

**HIGHLIGHTS OF PRESCRIBING INFORMATION**

These highlights do not include all the information needed to use Methadone Hydrochloride *Intenso™* (Oral Concentrate USP) safely and effectively. See full prescribing information for Methadone Hydrochloride *Intenso™* (Oral Concentrate USP).

Methadone Hydrochloride *Intenso™* (Oral Concentrate USP), for oral use, CII  
Initial U.S. Approval: 1947

**WARNING: ADDICTION, ABUSE, AND MISUSE; LIFE-THREATENING RESPIRATORY DEPRESSION; ACCIDENTAL INGESTION; LIFE-THREATENING QT PROLONGATION; NEONATAL OPIOID WITHDRAWAL SYNDROME; and TREATMENT FOR OPIOID ADDICTION**

See full prescribing information for complete boxed warning

- Methadone exposes users to risks of addiction, abuse, and misuse, which can lead to overdose and death. Assess each patient's risk before prescribing, and monitor regularly for development of these behaviors or conditions. (5.1, 9)
- Serious, life-threatening, or fatal respiratory depression may occur. Monitor closely, especially upon initiation or following a dose increase. (5.2)
- Accidental ingestion of methadone, especially in children, can result in fatal overdose of methadone. (5.2)
- QT interval prolongation and serious arrhythmia (torsades de pointes) have occurred during treatment with methadone. (5.3)
- Prolonged use of methadone during pregnancy can result in neonatal opioid withdrawal syndrome, which may be life-threatening if not recognized and treated. If opioid use is required for a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome and ensure that appropriate treatment will be available. (5.4)
- Methadone products, when used for the treatment of opioid addiction in detoxification or maintenance programs, should be dispensed only by certified opioid treatment programs as stipulated in 42 CFR 8.12. (1)

**RECENT MAJOR CHANGES**

Boxed Warning	04/2014
Indications and Usage (1)	04/2014
Dosage and Administration (2)	04/2014
Warnings and Precautions (5)	04/2014

**INDICATIONS AND USAGE**

- Methadone Hydrochloride *Intenso™* (Oral Concentrate USP) is an opioid agonist indicated for the:
- Management of pain severe enough to require daily, around-the-clock, long-term opioid treatment and for which alternative treatment options are inadequate.
  - Because of the risks of addiction, abuse, and misuse with opioids, even at recommended doses, and because of the greater risks of overdose and death with long-acting opioids, reserve methadone for use in patients for whom alternative treatment options (e.g., non-opioid analgesics or immediate-release opioids) are ineffective, not tolerated, or would be otherwise inadequate to provide sufficient management of pain.
  - Methadone is not indicated as an as-needed (prn) analgesic.
  - Definitive treatment of chronic pain (heroin or other morphine-like drugs).
  - Maintenance treatment of opioid addiction (heroin or other morphine-like drugs), in conjunction with appropriate social and medical services. (1)

**DOSAGE AND ADMINISTRATION**

- Management of Pain: For opioid-naïve patients, initiate methadone treatment with 2.5 mg every 8 to 12 hours. (2.2)
- To convert to methadone from another opioid, use available conversion factors to obtain

**FULL PRESCRIBING INFORMATION: CONTENTS\***

**WARNING: ADDICTION, ABUSE AND MISUSE; LIFE-THREATENING RESPIRATORY DEPRESSION; ACCIDENTAL INGESTION; LIFE-THREATENING QT PROLONGATION; NEONATAL OPIOID WITHDRAWAL SYNDROME; AND TREATMENT FOR OPIOID ADDICTION**

**1 INDICATIONS AND USAGE**

- Important General Information
- Initial Dosing for Management of Pain
- Titration and Maintenance of Therapy for Pain
- Discontinuation of Methadone for Pain
- Induction/Initial Dosing for Detoxification and Maintenance Treatment of Opioid Addiction
- Titration and Maintenance Treatment of Opioid Dependence Detoxification
- Medically Supervised Withdrawal After a Period of Maintenance Treatment for Opioid Addiction
- Risk of Relapse in Patients on Methadone Maintenance Treatment of Opioid Addiction

**2.9 Considerations for Management of Acute Pain During Methadone Maintenance Treatment**

**2.10 Dose Adjustment During Pregnancy**

**3 DOSAGE FORMS AND STRENGTHS**

**4 CONTRAINDICATIONS**

**5 WARNINGS AND PRECAUTIONS**

- Addiction, Abuse and Misuse
- Life-Threatening Respiratory Depression
- Life-Threatening QT Prolongation
- Neonatal Opioid Withdrawal Syndrome
- Interactions with Central Nervous System Depressants
- Use in Elderly, Cachectic, and Debilitated Patients
- Use in Patients with Chronic Pulmonary Disease
- Hypotensive Effect
- Use in Patients with Head Injury or Increased Intracranial Pressure
- Use in Patients with Gastrointestinal Conditions
- Use in Patients with Convulsive or Seizure Disorders
- Avoidance of Withdrawal

**FULL PRESCRIBING INFORMATION**

**WARNING: ADDICTION, ABUSE AND MISUSE; LIFE-THREATENING RESPIRATORY DEPRESSION; ACCIDENTAL INGESTION; LIFE-THREATENING QT PROLONGATION; NEONATAL OPIOID WITHDRAWAL SYNDROME; and TREATMENT FOR OPIOID ADDICTION**

**Addiction, Abuse, and Misuse**

Methadone exposes patients and other users to the risks of opioid addiction, abuse, and misuse, which can lead to overdose and death. Assess each patient's risk prior to prescribing methadone, and monitor all patients regularly for the development of these behaviors or conditions [see Warnings and Precautions (5.1)].

estimated dose. (2.2)

- Initiation of Detoxification and Maintenance Treatment: A single dose of 20 to 30 mg may be sufficient to suppress withdrawal syndrome. (2.5)
- Do not abruptly discontinue methadone in a physically dependent patient. (2.4, 5.12)

**—————DOSAGE FORMS AND STRENGTHS—————**

Oral Concentrate: each mL contains 10 mg of methadone hydrochloride. (3)

**—————CONTRAINDICATIONS—————**

- Significant respiratory depression (4)
- Acute or severe bronchial asthma (4)
- Known or suspected paralytic ileus (4)
- Hypersensitivity to methadone (4)

**—————WARNINGS AND PRECAUTIONS—————**

- Respiratory depression: The peak respiratory depressant effect typically occurs later, and persists longer than the peak analgesic effect, which can contribute to iatrogenic overdose. Patients who are tolerant to other opioids may be incompletely tolerant to methadone. (5.2)
- May cause QT interval prolongation and serious arrhythmia. (5.3)
- Interactions with CNS depressants: Concomitant use may cause profound sedation, respiratory depression, and death. If coadministration is required, consider dose reduction of one or both drugs because of additive pharmacological effects. (5.5, 7.1)
- Elderly, cachectic, debilitated patients, and those with chronic pulmonary disease: Monitor closely because of increased risk for life-threatening respiratory depression. (5.6, 5.7)
- Hypotensive effect: Monitor during dose initiation and titration. (5.8)
- Patients with head injury or increased intracranial pressure: Monitor for sedation and respiratory depression. Avoid use of methadone in patients with impaired consciousness or coma susceptible to intracranial effects of CO<sub>2</sub> retention. (5.9)

**—————ADVERSE REACTIONS—————**

Most common adverse reactions are: lightheadedness, dizziness, sedation, nausea, vomiting, and sweating. (6)  
To report SUSPECTED ADVERSE REACTIONS, contact Roxane Laboratories, Inc. at 1-800-962-8364 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

**—————DRUG INTERACTIONS—————**

- CYP3A4 inducers: Increased risk of more rapid metabolism and decreased effects of methadone. (7.1)
- CYP3A4 inhibitors: Increased risk of reduced metabolism and methadone toxicity. (7.1)
- Anti-norepinephrine agents: May result in increased clearance and decreased plasma levels of methadone or in certain cases, increased plasma levels and risk of toxicity. (7.1)
- Potentially arrhythmogenic agents: Extreme caution is necessary when any drug known to have the potential to prolong the QT interval is prescribed in conjunction with methadone. (7.3)
- Opioid antagonists, partial agonists, mixed agonist/antagonist opioid analgesics: Avoid use with methadone because they may reduce analgesic effect of methadone or precipitate withdrawal symptoms. (5.12, 7.4)

**—————USE IN SPECIFIC POPULATIONS—————**

- Pregnancy: Based on animal data, may cause fetal harm. (8.1)
- Nursing mothers: Methadone has been detected in human milk. Closely monitor infants of nursing women receiving methadone. (8.3)

See 17 for PATIENT COUNSELING INFORMATION and Medication Guide.

