kidney problems
- have heart problems
- have or had seizures or convulsions
- have Bipolar Disorder or mania
- have low sodium levels in your blood
- have a history of a stroke
- have high blood pressure
- have or had bleeding problems
- are pregnant or plan to become pregnant. It is not known if fluoxetine will harm your unborn baby. Talk to your healthcare provider about the benefits and risks of treating depression during pregnancy.
- are breast-feeding or plan to breast-feed. Some fluoxetine may pass into your breast milk. Talk to your healthcare provider about the best way to feed your baby while taking fluoxetine tablets.

Tell your healthcare provider about all the medicines that you take, including prescription and non-prescription medicines, vitamins and herbal supplements. Fluoxetine tablets and some medicines may interact with each other, may not work as well, or may cause serious side effects.

Your healthcare provider or pharmacist can tell you if it is safe to take fluoxetine tablets with your other medicines. Do not start or stop any medicine while taking fluoxetine tablets without talking to your healthcare provider first.

If you take fluoxetine tablets, you should not take any other medicines that contain fluoxetine hydrochloride including:

- Symbyax^{®†}
- Sarafem^{®†}
- Prozac Weekly^{®†}

How should I take fluoxetine tablets?

- Take fluoxetine tablets exactly as prescribed. Your healthcare provider may need to change the dose of fluoxetine tablets until it is the right dose for you.
- Fluoxetine tablets may be taken with or without food.
- If you miss a dose of fluoxetine tablets, take the missed dose as soon as you remember. If it is almost time for the next dose, skip the missed dose and take your next dose at the regular time. Do not take two doses of fluoxetine tablets at the same time.
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What should I avoid while taking fluoxetine tablets?

Fluoxetine tablets can cause sleepiness or may affect your ability to make decisions, think clearly, or react quickly. You should not drive, operate heavy machinery or do other dangerous activities until you know how fluoxetine tablets affect you. Do not drink alcohol while using fluoxetine tablets.

What are the possible side effects of fluoxetine tablets?

- Fluoxetine tablets may cause serious side effects, including:
- See “What is the most important information I should know about fluoxetine tablets?”
 - **Problems with blood sugar control.** People who have diabetes and take fluoxetine tablets may have problems with low blood sugar while taking fluoxetine tablets. High blood sugar can happen when fluoxetine tablets are stopped. Your healthcare provider may need to change the dose of your diabetes medicines when you start or stop taking fluoxetine tablets.

- **Feeling anxious or trouble sleeping**

Common possible side effects in people who take fluoxetine tablets include:

- unusual dreams
- sexual problems
- loss of appetite, diarrhea, indigestion, nausea or vomiting,

- weakness, or dry mouth
- flu symptoms
- feeling tired or fatigued
- change in sleep habits

- yawning
- sinus infection or sore throat
- tremor or shaking
- sweating
- feeling anxious or nervous
- hot flashes
- rash

Other side effects in children and adolescents include:

- increased thirst
- abnormal increase in muscle movement or agitation
- nose bleed
- urinating more often
- heavy menstrual periods
- possible slowed growth rate and weight change. Your child's height and weight should be monitored during treatment with fluoxetine tablets.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of fluoxetine tablets. For more information, ask your healthcare provider or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store fluoxetine tablets?

- Store fluoxetine tablets at 20° to 25°C (68° to 77°F).
- Keep fluoxetine tablets away from light.
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Keep fluoxetine tablets and all medicines out of the reach of children.

General information about fluoxetine tablets

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use fluoxetine tablets for a condition for which it was not prescribed. Do not give fluoxetine tablets to other people, even if they have the same condition. It may harm them.

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What are the ingredients in fluoxetine tablets, USP?

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Manufactured for:
Mylan Pharmaceuticals Inc.
Morgantown, WV 26505 U.S.A.

Manufactured in Australia by:
ALPHAPHARM PTY LTD
15 Garnet Street
Carole Park QLD 4300
Australia

REVISED AUGUST 2014
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 - Tramadol and fentanyl
 - Over-the-counter supplements such as tryptophan or St. John's Wort
- Electroconvulsive therapy (ECT)
- have liver problems
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- have heart problems
- have or had seizures or convulsions
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- Take fluoxetine tablets exactly as prescribed. Your healthcare provider may need to change the dose of fluoxetine tablets until it is the right dose for you.
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- If you miss a dose of fluoxetine tablets, take the missed dose as soon as you remember. If it is almost time for the next dose, skip the missed dose and take your next dose at the regular time. Do not take two doses of fluoxetine tablets at the same time.
- If you take too much fluoxetine tablets, call your healthcare provider or poison control center right away, or get emergency treatment.

What should I avoid while taking fluoxetine tablets?