Revised: 04/2014

5.13 Driving and Operating Machinery	5.13
<b>6 ADVERSE REACTIONS</b>	<b>6</b>
<b>7 DRUG INTERACTIONS</b>	<b>7</b>
7.1 CNS Depressants	7.1
7.2 Drugs Affecting Cytochrome P450 Isoenzymes	7.2
7.3 Potentially Arrhythmogenic Agents	7.3
7.4 Mixed Agonist/Antagonist and Partial Agonist Opioid Analgesics	7.4
7.5 Anticholinergics	7.5
7.6 Antidepressants	7.6
7.7 Laboratory Test Interactions	7.7
<b>8 USE IN SPECIFIC POPULATIONS</b>	<b>8</b>
8.1 Pregnancy	8.1
8.2 Labor and Delivery	8.2
8.3 Nursing Mothers	8.3
8.4 Pediatric Use	8.4
8.5 Geriatric Use	8.5
8.6 Renal Impairment	8.6
8.7 Hepatic Impairment	8.7
<b>9 DRUG ABUSE AND DEPENDENCE</b>	<b>9</b>
9.1 Controlled Substance	9.1
9.2 Abuse and Misuse	9.2
9.3 Dependence	9.3
<b>10 OVERDOSAGE</b>	<b>10</b>
<b>11 DESCRIPTION</b>	<b>11</b>
<b>12 CLINICAL PHARMACOLOGY</b>	<b>12</b>
12.1 Mechanism of Action	12.1
12.2 Pharmacokinetics	12.2
<b>13 NONCLINICAL TOXICOLOGY</b>	<b>13</b>
13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility	13.1
<b>16 HOW SUPPLIED/STORAGE AND HANDLING</b>	<b>16</b>
16.1 Storage and Handling	16.1
16.2 How Supplied	16.2
<b>17 PATIENT COUNSELING INFORMATION</b>	<b>17</b>

\* Sections or subsections omitted from the full prescribing information are not listed.

**10. Closely monitor patients for changes in cardiac rhythm during initiation and titration of methadone [see Warnings and Precautions (5.3)].**

**Neonatal Opioid Withdrawal Syndrome**  
Prolonged use of methadone during pregnancy can result in neonatal opioid withdrawal syndrome, which may be life-threatening if not recognized and treated, and requires management according to protocols developed by drug abusers and people with addiction disorders who are experts. If opioid use is required for a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome and ensure that appropriate treatment will be available [see Warnings and Precautions (5.4)].  
**Conditions For Distribution And Use Of Methadone Products For The Treatment Of Opioid Addiction**  
For detoxification and maintenance of opioid dependence, methadone should be administered in accordance with the treatment standards cited in 42 CFR Section 8, including limitations on unsupervised administration [see Indications and Usage (1)].

**1 INDICATIONS AND USAGE**

- Methadone Hydrochloride *Intenso™* (Oral Concentrate USP) is indicated for the:
  - Management of pain severe enough to require daily, around-the-clock, long-term opioid treatment and for which alternative treatment options are inadequate.
- Limitations of Use:
  - Because of the risks of addiction, abuse, and misuse with opioids, even at recommended doses, and because of the greater risks of overdose and death with long-acting opioids, reserve methadone for use in patients for whom alternative treatment options (e.g., non-opioid analgesics or immediate-release opioid analgesics) are ineffective, not tolerated, or would be otherwise inadequate to provide sufficient management of pain.
  - Methadone is not indicated as an as-needed (prn) analgesic.
  - Detoxification treatment of opioid addiction (heroin or other morphine-like drugs).
  - Maintenance treatment of opioid addiction (heroin or other morphine-like drugs), in conjunction with appropriate social and medical services.

**Conversion From Parenteral Methadone to Methadone**  
For detoxification and maintenance of opioid dependence, methadone should be administered in accordance with the treatment standards cited in 42 CFR Section 8, including limitations on unsupervised administration.

Methadone products when used for the treatment of opioid addiction in detoxification or maintenance programs, should be dispensed only by opioid treatment programs (and agencies, practitioners or institutions by formal agreement with the program sponsor) certified by the Substance Abuse and Mental Health Services Administration and approved by the designated state authority. Certified treatment programs shall dispense and use methadone in oral form only and according to the treatment requirements stipulated in the Federal Opioid Treatment Standards (42 CFR 8.12). See below for important regulatory exceptions to the general requirement for certification to provide opioid treatment for the management of chronic pain.  
Failure to abide by the requirements in these regulations may result in criminal prosecution, seizure of the drug supply, revocation of the program approval, and injunction precluding operation of the program.  
**Regulatory Exceptions To The General Requirement For Certification To Provide Opioid Agonist Treatment**  
During inpatient care, when the patient was admitted for any condition other than concurrent opioid addiction (pursuant to 21CFR 1306.07(c)), to facilitate the treatment of the primary admitting diagnosis).  
During an emergency period of no longer than 3 days while definitive care for the addiction is being sought in an appropriately licensed facility (pursuant to 21CFR 1306.07(b)).

**2 DOSAGE AND ADMINISTRATION**

**2.1 Important General Information**

- The peak respiratory depressant effect of methadone occurs later and persists longer than its peak therapeutic effect.
- A high degree of opioid tolerance does not eliminate the possibility of methadone overdose, iatrogenic or otherwise. Deaths have been reported during conversion to methadone from chronic, high-dose treatment with other opioid agonists and during initiation of methadone treatment of addiction in subjects previously abusing high doses of other agonists.
- With repeated dosing, methadone is retained in the liver and then slowly released, prolonging the duration of potential toxicity.
- Methadone has a narrow therapeutic index, especially when combined with other drug

**2.2 Initial Dosing for Management of Pain**

Methadone should be prescribed only by healthcare professionals who are knowledgeable in the use of potent opioid agonists for the management of chronic pain.  
Consider the following important factors that differentiate methadone from other opioid analgesics:

- There is high interpatient variability in absorption, metabolism, and relative analgesic potency. Population-based equianalgesic conversion ratios between methadone and other opioids are not accurate when applied to individuals.
- The duration of analgesic action of methadone is 4 to 8 hours (based on single-dose studies) but the plasma elimination half-life is 8 to 59 hours.
- Steady-state plasma concentrations, and full analgesic effects, are not attained until 3 to 5 days after initiation

Initiate the dosing regimen for each patient individually, taking into account the patient's prior analgesic treatment experience and risk factors for addiction, abuse, and misuse [see Warnings and Precautions (5.1)]. Monitor patients closely for respiratory depression, especially within the first 24-72 hours of initiating therapy with methadone [see Warnings and Precautions (5.2)].  
**Use of Methadone as the First Opioid Analgesic:** Initiate treatment with Methadone with 2.5 mg orally every 8 to 12 hours.  
**Conversion from Other Oral Opioids to Methadone:** Discontinue use of all other around-the-clock opioid drugs when methadone therapy is initiated. Deaths have occurred in opioid-tolerant patients during conversion to methadone.