Fluoxetine tablets can cause sleepiness or may affect your ability to make decisions, think clearly, or react quickly. You should not drive, operate heavy machinery or do other dangerous activities until you know how fluoxetine tablets affect you. Do not drink alcohol while using fluoxetine tablets.

What are the possible side effects of fluoxetine tablets?

- Fluoxetine tablets may cause serious side effects, including:
- See “What is the most important information I should know about fluoxetine tablets?”
 - **Problems with blood sugar control.** People who have diabetes and take fluoxetine tablets may have problems with low blood sugar while taking fluoxetine tablets. High blood sugar can happen when fluoxetine tablets are stopped. Your healthcare provider may need to change the dose of your diabetes medicines when you start or stop taking fluoxetine tablets.

- **Feeling anxious or trouble sleeping**

Common possible side effects in people who take fluoxetine tablets include:

- unusual dreams
- sexual problems
- loss of appetite, diarrhea, indigestion, nausea or vomiting,

- weakness, or dry mouth
- flu symptoms
- feeling tired or fatigued
- change in sleep habits

- yawning
- sinus infection or sore throat
- tremor or shaking
- sweating
- feeling anxious or nervous
- hot flashes
- rash

Other side effects in children and adolescents include:

- increased thirst
- abnormal increase in muscle movement or agitation
- nose bleed
- urinating more often
- heavy menstrual periods
- possible slowed growth rate and weight change. Your child's height and weight should be monitored during treatment with fluoxetine tablets.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of fluoxetine tablets. For more information, ask your healthcare provider or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store fluoxetine tablets?

- Store fluoxetine tablets at 20° to 25°C (68° to 77°F).
- Keep fluoxetine tablets away from light.
- Keep fluoxetine tablets bottle closed tightly.

Keep fluoxetine tablets and all medicines out of the reach of children.

General information about fluoxetine tablets

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use fluoxetine tablets for a condition for which it was not prescribed. Do not give fluoxetine tablets to other people, even if they have the same condition. It may harm them.

This Medication Guide summarizes the most important information about fluoxetine tablets. If you would like more information, talk with your healthcare provider. You may ask your healthcare provider or pharmacist for information about fluoxetine tablets that is written for healthcare professionals. For more information about fluoxetine tablets, call Mylan Pharmaceuticals Inc. at 1-877-446-3769 (1-877-4-INFO-RX).

What are the ingredients in fluoxetine tablets, USP?

Active ingredients: fluoxetine hydrochloride, USP

Inactive ingredients: crospovidone, hypromellose, magnesium stearate, maize (corn) starch, microcrystalline cellulose, polyethylene glycol, silica colloidal anhydrous, and titanium dioxide.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

[†]The brands listed are trademarks of their respective owners.



Manufactured for:
Mylan Pharmaceuticals Inc.
Morgantown, WV 26505 U.S.A.

Manufactured in Australia by:
ALPHAPHARM PTY LTD
15 Garnet Street
Carole Park QLD 4300
Australia

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What should I tell my healthcare provider before taking fluoxetine tablets? Ask if you are not sure.

Before starting fluoxetine tablets, tell your healthcare provider if you:

- Are taking certain drugs or treatments such as:
 - Triptans used to treat migraine headache
 - Medicines used to treat mood, anxiety, psychotic or thought disorders, including tricyclics, lithium, bupirone, SSRIs, SNRIs, MAOI's or antipsychotics
 - Tramadol and fentanyl
 - Over-the-counter supplements such as tryptophan or St. John's Wort
- Electroconvulsive therapy (ECT)
- have liver problems
- have kidney problems
- have heart problems
- have or had seizures or convulsions
- have Bipolar Disorder or mania
- have low sodium levels in your blood
- have a history of a stroke
- have high blood pressure
- have or had bleeding problems
- are pregnant or plan to become pregnant. It is not known if fluoxetine will harm your unborn baby. Talk to your healthcare provider about the benefits and risks of treating depression during pregnancy.
- are breast-feeding or plan to breast-feed. Some fluoxetine may pass into your breast milk. Talk to your healthcare provider about the best way to feed your baby while taking fluoxetine tablets.

Tell your healthcare provider about all the medicines that you take, including prescription and non-prescription medicines, vitamins and herbal supplements. Fluoxetine tablets and some medicines may interact with each other, may not work as well, or may cause serious side effects.

Your healthcare provider or pharmacist can tell you if it is safe to take fluoxetine tablets with your other medicines. Do not start or stop any medicine while taking fluoxetine tablets without talking to your healthcare provider first.

If you take fluoxetine tablets, you should not take any other medicines that contain fluoxetine hydrochloride including:

- Symbyax^{®†}
- Sarafem^{®†}
- Prozac Weekly^{®†}

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