While there are useful tables of opioid equivalents readily available, there is substantial inter-patient variability in the relative potency of different opioid drugs and products. As such, it is safer to underestimate a patient's 24-hour oral methadone requirements and provide rescue medication (e.g., immediate-release opioid) than to overestimate the 24-hour oral methadone requirements which could result in adverse reactions. With repeated dosing, the potency of methadone increases due to its cumulative accumulation.  
Consider the following when using the information in Table 1:

- This is not a table of equianalgesic doses.
- The conversion factors in this table are only for the conversion from another oral opioid analgesic to methadone.
- The table cannot be used to convert from methadone to another opioid. Doing so will result in an overestimation of the dose of the new opioid and may result in fatal overdose.

Table 1: Conversion Factors to Methadone

Total Daily Baseline Oral Morphine Equivalent Dose	Estimated Daily Oral Methadone Requirement as Percent of Total Daily Morphine Dose
<100 mg	20% to 30%
100 to 300 mg	10% to 20%
300 to 600 mg	8% to 12%
600 mg to 1000 mg	5% to 10%
>1000 mg	<5%

To calculate the estimated Methadone dose using Table 1:

- For patients on a single opioid, sum the current total daily dose of the opioid, convert it to a Morphine Equivalent Dose according to specific conversion factor for that specific opioid, then multiply the Morphine Equivalent Dose by the corresponding percentage in the above table to calculate the approximate oral methadone daily dose. Divide the total daily methadone dose derived from the table above to reflect the intended dosing schedule (i.e., for administration every 8 hours, divide total daily methadone dose by 3).
  - For patients on a regimen of more than one opioid, calculate the approximate oral methadone dose for each opioid and sum the totals to obtain the approximate total methadone daily dose. Divide the total daily methadone dose derived from the table above to reflect the intended dosing schedule (i.e., for administration every 8 hours, divide total daily methadone dose by 3).
  - For patients on a regimen of fixed-ratio opioid/non-opioid analgesic products, use only the opioid component of these products in the conversion.
- Always round the dose down, if necessary, to the appropriate methadone strength(s) available.

**Example conversion from a single opioid to methadone:** Step 1: Sum the total daily dose of the opioid (in this case, Morphine Extended Release Tablets 50 mg twice daily)

- 50 mg Morphine Extended Release Tablets 2 times daily = 100 mg total daily dose of Morphine
- Step 2: Calculate the approximate equivalent dose of methadone based on the total daily dose of Morphine using Table 1
- 100 mg total daily dose of Morphine x 15% (10% to 20% per Table 1) = 15 mg methadone daily
- Step 3: Calculate the approximate starting dose of methadone to be given every 12 hours. Round down, if necessary, to the appropriate methadone tablets strengths available.
- 15 mg daily / 2 = 7.5 mg methadone every 12 hours
- Then 7.5 mg is rounded down to 5 mg methadone every 12 hours

Close observation and frequent titration are warranted until pain management is stable on the new opioid. Monitor patients for signs and symptoms of opioid withdrawal or for signs of over-sedation/toxicity after converting patients to methadone.

**Conversion from Parenteral Methadone to Methadone:** Use a conversion ratio of 1:2 mg for parenteral to oral methadone (e.g., 5 mg parenteral methadone to 10 mg oral methadone).

**2.3 Titration and Maintenance of Therapy for Pain**  
Individually titrate methadone to a dose that provides adequate analgesia and minimizes adverse reactions. Continually reevaluate patients receiving methadone to assess the maintenance of pain control and the relative incidence of adverse reactions, as well as monitoring for the development of addiction, abuse, or misuse. Frequent communication is important among the prescriber, other members of the healthcare team, the patient, and the caregiver/family during periods of changing analgesic requirements, including initial titration. During chronic therapy, periodically reassess the continued need for the use of opioid analgesics.

Because steady-state plasma concentrations are approximated within 24 to 36 hours, methadone dosage adjustments may be done every 1 to 2 days.  
Patients who experience breakthrough pain may require a dose increase of methadone, or may need rescue medication with an appropriate dose of an immediate-release medication. If the level of pain increases after dose stabilization, attempt to identify the source of increased pain before increasing the methadone dose.

Caution patients about the possibility of methadone-related adverse reactions are observed, the subsequent doses may be reduced and/or the dosing interval adjusted (i.e., every 8 hours or every 12 hours).

Adjust the dose to obtain an appropriate balance between management of pain and opioid-related adverse reactions.

**2.4 Discontinuation of Methadone for Pain**

When a patient no longer requires therapy with methadone for pain, use a gradual downward titration, of the dose every two to four days, to prevent signs and symptoms of withdrawal in the physically-dependent patient. Do not abruptly discontinue methadone.

**2.5 Induction/Initial Dosing for Detoxification and Maintenance Treatment of Opioid Addiction**

Administer the initial methadone dose under supervision, when there are no signs of sedation or intoxication, and the patient shows symptoms of withdrawal. An initial single dose of 20 to 30 mg of Methadone Hydrochloride *Intenso™* will often be sufficient to suppress withdrawal symptoms. The initial dose should not exceed 30 mg.

To make same-day dosing adjustments, have the patient wait 2 to 4 hours for further evaluation, when peak levels have been reached. Provide an additional 5 to 10 mg of Methadone Hydrochloride *Intenso™* if withdrawal symptoms have not been suppressed or if symptoms reappear.

The total daily dose of Methadone Hydrochloride *Intenso™* on the first day of treatment should not ordinarily exceed 40 mg. Adjust the dose over the first week of treatment based on control of withdrawal symptoms at the time of expected peak activity (e.g., 2 to 4 hours after dosing). When adjusting the dose, keep in mind that methadone levels will accumulate over the first several days of dosing; deaths have occurred in early treatment due to the cumulative effects. Instruct patients that the dose will "hold" for a longer period of time as tissue stores of methadone accumulate.

Use lower initial doses for patients whose tolerance is expected to be low at treatment entry. Any patient who has not taken opioids for more than 5 days may no longer be tolerant. Do not determine initial doses based on previous treatment episodes or dollars spent per day on illicit drug use.

**Short-Term Detoxification:** For a brief course of stabilization followed by a period of medically supervised withdrawal, titrate the patient to a total daily dose of about 40 mg in divided doses to achieve an adequate stabilizing level. After 2 to 3 days of stabilization, gradually decrease the dose of methadone. Decrease the dose of methadone on a daily basis or at 2-day intervals, keeping the amount of methadone sufficient to keep withdrawal symptoms at a tolerable level. Hospitalized patients may tolerate a daily reduction of 20% of the total daily dose. Ambulatory patients may need a slower schedule.

**2.6 Titration and Maintenance Treatment of Opioid Dependence Detoxification**

Titrate patients in maintenance treatment to a dose that prevents opioid withdrawal symptoms for 24 hours, reduces drug hunger or craving, and blocks or attenuates the euphoric effects of self-administered opioids, ensuring that the patient is tolerant to the sedative effects of methadone. Most commonly, clinical stability is achieved at doses between 80 to 120 mg/day.

**2.7 Medically Supervised Withdrawal After a Period of Maintenance Treatment for Opioid Addiction**

There is considerable variability in the appropriate rate of methadone taper in patients choosing medically supervised withdrawal from methadone treatment. Dose reductions should generally be less than 10% of the established tolerance or maintenance dose, and 10 to 14-day intervals should elapse between dose reductions. Apprise patients of the high risk of relapse to illicit drug use associated with discontinuation of methadone maintenance treatment.

**2.8 Risk of Relapse in Patients on Methadone Maintenance Treatment of Opioid Addiction**

Abrupt opioid discontinuation can lead to development of opioid withdrawal symptoms [see Drug Abuse and Dependence (9.3)]. Opioid withdrawal symptoms have been associated with an increased risk of relapse to illicit drug use in susceptible patients.

**2.9 Considerations for Management of Acute Pain During Methadone Maintenance Treatment**

Patients in methadone maintenance treatment for opioid dependence who experience physical trauma, post-operative pain or other acute pain cannot be expected to derive analgesia from their existing dose of methadone. Such patients should be administered analgesics, including opioids, in doses that would otherwise be indicated for non-methadone-treated patients with similar painful conditions. When opioids are required for management of acute pain in methadone maintenance patients, somewhat higher and/or more frequent doses will often be required than would be the case for non-tolerant patients due to the opioid tolerance induced by methadone.

**2.10 Dose Adjustment During Pregnancy**

Methadone clearance may be increased during pregnancy. During pregnancy, a woman's methadone dose may need to be increased or the dosing interval decreased. Methadone should be used in pregnancy only if the potential benefit justifies the potential risk to the fetus [see Use in Specific Populations (8.1)].

**3 DOSAGE FORMS AND STRENGTHS**

Each mL of clear, colorless Methadone Hydrochloride *Intenso™* contains methadone hydrochloride 10 mg. The concentration of Methadone Hydrochloride *Intenso™* is 10 mg/mL.

**4 CONTRAINDICATIONS**

- Methadone Hydrochloride *Intenso™* (Oral Concentrate USP) is contraindicated in patients with:
  - Significant respiratory depression
  - Acute or severe bronchial asthma in an unmonitored setting or in the absence of resuscitative equipment
  - Known or suspected paralytic ileus
  - Hypersensitivity (e.g., anaphylaxis) to methadone [see Adverse Reactions (6)]

**5 WARNINGS AND PRECAUTIONS**

**5.1 Addiction, Abuse and Misuse**  
Methadone contains methadone, a Schedule II controlled substance. As an opioid, methadone exposes users to the risks of addiction, abuse, and misuse [see Drug Abuse and Dependence (9)]. As long-acting opioids such as methadone have pharmacological effects over an extended period of time, there is a greater risk for overdose and death.

Although the risk of addiction in any individual is unknown, it can occur in patients appropriately prescribed methadone and in those who obtain the drug illicitly. Addiction can occur at recommended doses and if the drug is used in a manner not intended by the prescriber. Monitor patients for signs of addiction, abuse, or misuse. Assess each patient's risk for opioid addiction, abuse, or misuse prior to prescribing methadone, and monitor all patients receiving methadone for the development of these behaviors or conditions. Risks are increased in patients with a personal or family history of substance abuse (including drug or alcohol addiction or abuse) or mental illness (e.g., major depression). The potential for these risks should not, however, prevent the prescribing of methadone

for the proper management of pain in any given patient. Patients at increased risk may be prescribed long-acting opioids such as methadone, but use in such patients necessitates intensive counseling about the risks and proper use of methadone along with the intensive monitoring for signs of addiction, abuse, and misuse.

Abuse or misuse of methadone by crushing, chewing, snorting, or injecting the dissolved product will result in the uncontrolled delivery of the methadone and can result in overdose and death [see Overdosage (10)]. Monitor patients taking methadone who may be susceptible to the intracranial effects of CO<sub>2</sub> retention (e.g., those with evidence of increased intracranial pressure or brain tumors) for signs of sedation and respiratory depression, particularly when initiating therapy with methadone. Methadone may reduce respiratory drive, and the resultant CO<sub>2</sub> retention can further increase intracranial pressure. Opioids may also obscure the clinical course in a patient with a head injury.

**5.2 Life-Threatening Respiratory Depression**  
Serious, life-threatening, or fatal respiratory depression has been reported with the use of long-acting opioids, even when used as recommended. Respiratory depression from opioid use, if not immediately recognized and treated, may lead to respiratory arrest and death. Management of respiratory depression may include close observation, supportive measures, and use of opioid antagonists, depending on the patient's clinical status [see Overdosage (10)]. Carbon dioxide (CO<sub>2</sub>) retention from opioid-induced respiratory depression can exacerbate the sedating effects of opioids.

While serious, life-threatening, or fatal respiratory depression can occur at any time during the use of methadone, the risk is greatest during the initiation of therapy or following a dose increase. The peak respiratory depressant effect of methadone occurs later, and persists longer than the peak analgesic effect, especially during the initial dosing period. Closely monitor patients for respiratory depression when initiating therapy with methadone and following dose increases.

To reduce the risk of respiratory depression, proper dosing and titration of methadone are essential [see Dosage and Administration (2.2, 2.3)]. Overestimating the methadone dose when converting patients from another opioid product can result in fatal overdose with the first dose.

Accidental ingestion of even one dose of methadone, especially by children, can result in respiratory depression and death. Monitor patients closely during the initial dosing period.

**5.3 Life-Threatening QT Prolongation**

Cases of QT interval prolongation and serious arrhythmia (torsades de pointes) have been observed during treatment with methadone. These cases appear to be more commonly associated with, but not limited to, higher dose treatment (>200 mg/day). Most cases involve patients being treated for pain with large, multiple daily doses of methadone, although cases have been reported in patients receiving doses commonly used for maintenance treatment of opioid addiction. In most patients on the lower doses typically used for maintenance, concomitant medications and/or clinical conditions such as hypokalemia were noted as contributing factors. However, the risk of developing the maintenance of opioid dependence with methadone should be maintained in accordance with the treatment standards cited in 42 CFR Section 8.12, including limitations on unsupervised administration.

Administer the initial methadone dose under supervision, when there are no signs of sedation or intoxication, and the patient shows symptoms of withdrawal. An initial single dose of 20 to 30 mg of Methadone Hydrochloride *Intenso™* will often be sufficient to suppress withdrawal symptoms. The initial dose should not exceed 30 mg.

To make same-day dosing adjustments, have the patient wait 2 to 4 hours for further evaluation, when peak levels have been reached. Provide an additional 5 to 10 mg of Methadone Hydrochloride *Intenso™* if withdrawal symptoms have not been suppressed or if symptoms reappear.

The total daily dose of Methadone Hydrochloride *Intenso™* on the first day of treatment should not ordinarily exceed 40 mg. Adjust the dose over the first week of treatment based on control of withdrawal symptoms at the time of expected peak activity (e.g., 2 to 4 hours after dosing). When adjusting the dose, keep in mind that methadone levels will accumulate over the first several days of dosing; deaths have occurred in early treatment due to the cumulative effects. Instruct patients that the dose will "hold" for a longer period of time as tissue stores of methadone accumulate.

Use lower initial doses for patients whose tolerance is expected to be low at treatment entry. Any patient who has not taken opioids for more than 5 days may no longer be tolerant. Do not determine initial doses based on previous treatment episodes or dollars spent per day on illicit drug use.

**Short-Term Detoxification:** For a brief course of stabilization followed by a period of medically supervised withdrawal, titrate the patient to a total daily dose of about 40 mg in divided doses to achieve an adequate stabilizing level. After 2 to 3 days of stabilization, gradually decrease the dose of methadone. Decrease the dose of methadone on a daily basis or at 2-day intervals, keeping the amount of methadone sufficient to keep withdrawal symptoms at a tolerable level. Hospitalized patients may tolerate a daily reduction of 20% of the total daily dose. Ambulatory patients may need a slower schedule.

**2.6 Titration and Maintenance Treatment of Opioid Dependence Detoxification**

## When taking Methadone:

- Do not change your dose. Take methadone exactly as prescribed by your healthcare provider.
- Do not take more than your prescribed dose in 24 hours. If you take methadone for pain and miss a dose, take methadone as soon as possible and then take your next dose 8 or 12 hours later as directed by your healthcare provider. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule.
- If you take methadone for opioid addiction and miss a dose, take your next dose the following day as scheduled. Do not take extra doses. Taking more than the prescribed dose may cause you to overdose because methadone builds up in your body over time.
- Do not crush, dissolve, snort or inject methadone because this may cause you to overdose and die.
- Call your healthcare provider if the dose you are taking does not control your pain.
- Do not stop taking methadone without talking to your healthcare provider.
- After you stop taking methadone, flush any unused tablets down the toilet.

## While taking Methadone DO NOT:

- Drive or operate heavy machinery, until you know how methadone affects you. Methadone can make you sleepy, dizzy, or lightheaded.
- Drink alcohol or use prescription or over-the-counter medicines that contain alcohol. Using products containing alcohol during treatment with methadone may cause you to overdose and die.

## The possible side effects of Methadone are:

- constipation, nausea, sleepiness, vomiting, tiredness, headache, dizziness, abdominal pain. Call your healthcare provider if you have any of these symptoms and they are severe.

## Get emergency medical help if you have:

- trouble breathing, shortness of breath, fast heartbeat, chest pain, swelling of your face, tongue or throat, extreme drowsiness, lightheadedness when changing positions, or you are feeling faint.
- These are not all the possible side effects of methadone. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088. For more information go to [dailymed.nlm.nih.gov](http://dailymed.nlm.nih.gov).

Manufactured by: Roxane Laboratories, Inc., Columbus, Ohio 43216, [www.Roxane.com](http://www.Roxane.com), or call 1-800-962-8364

This Medication Guide has been approved by the U.S. Food and Drug Administration.

4056351/09

Revised April 2014

© RLI, 2014



## 5.13 Driving and Operating Machinery

Methadone may impair the mental or physical abilities needed to perform potentially hazardous activities such as driving a car, operating machinery or driving or operating hazardous machinery unless they are tolerant to the effects of methadone and know how they will react to the medication.

## 6 ADVERSE REACTIONS

The following serious adverse reactions and/or conditions are discussed elsewhere in the labeling: • Addition, Abuse, and Misuse [see *Warnings and Precautions* (5.1)] • Life Threatening Respiratory Depression [see *Warnings and Precautions* (5.2)] • QT Prolongation [see *Warnings and Precautions* (5.3)] • Neonatal Opioid Withdrawal Syndrome [see *Warnings and Precautions* (5.4)] • Interactions with Other CNS Depressants [see *Warnings and Precautions* (5.5)] • Hypotensive Effect [see *Warnings and Precautions* (5.8)] • Gastrointestinal Effects [see *Warnings and Precautions* (5.10)] • Seizures [see *Warnings and Precautions* (5.11)]

The major hazards of methadone are respiratory depression and, to a lesser degree, systemic hypotension. Respiratory arrest, shock, cardiac arrest, and death have occurred.

The most frequently observed adverse reactions include nausea, dizziness, sedation, syncope, vomiting, and sweating. These effects seem to be more prominent in ambulatory patients and in those who are not suffering severe pain. In such individuals, lower doses are advisable.

Other adverse reactions include the following:

**Body as a Whole:** asthenia (weakness), edema, headache  
**Cardiovascular:** arrhythmias, bigeminal rhythms, bradycardia, cardiomyopathy, ECG abnormalities, extrasystoles, flushing, heart failure, hypotension, palpitations, phlebitis, QT interval prolongation, syncope, T-wave inversion, tachycardia, torsades de pointes, ventricular fibrillation, ventricular tachycardia, central nervous system (CNS) depression, confusion, disorientation, dysphoria, euphoria, insomnia, hallucinations, seizures, visual disturbances  
**Endocrine:** hypogonadism  
**Gastrointestinal:** abdominal pain, anorexia, biliary tract spasm, constipation, dry mouth, glossitis  
**Hematologic:** reversible thrombocytopenia has been described in opioid addicts with chronic hepatitis  
**Metabolic:** hypokalemia, hypomagnesemia, weight gain  
**Renal:** antidiuretic effect, urinary retention or hesitancy  
**Reproductive:** decreased libido and potency, reduced ejaculate volume, reduced seminal vesicle and prostate secretions, decreased sperm motility, abnormalities in sperm morphology  
**Respiratory:** pulmonary edema, respiratory depression  
**Skin and Subcutaneous Tissue:** pruritus, urticaria, other skin rashes, and rarely, hemorrhagic urticaria  
**Hypersensitivity:** Anaphylaxis has been reported with ingredients contained in Methadone Hydrochloride Intenso™. Advise patients how to recognize such a reaction and when to seek medical attention.

**Maintenance on a Stabilized Dose:** During prolonged administration of methadone, as in a methadone maintenance treatment program, constipation and sweating often persist and hypogonadism, decreased serum testosterone, and the intensity of the neonatal withdrawal syndrome are also observed. Methadone for the Detoxification and Maintenance Treatment of Opioid Dependence: During the induction phase of methadone maintenance treatment, patients are being withdrawn from illicit opioids and may have opioid withdrawal symptoms. Monitor patients for signs and symptoms including: lacrimation, rhinorrhea, sneezing, yawning, excessive perspiration, goose-flesh, fever, chilling alternating with flushing, restlessness, irritability, weakness, anxiety, depression, dilated pupils, tremors, tachycardia, abdominal cramps, body aches, involuntary twitching and kicking movements, anorexia, nausea, vomiting, diarrhea, intestinal spasms, and weight loss and consider dose adjustment as indicated.

## 7 DRUG INTERACTIONS

### 7.1 CNS Depressants

The concomitant use of methadone with other CNS depressants including sedatives, hypnotics, tranquilizers, general anesthetics, phenothiazines, other opioids, and alcohol can increase the risk of respiratory depression, profound sedation, coma and death. Monitor patients receiving CNS depressants and methadone for signs of respiratory depression, sedation and hypotension.

When combined therapy with any of the above medications is considered, the dose of one or both agents should be reduced [see *Warnings and Precautions* (5.5)].

### 7.2 Drugs Affecting Cytochrome P450 Isoenzymes

Methadone undergoes hepatic N-demethylation by cytochrome P450 (CYP) isoforms, principally CYP3A4, CYP2B6, CYP2C19, and to a lesser extent by CYP2C9 and CYP2D6 [see *Clinical Pharmacology* (12.3)].  
**Inhibitors of CYP3A4 and 2C9:** Because the CYP3A4 isoenzyme plays a major role in the metabolism of methadone, drugs that inhibit CYP3A4 activity may increase the plasma concentration of methadone which could lead to an increase in methadone plasma concentrations and result in increased or prolonged opioid effects. These effects could be more pronounced with concomitant use of CYP 2C9 and 3A4 inhibitors. If co-administration with methadone is necessary, monitor patients for respiratory depression and sedation at frequent intervals and consider dose adjustments until stable drug effects are achieved [see *Clinical Pharmacology* (12.3)].

**Inducers of CYP3A4:** CYP450 3A4 inducers may induce the metabolism of methadone and, therefore, may cause increased clearance of the drug which could lead to a decrease in methadone plasma concentration, less efficacy, and possibly development of a withdrawal syndrome in a patient who had developed physical dependence to methadone. If co-administration with methadone is necessary, monitor for signs of opioid withdrawal and consider dose adjustments until stable drug effects are achieved [see *Clinical Pharmacology* (12.3)].

After stopping the treatment of a CYP3A4 inducer, as the effects of the inducer decline, methadone plasma concentration will increase which could increase or prolong both the therapeutic and adverse effects, and may cause serious respiratory depression. If co-administration or discontinuation of a CYP3A4 inducer with methadone is necessary, monitor for signs of opioid withdrawal and consider dose adjustments until stable drug effects are achieved [see *Clinical Pharmacology* (12.3)].

**Paradoxical Effects of Antiretroviral Agents on Methadone:** Concurrent use of certain protease inhibitors with CYP3A4 inhibitory activity, alone and in combination, such as abacavir, amprenavir, darunavir-ritonavir, efavirenz, nelfinavir, nirsevimir, ritonavir, telaprevir, lopinavir-ritonavir, saquinavir-ritonavir, and tipranavir-ritonavir, has resulted in increased clearance or decreased plasma levels of methadone. This may result in reduced efficacy of methadone and could precipitate a withdrawal syndrome. Monitor methadone-maintained patients receiving any of these anti-retroviral therapies closely for evidence of withdrawal effects and adjust the methadone dose accordingly.

**Effects of Methadone on Antiretroviral Agents: Didanosine and Stavudine:** Experimental evidence demonstrated that methadone decreased the area under the concentration-time curve (AUC) and peak levels for didanosine and stavudine, with a more significant decrease for didanosine. Methadone disposition was not substantially altered.

**Zidovudine:** Experimental evidence demonstrated that methadone increased the AUC of zidovudine, which could result in toxic effects.

### 7.3 Potentially Arrhythmogenic Agents

Monitor patients receiving cardiac conduction changes when any drug known to have the potential to prolong the QT interval is prescribed in conjunction with methadone. Pharmacodynamic interactions may occur with concomitant use of methadone and potentially arrhythmogenic agents such as class I and III antiarrhythmics, some neuroleptics and tricyclic antidepressants, and calcium channel blockers.

Similarly, monitor patients closely when prescribing methadone concomitantly with drugs capable of inducing electrolyte disturbances (hypomagnesemia, hypokalemia) that may prolong the QT interval, including diuretics, laxatives, and, in rare cases, mineralocorticoid hormones.

**Mixed Agonist/Antagonist and Partial Agonist:** Mixed agonist/antagonist (i.e., pentazocine, nalbuphine and butorphanol) and partial agonist (buprenorphine) agonists may reduce the analgesic effect of methadone or precipitate withdrawal symptoms. Avoid the use of mixed agonist/antagonist and partial agonist analgesics in patients receiving methadone.

### 7.5 Antidepressants

**Monamine Oxidase (MAO) Inhibitors:** Therapeutic doses of meprobide have precipitated severe reactions in patients concurrently receiving monamine oxidase inhibitors or those who have received such agents within 14 days. Similar reactions thus far have not been reported with methadone. However, the use of MAO inhibitors is necessary in such patients, a sensitivity test should be performed in which repeated small, incremental doses of methadone are administered over the course of several hours while

the patient's condition and vital signs are carefully observed.

**Desipramine:** Blood levels of desipramine have increased with concurrent methadone administration.

## 7.6 Anticholinergics

Anticholinergics or other drugs with anticholinergic activity when used concurrently with opioids may result in increased risk of urinary retention and/or severe constipation, which may lead to paralytic ileus. Monitor patients for signs of urinary retention or reduced gastric motility when methadone is used concurrently with anticholinergic drugs.

## 7.7 Laboratory Test Interactions

Falsely positive urine drug screens for methadone have been reported for several drugs including diphenhydramine, doxylamine, clomipramine, chlorpromazine, thioridazine, quetiapine, and verapamil.

## 8 USE IN SPECIFIC POPULATIONS

### 8.1 Pregnancy

**Clinical Considerations: Fetal/Neonatal adverse reactions:** Prolonged use of opioid analgesics during pregnancy for medical or nonmedical purposes can result in physical dependence in the neonate and neonatal opioid withdrawal syndrome shortly after birth. Observe newborns for symptoms of neonatal opioid withdrawal syndrome, such as poor feeding, diarrhea, irritability, tremor, rigidity, and seizures, and manage accordingly [see *Warnings and Precautions* (5.1)].

**Teratogenic Effects: Pregnancy Category C:** There are no adequate and well controlled studies in pregnant women. Methadone should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Methadone has been shown to be teratogenic in the hamster at doses 2 times the human daily oral dose (120 mg/day on a mg/m<sup>2</sup> basis) and in mice at doses equivalent to the human daily oral dose (120 mg/day on a mg/m<sup>2</sup> basis). Increased neonatal mortality and significant differences in behavioral tests have been reported in the offspring of male rodents that were treated with methadone prior to mating when compared to control animals. Methadone has been detected in human amniotic fluid and cord plasma at concentrations proportional to maternal plasma and in newborn urine at lower concentrations than corresponding maternal urine.

**Dosage Adjustment during Pregnancy:** The disposition of oral methadone has been studied in approximately 30 pregnant patients in 2nd and 3rd trimesters. Total body clearance of methadone was increased in pregnant patients compared to the same patients postpartum or to non-pregnant opioid-dependent women. The terminal half-life of methadone is decreased during 2nd and 3rd trimesters. The decrease in plasma concentration and increase in clearance of methadone does not always correlate with levels during pregnancy can lead to withdrawal symptoms in some pregnant patients. The dosage may need to be increased or the dosing interval decreased in pregnant patients receiving methadone to achieve therapeutic effect [see *Dosage and Administration* (2.10)].

**Effects on the Neonate:** Babies born to mothers who have been taking opioids regularly prior to delivery may be physically dependent. Onset of withdrawal symptoms in infants is usually in the first days after birth. Monitor newborn for withdrawal signs and symptoms including: poor feeding, irritability, excessive crying, tremors, rigidity, hyper-active reflexes, increased respiratory rate, diarrhea, sneezing, yawning, vomiting, fever, and tachycardia.

The intensity of the neonatal withdrawal syndrome does not always correlate with levels during pregnancy with the maternal dose or the duration of maternal exposure. The duration of the withdrawal signs may vary from a few days to weeks or even months. There is no consensus on the appropriate management of infant withdrawal [see *Warnings and Precautions* (5.4)].

**Human Data:** Reported studies have generally compared the benefit of methadone to the risk of untreated addiction to illicit drugs; the relevance of these findings to pain patients prescribed methadone during pregnancy is unclear. Pregnant women involved in methadone maintenance programs have been reported to have significantly improved prenatal care leading to significantly reduced incidence of obstetric and fetal complications and neonatal morbidity and mortality when compared to women using illicit drugs. Several factors, including maternal use of illicit drugs, nutrition, infection and psychosocial circumstances, complicate the interpretation of investigations of the children of women who take methadone during pregnancy. Information is limited regarding dose and duration of methadone use during pregnancy, and most maternal exposure appears to occur after the first trimester of pregnancy.

A review of published data on experiences with methadone use during pregnancy by the Teratology Information System (TERIS) concluded that maternal use of methadone during pregnancy as part of a supervised, therapeutic regimen is unlikely to pose a substantial teratogenic risk to the fetus. The level of data assessed as "limited to fair". However, the data are insufficient to state that there is no risk (TERIS, last reviewed October, 2002). A retrospective case series of 101 pregnant, opioid-dependent women who underwent inpatient opioid detoxification with methadone did not demonstrate any increased risk of miscarriage in the 2nd trimester or premature delivery in the 3rd trimester. Recent studies suggest an increased risk of premature delivery in opioid-dependent women exposed to methadone during pregnancy, although the presence of confounding factors makes it difficult to determine a causal relationship. Several studies have suggested that infants born to mothers who used methadone during pregnancy. All but one pair of pregnancies have been found to have decreased fetal weight with reduced birth weight, head and/or head circumference compared to controls. This growth deficit does not appear to persist into later childhood. Children prenatally exposed to methadone have been reported to demonstrate mild but persistent deficits in performance on psychometric and behavioral tests. In addition, several studies suggest that children born to opioid-dependent women exposed to methadone during pregnancy may have an increased risk of visual development anomalies; however, a causal relationship has not been assessed.

There are conflicting reports on whether Sudden Infant Death Syndrome occurs with an increased incidence in infants born to women treated with methadone during pregnancy. Abnormal fetal non-stress tests have been reported to occur more frequently when the test is performed 1 to 2 hours after a maintenance dose of methadone in late pregnancy compared to controls.

**Animal Data:** Methadone did not produce teratogenic effects in rat or rabbit models. Methadone produced teratogenic effects following large doses, in the guinea pig, hamster and mouse. One published study in pregnant hamsters indicated that a single subcutaneous dose of methadone ranging from 31 to 185 mg/kg (the 31 mg/kg dose is approximately 2 times a human daily oral dose of 120 mg/day on a mg/m<sup>2</sup> basis) on day 6 of gestation resulted in a decrease in the number of fetuses per litter and an increase in the percentage of fetuses exhibiting congenital malformations described as exencephaly, cranioschisis, and various other lesions." The majority of the doses tested also resulted in maternal death. In another study, a single subcutaneous dose of 22 to 24 mg/kg methadone (estimated exposure was approximately equivalent to a human daily oral dose of 120 mg/day on a mg/m<sup>2</sup> basis) administered on day 9 of gestation in mice also produced exencephaly in 11% of the embryos. However, no effects were reported in rats and rabbits at oral doses up to 40 mg/kg (estimated exposure was approximately 3 and 6 times, respectively, a human daily oral dose of 120 mg/day on a mg/m<sup>2</sup> basis) administered during days 6 to 15 and 6 to 18, respectively.

Published animal data have reported increased neonatal mortality in the offspring of male rodents that were treated with methadone prior to mating. In these studies, the female rodents were not treated with methadone, indicating paternally-mediated developmental toxicity. Specifically, methadone administered to the male rat prior to mating with methadone-naïve females resulted in decreased weight gain in progeny after weaning. The male progeny demonstrated reduced thymus weights, whereas the female progeny demonstrated increased adrenal weights. Behavioral testing of these male and female progeny revealed significant differences in behavioral tests compared to control animals, suggesting that paternal methadone exposure produces physiological and behavioral changes in progeny in this model. Other animal studies have reported that perinatal exposure to opioids including methadone alters neuronal development and behavior in the offspring. Perinatal methadone exposure in rats has been linked to alterations in learning ability, motor activity, thermal regulation, nociceptive responses and sensitivity to drugs.

Additional animal data demonstrates evidence for neurochemical changes in the brains of methadone-treated offspring, including changes to the cholinergic, dopaminergic, noradrenergic and serotonergic systems. Studies demonstrated that methadone treatment of male rats for 21 to 32 days prior to mating with methadone-naïve females did not produce any adverse effects, suggesting that prolonged methadone treatment of the male rat resulted in tolerance to the developmental toxicities noted in the progeny. Mechanistic studies in this rat model suggest that the developmental effects of "paternal" methadone on the progeny appear to be due to decreased testosterone production. These animal data mirror the reported clinical findings of decreased testosterone levels in human males on methadone maintenance therapy for opioid addiction and in males receiving chronic intraspinal opioids.

Additional data have been published indicating that methadone treatment of male rats (once a day for three consecutive days) increased embryolethality and neonatal mortality. Examination of uterine contents of the male-treated rats indicated that methadone-treated mice indicated that methadone treatment produced an increase in the rate of preimplantation deaths in all post-meiotic stages.

## 8.2 Labor and Delivery

Opioids cross the placenta and may produce respiratory depression in neonates. Methadone is not for use during labor and delivery and immediately prior to labor when shorter acting analgesics or other analgesic techniques are more appropriate. Opioid analgesics can prolong labor through actions that temporarily reduce the strength, duration, and frequency of uterine contractions. However this effect is not consistent and may be offset by an increased rate of cervical dilatation, which tends to shorten labor.

## 8.3 Nursing Mothers

Methadone is secreted into human milk. At maternal oral doses of 10 to 80 mg/day, methadone concentrations from 50 to 570 mcg/mL in milk have been reported, which, in the majority of samples, were lower than maternal serum drug concentrations at steady state. Peak methadone levels in milk occur approximately 4 to 5 hours after an oral dose. Based on an average milk consumption of 150 mL/kg/day, an infant would consume approximately 17.4 mcg/kg/day which is approximately 2 to 3% of the oral maternal dose. Methadone has been detected in very low plasma concentrations in some infants whose mothers were taking methadone. Cases of sedation and respiratory depression in infants exposed to methadone through breast milk have been reported. Caution should be exercised when methadone is administered to a nursing woman.

Advise women who are being treated with methadone and who are breastfeeding or express a desire to breastfeed of the potential risks to the infant. Instruct breastfeeding mothers how to identify respiratory depression and sedation in their babies and when it may be necessary to contact their health-care provider or seek immediate medical care. Breastfed infants of mothers using methadone should be weaned gradually to prevent development of withdrawal symptoms in the infant.

## 8.4 Pediatric Use

The safety, effectiveness, and pharmacokinetics of methadone in pediatric patients below the age of 18 years have not been established.

## 8.5 Geriatric Use

Clinical studies of methadone did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently compared to younger subjects. Other reported clinical experience has not identified differences in responses between elderly and younger patients. In general, start elderly patients at the low end of the dosing range, taking into account the greater frequency of decreased hepatic, renal, or cardiac function and of concomitant disease or other drug therapy in geriatric patients. Closely monitor elderly patients for signs of respiratory and central nervous system depression.

## 8.6 Renal Impairment

Some unmetabolized methadone and its metabolites have not been extensively evaluated in patients with renal insufficiency. Since unmetabolized methadone and its metabolites are excreted in urine to a variable degree, start these patients on lower doses and with longer dosing intervals and titrate slowly while carefully monitoring for signs of respiratory and central nervous system depression.

## 8.7 Hepatic Impairment

Methadone has not been extensively evaluated in patients with hepatic insufficiency. Methadone is metabolized by hepatic pathways; therefore, patients with liver impairment may be at risk of increased systemic exposure to methadone after multiple dosing. Start these patients on lower doses and titrate slowly while carefully monitoring for signs of respiratory and central nervous system depression.

## 9 DRUG ABUSE AND DEPENDENCE

### 9.1 Controlled Substance

Methadone is a mu-agonist opioid with an abuse liability similar to other opioid agonists and is a Schedule II controlled substance. Methadone and other opioids used in analgesia have the potential for being abused and are subject to criminal diversion [see *Warnings and Precautions* (5.1)].

### 9.2

All patients treated with opioids for pain management require careful monitoring for signs of abuse and addiction, since use of opioid analgesic products carries the risk of addiction even under appropriate medical use.

Drug abuse is the intentional non-therapeutic use of an over-the-counter or prescription drug, even once, for its rewarding psychological or physiological effects. Drug abuse includes, but is not limited to the following examples: the use of a prescription or over-the-counter drug to get "high", or the use of steroids for performance enhancement and muscle bulk up.

Drug addiction is a complex, chronic disease, and physiological phenomena that develop after repeated substance use and include: a strong desire to take the drug, difficulties in controlling its use, persisting in its use despite harmful consequences, a higher priority given to drug use than to other activities and obligations, increased tolerance, and sometimes a physical withdrawal.

"Drug-seeking" behavior is very common in addicts and drug abusers. Drug-seeking tactics include emergency calls or visits near the end of office hours, refusal to undergo appropriate examination, testing or referral, repeated calls to local prescriptions, tampering with prescriptions and reluctance to provide prior medical records or contact information for other treating physicians. ("Doctor shopping" (visiting multiple prescribers)) to obtain additional prescriptions is common among drug abusers and people suffering from untreated addiction. Preoccupation with achieving adequate pain relief can be appropriate behavior in a patient with poor pain control.

Abuse and addiction are separate and distinct from physical dependence and tolerance. Physicians should be aware that addiction may not be accompanied by concurrent tolerance and symptoms of physical dependence in all addicts. In addition, abuse of opioids can occur in the absence of true addiction.

Methadone, like other opioids, can be diverted for non-medical use into illicit channels of distribution. Careful record keeping is important for prescribing information, including quantity, frequency, and renewal requests as required by state law, is strongly advised.

**Risks Specific to Abuse of Methadone:** Abuse of methadone poses a risk of overdose and death. This risk is increased with concurrent abuse of methadone with alcohol and other substances. Methadone Hydrochloride Intenso™ is for oral use only and must not be injected. Parenteral drug abuse is commonly associated with transmission of infectious diseases such as hepatitis and HIV.

Proper assessment and selection of the patient, proper prescribing practices, periodic re-evaluation of therapy, and proper dispensing and storage are appropriate measures that help to limit abuse of opioid drugs.

### 9.3 Dependence

Both tolerance and physical dependence can develop during chronic opioid therapy. Tolerance is the need for increasing doses of opioids to maintain a defined effect such as analgesia (in the absence of disease progression or other external factors). Tolerance may occur to both the desired and undesired effects of drugs, and may develop at different rates for different effects.

Physical dependence develops in withdrawal symptoms after abrupt discontinuation or a significant dose reduction of a drug. Withdrawal also may be precipitated by the administration of drugs with opioid antagonist activity, e.g., naloxone, mixed agonist/antagonist analgesics (pentazocine, butorphanol, nalbuphine), or partial agonists (buprenorphine). Physical dependence may not occur to a clinically significant degree until after several days to weeks of continued opioid usage.

Methadone should not be abruptly discontinued [see *Dosage and Administration* (2.4)]. If methadone is abruptly discontinued in a physically dependent patient, an abstinence syndrome may occur. Some or all of the following can characterize this syndrome: restlessness, lacrimation, rhinorrhea, yawning, perspiration, chills, myalgia, and mydriasis. Other signs and symptoms also may develop, including irritability, anxiety, backache, joint pain, weakness, abdominal cramps, nausea, vomiting, diarrhea, and increased blood pressure, respiratory rate, or heart rate.

Infants born to mothers physically dependent on opioids will also be physically dependent and may exhibit respiratory difficulties and withdrawal symptoms [see *Use in Specific Populations* (8.1) and *Warnings and Precautions* (8.1)].

## 10 OVERDOSAGE

**Clinical Presentation:** Acute overdosage of methadone is manifested by respiratory depression, somnolence progressing to stupor or coma, maximally constricted pupils, skeletal-muscle flaccidity, cold and clammy skin, and sometimes, bradycardia and hypotension. In severe overdosage, particularly by the intravenous route, apnea, circulatory collapse, cardiac arrest, and death may occur.

**Treatment of Overdose:** In case of overdose, priorities are the re-establishment of a patent and protected airway and institution of assisted or controlled ventilation if needed. Employ other supportive measures (including oxygen, vasopressors) in the management of circulatory shock and pulmonary edema as indicated. Cardiac arrest or arrhythmias will require advanced life support techniques.  
The opioid antagonists, such as naloxone, are specific antidotes to respiratory depression resulting from opioid overdose. Opioid antagonists should not be administered in the absence of clinically significant

respiratory or circulatory depression secondary to methadone overdose. Such agents should be administered cautiously to patients who are known, or suspected to be, physically dependent on methadone. In such cases, an abrupt or complete reversal of opioid effects may precipitate an acute withdrawal syndrome.

Because the duration of reversal would be expected to be less than the duration of action of methadone, carefully monitor the patient until spontaneous respiration is reliably re-established. If the response to opioid antagonists is suboptimal or not sustained, additional antagonist should be given as directed in the product's prescribing information.

In an individual physically dependent on opioids, administration of an opioid receptor antagonist may precipitate an acute withdrawal. The severity of the withdrawal produced will depend on the degree of physical dependence and the dose of the antagonist administered. If a decision is made to treat serious respiratory depression in the physically dependent patient, administration of the antagonist should be begun with care and by titration with smaller than usual doses of the antagonist.

## 11 DESCRIPTION

Methadone hydrochloride is chemically described as 6-(dimethylamino)-4,4-diphenyl-3-heptanone hydrochloride. Methadone hydrochloride is a white, crystalline material that is water-soluble. Its molecular formula is C<sub>21</sub>H<sub>27</sub>NH<sub>2</sub>NO<sub>2</sub> HCl and it has a molecular weight of 345.51. Methadone hydrochloride has a melting point of 235°C, and a pKa of 8.25 in water at 20°C. Its octanol/water partition coefficient at pH 7.4 is 117. A solution (1:100) in water has a pH between 4.5 and 6.5.

It has the following structural formula:



Each mL of Methadone Hydrochloride Intenso™ contains 10 mg of methadone hydrochloride USP and the following inactive ingredients: citric acid, sodium benzoate, and water.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

Methadone hydrochloride is a mu-agonist; a synthetic opioid analgesic with multiple actions qualitatively similar to those of morphine, the most prominent of which involves the central nervous system and organs composed of smooth muscle. The principal therapeutic uses for methadone are for analgesia and for detoxification of patients with chronic alcoholism. Methadone is a mu-agonist with a qualitatively similar to that of morphine, differs in that the onset is slower, the course is more prolonged, and the symptoms are less severe.

Some data also indicate that methadone acts as an antagonist at the N-methyl-D-aspartate (NMDA) receptor. The contribution of NMDA receptor antagonism to methadone's efficacy is unknown. Other NMDA receptor antagonists have been shown to produce neurotoxic effects in animals.

### 12.3 Pharmacokinetics

**Absorption:** Following oral administration the bioavailability of methadone ranges between 36 to 100% and peak plasma concentrations are achieved between 1 to 7.5 hours. Dose proportionality of methadone pharmacokinetics is not known. However, after administration of daily oral doses ranging from 10 to 225 mg, the steady-state plasma concentrations ranged between 65 to 630 ng/mL and the peak concentrations ranged between 124 to 1255 ng/mL. Effect of food on the bioavailability of methadone has not been evaluated.

**Distribution:** Methadone is a lipophilic drug and the steady-state volume of distribution ranges between 1.0 to 8.0 L/kg. In plasma, methadone is predominantly bound to α1-acid glycoprotein (85% to 90%). Methadone is secreted into breast milk and is excreted in breast milk.

**Metabolism:** Methadone is primarily metabolized by N-demethylation to an inactive metabolite, 2-allylidene-1,5-dimethyl-3,3-diphenylpropionamide (EDDP). Cytochrome P450 enzymes, primarily CYP3A4, CYP2B6, and CYP2C19 and to a lesser extent CYP2C8 and CYP2D6, are responsible for conversion of methadone to EDDP and other inactive metabolites, which are excreted mainly in the urine. Methadone appears to be a substrate for P-glycoprotein but its pharmacokinetics do not appear to be significantly altered in case of P-glycoprotein polymorphism or inhibition.

**Excretion:** The extensive biotransformation, followed by renal and fecal excretion. Published reports indicate that after multiple dose administration the apparent plasma clearance of methadone ranged between 1.4 and 126 L/h, and the terminal half-life (T<sub>1/2</sub>) was highly variable and ranged between 8 to 59 hours in different studies. Methadone is a basic (pKa=9.2) compound and the pH of the urinary tract can alter its disposition in plasma. Also, since methadone is lipophilic, it has been known to persist in the liver and other tissues. The slow release from the liver and other tissues may prolong the duration of methadone action despite low plasma concentrations.

**Drug Interactions: Cytochrome P450 Interactions:** Methadone undergoes hepatic N-demethylation by cytochrome P450 isoenzymes, principally CYP3A4, CYP2B6, CYP2C19, and to a lesser extent by CYP2C9 and CYP2D6. Coadministration of methadone with CYP inducers may result in more rapid metabolism and potential for decreased effects of methadone, whereas inhibition by CYP inhibitors may reduce metabolism and potentiate methadone's effects. Although antiretroviral drugs such as efavirenz, nelfinavir, nevirapine, ritonavir, lopinavir-ritonavir combination are known to inhibit some CYPs, they are shown to reduce the plasma levels of methadone, possibly due to CYP induction activity [see *Drug Interactions* (7.2)]. Therefore, drugs administered concomitantly with methadone should be evaluated for interactions with methadone and the potential for altered response to drug therapy.

**Cytochrome P450 Inducers:** The following drug interactions were reported following coadministration of methadone with known inducers of cytochrome P450 enzymes:

**Rifampin:** In patients well-stabilized on methadone, concomitant administration of rifampin resulted in a marked reduction in serum methadone levels and a concurrent appearance of withdrawal symptoms.

**Phenylethylamine:** In a pharmacokinetic study with patients on methadone maintenance therapy, phenylethylamine (250 mg twice daily initially for 1 day followed by 300 mg daily for 3 to 4 days) resulted in an approximately 50% reduction in methadone exposure and withdrawal symptoms occurred concurrently. Upon discontinuation of phenylethylamine, the incidence of withdrawal symptoms decreased and methadone exposure increased to a level comparable to that prior to phenylethylamine administration.

---

**This is a representation of an electronic record that was signed electronically and this page is the manifestation of the electronic signature.**

---

/s/

---

ROBERT L WEST

04/16/2014

Deputy Director, Office of Generic Drugs, for  
Kathleen Uhl, M.D.